

MECCANICA RAZIONALE

ing. Civile & Ambientale
Navale

14 Aprile 2021

Problema della dinamica.

Punto di partenza è il Principio
di D'Alembert: ogni problema
di dinamica si può considerare
come un problema di statica
aggiungendo alle forze agenti su
ogni punto B le forze $-\frac{d}{dt} P_B$
"forze di inerzia"

$$F_B = \frac{d}{dt} P_B$$

\Rightarrow

$$F_B - \frac{d}{dt} P_B = 0$$

numer
forma

Statica

- stazionarietà dell'energia potenziale
 $dV = 0$

→

Dynamic

- eq. di Lagrange conservative

- PLV

$$L V = \sum_i Q_i dq_i = 0$$

→

- eq. di Lagrange non conservative

- Equazioni Cardinali della Statica

→

- Equazioni Cardinali delle Dynamic

Sistemi meccanici generali a n gradi

di libertà

$$\underline{q}(\tau) = (q_1(\tau), \dots, q_n(\tau))$$

mettiamo insieme il Principio dei

Lavori Virtuali e il Principio di D'Alembert

$$\sum_{B \in S} \left(\underline{F}_B - \frac{d}{dt} \underline{p}_B \right) \cdot \delta \underline{x}_B = 0$$

$\forall \delta \underline{x}_B$
spostamenti
virtuali
invarianti

Stazionario $\sum_{B \in S} \underline{F}_B \cdot \delta \underline{x}_B = 0$

Ricordiamo: $\delta \underline{x}_B = \sum_{i=1}^l \frac{\partial \underline{x}_B}{\partial q_i} \delta q_i$

$\underline{x}_B = \underline{x}_B(q)$



↑

$\underline{x}_B \rightarrow \underline{x}_B + \delta \underline{x}_B$ segue da $q_i \rightarrow q_i + \delta q_i$ &!

$\sum_B \left(\underline{F}_B - \frac{d}{dt} \underline{p}_B \right) \delta \underline{x}_B = 0 \Rightarrow$

$\sum_{i=1}^l \left(\sum_{B \in S} \frac{d \underline{p}_B}{dt} \cdot \frac{\partial \underline{x}_B}{\partial q_i} \right) \delta q_i =$

$(\dot{P})_i = \sum_{i=1}^l \left(\sum_{B \in S} \underline{F}_B \cdot \frac{\partial \underline{x}_B}{\partial q_i} \right) \delta q_i$

↑ forme generalizzate

$(\dot{P})_i$: derivato delle quantità
di moto generalizzate
(viene da $\frac{dP_B}{dt}$)

$$\hookrightarrow (\dot{P})_i = \underline{\underline{Q_i}}$$

manipolare ↑

Vediamo che

$$(\dot{P})_i = \frac{d}{dt} \left(\frac{\partial K}{\partial \dot{q}_i} \right) - \frac{\partial K}{\partial q_i}$$

K energia cinetica

$$1) (\dot{P})_i = \sum_{B \in S} \frac{dP_B}{dt} \frac{\partial x_B}{\partial \dot{q}_i}$$

$$= \sum_{B \in S} \left[\frac{d}{dt} \left(\underbrace{P_B}_{\text{momentum}} \cdot \frac{\partial x_B}{\partial \dot{q}_i} \right) - \underbrace{P_B}_{\text{momentum}} \cdot \frac{d}{dt} \left(\frac{\partial x_B}{\partial \dot{q}_i} \right) \right]$$

$$\uparrow \frac{d}{dt} (f \cdot g) = \left(\frac{d}{dt} f \right) g + f \left(\frac{d}{dt} g \right)$$

$$= \frac{d}{dt} \left(\sum_{B \in S} p_B \cdot \frac{\partial x_B}{\partial \dot{q}_i} \right) - \sum_{B \in S} p_B \cdot \frac{d}{dt} \left(\frac{\partial x_B}{\partial \dot{q}_i} \right)$$

