

Gene regulation by non-coding RNAs in the 3D genome architecture

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Appropriate gene expression is essential for producing the correct amount of proteins at the right time, which is critical for living organisms. In the three-dimensional (3D) space of the nucleus, genomes are folded into higher order chromatin structures that are intimately associated with epigenetic factors, including histone modifications and nuclear long non-coding RNAs (lncRNAs). lncRNAs regulate transcription for both activation and repression, either in *cis* or in *trans*. Many ncRNAs are expressed in development-specific, differentiation-specific, and disease-specific manners, suggesting that they are critical regulators for organ generation and maintenance. In this review, we mainly describe the following ncRNAs: *Xist*, involved in X chromosome inactivation, *Firre*, which serves as a platform for trans-chromosomal associations, and *UMLILO* and *ELEANORS*, which co-regulate genes involved in the immune response and breast cancer, respectively. These ncRNAs are gene regulators in the context of the 3D genome structure.

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Introduction

In eukaryotes, the genomic DNA is packaged into chromatin, in which the fundamental repeating unit is a nucleosome consisting of 180 bp DNA and four histone proteins, H2A, H2B, H3, and H4 [1]. The array of nucleosomes are folded into multiple layers, from lower to higher order, involving hundreds of kbs of chromatin loops, approximately 1 Mb of TADs (topologically associated domains), mega-bases of A and B compartments, and individual chromosome territories [2–8]. Chromatin loops contain long-range chromosomal contacts and local chromatin loops, such as in enhancer–promoter interactions. TAD is a self-interacting chromatin

region that compartmentalizes genomes. Enhancers can co-regulate genes within the TAD, but not outside of it. Disruption of the TAD boundaries leads to impaired gene expression, and corresponds to certain diseases [9,10]. The A and B compartments are much larger chromatin domains, and roughly correspond to euchromatin with active histone marks and heterochromatin with repressive histone marks, respectively [5,11]. This finding implies that the 3D genome structures originating from chromatin interactions play a key role in the regulation of gene expression.

Over 40 years ago, chromatin was found to cofractionate with RNAs, thus suggesting the presence of chromatin-associated RNAs [12–14]. More recent experiments with the *Drosophila* cell line have demonstrated that chromatin is increasingly endonuclease-resistant when cellular RNAs are hydrolyzed with RNaseA [15]. In this case, small nucleolar RNAs bind to chromatin through their associated proteins, and this is responsible for the chromatin inaccessibility. The possible involvement of other less-abundant RNAs remains to be investigated. These indicate that nuclear RNAs may facilitate the formation of an open euchromatin structure, and regulate gene expression under certain circumstances.

Recent high throughput sequence analyses have revealed that the genome is pervasively transcribed [16]. It is estimated that over 100 000 RNAs lacking protein coding potential, referred to as non-coding RNAs (ncRNAs), exist in cells [16]. ncRNAs with lengths longer than 200 nt are long ncRNAs (lncRNAs), and some play key roles in development. One of the best-studied examples is the *Xist* RNA, which is involved in X-chromosome inactivation (XCI) in mammalian females, as described below. *Xist* is produced from the unique locus, *Xic* (X chromosome inactivation center), which contains a cluster of ncRNA genes including *RepA*, *Tsix*, *Xite*, *Jpx*, *Ftx*, and *Tsx*. These ncRNAs are involved in the regulation of *Xist* expression and function, as well as XCI. This implies that ncRNAs are important cellular regulatory factors.

In this review article, we discuss the recent work on the ncRNAs that are involved in gene regulation, mainly through modulating higher order chromatin structures and epigenetic marks. We also consider the significance of ncRNAs in mammalian development, immunity, and cancer.

Xist functions in X chromosome inactivation during female early embryonic development

During early development in female mammals, one of the two X chromosomes (XX) is silenced as dosage compensation, relative to males with only one X chromosome (XY).

This is referred to as X-chromosome inactivation (XCI). The X chromosome carries over 1000 genes essential for development and cell viability, and their overexpression due to XCI failure is potentially harmful [17,18]. The key regulator of XCI is the *Xist* (*X-inactive-specific transcript*) RNA, a 17 kb lncRNA expressed from the inactive X chromosome (Xi) [19–22]. The depletion of *Xist* results in the failure of XCI initiation [23,24], while the forced *Xist* expression on autosomes leads to silencing of the neighboring genes [25,26].

