Access – How to create the relationships

ONE-to-MANY relationship.

You must add a new field in the "many" table, that correspond to the primary key of the "one" table

MANY-to-MANY relationship: you must transform it in 2 different one-to-many. You must add a new "inner" table that is the "many" table of 2 one-to-many relationships, the "externals" tables are both "one" tables.