2) Consideriamo l'energia cinetica

$$K = \frac{1}{2} \sum_{B \in S} m_B \|\underline{v}_B\|^2$$

Vediamo come è fatto \underline{v}_B

Per un punto B: $\underline{x}_B = \underline{x}_B(q(t), t)$

$$\underline{v}_B = \frac{d}{dt} \underline{x}_B(q(t), t) = \sum_{j \in S} \frac{\partial \underline{x}_B}{\partial q_j} \dot{q}_j + \frac{\partial \underline{x}_B}{\partial t}$$

in particolare $\frac{\partial \underline{v}_B}{\partial \dot{q}_i} = \frac{\partial \underline{x}_B}{\partial q_i}$

$$\sum_{B \in S} p_B \cdot \frac{\partial \underline{x}_B}{\partial \dot{q}_i} = \sum_{B \in S} m_B \underline{v}_B \cdot \frac{\partial \underline{x}_B}{\partial \dot{q}_i}$$

$$= \frac{1}{2} \frac{2}{\partial \dot{q}_i} \left(\sum_{B \in S} \omega_B \| \underline{v}_B \|^2 \right)$$

$$= \frac{2}{\partial \dot{q}_i} K$$

Usare allora la condizione che

$$\sum_{B \in S} p_B \frac{\partial x_B}{\partial \dot{q}_i} = \frac{\partial K}{\partial \dot{q}_i}$$

3) Guardiamo $\sum_{B \in S} p_B \cdot \frac{d}{dt} \left(\frac{\partial x_B}{\partial \dot{q}_i} \right)$

$$\frac{d}{dt} \left(\frac{\partial x_B}{\partial \dot{q}_i} \right) = \sum_{j=1}^l \frac{\partial}{\partial q_j} \left(\frac{\partial x_B}{\partial \dot{q}_i} \right) \dot{q}_j + \frac{\partial}{\partial t} \frac{\partial x_B}{\partial \dot{q}_i}$$

$$x_B = x_B(q(t), t)$$

$$\frac{\partial}{\partial \dot{q}_i} \frac{d}{dt} x_B = \frac{\partial}{\partial \dot{q}_i} \left(\sum_{j=1}^l \frac{\partial x_B}{\partial \dot{q}_i} \dot{q}_j + \frac{\partial x_B}{\partial t} \right)$$

\underline{v}_B

$$\frac{2}{\partial \dot{q}_i} \underline{v}_B$$

$$\begin{aligned}
 \sum_{B \in S} \dot{p}_B &= \sum_{B \in S} \underbrace{p_B}_{\omega_B} \cdot \underbrace{\frac{d}{dt} \left(\frac{\partial x_B}{\partial q_i} \right)}_{\dot{v}_B} = \\
 &= \sum_{B \in S} \omega_B \dot{v}_B = \frac{2}{2q_i} \sum_{B \in S} \omega_B \dot{v}_B^2 = \\
 &= \frac{2}{2q_i} \left(\frac{1}{2} \sum_{B \in S} \omega_B \|\dot{v}_B\|^2 \right) \\
 &= \frac{2}{2q_i} K
 \end{aligned}$$

restano tutti invariante

$$\begin{aligned}
 (\dot{P})_i &= \frac{d}{dt} \left(\sum_{B \in S} p_B \frac{\partial x_B}{\partial q_i} \right) - \sum_{B \in S} p_B \frac{d}{dt} \left(\frac{\partial x_B}{\partial q_i} \right) \\
 &= \frac{d}{dt} \left(\frac{\partial K}{\partial q_i} \right) - \frac{\partial K}{\partial q_i}
 \end{aligned}$$

Dal principio di D'Alembert

$$(\dot{P})_i = Q_i$$

Troviamo le equazioni di

Lagrange non conservativo

$$\frac{d}{dt} \left(\frac{\partial K}{\partial \dot{q}_i} \right) - \frac{\partial K}{\partial q_i} = Q_i$$

Caso conservativo : $Q_i = - \frac{\partial V}{\partial q_i}$

Introduciamo la funzione

Lagrangiana

$$L = K - V$$

Allora le eq. di Lagrange diventano

$$\frac{d}{dt} \left(\frac{\partial L}{\partial \dot{q}_i} \right) - \frac{\partial L}{\partial q_i} = 0$$