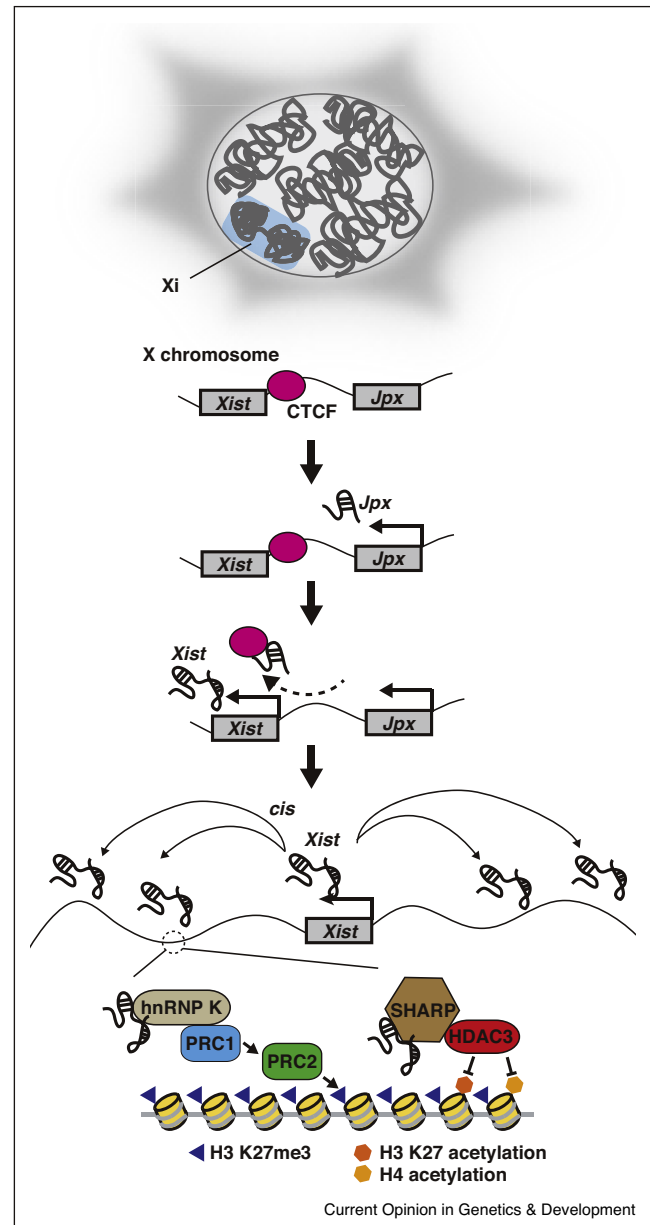
Xist is produced and spread *cis* along the X chromosome to highly condense the chromosome, leading to silencing of the X-linked genes. Eventually, *Xist* covers the entire Xi and forms an RNA cloud, which is often found near the nuclear membrane or one of the nuclear substructures, the nucleolus. At the beginning of XCI, *Xist* expression is repressed by the binding of the CTCF (CCCTC-binding factor) protein to the *Xist* promoter (Figure 1), and the CTCF protein is evicted by another lncRNA, *Jpx*, which acts as the activator for the *Xist* expression [27] (Figure 1). The produced *Xist* then interacts with hnRNP K (heterogeneous nuclear ribonucleic protein K) and recruits PRC1 (Polycomb group protein complex 1) leading to accumulation of PRC2 [28,29–32] for the trimethylation of histone H3 at lysine 27 (H3K27me3). *Xist* also interacts directly with SHARP (SMRT/HDAC1 associated repressor protein) to silence nearby transcription, through histone deacetylation by HDAC3 (histone deacetylase 3) (Figure 1) [33]. These combinations of lncRNAs and epigenetic modifiers contribute to the constitutive heterochromatin formation of Xi. Although *Xist* deletion from the previously established Xi disrupts the heterochromatin conformation, it has little effect on X-linked gene silencing [34,35]. This suggests that *Xist* is essential for the Xi-specific chromosome structure, but dispensable for the established Xi, perhaps due to the existence of other epigenetic marks.

