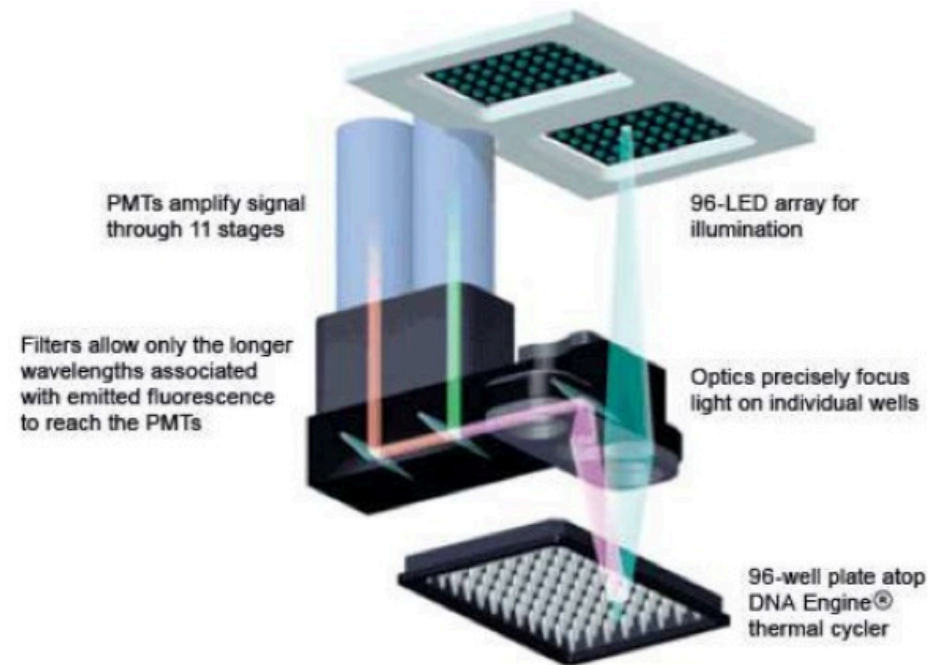
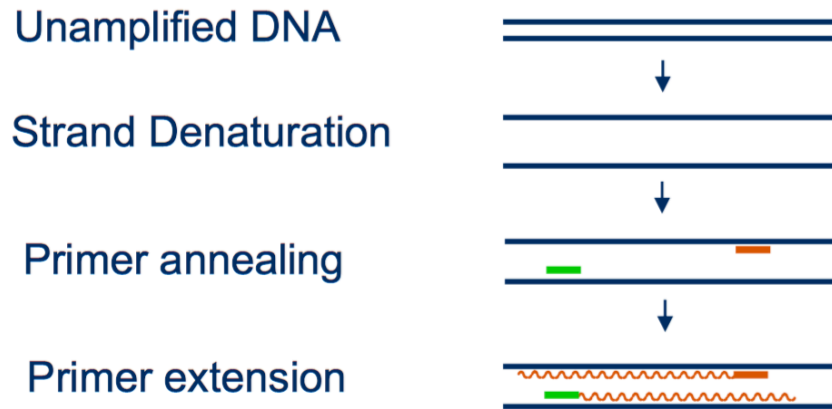


Real time PCR

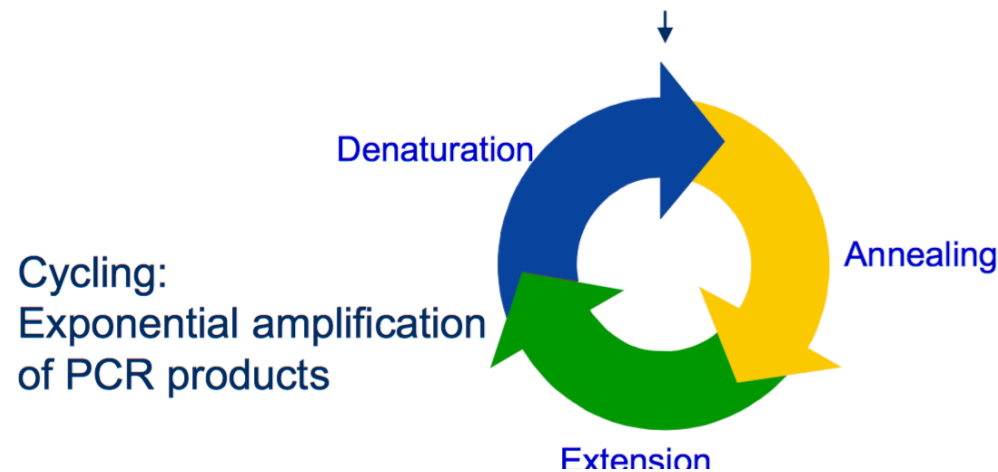


Classic polymerase chain reaction

Traditional End-Point PCR



- Low sensitivity
- Poor precision
- Results are not expressed as numbers
- Ethidium bromide staining is not quantitative
- Post-PCR processing required
- Narrow dynamic range (<2 logs)

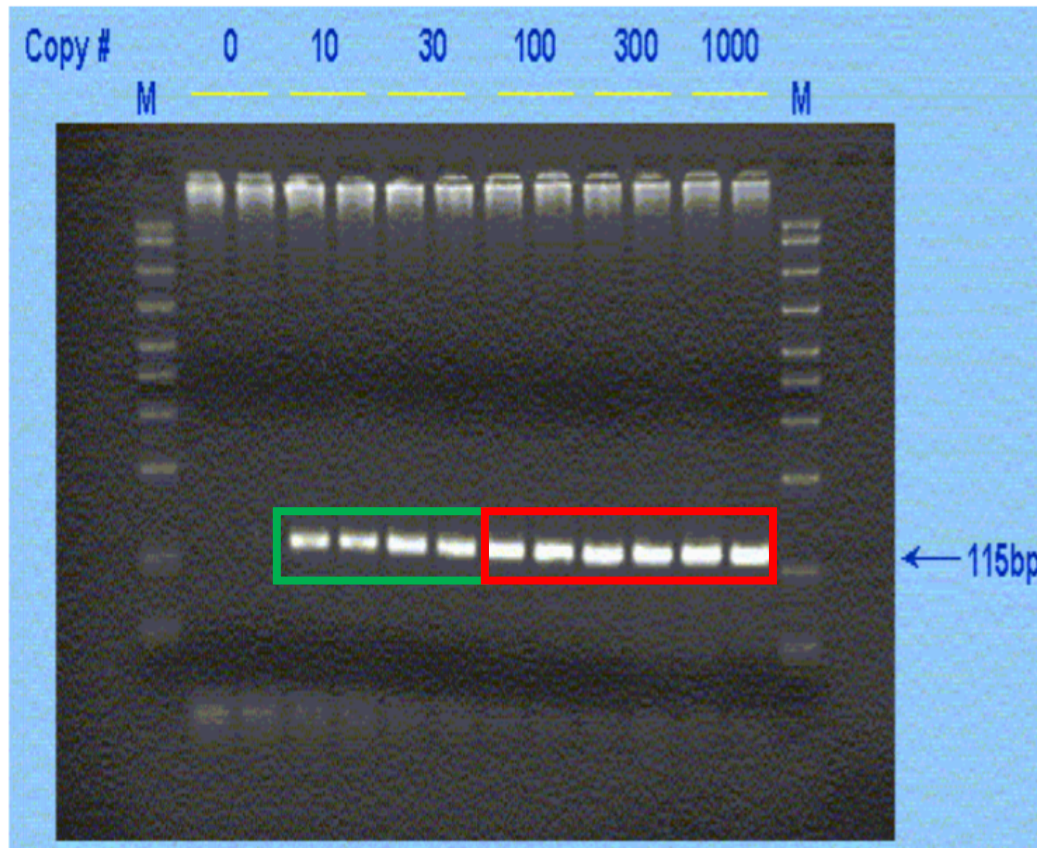


Classic polymerase chain reaction

Traditional End-Point PCR

- has a narrow dynamic range (<2 logs) → **SEMI-QUANTITATIVE**

Template
copy
numbers



Copy number of PCR template

PCR conditions: 32 cycles

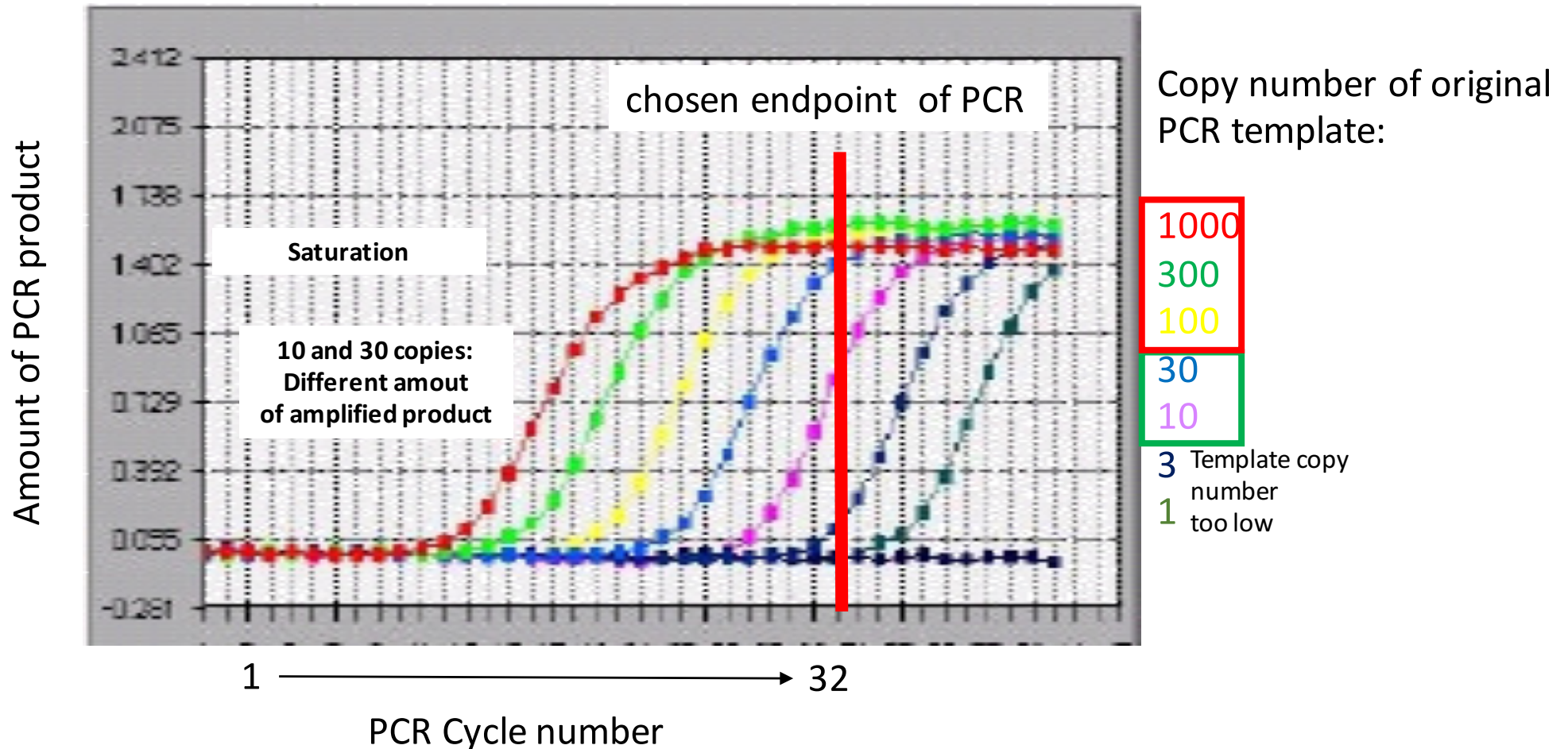
Amplification in **dynamic range**: increase in template number results an increased amount of PCR product, visible by gel electrophoresis → **semi-quantitative information**

Amplification out of dynamic range: increase in template number (or cycle number – see before!!) does not result an increased amount of PCR product, visible by gel electrophoresis – → End point arrived already with 100 template-copies