Infatti $\frac{d}{dt} \frac{\partial}{\partial \dot{q}_i} [K - V] - \frac{\partial}{\partial q_i} [K - V]$

$$= \frac{d}{dt} \frac{\partial}{\partial \dot{q}_i} K - \frac{\partial}{\partial \dot{q}_i} K + \frac{\partial V}{\partial q_i} +$$

$$+ \left(\frac{d}{dt} \frac{\partial}{\partial \dot{q}_i} (-V) \right) = 0$$

$L \rightarrow \infty$ perché V non
dipende dalle q per
fasse posizionali

$$\rightarrow \frac{d}{dt} \left(\frac{\partial K}{\partial \dot{q}_i} \right) - \frac{\partial K}{\partial q_i} = Q_i$$

quando $Q_i = -\frac{\partial V}{\partial q_i}$

Seconda Parte

PLV $\xrightarrow{\text{D'Alembert}}$

equazioni di
Lagrange

K energia
cinetica ?

ECS $\rightarrow ?$

$$\underline{R} = \sum_{B \in S} \frac{d}{dt} \underline{p}_B = 0$$

$$\underline{p}_B = m_B \underline{v}_B \rightarrow \underline{P} = \sum_{B \in S} m_B \underline{v}_B$$

$$\hookrightarrow \underline{R}^e - \frac{d}{dt} \underline{P} = 0$$

dalle definizioni di centro di massa

$$\sum_{B \in S} m_B \underline{v}_B = M \underline{v}_G$$

↑
↑
 massa totale velocità centro di massa

$$\underline{R}^e = \frac{d}{dt} \underline{P} = \frac{d}{dt} M \underline{v}_G$$

Allo stesso modo, per i momenti:

$$\underline{M}^e(\underline{o}) - \sum_{B \in S} (\underline{x}_B - \underline{x}_o) \wedge \underline{\dot{p}}_B = \underline{0}$$

$$\sum_{B \in S} (\underline{x}_B - \underline{x}_o) \wedge \frac{d}{dt} \underline{p}_B =$$

$$= \sum_{B \in S} \left[\frac{d}{dt} \left[(\underline{x}_B - \underline{x}_o) \wedge \underline{p}_B \right] - \left(\frac{d}{dt} (\underline{x}_B - \underline{x}_o) \right) \wedge \underline{p}_B \right]$$

$$\left| \frac{d}{dt} (f \cdot g) = \frac{df}{dt} g + f \frac{dg}{dt} \right.$$

$$\underline{L}(0) = \sum_{B \in S} (\underline{x}_B - \underline{x}_0) \wedge m_B \underline{v}_B$$

momento
angolare del
sistema

$$\begin{aligned} & \frac{d}{dt} \underline{L}(0) = \sum_{B \in S} (\underline{v}_B - \underline{v}_0) \wedge m_B \underline{v}_B \\ & = \frac{d}{dt} \underline{L}(0) + \underline{v}_0 \wedge \sum_{B \in S} m_B \underline{v}_B \\ & \quad (\text{perché } \underline{v}_B \wedge \underline{v}_B = \underline{0}) \end{aligned}$$

$$\underline{M}'(0) = \frac{d}{dt} \underline{L}(0) + \underline{v}_0 \wedge \underline{P}$$

Ricapitoliamo. Se definiamo

$$\underline{P} = \sum_{B \in S} m_B \underline{v}_B = M \underline{v}_G$$

quantità
di moto
del sistema

$$\underline{L}(0) = \sum_{B \in S} (\underline{x}_B - \underline{x}_0) \wedge m_B \underline{v}_B$$

momento
angolare
del
sistema

Abbiamo le equazioni cardinali dello

dinamica

$$\underline{R}^e = \frac{d}{dt} \underline{P}$$

$$\underline{M}^e(t) = \frac{d}{dt} \underline{L}(t) + \underline{v}_0 \wedge \underline{P}$$

Caso particolare in cui $O \equiv G$

$$\begin{aligned} \underline{M}^e(G) &= \frac{d}{dt} \underline{L}(G) + \underline{v}_G \wedge \underline{P} \\ & \quad \uparrow \quad \mu \quad \underline{v}_G \\ &= \frac{d}{dt} \underline{L}(G) \end{aligned}$$