Other ncRNAs that recruit repressive and active factors to chromatin

Several genes are expressed from only the maternal or paternal chromosome, in a phenomenon referred to as genomic imprinting. In addition to DNA methylation and histone modifications, ncRNAs are involved in this process. The *Airn* (*Antisense Igf2r RNA non-coding*) ncRNA is expressed only from the paternal allele, and required for the paternal-specific silencing of the multiple neighboring imprinted genes, *Slc22a3*, *Slc22a2*, and *Igf2r*, in the mouse placenta [36–38]. As with *Xist*, *Airn* forms an RNA cloud in the nucleus, covers the paternal *Slc22a3*, and recruits the histone methyltransferase G9a, for the repressive histone mark (H3K9me3).

Unlike *Xist* and *Airn*, the *HOTAIR* (*HOX transcript antisense RNA*) ncRNA functions *in trans*. It is produced from the *HOXC* locus on chromosome 12, and functions on the *HOXD* locus on chromosome 2 [39]. *HOTAIR* demarcates

Figure 1



Xist lncRNA is required for X chromosome inactivation. During early female embryonic development, *Xist* is produced from one of the two X chromosomes, and spread along the chromosome to form the highly condensed and inactive X chromosome (Xi). *Xist* expression is repressed by CTCF protein binding to the promoter, and CTCF is evicted by another lncRNA, *Jpx*. The produced *Xist* then recruits PRC1, PRC2 and HDAC3, through hnRNP K and SHARP, respectively, resulting in the accumulation of repressive histone modifications.

the silent and active chromatin domains in the *HOXD* locus, by recruiting PRC2 to accumulate the repressive histone mark (H3K27me3), and LSD1 (Lysine-specific demethylase 1) to demethylate and erase the active histone mark (H3K4me1).

Firre serves as a platform for trans-chromosomal associations

The long-range chromatin interaction analyses identified a genomic region that interacts with the X-linked macro-satellite region, *DXZ4*. It is the *Firre* (*Functional intergenic repeating RNA element*) locus that abundantly produces the *Firre* lncRNA, primarily from the active X chromosome [40,41^{*}]. *Firre* forms RNA clouds in the nucleus, and serves as a platform for trans-chromosomal associations. *Firre* has 156 nt repeats, termed the repeating RNA domain (RRD), and they bind to the nuclear-matrix protein hnRNP U, which may connect *Firre* with other genomic loci, including *Ppp1r10*, *Slc25a12*, and *Ype14* on other chromosomes [40] (Figure 2). The *Firre* locus deletion changes gene expression in a hematopoietic progenitor cell type, which can be rescued by expressing *Firre* RNAs from an autosomal transgene [41^{*}]. *Firre* also functions in anchoring Xi to the nucleolus, and maintains H3K27me3 for silencing genes [42]. Taken together, *Firre* is a trans-acting RNA molecule that constructs the 3D genome architecture.

UMLILO primes immune-genes for robust transcription in trained immunity

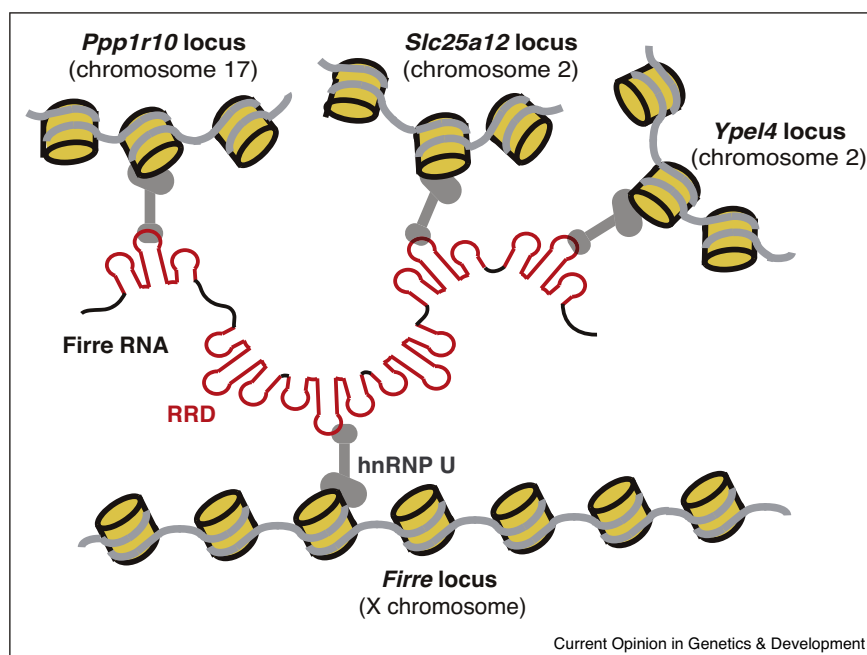
For an enhanced innate immune response, or trained immunity, immune-related gene promoters are primed for robust transcription. The active histone mark H3K4me3 is accumulated at their promoters, before immune stimulations. IPLs (Immune-gene priming