→ **No quantitative information**

Background of end point PCR

Traditional End-Point PCR

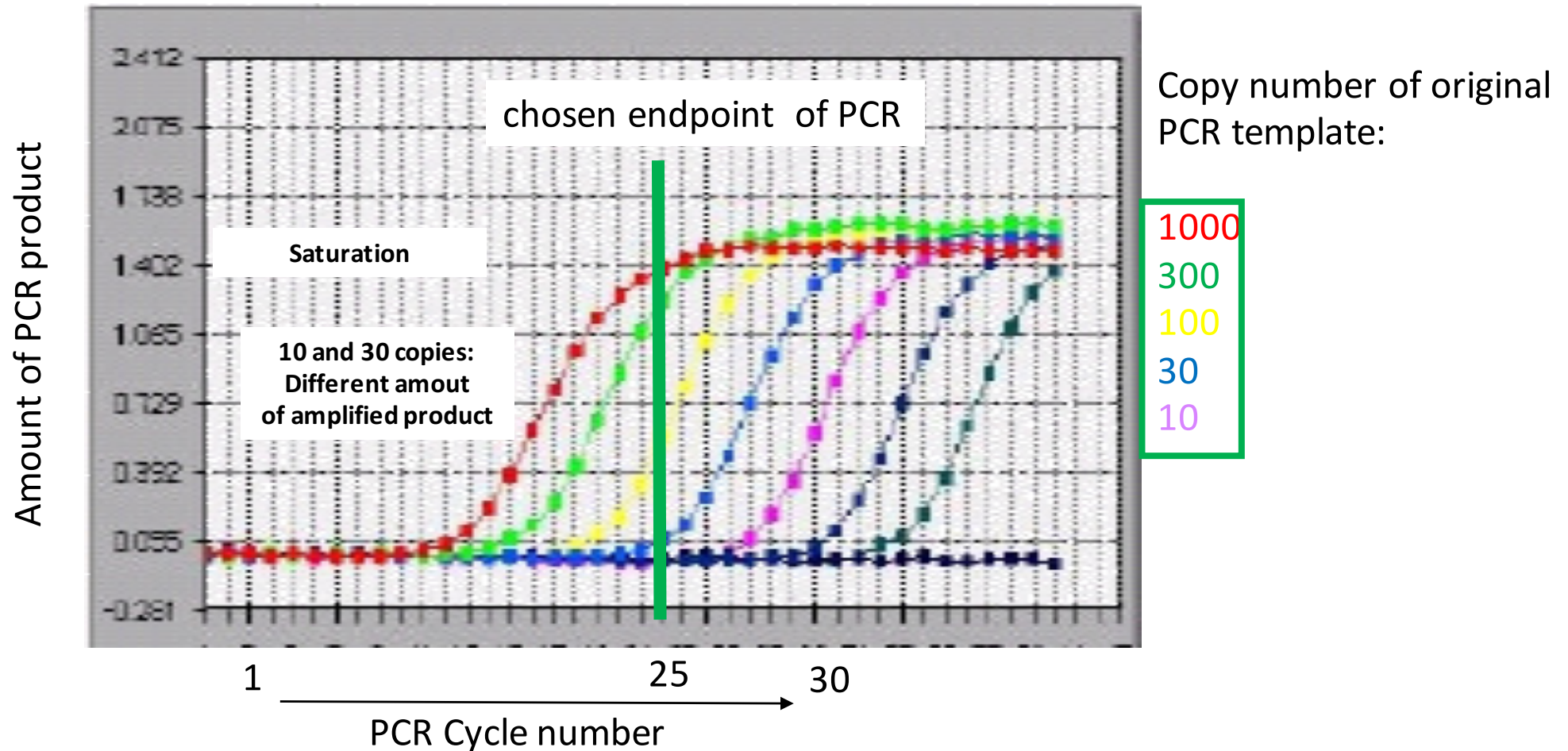


End-point PCR:

- ideal to give qualitative information (for example amplification of a mutation using specific primers)
- Only limited quantitative information possible

Optimizing semi-quantitative information from classic PCR

Adjust ideal number of cycles



Get better quantitative information from classic PCR:

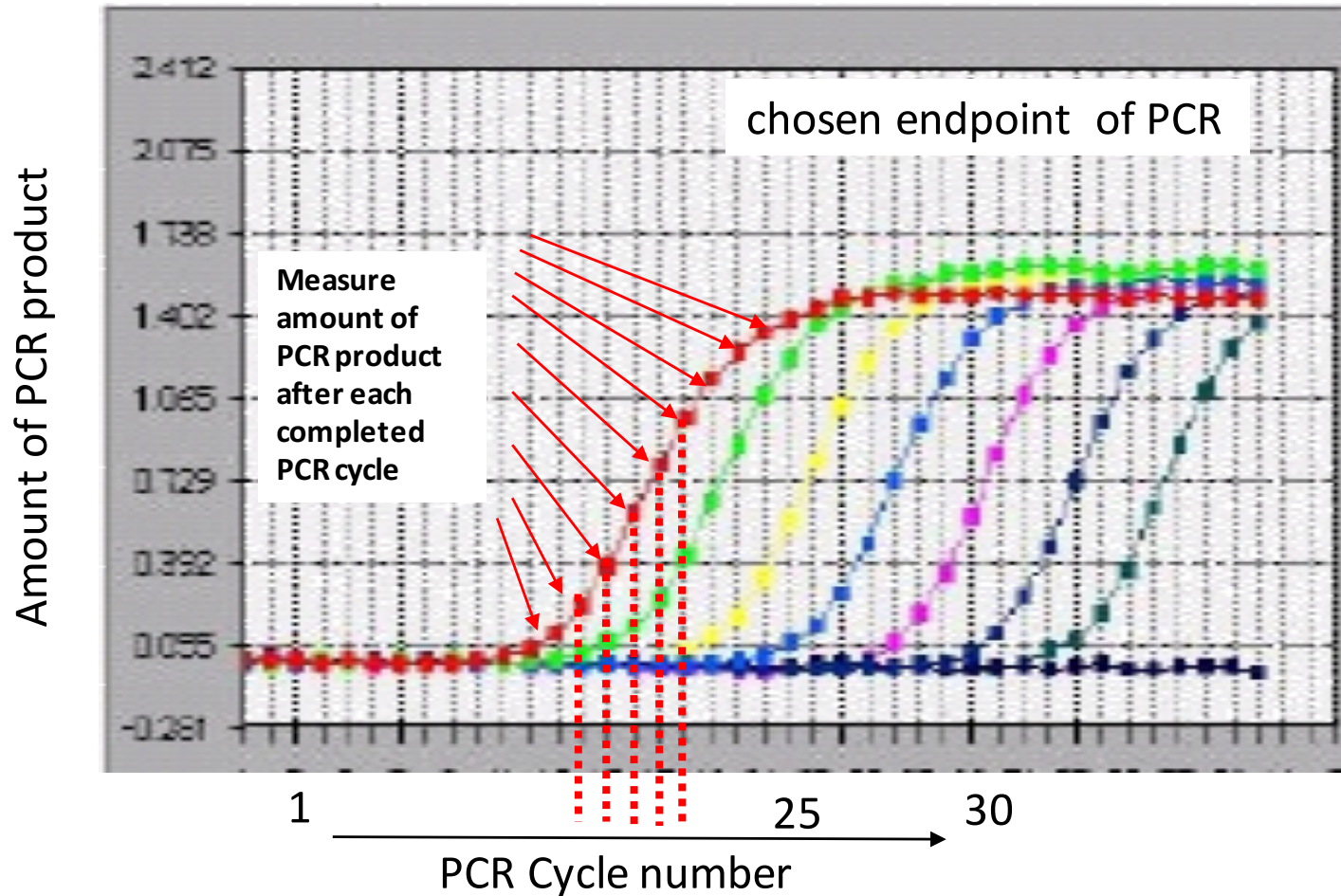
- Optimize PCR conditions:
 - A. Test for ideal end-point of PCR (example 25)
 - B. Optimize the amount of original template used for PCR

Time
Waste of primary material
Costs
Variability

Real-time PCR

Follow PCR product amplification in real-time (RT-PCR)

Obtaining QUANTITATIVE information from PCR



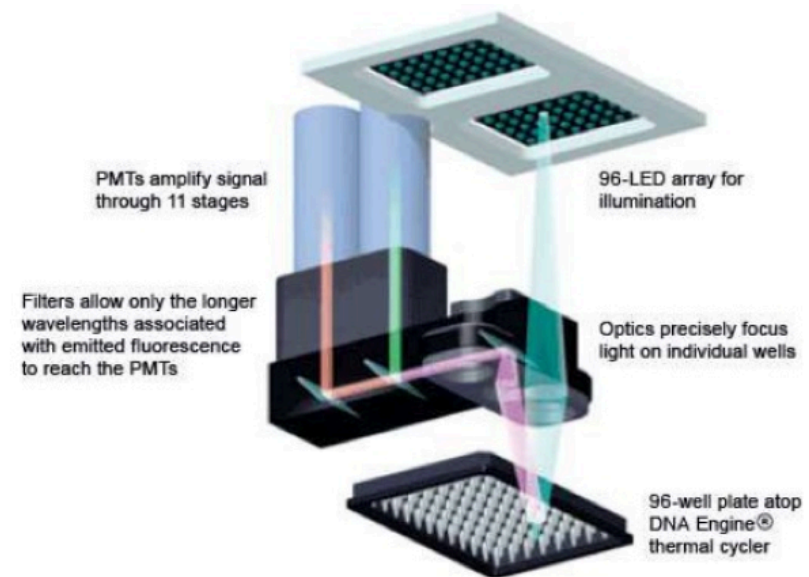
Copy number of original PCR template:

1000

Follow the amplification of PCR amplicons in "REAL-TIME" = REAL TIME PCR

Real-time PCR

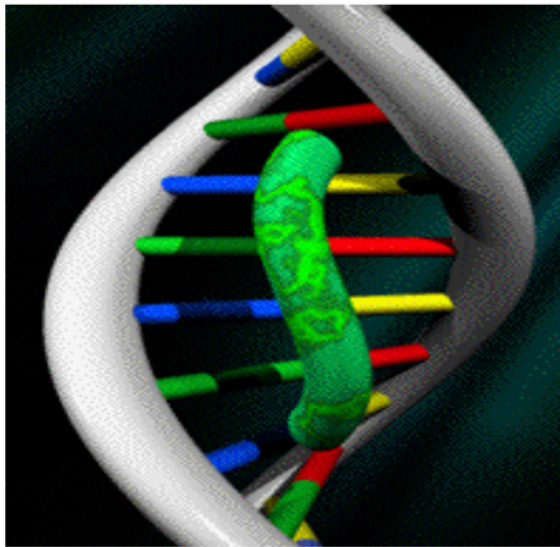
- ◆ Eliminate use of gel electrophoresis
- ◆ Increase reproducibility
- ◆ Enable use of internal controls/standards
- ◆ Reduce turnaround time
- ◆ Increase throughput
- ◆ Reduce sample amount usage
- ◆ Results expressed as numbers



Real-Time PCR Chemistries

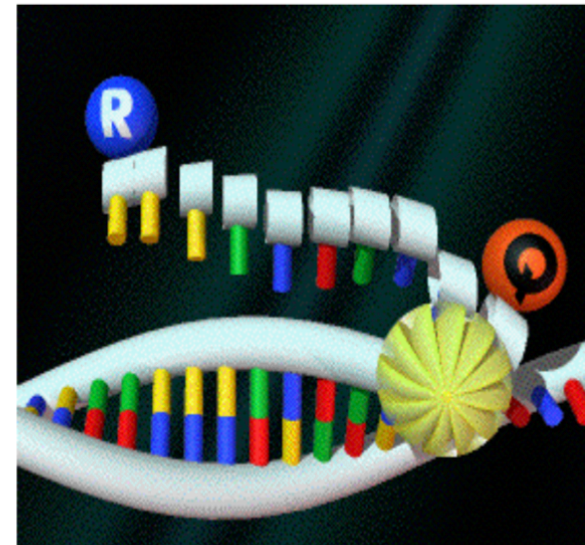
Strategies to follow PCR product generation

