

Instructor: Karoline Jeane Steckley

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Lesson: ADULTING AND HOW TO DO IT, SHOULD UNIVERSITIES STOP GIVING

**GRADES?** 

We started our lesson with the news, free writes and conversation.

NPR hourly news (npr.org).

Free write - What's on your mind?

Free write - Are college students prepared for "Adulting"? What does adulting mean for you in your life?

Small group and large group discussion.

## **USEFUL VOCAB FOR OUR DISCUSSION AND READING**

FRESHMAN: FIRST-YEAR STUDENT

SOPHOMORE: SECOND-YEAR STUDENT

JUNIOR: THIRD-YEAR STUDENT SENIOR: FOURTH-YEAR STUDENT

UNDERCLASSMEN- FRESHMEN/ SOPHOMORES

UPPERCLASSMAN- JUNIORS/ SENIORS

MAJOR - THE FOCUS OF YOUR STUDIES

DOUBLE MAJOR- TWO MAJORS

UC, UW, ETC. - UNIVERSITY OF CALIFORNIA LOS ANGELES

(UCLA), UNIVERSITY OF WISCONSIN, ETC.

ADULTING: WHAT IT MEANS TO BE AN ADULT TO FLOUNDER IS THE OPPOSITE OF THRIVE. TAKE A TOLL ON: HAVE A NEGATIVE EFFECT ON.

TO POWER THROUGH: MOVE THROUGH SOMETHING WITH A LOT

**ENERGY** 

DETANGLE: SIMPLIFY SWITCH OUT: CHANGE

TO ADVOCATE: TO AGREE WITH

WIDE-SCALE DISRUPTION: BIG CHANGE

TO LIKEN: COMPARE

TO CODDLE: TO TAKE TOO MUCH CARE

SNOWFLAKE: A PERSON WHO IS VERY SENSITIVE AND NOT

**RESILIENT** 

Read the following article for next week and be ready to talk more about it.

https://www.npr.org/2023/03/26/1164832694/to-help-new-students-adapt-some-colleges-are-eliminating-grades

Take a look at this ranking for graduate programs in History. Choose one, research it as much as possible. Be ready to tell us about it during our next lesson!

https://www.usnews.com/best-graduate-schools/top-humanities-schools/history-rankings?\_sort=rank-asc