lncRNAs) are a collection of lncRNAs expressed from the TAD containing the TNF (tumor-necrosis factor) responsive genes, and regulate them in *cis* [43^{**}]. Among them is the *UMLILO* (*Upstream Master LncRNA of the Inflammatory chemokine Locus*) lncRNA, and it is produced within the TAD where the chemokine genes *IL8*, *CXCL1*, *CXCL2*, and *CXCL3* are transcribed (Figure 3). *UMLILO* interacts with the WDR5 protein (WD repeat-containing protein 5) [44], a component of the MLL1 complex, which catalyzes the methylation of histone H3 at lysine 4 for H3K4me3. *UMLILO* depletion decreases the H3K4me3 level at the *CXCL* promoters. Intriguingly, *HOTTIP* (*HOXA transcript at the distal tip*), another lncRNA, can replace the functions of *UMLILO*, because *HOTTIP* also interacts with WDR5 and promotes the H3K4me3-mediated activation of the *HOXA* genes [44,45]. These findings demonstrate that lncRNAs mediate TAD regulation, which may be central to trained immunology.

ELEANORS delineate the active TAD and the long-range chromatin interactions in breast cancer recurrence

Gene expression profiles are remodeled in cancers. For example, the *ESR1* gene is upregulated when ER (estrogen receptor)-positive breast cancer acquires endocrine therapy resistance. In this recurrence process, estrogen is deprived due to the therapy, and a cluster of lncRNAs, *ELEANORS* (*ESR1 locus enhancing and activating noncoding RNAs*), are produced from the TAD including the *ESR1* gene, termed

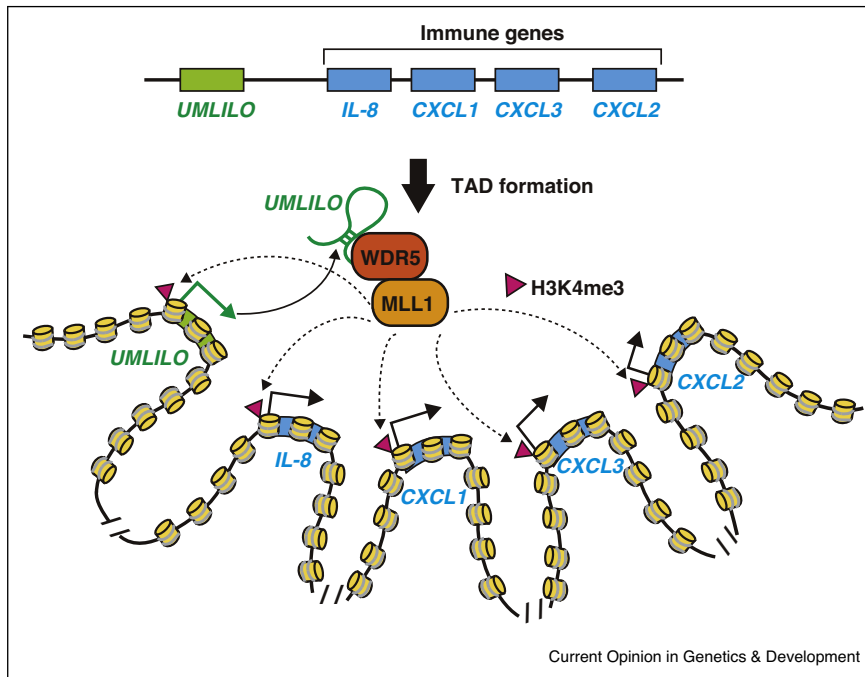
Figure 2



Firre serves as a platform for trans-chromosomal associations.

Firre is abundantly produced from the X chromosome. The repeating RNA domain (RRD) in *Firre* binds to the hnRNP U protein, which connects *Firre* with additional genomic loci on other chromosomes.

