

Paragraph writing 2 on the
proposal:

«People in the developed world
should fast one day a week, to
tackle type 2 diabetes.»

Contents

TEXT A:

- Read to spot the anticipated language issues (mostly, WW)
- Say what the highlighted language issues are in the text
- Language issues corrected
- Further revision for naturalness of expression (re-writing the topic sentence; collocation; breaking up an overly long sentence)

TEXTS B:

- 3 topic sentences from other paragraphs are evaluated for their effectiveness.

Text A: language issues

Look for:

Missing word	^
Grammar.	Gr
Punctuation.	P
Preposition.	Prep
Wrong word.	WW

The speaker advises to fast one day a week in order to tackle type two diabetes. This illness, from which 336.000.000 people all over the world are affected, increases the risk of heart disease, stroke, blindness, kidney failure and amputation, bringing a death every seven seconds. Moreover, in the UK the expenditure on treating type two diabetes is one million pounds per hour, almost 10% of the health care budget. Therefore, maintaining a sensible weight will make us healthier and guarantee a great saving on nursing diabetes but, instead of cutting calories and exercising more, which is difficult, fasting is cheap, simple and has a long tradition in many cultures. Finally, with a consult from a doctor and by taking plenty of fluids, fasting for one day a week will make us healthier, happier and longer lived.

The speaker **Gr** **advices** **^** **to** fast one day a week in order to tackle type two diabetes. This illness, **WW** **from** which **P** **336.000.000** people all over the world are affected, increases the risk of heart disease, stroke, blindness, kidney failure and amputation, **WW** **bringing** **Gr** **a** death every seven seconds. Moreover, in the UK the expenditure on treating type two diabetes is one million pounds per hour, almost 10% of the health care budget. Therefore, maintaining a sensible weight will make us healthier and guarantee a great saving on **WW** **nursing** diabetes but, instead of cutting calories and exercising more, which is difficult, fasting is cheap, simple and has a long tradition in many cultures. Finally, with a **WW** **consult from a doctor** and by taking plenty of fluids, fasting for one day a week will make us healthier, happier and longer lived.

The speaker ~~Gr~~ ~~advices~~ **advises** [^] **people** to fast one day a week in order to tackle type two diabetes. This illness, ~~WW~~ ~~from~~ **with** which ~~P~~ ~~336.000.000~~ **336,000,000** people all over the world are affected, increases the risk of heart disease, stroke, blindness, kidney failure and amputation, ~~WW~~ ~~bringing~~ **a causing / leading to one** death every seven seconds. Moreover, in the UK the expenditure on treating type two diabetes is one million pounds per hour, almost 10% of the health care budget. Therefore, maintaining a sensible weight will make us healthier and guarantee a great saving on ~~WW~~ ~~nursing~~ **treating** diabetes but, instead of cutting calories and exercising more, which is difficult, fasting is cheap, simple and has a long tradition in many cultures. Finally, with a ~~WW~~ ~~consult from a doctor~~ **medical supervision** and by taking plenty of fluids, fasting for one day a week will make us healthier, happier and longer lived.

Text A: other issues

OK, the language issues are cleaned up, but there are still some improvements that can be made, which would make the text sound more natural. The improvable parts are highlighted on the next slide. How could they be improved?

The speaker *advises* people to fast one day a week in order to tackle type two diabetes. This illness, *with which* 336,000,000 people all over the world are affected, increases the risk of heart disease, stroke, blindness, kidney failure and amputation, *causing / leading to one* death every seven seconds. Moreover, in the UK the expenditure on treating type two diabetes is one million pounds per hour, almost 10% of the health care budget. Therefore, maintaining a sensible weight will make us healthier and guarantee a great saving on *treating* diabetes *but*, instead of cutting calories and exercising more, which is difficult, fasting is cheap, simple and has a long tradition in many cultures. Finally, with *medical supervision* and by taking plenty of fluids, fasting for one day a week will make us healthier, happier and longer lived.

~~The speaker advises people to~~

People should fast one day a week, in order to tackle type two diabetes. This illness, affecting ~~with which~~ 336,000,000 people all over the world ~~are affected~~, increases the risk of heart disease, stroke, blindness, kidney failure and amputation, *causing / leading to one* death every seven seconds. Moreover, in the UK the expenditure on treating type two diabetes is one million pounds per hour, almost 10% of the health care budget. Therefore, maintaining a sensible weight will make us healthier and guarantee a great saving on *treating* diabetes. However, ~~but~~, instead of cutting calories and exercising more, which is difficult, fasting is cheap, simple and has a long tradition in many cultures. Finally, with *medical supervision* and by taking plenty of fluids, fasting for one day a week will make us healthier, happier and longer lived.

Evaluate these 3 topic sentences:

- 1) Fasting one day a week will reduce the amount of calories, and enable people to live longer.
- 2) People in the developed world should fast for one day a week because it could reduce the chances of developing obesity-related illnesses like type 2 diabetes, which in turn lead to heart disease, stroke, blindness, kidney failure and amputation.
- 3) If we fast once a week, we would be able to tackle the obesity epidemic, which is considered by the World Health Organisation to be the world's most neglected health problem.

Evaluation:

1) Fasting one day a week will reduce the amount of calories, and enable people to live longer.

This initial sentence is not suitable. Rhetorically in the discourse it is not the proposal, but functions as a REASON to support the proposal. The PROPOSAL about the desirability of fasting to combat diabetes should come first.

Evaluation:

2) People in the developed world should fast for one day a week because it could reduce the chances of developing obesity-related illnesses like type 2 diabetes, which in turn lead to heart disease, stroke, blindness, kidney failure and amputation.

The first two clauses in the clause complex are fine as a topic sentence. The details about the diabetes-related illnesses should be formulated as a separate sentence.

Better:

2) People in the developed world should fast for one day a week because it could reduce the chances of developing obesity-related illnesses like type 2 diabetes. Type 2 diabetes leads in turn to conditions such as heart disease, stroke, blindness, kidney failure and amputation.

Evaluation:

3) If we fasted once a week, we would be able to tackle the obesity epidemic, which is considered by the World Health Organisation to be the world's most neglected health problem.

This is fine 😊