SYBR[®] Green I dye



Binds double
stranded DNA

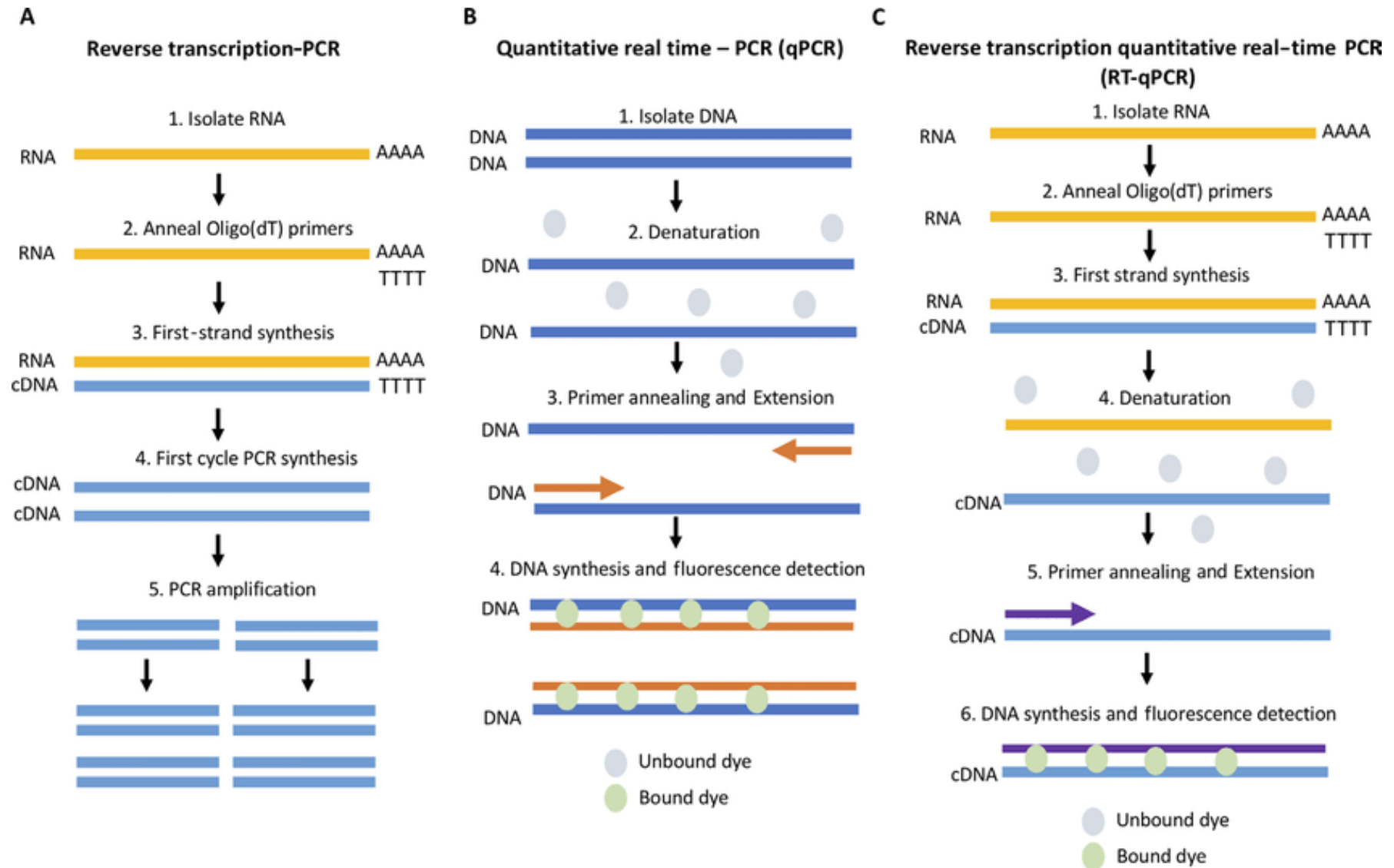
Fluorogenic 5'
Nuclease Assay



Uses a TaqMan[®] probe

Real-Time PCR

Determine gene expression of different samples



Schematic comparing RT-PCR, qPCR and RT-qPCR. (A) RT-PCR workflow. RNA is isolated and cDNA is generated via reverse transcription (RT); PCR is then carried out to amplify areas of interest. (B) qPCR schematic. DNA is isolated and amplified; amplification is quantitated using a probe which fluoresces upon intercalation with double-stranded DNA. (C) RTqPCR procedure. RNA is isolated and cDNA generated before commencing a qPCR procedure.

What is Real-Time PCR used for?

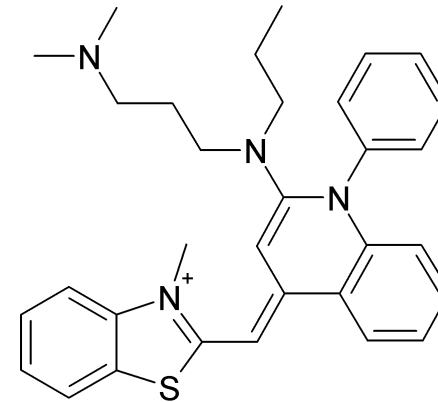
Real-Time PCR has become a cornerstone of molecular biology:

- **Gene expression analysis**
 - Cancer research
 - Drug research
- **Disease diagnosis and management**
 - Viral quantification
- **Food testing**
 - Percent GMO food
- **Animal and plant breeding**
 - Gene copy number

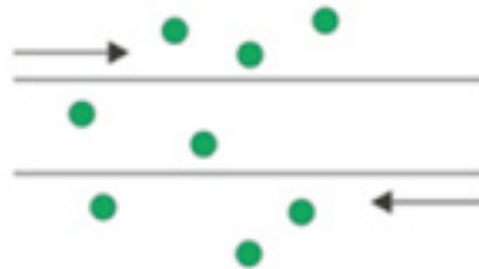
For all applications that require the quantification of RNA/DNA sequences

1. SYBR[®] Green I Dye Assay Chemistry

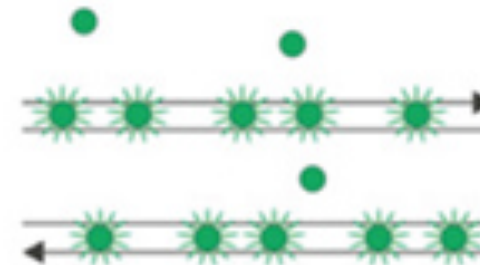
Classic PCR setup with addition of SYBR Green: SYBR Green is a green fluorescent cyanine dye that has high affinity for double-stranded DNA. The mode of binding is believed to be a combination of DNA intercalation and external binding. When bound, SYBR absorbs at a wavelength around 497 nm and emits fluorescence around 520 nm.



Denaturation
Annealing



1. Dye in solution emits low fluorescence

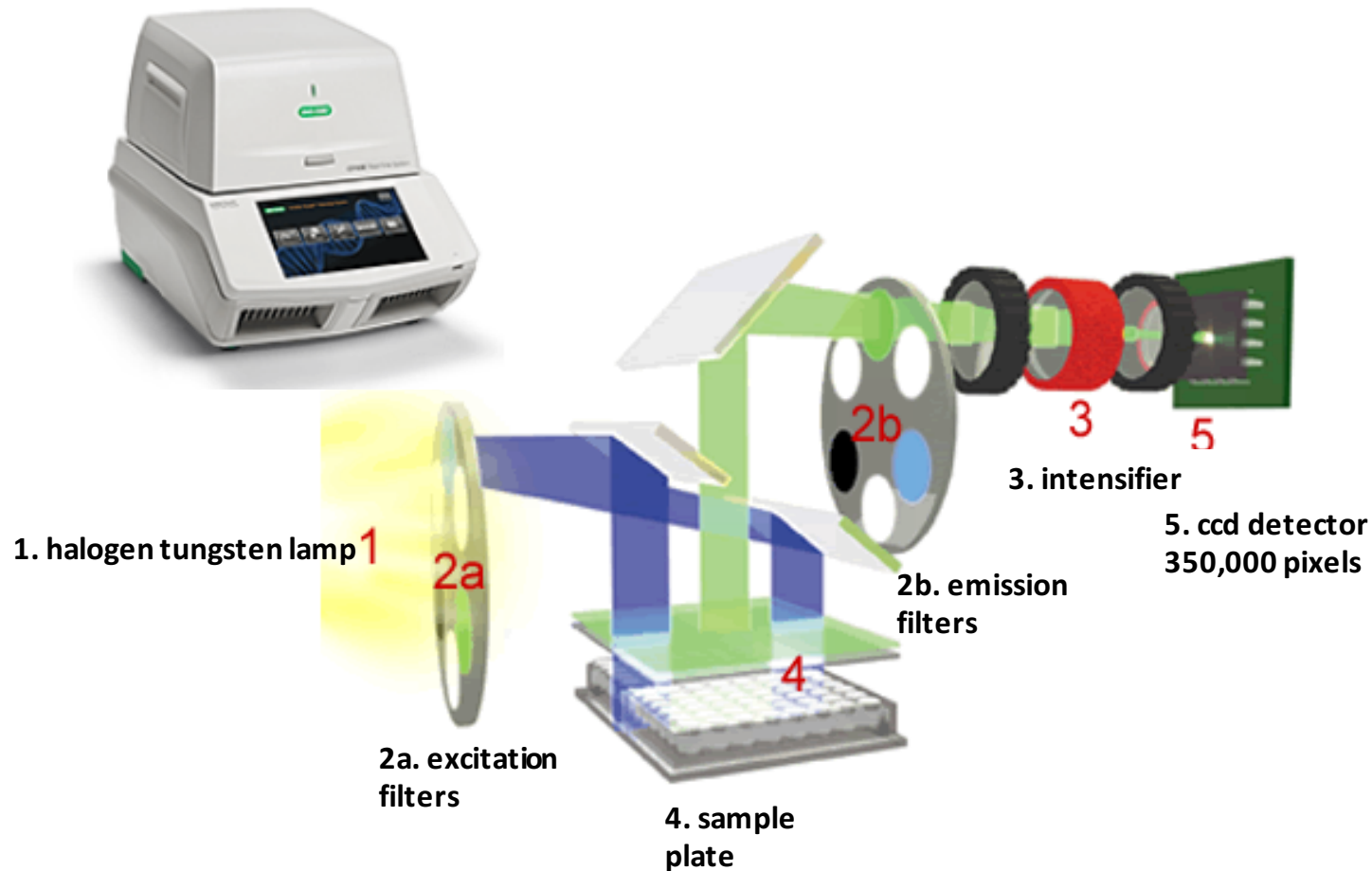


2. Emission of the fluorescence by binding

DNA synthesis
Detection of emission of fluorescence

Fluorescence emission is increasing with increasing of PCR cycles

Basics of real-time PCR measurements

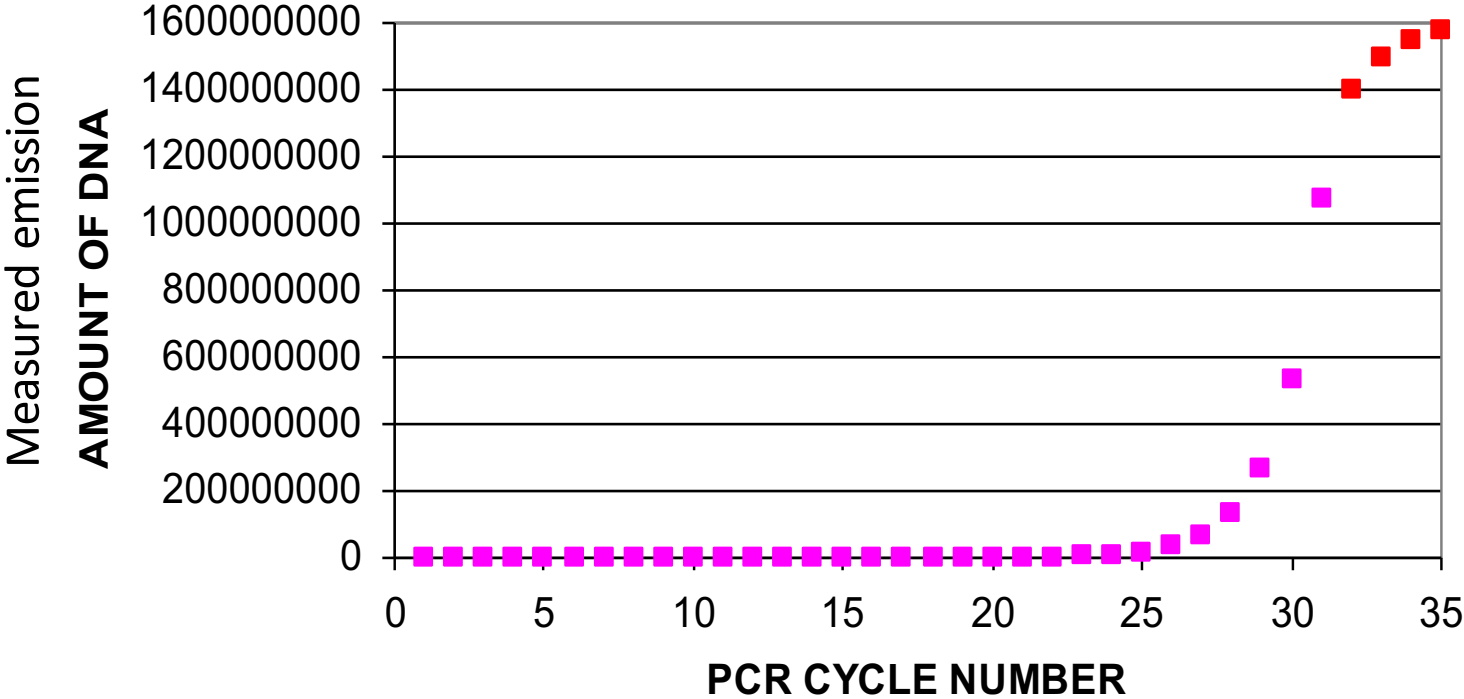


Every PCR cycle:
Excitation of SYBR green
(497nm) + measurement
of emission from SYBR
green (520nm)

Fig. 1.2. Representation of Optical Detection System layout.