Figure 3



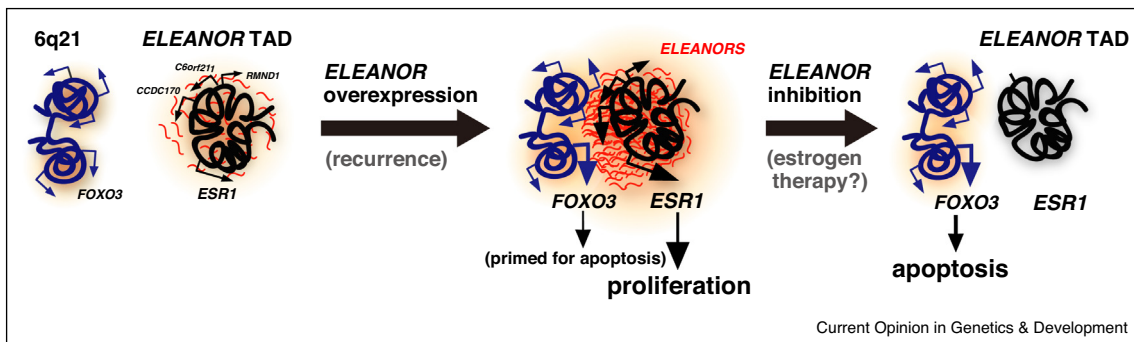
UMLILO mediates immune-gene priming for robust transcription in trained immunity. *UMLILO* is produced from the TAD where the immune genes *IL8*, *CXCL1*, *CXCL2*, and *CXCL3* are also transcribed. *UMLILO* interacts with the WDR5 protein, a component of the MLL1 complex, and accelerates H3K4me3 enrichment in the genes before immune stimulation.

the *ELEANOR* TAD. *ELEANORS* remain at their own transcription sites, form the RNA cloud, and activate all of the genes within the TAD [46°,47,48°] (Figure 4, from left to middle).

ER-positive breast cancer patients who relapse after endocrine therapies can be treated with estrogen. This paradoxical therapy may represent the cancer fragility in which the

recurrent breast cancer is primed for cell death, before the estrogen treatment. This is explained at least partly by the long-range chromatin interaction. In the recurrent model cells, a subset of apoptotic genes are upregulated, including *FOXO3*. Furthermore, the *ESR1* gene interacts with the *FOXO3* (forkhead box O3) gene, and both are co-upregulated in the A compartment. The two genes are encoded on chromosome 6 and approximately 40 Mb apart,

Figure 4



ELEANORS delineate the active TAD and the long-range chromatin interaction in breast cancer recurrence. During the acquisition of endocrine-therapy resistance in breast cancer, a cluster of lncRNAs, *ELEANOR* RNAs, is produced from the TAD including the *ESR1* gene (from left to middle). These lncRNAs activate all of the genes within the TAD, and establish the long-range chromatin interaction between *ESR1* and *FOXO3* (middle). Upon inhibition of *ELEANORS*, the chromatin interaction is reduced and the genes in the *ELEANOR* TAD are repressed, while high *FOXO3* expression is maintained (right). This unbalanced gene expression induces apoptosis, which may recapitulate the paradoxical estrogen treatment.

and this long-range interaction is mediated by *ELEANORS*. *ELEANORS* may balance the genes for cell proliferation (*ESR1*) and cell death (*FOXO3*) [46*] (Figure 4, middle). Inhibition of *ELEANORS* by the estrogen-related compound, resveratrol, resolves the chromatin interaction and represses the genes in the *ELEANOR* TAD, while maintaining the high *FOXO3* expression. This unbalanced gene expression induces cell death, which may recapitulate the paradoxical estrogen treatment (Figure 4, right). These findings suggest that lncRNAs may be novel therapeutic targets for cancers.

Conclusion and perspectives

In this review, we have described examples of lncRNAs that are involved in the 3D genome structure and gene regulation. The modes of action for lncRNAs are diverse, and they participate in transcription activation or repression, by recruiting epigenetic modifiers, organizing nuclear substructures, co-regulating multiple genes in the same TAD, and mediating long-range chromatin interactions. lncRNAs are also involved in many different events, including development, immune responses, and diseases. Consequently, lncRNAs are expected to serve as novel biomarkers and therapeutic targets [49]. More details remain to be elucidated.

Although nuclear lncRNAs function in a wide variety of events, the fundamental property that shared among all RNAs and RNA binding proteins may exist. Identification of the property and elucidation of how it is regulated in the nucleus remain to be investigated. The mechanism by which each lncRNA is expressed, localized, or recruited to the specific sites in the genome may be another layer of gene regulation, in the context of the 3D genome architecture.

Conflict of interest statement

Nothing declared.

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