"Vaccines are very important for tourism, not only for the guides but for the tourists. If they don't feel comfortable, they will not come, but if we are vaccinated, they will feel safe," says Dhami.

Until then, Nepalis like Kadariya are stuck overseas in jobs they don't want. "I totally regret coming here. My life was far better in Nepal. We guides are the main pillars of tourism, but nobody supports us. They don't know our value." by Pete Pattisson