WHAT REALLY IS DISCRIMINATION?  
  
Oxford: The unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, or sex.

Cambridge: [Treating](https://dictionary.cambridge.org/it/dizionario/inglese/treat) a [person](https://dictionary.cambridge.org/it/dizionario/inglese/person) or [particular](https://dictionary.cambridge.org/it/dizionario/inglese/particular) [group](https://dictionary.cambridge.org/it/dizionario/inglese/group) of [people](https://dictionary.cambridge.org/it/dizionario/inglese/people) [differently](https://dictionary.cambridge.org/it/dizionario/inglese/different), [especially](https://dictionary.cambridge.org/it/dizionario/inglese/especially) in a [worse](https://dictionary.cambridge.org/it/dizionario/inglese/worse) way from the way in which you [treat](https://dictionary.cambridge.org/it/dizionario/inglese/treat) other [people](https://dictionary.cambridge.org/it/dizionario/inglese/people), because of [their](https://dictionary.cambridge.org/it/dizionario/inglese/their) [skin](https://dictionary.cambridge.org/it/dizionario/inglese/skin) [colour](https://dictionary.cambridge.org/it/dizionario/inglese/colour), [sex](https://dictionary.cambridge.org/it/dizionario/inglese/sex), [sexuality](https://dictionary.cambridge.org/it/dizionario/inglese/sexuality), etc.:

Collins: Discrimination is the practice of treating one person or group of people less fairly or less well than other people or groups.

Today we don’t want to compete with our colleague’s datas: they do not correspond to any kind of discrimination and it would mean to carry on an unnecessary race about who’s the more discriminated. Gender equality does not free just women, but also men from prescribed stereotypes.   
To be a feminist doesn’t mean to believe that women are the only ones persecuted and discriminated. It means to believe that every individual must be safeguarded.

Quoting the UN Women Goodwill Ambassador Emma Watson:  
“The more I have spoken about feminism the more I have realized that fighting for women’s rights has too often become synonymous with man-hating. If there is one thing I know for certain, it is that this has to stop.

For the record, feminism by definition is: “The belief that men and women should have equal rights and opportunities. It is the theory of the political, economic and social equality of the sexes.”

We, as young students, should be the ones to carry on this battle of equality for both sexes, not the ones to split ourselves into two categories – men and women -, and fight for our owns. Sexism, which is the prejudice, stereotyoing, or discrimination in the basis of sex,

is not just a women’s problem, it also a damage for men.   
  
Quoting again Emma Watson:  
“I’ve seen men made fragile and insecure by a distorted sense of what constitutes male success. Men don’t have the benefits of equality either.

We don’t often talk about men being imprisoned by gender stereotypes but I can see that that they are and that when they are free, things will change for women as a natural consequence.

If men don’t have to be aggressive in order to be accepted women won’t feel compelled to be submissive. If men don’t have to control, women won’t have to be controlled.”

At last we want to stress this point.

Women are not something that is far from you, men.

It would be great that when you come across with something about women's rights, you remember that you are talking about the rights of your mum, your sister, the woman that you love and in the future your daughter.

*\* at a special event for the HeForShe campaign, United Nations Headquarters, New York, 20 September 2014*