Basics of real-time PCR measurements

AMPLIFICATION BLOT



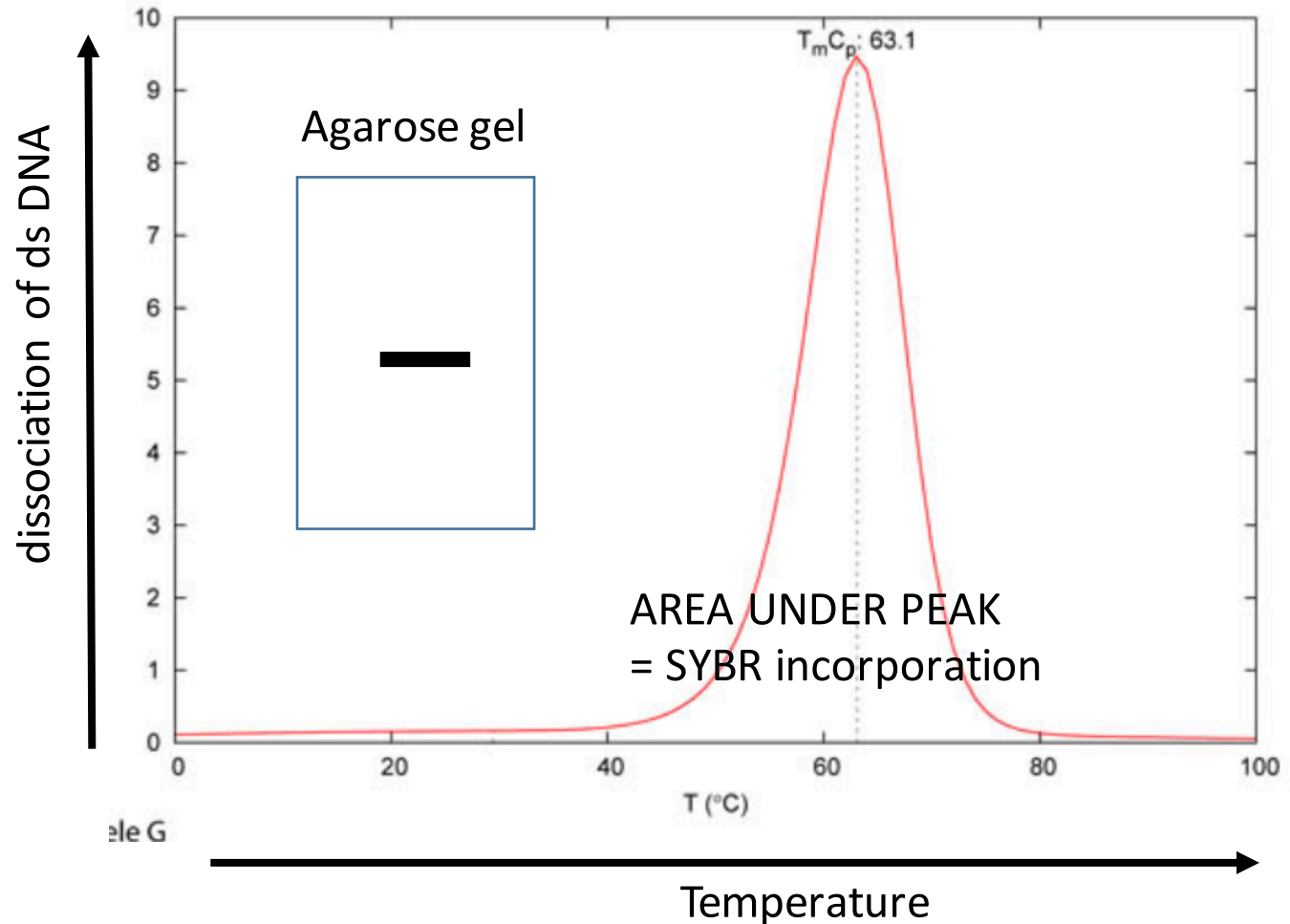
Quantitative information

Basics of real-time PCR measurements

MELTING CURVE ANALYSIS

The temperature-dependent dissociation between two DNA-strands can be measured using a DNA-intercalating fluorophore such as SYBR green, or fluorophore-labelled DNA probes. In the case of SYBR green (which fluoresces 1000-fold more intensely while intercalated in the minor groove of two strands of DNA), the dissociation of the DNA during heating is measurable **by the large reduction in fluorescence that results.**

The temperature at which 50% of DNA is denatured is known as the melting temperature.



Melting curve is determined after the last cycle of PCR:

- PCR machine heats up PCR products from 0°C to 100°C
- Dissociation of DNA filaments is measured
- IF PCR HAS AMPLIFIED SPECIFICALLY AMPLIFIED A SPECIFIC REGION ALL DNA MOLECULES WILL MELT AT A SPECIFIC TEMPERATURE → **melting temperature is determined by DNA sequence!!!**
- IF YOU RUN PCR PRODUCT ON AGAROSE GEL, ONLY **ONE** BAND WILL BE VISIBLE

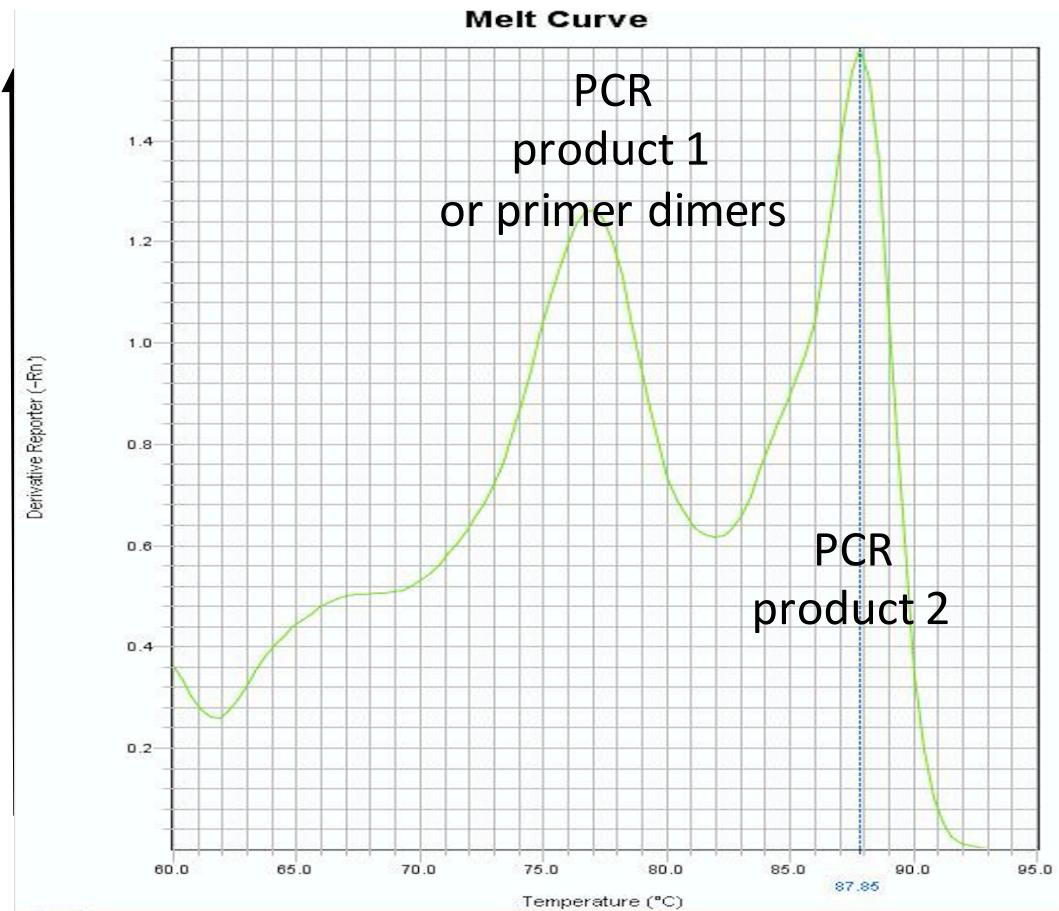
Basics of real-time PCR measurements

MELTING CURVE ANALYSIS

Melting curve is determined after the last cycle of PCR:

- PCR machine heats up PCR products from 0°C to 100°C
- Dissociation of DNA filaments is measured
- **IF PCR HAS AMPLIFIED MULTIPLE FRAGMENTS IN A NON_SPECIFIC MANNER THE MELTING CURVE ANALYSIS WILL IDENTIFY MORE THEN ONE PEAK (PCR primers are not sepcific!!)**
- Example: IF YOU RUN PCR PRODUCT ON AGAROSE GEL, FIVE BANDS WILL BE VISIBLE

dissociation of ds DNA



AREA UNDER PEAKs
= SYBR incorporation

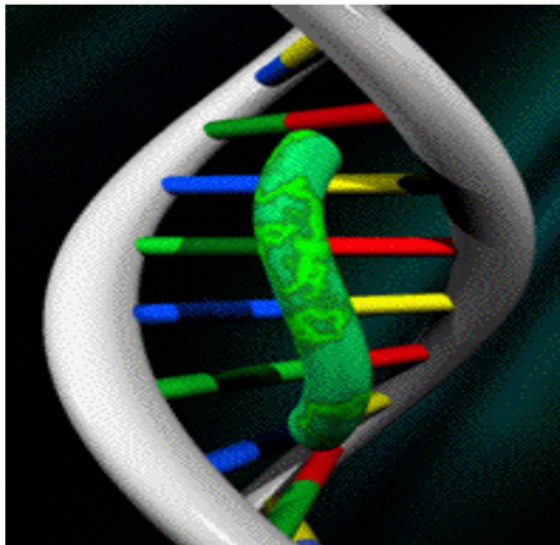
Here: signals from different types of dsRNA
(not only target amplicon)

MELTING CURVE ANALYSIS GIVE QUALITATIVE INFORMATION OF THE REAL-TIME PCR REACTION (without necessarily requiring an agarose gel run)

Real-Time PCR Chemistries

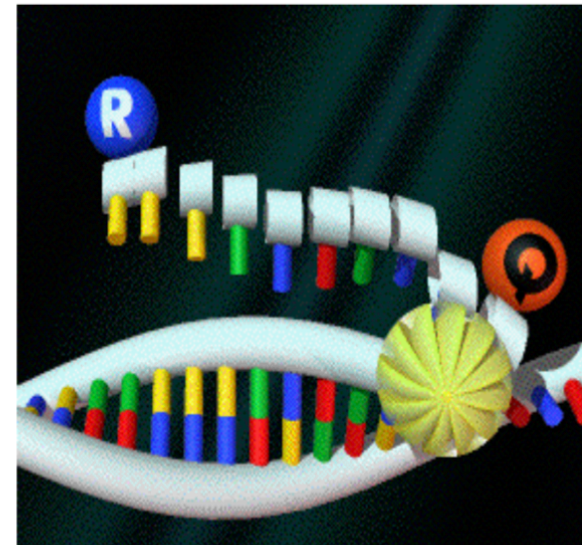
Strategies to follow PCR product generation

SYBR[®] Green I dye



Binds double
stranded DNA

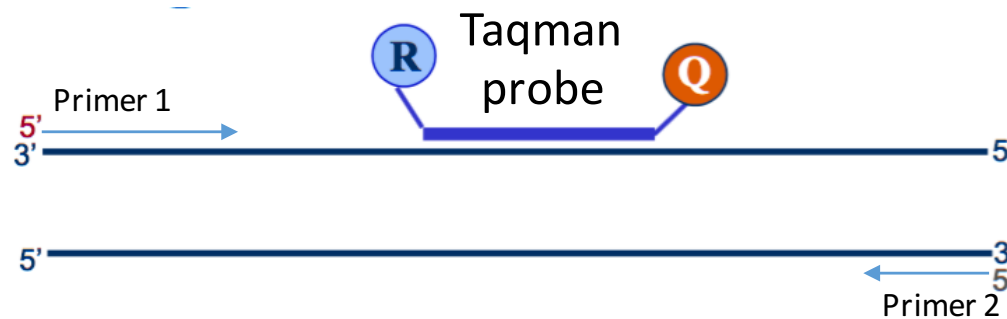
Fluorogenic 5'
Nuclease Assay



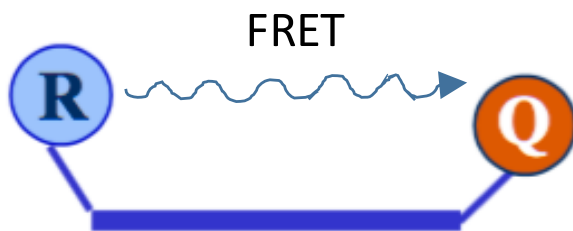
Uses a TaqMan[®] probe

2. Real-Time PCR Chemistries based on Fluorogenic 5' Nuclease assay

Classic PCR setup with addition of amplicon-specific, modified ssDNA oligonucleotide