Corpo rigido : energia cinetica e momento angolare

Energia cinetica

$$K = \frac{1}{2} \sum_{B \in S} m_B \|\underline{v}_B\|^2$$

$$= \frac{1}{2} \sum_{B \in S} m_B \left\| \underline{v}_0 + \underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right\|^2$$

per Poisson $\underline{u}_B = \underline{u}_0 + \underline{\omega} \wedge (\underline{x}_B - \underline{x}_0)$

$$= \frac{1}{2} \sum_{B \in R} w_B \left(\underset{\uparrow}{\underline{u}_0} + \underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right) \cdot \left(\underset{\uparrow}{\underline{u}_0} + \underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right)$$

$$= I_1 + I_2 + I_3$$

$$I_1 = \frac{1}{2} \sum_{B \in R} w_B \|\underline{u}_0\|^2$$

$$I_2 = \frac{1}{2} \sum_{B \in R} w_B \left(\underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right) \cdot \left(\underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right)$$

$$I_3 = \sum_{B \in R} w_B \underline{u}_0 \cdot \underline{\omega} \wedge (\underline{x}_B - \underline{x}_0)$$

Guardiamo questi tre termini

$$\bullet I_1 = \frac{1}{2} \sum_{B \in R} w_B \|\underline{u}_0\|^2 = \frac{1}{2} M \|\underline{u}_0\|^2$$

→ dovuto alle traslazioni

$$\bullet I_2 : \text{uniamo } \underline{a} \wedge \underline{b} \cdot \underline{c} = \underline{a} \cdot \underline{b} \wedge \underline{c}$$

$$I_2 = \frac{1}{2} \underline{\omega} \cdot \sum_{B \in R} w_B (\underline{x}_B - \underline{x}_0) \wedge \left[\underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right]$$

$$= \frac{1}{2} \underline{\omega} \cdot I_0(\underline{\omega})$$

↑ trasformazione di inertia

- $$I_2 = \underline{v}_0 \cdot \underline{\omega} \wedge \sum_{B \in R} m_B (\underline{x}_B - \underline{x}_0)$$

$$= \underline{v}_0 \cdot \underline{\omega} \wedge M (\underline{x}_G - \underline{x}_0)$$

$$(I_2 = 0 \text{ per } O \in G)$$

→ se O è un punto fisso: $\underline{v}_0 = 0$

→ se il rigido moto intorno ad un
 asse fisso: $\underline{\omega} = \omega \underline{u}$
 per un punto $O \in$ asse

$$K = \frac{1}{2} \underline{\omega} \cdot I_0(\underline{\omega}) = \frac{1}{2} \omega \underline{u} \cdot I_0(\omega \underline{u})$$

$$= \frac{1}{2} \omega^2 \underline{u} \cdot I_0 \cdot \underline{u} = \frac{1}{2} \omega^2 I_0$$

→ se $\underline{\omega} = 0 \rightarrow I_2, I_3 = 0$

Riassumendo

- moto generico

$$K = \frac{1}{2} M \underline{v}_G^2 + \frac{1}{2} \underline{\omega} \cdot I_G(\underline{\omega})$$

- moto rigido con punto fisso

$$K = \frac{1}{2} \underline{\omega} \cdot I_0(\underline{\omega})$$

- moto rigido con asse fisso (\underline{z})

$$K = \frac{1}{2} I_z \omega^2$$

- moto rigido di traslazione

$$K = \frac{1}{2} M v_G^2$$

Sistemi rigidi piani : in questo

caso $\underline{\omega}$ è diretta lungo \underline{e}_3

$$\begin{aligned} \underline{\omega} \cdot I_0(\underline{\omega}) &= \omega^2 \underline{e}_3 \cdot I_0(\underline{e}_3) = \\ &= \omega^2 I_{3,0} = \omega^2 I_{1,0} \end{aligned}$$