PCR target region amplified using primer 1 and 2



FRET:
Fluorescence Resonance
Energy Transfer

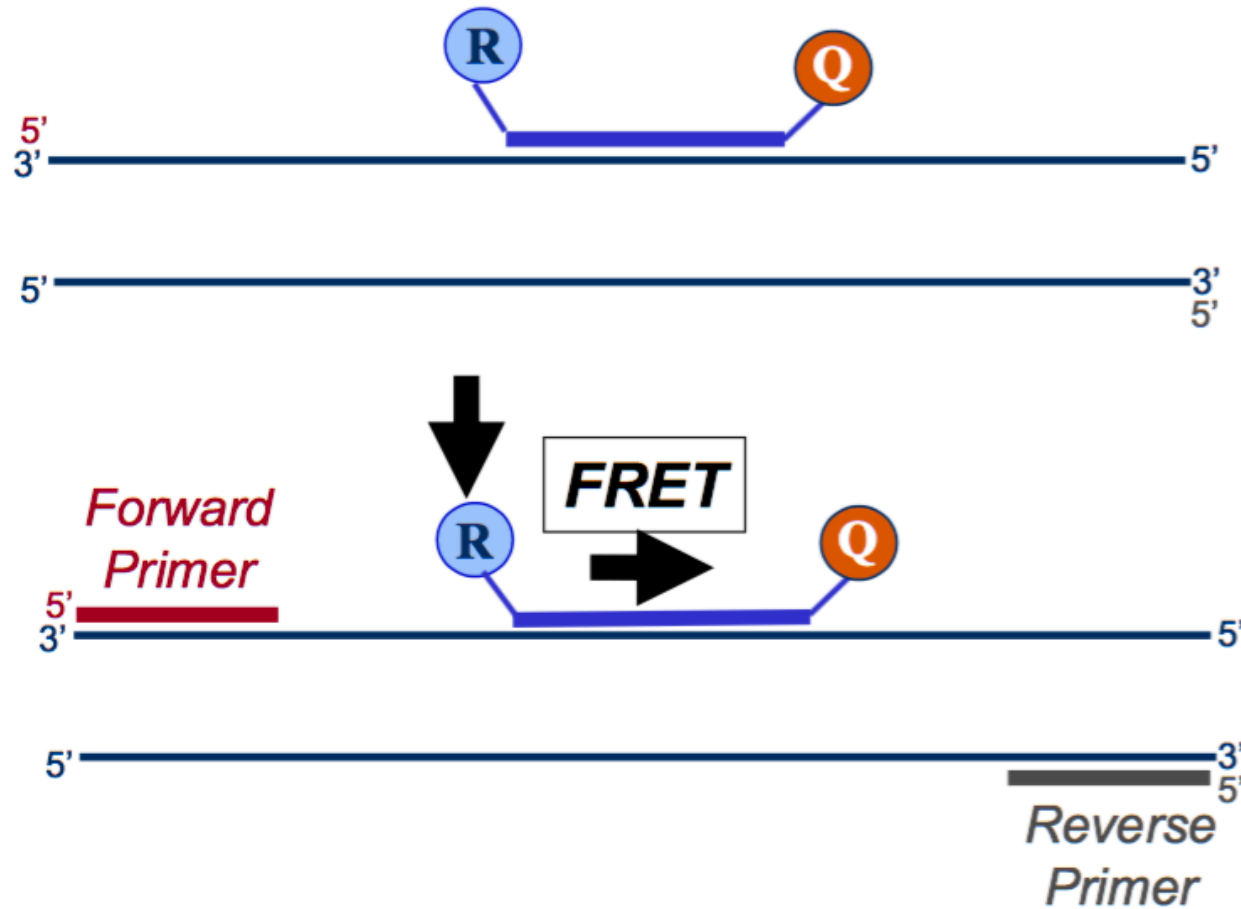
Taqman probe:

- Oligonucleotide
- PCR amplicon site specific
- Hybridizes with one strand of the PCR product
- Carries a fluorophor (R)
- Carries a Quencher that absorbs light emitted from fluorophor = "FRET"

Important: FRET only works when Q is in close proximity to R

2. Real-Time PCR Chemistries based on Fluorogenic 5' Nuclease assay

For example:
Cycle 5 during PCR

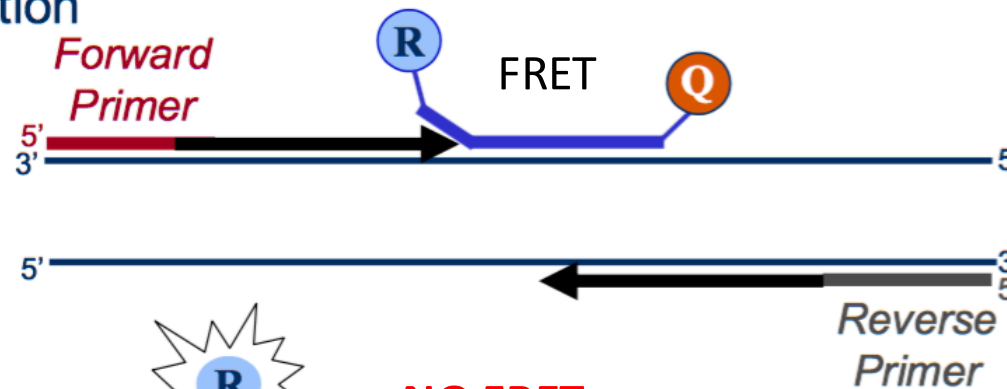


- Denaturation at 95°C
- Annealing of PCR primers and Taqman probe

***FRET= Fluorescence Resonance Energy Transfer**

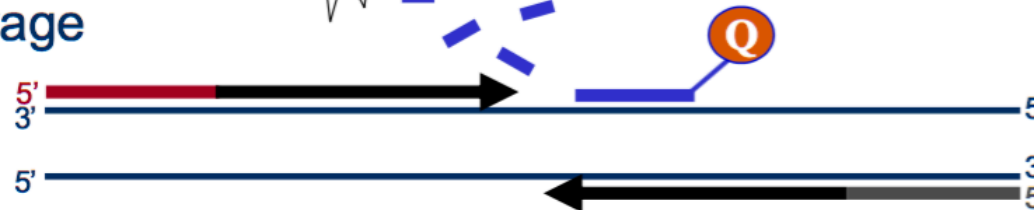
2. Real-Time PCR Chemistries based on Fluorogenic 5' Nuclease assay

Displacement during Polymerization



- DNA SYNTHESIS BY Taq polymerase

Cleavage



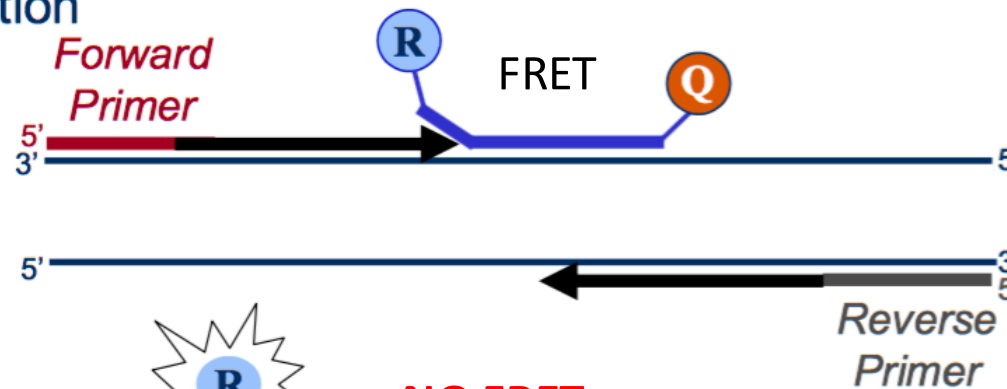
Taq has 5' → 3' exonuclease activity:
Taqman probes degraded

Loss of FRET: light from R is not checked and can be detected in “real-time” during PCR

Fluorescence increases with every cycle of PCR until reaching saturation in PCR plateau phase

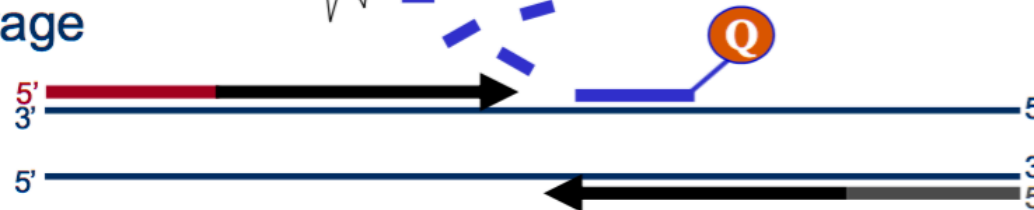
2. Real-Time PCR Chemistries based on Fluorogenic 5' Nuclease assay

Displacement during Polymerization



- DNA SYNTHESIS BY Taq polymerase

Cleavage



Taq has 5' → 3' exonuclease activity:
Taqman probes degraded

ADVANTAGE:

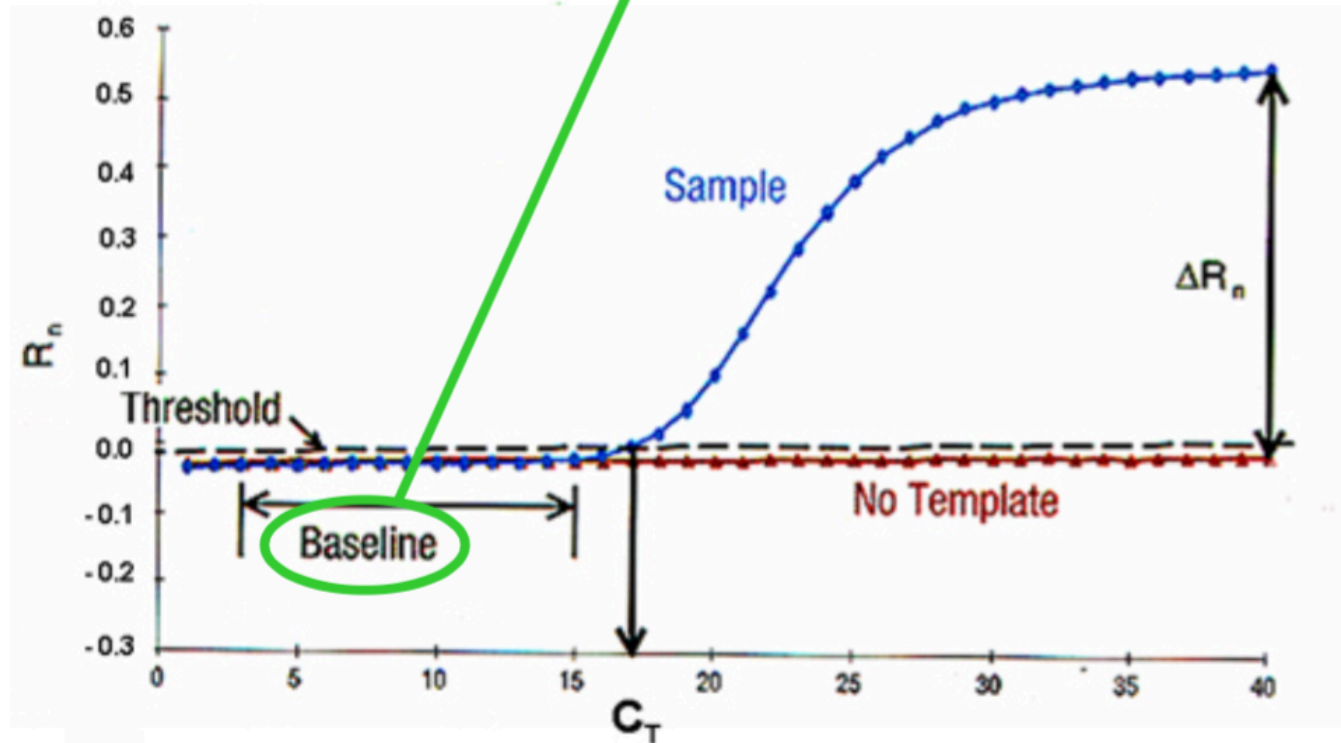
HIGHLY SPECIFIC DETECTION OF AMPLIFIED DNA REGIONS:

1. Sequence specific PCR primers for PCR
2. **Amplicon specific DNA probe enables selective detection of region of interest!!!**

Terminology of amplification blots

Terminology Baseline:

The initial cycles prior to any detectable amplification, in which there is little change in fluorescent signal.



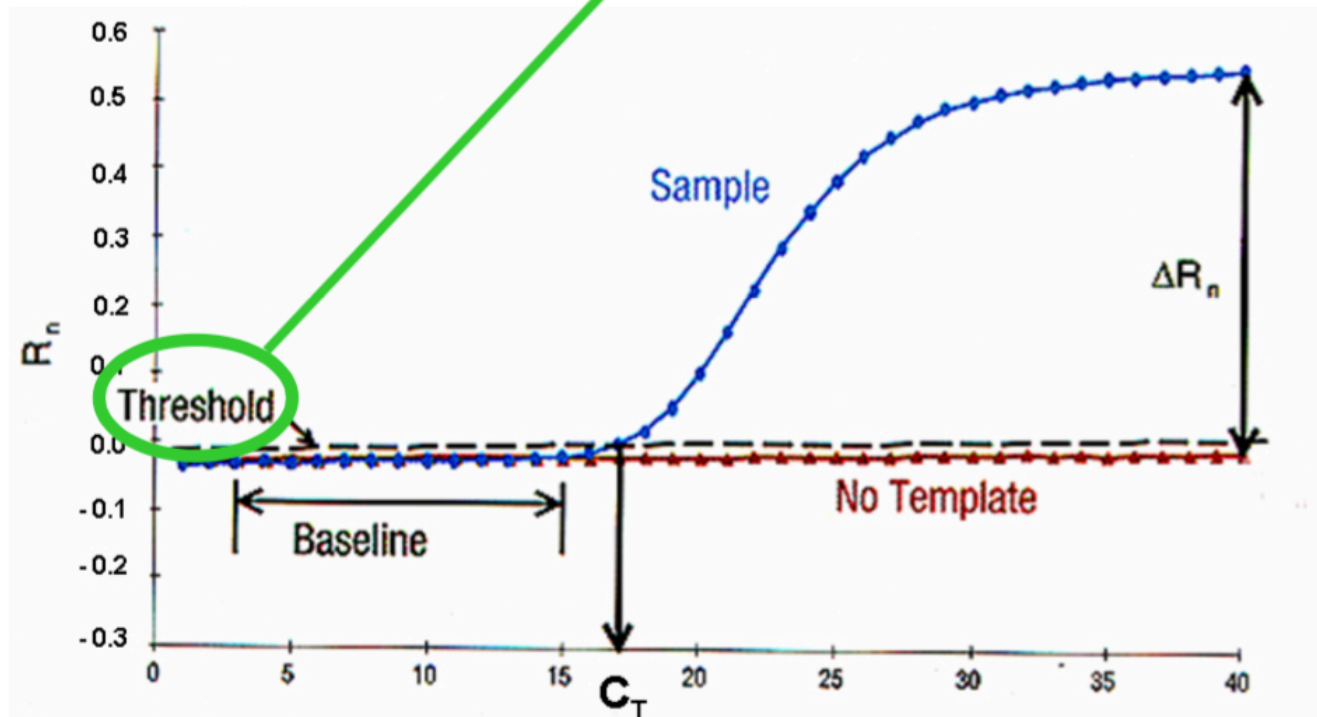
2 parallel PCR reactions shown in blot:
BLUE: PCR with template
RED: PCR without template (negative control)

R_n : reporter signal obtained from detector

Terminology of amplification blots

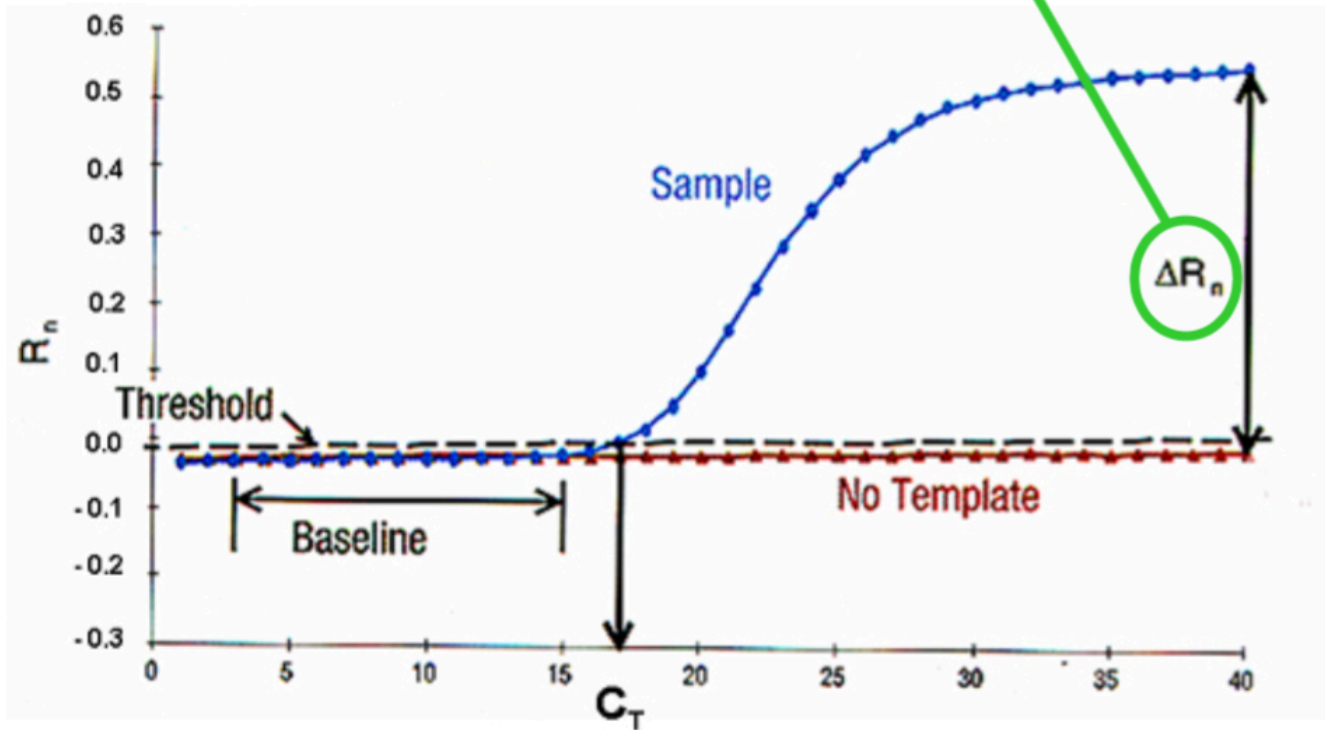
Threshold:

Level at which fluorescence is detected in reactions during the exponential phase of PCR



Terminology of amplification blots

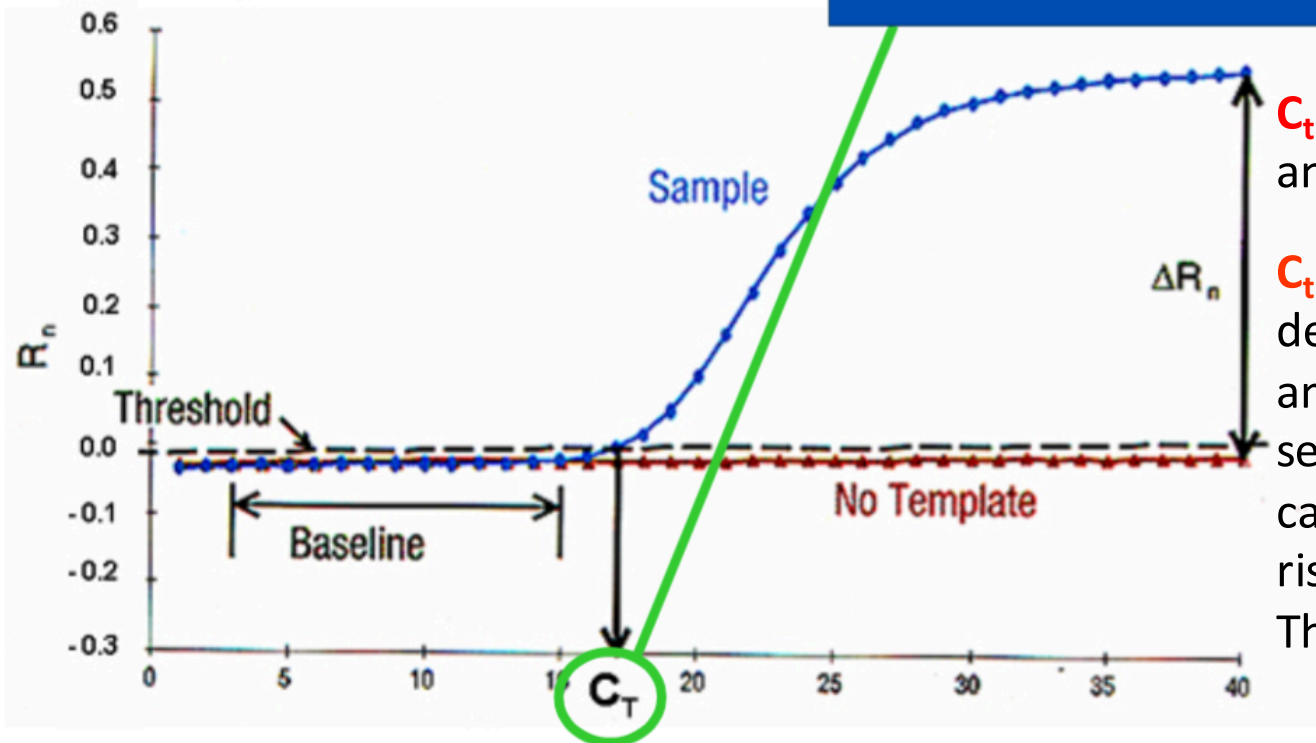
ΔR_n : Normalized reporter signal minus background (baseline level).



Terminology of amplification blots

Cycle Threshold (C_T):

The cycle (point in time) at which the PCR product crosses the threshold of detection.



C_t VALUE: Most important value for the analysis of real-time PCR data

$C_t = \text{threshold cycle}$: è il ciclo della reazione di amplificazione in cui il segnale di fluorescenza del campione è maggiore rispetto a quello della Threshold

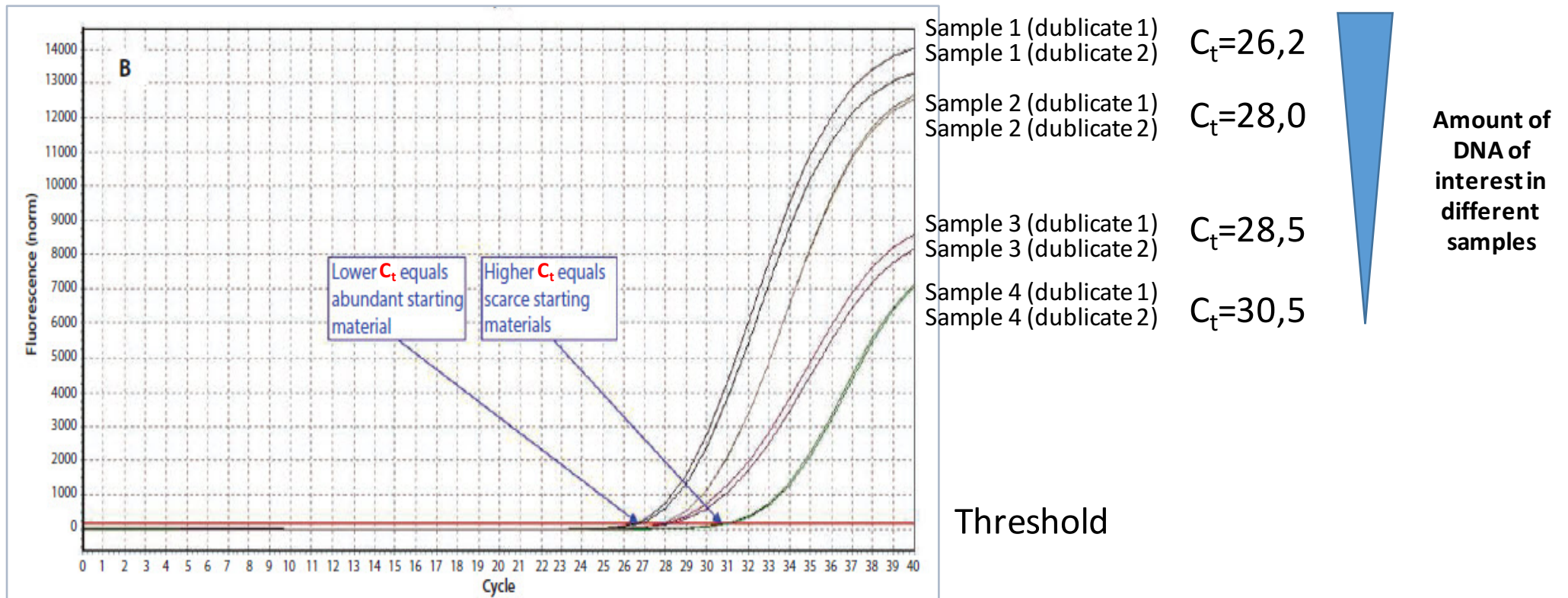
Terminology of amplification blots

WITH EVERY CYCLE OF PCR, THE AMOUNT OF AMPLIFIED DNA DOUBLES

$$Y = N (1+E)^n$$

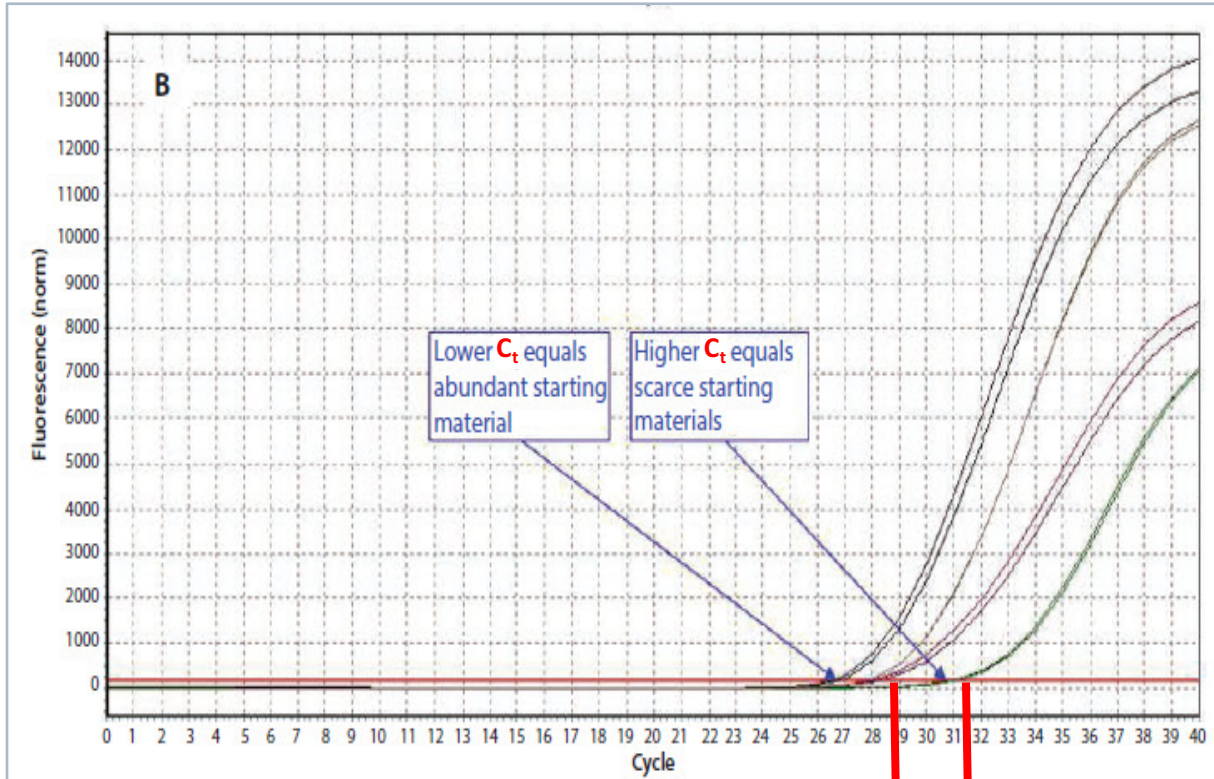
Y = resa di amplificazione/amount amplified
N = numero di molecole di DNA di partenza (number of starting DNA molecules)
E = **efficienza di reazione (efficiency of reaction)**
n = numero di cicli di amplificazione (number of PCR cycles)