- moto rigido piano generico

$$K = \frac{1}{2} M v_G^2 + \frac{1}{2} I_{3,G} \omega^2$$

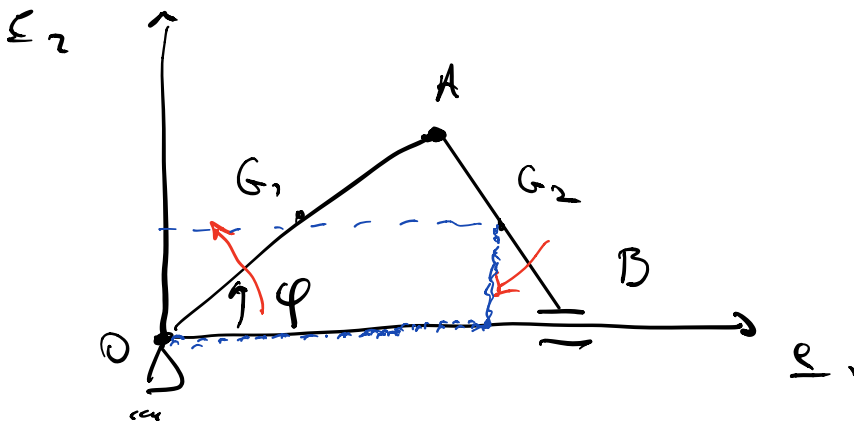
- moto rigido piano con punto O fisso

$$K = \frac{1}{2} I_{3,O} \omega^2$$

- corpo rigido piano di massa m

$$K = \frac{1}{2} m v_G^2$$

Esempio



aste omogenee
di lunghezza l
e massa m

$$K = K_{OA} + K_{AB}$$

- K_{OA} : OA moto di rotazione ad O con
velocità angolare $\dot{\varphi} \hat{e}_3$

$$\rightarrow K_{OA} = \frac{1}{2} I_{3,0} \dot{\varphi}^2 = \frac{1}{2} \frac{m l^2}{3} \dot{\varphi}^2$$

- K_{AB} : AB moto rototraslatorio
con velocità angolare

$$- \dot{\varphi} \hat{e}_3$$

$$\rightarrow K_{AB} = \frac{1}{2} m v_{G_2}^2 + \frac{1}{2} \frac{m l^2}{12} \dot{\varphi}^2$$

\uparrow \uparrow
 $I_{G,3}$

Calcoliamo v_G

$$\underline{x}_{G_2}(t) = \frac{3}{2} l \cos \varphi(t) \underline{e}_1 + \frac{l}{2} \sin \varphi(t) \underline{e}_2$$

\uparrow $\varphi = \varphi(t)$

$$\underline{v}_{G_2} = \frac{d}{dt} \underline{x}_{G_2} = \frac{l}{2} \left(-3 \sin \varphi(t) \underline{e}_1 + \cos \varphi(t) \underline{e}_2 \right) \frac{d}{dt} \varphi(t)$$

$$\begin{aligned} \|\underline{v}_{G_2}\|^2 &= \frac{l^2}{4} \dot{\varphi}^2 (9 \sin^2 \varphi + \cos^2 \varphi) \\ &= \frac{l^2}{4} \dot{\varphi}^2 (8 \sin^2 \varphi + 1) \end{aligned}$$

$$\begin{aligned} K &= \frac{1}{2} \frac{m l^2}{3} \dot{\varphi}^2 + \frac{1}{2} m \frac{l^2}{4} \dot{\varphi}^2 (8 \sin^2 \varphi + 1) \\ &+ \frac{1}{2} \frac{m l^2}{12} \dot{\varphi}^2 \\ &= \frac{1}{2} m l^2 \dot{\varphi}^2 \left(\frac{2}{3} + 2 \sin^2 \varphi \right) \end{aligned}$$

$K, V \rightarrow \mathcal{L} = K - V$ e la eq. del moto.

Terzo parte

Momenti angolare

$$\underline{L}(0) = \sum_{B \in R} (\underline{x}_B - \underline{x}_0) \wedge \omega_B \underline{v}_B$$

$$\left(\underline{M}^e(0) = \frac{d}{dt} \underline{L}(0) + \underline{v}_0 \wedge \underline{P} \right)$$