The amount of initial DNA is reverse proportional to the number of cycles required to overcome the threshold (arrive at Ct)



Basics for the analysis of real-time PCR data: C_t and ΔC_t

WITH EVERY CYCLE OF PCR, THE AMOUNT OF AMPLIFIED DNA DOUBLES



Sample 1 (duplicate 1) $C_t=26,2$
Sample 1 (duplicate 2)

Sample 2 (duplicate 1) $C_t=28,0$
Sample 2 (duplicate 2)

Sample 3 (duplicate 1) $C_t=28,5$
Sample 3 (duplicate 2)

Sample 4 (duplicate 1) $C_t=30,5$
Sample 4 (duplicate 2)

Amount of DNA of interest in different samples

Fold change sample 3 to sample 4 =

$$2^{\Delta C_t}$$

$$2^2=4$$

$C_t=28,5$ $C_t=30,5$

$$\Delta C_t=2$$

C_t (sample 4) appears 2 cycles later than C_t (sample 3)
→ note: in every cycle of PCR the amount of amplified DNA doubles → 2 cycles difference = concentration of target DNA is 4 times lower in sample 4 compared to sample 3

Analysis of real-time PCR data: C_t and ΔC_t

Types of Quantitation Assays

```
graph TD; A[Types of Quantitation Assays] --> B[Absolute quantitation]; A --> C[Relative quantitation];
```

Absolute quantitation

Relative quantitation

Analysis of real-time PCR data: C_t and ΔC_t

Types of Quantitation Assays

```
graph TD; A[Types of Quantitation Assays] --> B[Absolute quantitation]; A --> C[Relative quantitation];
```

Absolute quantitation

Relative quantitation

Provides absolute measurement of starting copy number

– **Requires standards of known quantity (Mol or ng)**

– e.g. Forensic science: Is there DNA and how much DNA (copy number) is there for forensic purposes

– e.g. Diagnostics: Virus titer in blood: is there virus DNA and how much is there?

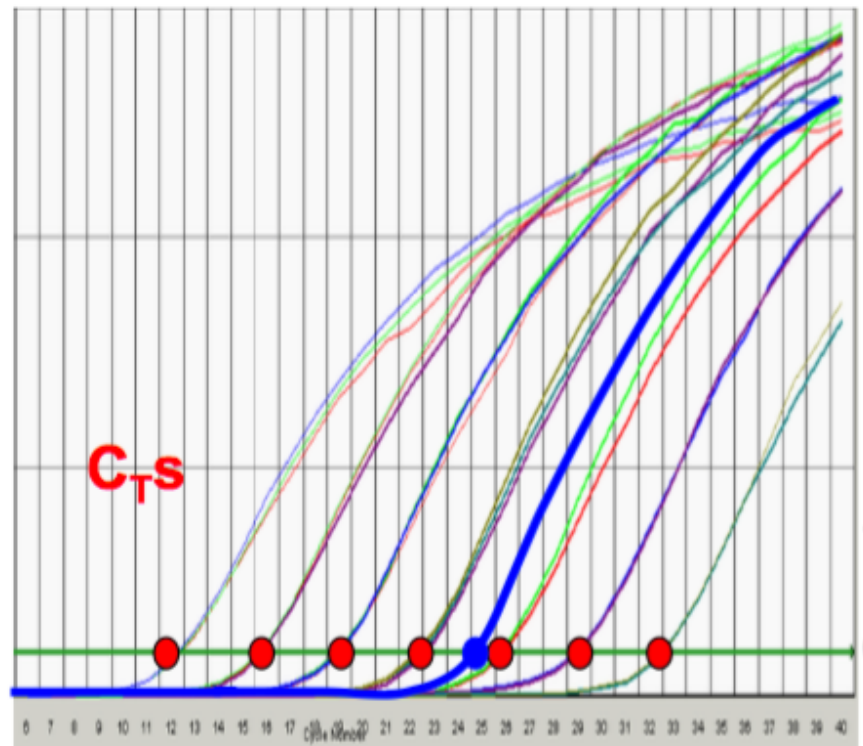
Basics for the analysis of real-time PCR data: C_t and ΔC_t

Types of Quantitation Assays

Absolute quantitation

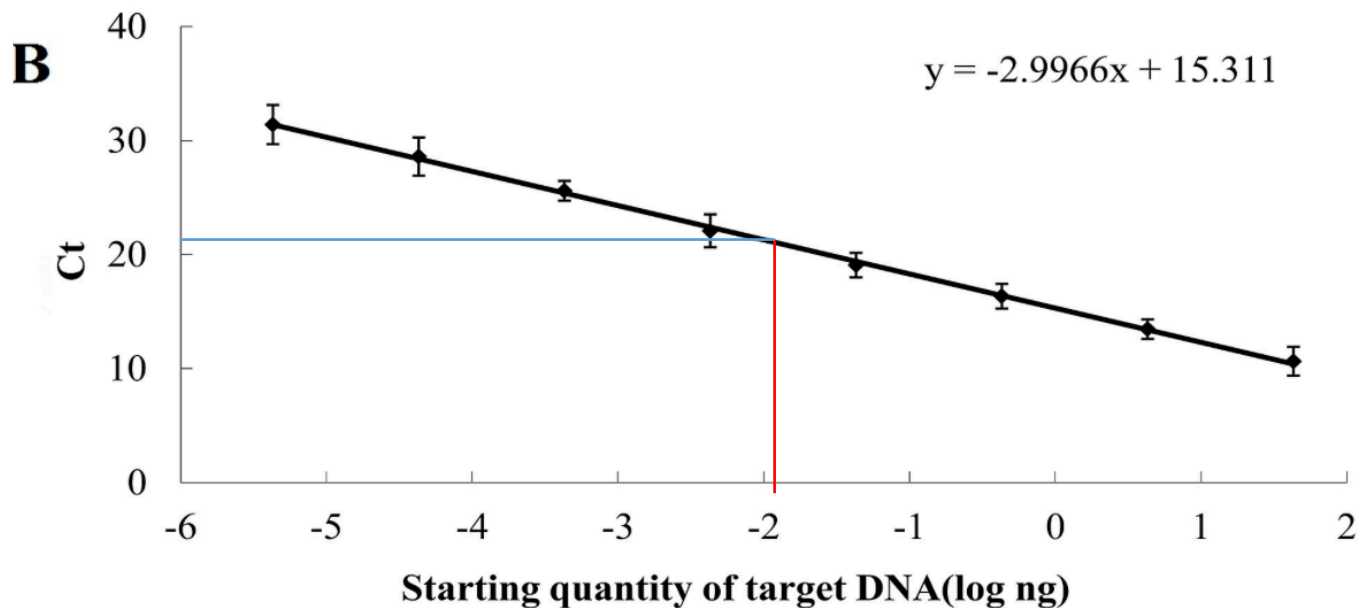
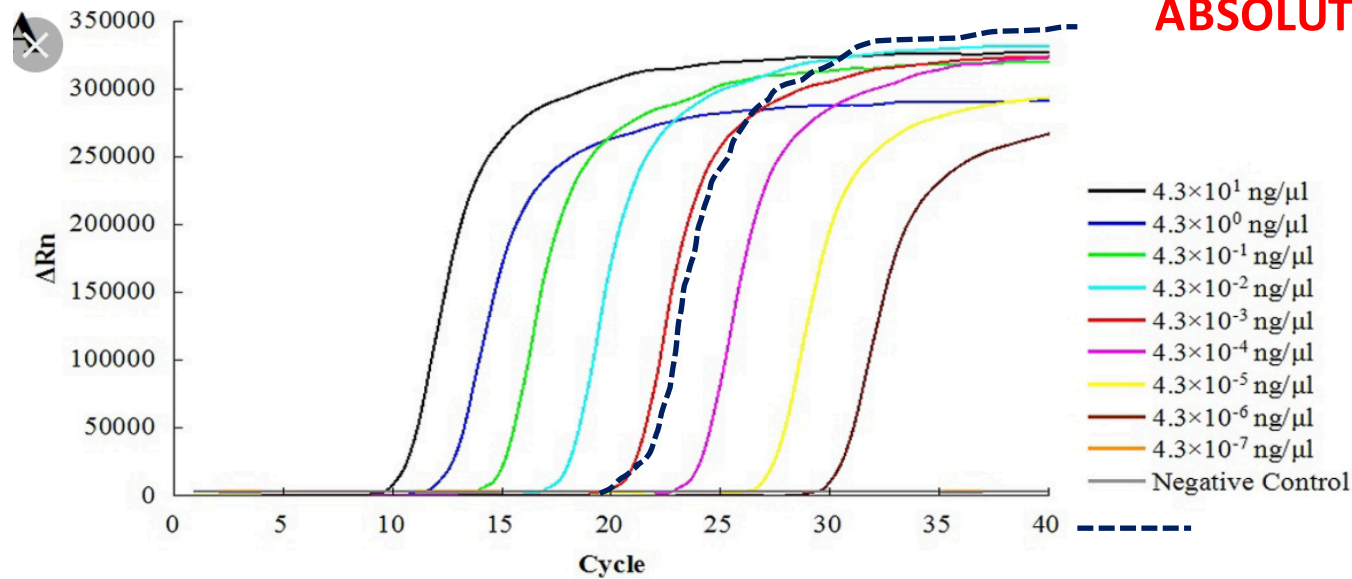
Relative quantitation

ABSOLUTE QUANTITATION



- C_t s derived from real-time PCR using and increased copy number of target site: PCR TARGET REGION MUST BE AVAILABLE (for example cloned into a plasmid)
DIFFERENT DILLUTIONS ARE USED FOR PCR TO GENERATE A STANDARD CURVE
- Biological sample with unknown copynumber of PCR target site

Basics for the analysis of real-time PCR data: C_t and ΔC_t



Basics for the analysis of real-time PCR data: C_t and ΔC_t

Types of Quantitation Assays

RELATIVE QUANTITATION

Absolute quantitation

Relative quantitation

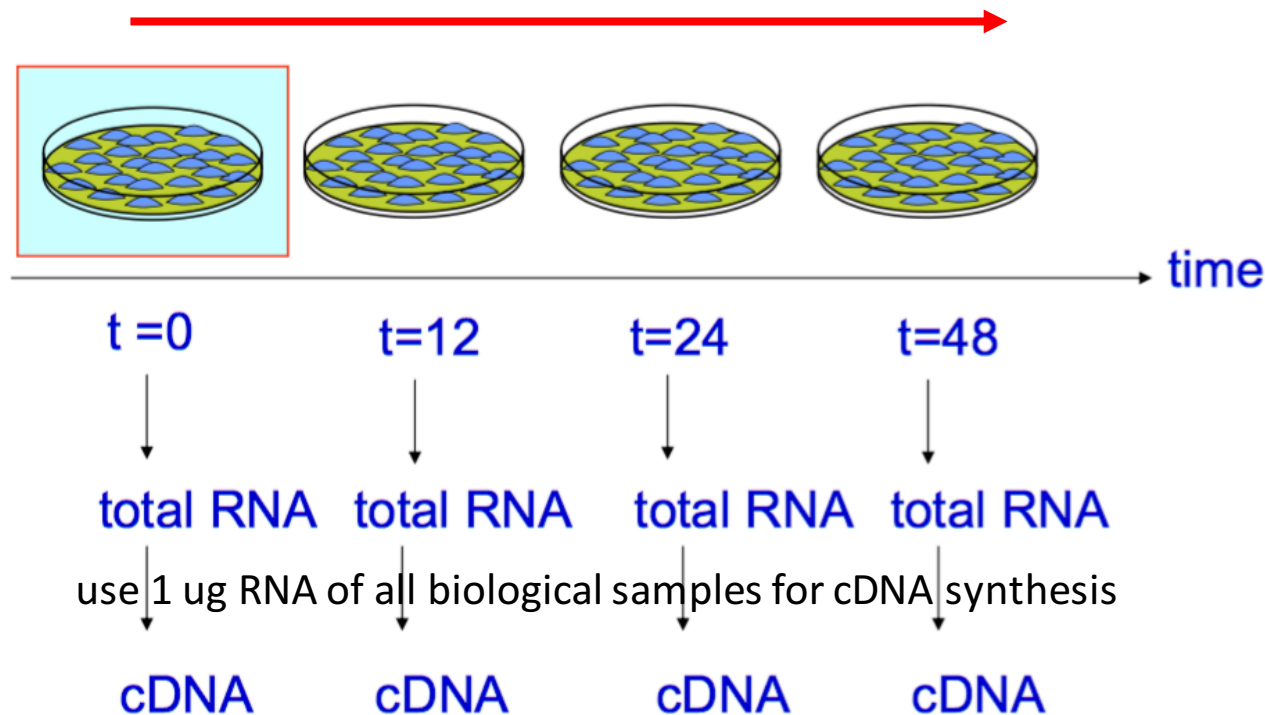
Provides accurate discrimination between relative amounts of starting material