\uparrow \uparrow \uparrow
 M_{v_0}

1) Supponiamo che $0 \in R$. Allora per Poisson

$$\underline{v}_B = \underline{v}_0 + \underline{\omega} \wedge (\underline{x}_B - \underline{x}_0)$$

$$\underline{L}(0) = \sum_{B \in R} (\underline{x}_B - \underline{x}_0) \wedge \omega_B \underline{v}_B$$

$$= \sum_{B \in R} \omega_B (\underline{x}_B - \underline{x}_0) \wedge \left[\underline{v}_0 + \underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right]$$

$$= \left[\sum_{B \in R} \omega_B (\underline{x}_B - \underline{x}_0) \right] \wedge \underline{v}_0 +$$

$$+ \sum_{B \in R} \omega_B (\underline{x}_B - \underline{x}_0) \wedge \left[\underline{\omega} \wedge (\underline{x}_B - \underline{x}_0) \right]$$

$$= M (\underline{x}_G - \underline{x}_0) \wedge \underline{v}_0 + I_0(\underline{\omega})$$

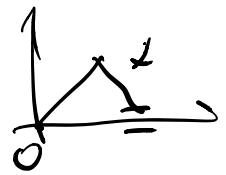
In particolare

$$\bullet O \in R \quad \text{fisso} \Rightarrow \underline{L}(O) = I_0(\underline{\omega})$$

$$\bullet O = G \quad \Rightarrow \underline{L}(G) = I_G(\underline{v})$$

2) O non appartiene a R .

\rightarrow se abbiamo più rigidi



$$O \notin R$$

$$A \in R$$

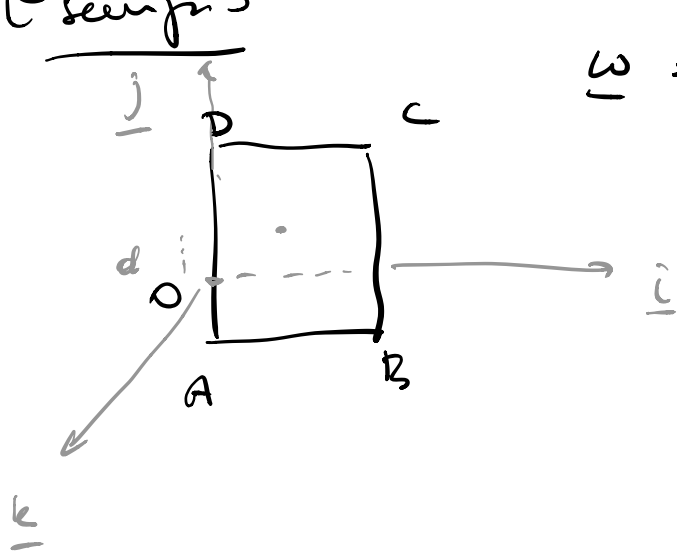
$$\underline{L}(O) = \sum_{B \in R} (\underline{x}_B - \underline{x}_0) \wedge \omega_B \underline{v}_B$$

$$= \sum_{B \in R} [(\underline{x}_B - \underline{x}_A) + (\underline{x}_A - \underline{x}_0)] \wedge \omega_B \underline{v}_B$$

$$= \underline{L}(A) + (\underline{x}_A - \underline{x}_0) \wedge \sum_{B \in R} \omega_B \underline{v}_B$$

$$= \underline{L}(A) + (\underline{x}_A - \underline{x}_0) \wedge M \underline{v}_G$$

sempre



$$\underline{\omega} = \dot{\varphi} \underline{j}$$

Prendiamo

$$S(O; \underline{i}, \underline{j}, \underline{k})$$

osservare

il vettore

angolo φ AD

(seno circolare
a 0)

$$\underline{L}(O) = \underline{I}_O(\underline{\omega}) =$$

$$= \begin{pmatrix} I_{11} & I_{12} & 0 \\ I_{12} & I_{22} & 0 \\ 0 & 0 & I_{33} \end{pmatrix} \begin{pmatrix} 0 \\ \dot{\varphi} \\ 0 \end{pmatrix} = \begin{pmatrix} I_{12} \dot{\varphi} \\ I_{22} \dot{\varphi} \\ 0 \end{pmatrix}$$

$$= \underline{I}_{12} \dot{\varphi} \underline{i} + I_{22} \dot{\varphi} \underline{j}$$

\underline{j} non è asse principale di inerzia
relativo ad O

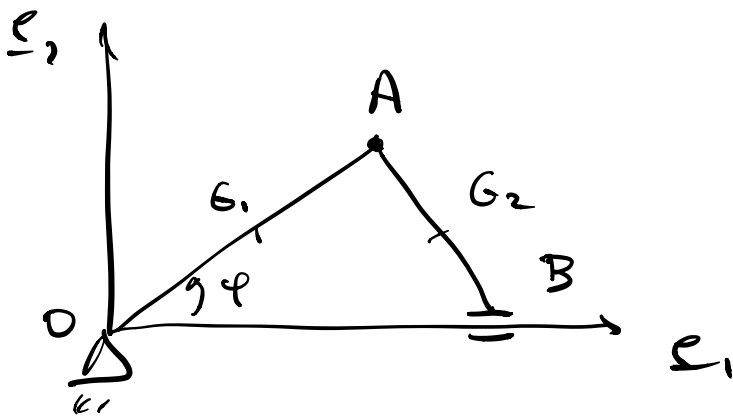
$\underline{L}(O)$ non è parallelo a $\underline{\omega}$

$$\left(\underline{M} = \frac{d}{dt} \underline{L} \right)$$

Nota : Rigidità piano : $\underline{\omega}$ è
 ortogonale al piano

$$\underline{L}(O) = \underline{I}_O(\underline{\omega}) = \underline{I}_{G_0} \underline{\omega}$$

Esempio



$$\underline{L}(O) =$$

$$\underline{L}_{OA}(O) + \underline{L}_{AB}(O)$$

$$\underline{\omega} = \dot{\psi} \underline{e}_3$$

$$\underline{L}_{OA}(O) : O \in OA$$

$$\begin{aligned} \Rightarrow \underline{L}_{OA}(O) &= \underline{I}_O(\underline{\omega}) \\ &= \frac{m l^2}{3} \dot{\psi} \underline{e}_3 \end{aligned}$$

$$\underline{L}_{AB}(O) : O \notin AB$$

$$\underline{L}_{AB}(O) = \underline{L}_{AB}(G_2) + (\underline{x}_{G_2} - \underline{x}_O) \wedge m \underline{v}_{G_2}$$

$$G_2 \in AB \rightarrow \underline{L}_{AB}(G_2) = \underline{I}_{G_2}(\underline{\omega})$$

$$\underline{L}_{AB}(G_2) = -\frac{\omega l^2}{12} \dot{\varphi} \underline{e}_3$$

$$\begin{aligned} & (\underbrace{\dot{x}_{G_2}}_0 - \dot{x}_O) \wedge \omega \underline{v}_{G_2} = \\ & = \left(\frac{3}{2} l \cos \varphi \underline{e}_1 + \frac{l}{2} \sin \varphi \underline{e}_2 \right) \wedge \\ & \quad \wedge m \left(-\frac{3}{2} l \sin \varphi \dot{\varphi} \underline{e}_1 + \frac{l}{2} \cos \varphi \dot{\varphi} \underline{e}_2 \right) \\ & = \omega \frac{3}{4} l^2 \cos^2 \varphi \dot{\varphi} \underline{e}_3 + \omega \frac{3}{4} l^2 \sin^2 \varphi \dot{\varphi} \underline{e}_3 \\ & = \frac{3}{4} l^2 \omega \dot{\varphi} \underline{e}_3 \end{aligned}$$

quindi

$$\underline{L}_{AB}(0) = -\frac{\omega l^2}{12} \dot{\varphi} \underline{e}_3 + \frac{3}{4} l^2 \omega \dot{\varphi} \underline{e}_3$$

$$\underline{L}(0) = \underline{L}_{OA}(0) + \underline{L}_{AB}(0)$$

$$= \frac{\omega}{3} l^2 \dot{\varphi} \underline{e}_3 - \frac{\omega l^2}{12} \dot{\varphi} \underline{e}_3 + \frac{3}{4} l^2 \omega \dot{\varphi} \underline{e}_3$$

$$= \omega l^2 \dot{\varphi} \left(\frac{1}{3} - \frac{1}{12} + \frac{3}{4} \right) \underline{e}_3$$

$$= \omega l^2 \dot{\varphi} \underline{e}_3$$