- e.g. Comparing expression levels of wildtype vs. mutated alleles
- e.g. **Comparing expression levels of a gene across different tissues or between different biological conditions**
- e.g. Validating array results

Basics for the analysis of real-time PCR data: relative quantitation

RELATIVE QUANTITATION

Cells stimulated for several hours (0-48h) with retinoic acid (retinoic acid binds a transcription factor that targets gene promoters)



QUESTION:

How are genes of interest (for example Hox A gene) regulated during this time

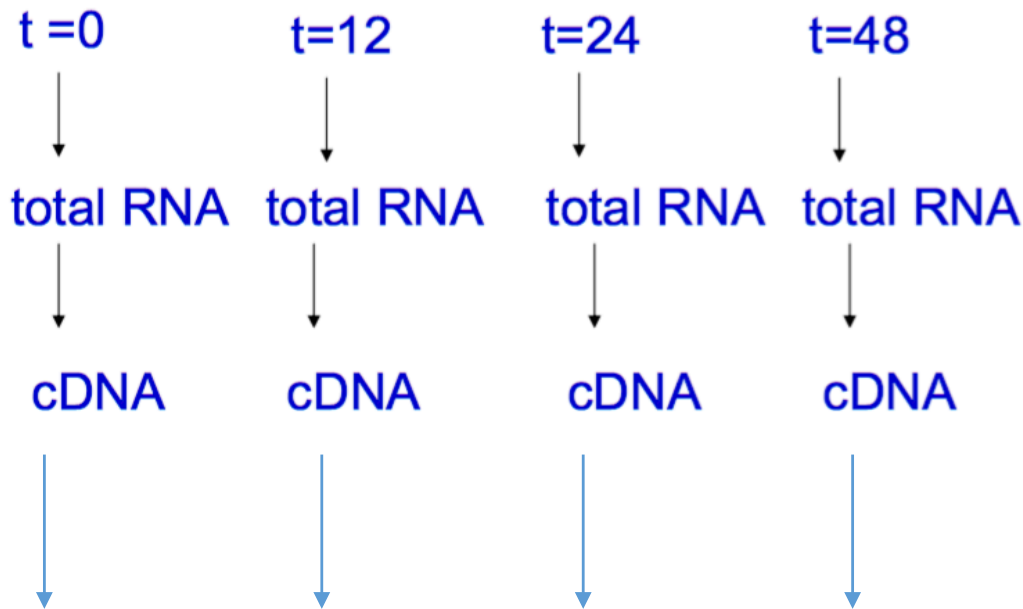
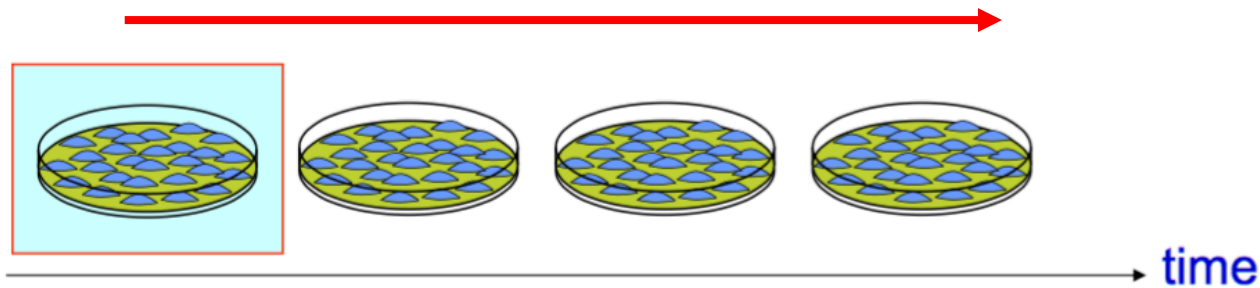
Hox genes

**REFERENCE GENE
THAT IS NOT
AFFECTED BY
RETINOIC ACID
TREATMENT**

Used prepared cDNA for real-time PCR to determine the levels of mRNAs of interest in different experimental samples. Note that the mRNAs composition in biological samples difference changes, due to the retinoic acid treatment

Basics for the analysis of real-time PCR data: relative quantitation

Cells stimulated for several hours (0-48h) with retinoic acid

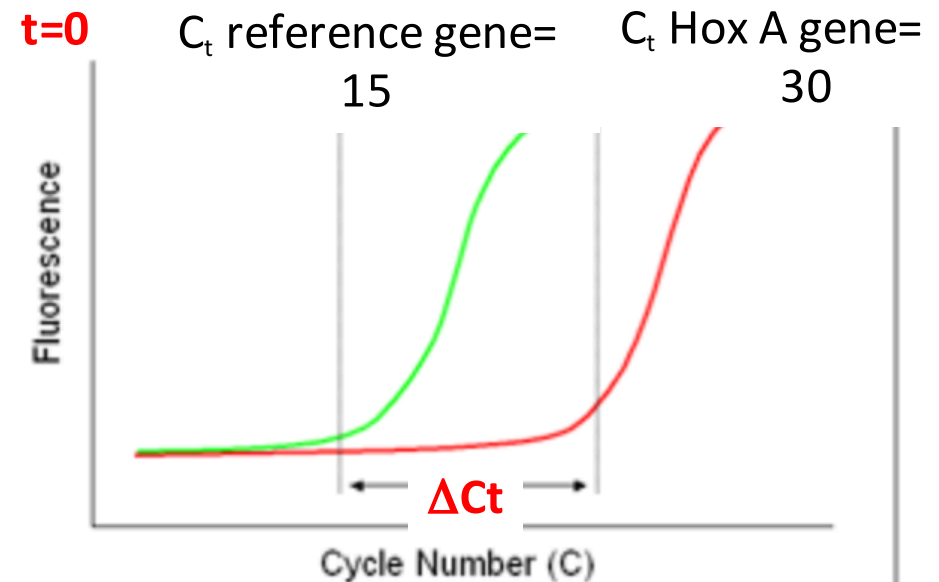


REAL TIME PCR: performed in parallel (t=0 – 48) at the same time.
Very important: precise pipetting!

RELATIVE QUANTITATION

REFERENCE GENE:

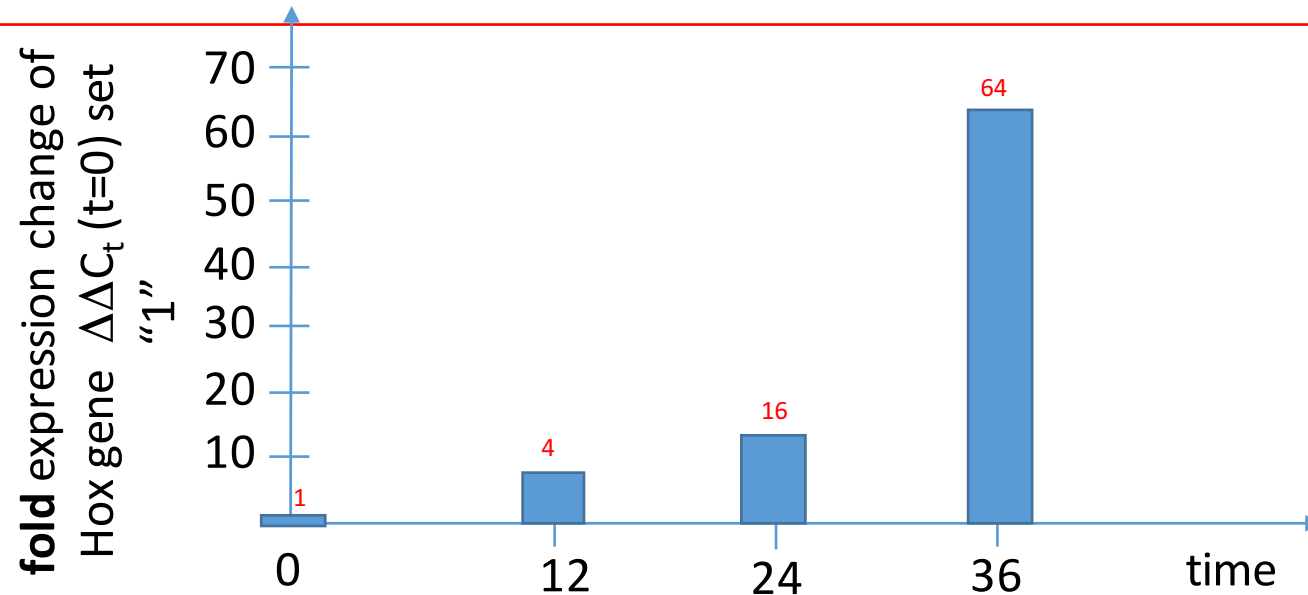
- no altered expression in relevant biological
- normally expressed at high levels
- **Serves to control of sample quantity**
- **Serves to control for pipetting errors**
- Examples: 18S rRNA, GAPDH, β -actin, tubulin, RNA polymerase II, histone H3



Basics for the analysis of real-time PCR data: C_t and ΔC_t and $\Delta\Delta C_t$

Gene	t=0	t=12	t=24	t=36
C_t Reference	15	15	15	15
C_t Hox gene	30	28	26	24
ΔC_t	15	13	11	9

$\Delta\Delta C_t$		$15-13=2$ (cicli)	$15-11=4$	$15-9=6$
$2^{\Delta\Delta C_t}$	1	$2^2=4$	$2^4=16$	$2^6=64$



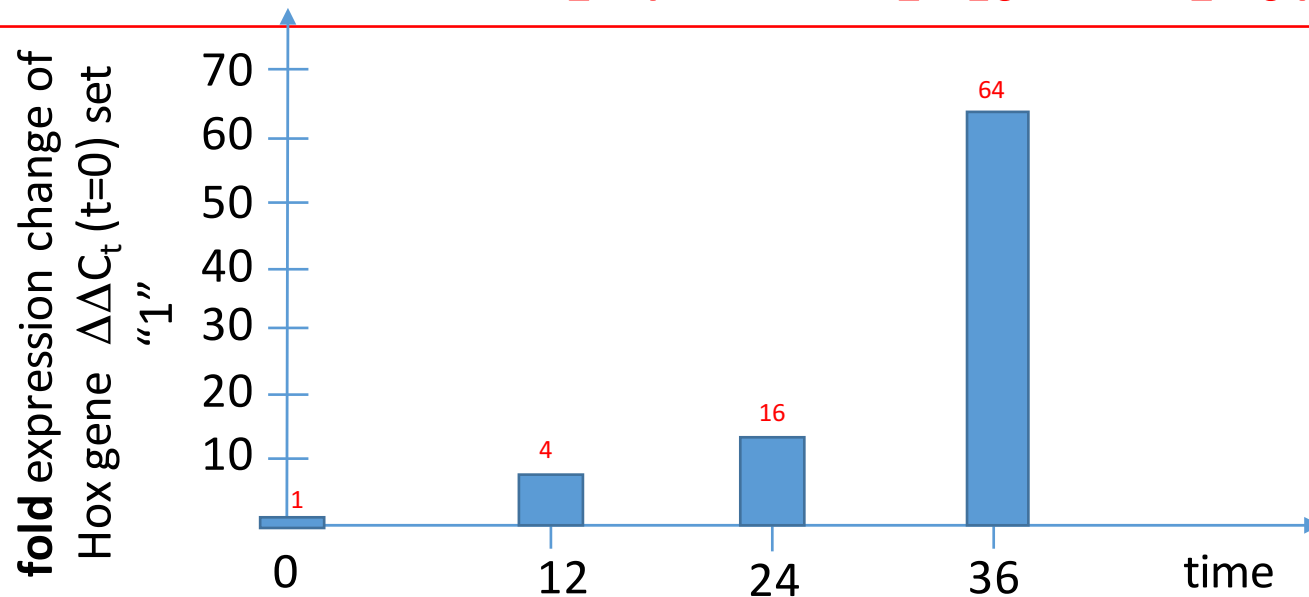
Basics for the analysis of real-time PCR data: C_t and ΔC_t and $\Delta\Delta C_t$

Gene	t=0	t=12	t=24	t=36
C_t Reference	15	15	17	15
C_t Hox gene	30	28	28	24
ΔC_t	15	13	11	9

Reduced cDNA level, when compared to t=0, 12, 36
 → Lighter C_t for Hox and reference gene
 → Delta C_t remains unchanged

$\Delta\Delta C_t$		$15-13=2$ (cicli)	$15-11=4$	$15-9=6$
$2^{\Delta\Delta C_t}$	1	$2^2=4$	$2^4=16$	$2^6=64$

→ REFERENCE GENE SERVES TO COMPENSATE DIFFERENT EFFICIENCY OF UPSTREAM STEPS



What is Real-Time PCR used for?

Real-Time PCR has become a cornerstone of molecular biology:

- **Gene expression analysis**
 - Cancer research
 - Drug research
- **Disease diagnosis and management**
 - Viral quantification
- **Food testing**
 - Percent GMO food
- **Animal and plant breeding**
 - Gene copy number

For all applications that require the quantification of RNA/DNA sequences