# Oral wound healing models and emerging regenerative therapies



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Following injury, the oral mucosa undergoes complex sequences of biological healing processes to restore homeostasis. While general similarities exist, there are marked differences in the genomics and kinetics of wound healing between the oral cavity and cutaneous epithelium. The lack of successful therapy for oral mucosal wounds has influenced clinicians to explore alternative treatments and potential autotherapies to enhance intraoral healing. The present in-depth review discusses current gold standards for oral mucosal wound healing and compares endogenous factors that dictate the quality of tissue remodeling. We conducted a review of the literature on in vivo oral wound healing models and emerging regenerative therapies published during the past twenty years. Studies were evaluated by injury models, therapy interventions, and outcome measures. The success of therapeutic approaches was assessed, and research outcomes were compared based on current hallmarks of oral wound healing. By leveraging therapeutic advancements, particularly within in cell-based biomaterials and immunoregulation, there is great potential for translational therapy in oral tissue regeneration. (Translational Research 2021; 236:17-34)

**Abbreviations:** ECM = extracellular matrix;  $TGF-\beta1$  = transforming growth factor beta-1; EGF = epidermal growth factor; PDGF = platelet-derived growth factor; FGF = fibroblast growth factor; FGF = vascular endothelial growth factor; FGF = oronasal fistula; FGF = New Zealand White Rabbit; FGF = synthetic polymeric scaffolds; FGF = poly(lactic-co-glycolic acid); FCF = polycaprolactone; FGF = polycaprolactone;

### INTRODUCTION

As the largest organs in the body, the skin and mucous membranes are the first line of defense against any invasion that may disrupt homeostasis. Chronic wound sites are those requiring a healing time greater than 12 weeks; these sites have increased predisposition to bacterial invasion and

wound infection that can further inhibit proper wound healing. While wound healing is well-characterized and treated in cutaneous wounds, there is limited knowledge in intraoral healing, which reduces the clinical translation of treatment alternatives. In the case of impaired wound healing, the oral cavity is susceptible to challenges arising from

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trauma-related injury, prolonged inflammation, and postoperative complications. As an example, in oral deformities such as cleft palate, successful wound healing is difficult due to a bacteria-laden environment that undergoes constant physical trauma, so chronic wounds are common. Regenerative approaches hold out promise to enhance oral wound healing and require targeted treatment options to effectively promote tissue re-epithelialization and extracellular matrix (ECM) remodeling.

The current in-depth review consolidates advanced research on oral mucosal wound healing models and compares endogenous factors that dictate the quality of tissue regeneration. We discuss the comprehensive wound healing phases and include the feasibility and disadvantages of current conventional methods to promote oral mucosal healing. There is a clear need for new, efficacious delivery systems and alternative approaches to promote intraoral healing and tissue remodeling. To address this gap in viable treatment routes, we conducted a review of the literature on oral wound healing published during the past twenty years by curating search criteria specific to in vivo studies of oral wound therapies. Studies were analyzed for injury location, species, strain, sample size, timeline, and defect size to gauge the effectiveness of treatment by each model. Studies were then compared by therapeutic interventions, delivery methods, and outcome measures. The success of therapeutic approaches was evaluated by comparing research outcomes to current hallmarks of oral wound healing. To conclude the review, we further delve into currently available modalities and immunotherapies for patients and provide discussion on prospective avenues for efficacious treatment alternatives. New therapies, particularly within cell-based biomaterials and immunoregulation, are making substantial progress and have the potential to translate into better healing outcomes in a wide array of oral wounds.

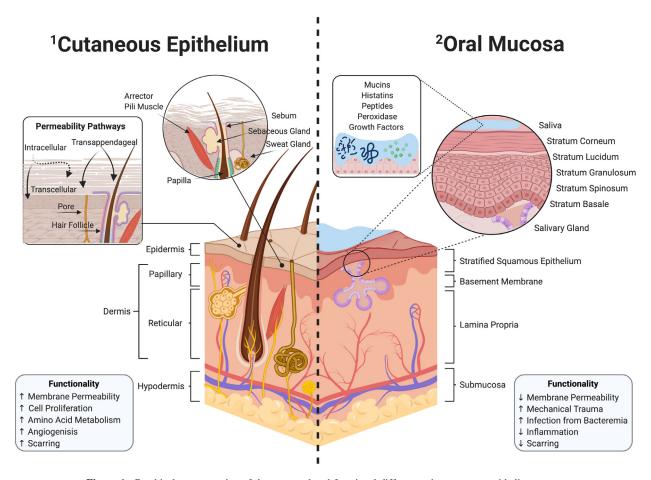
## STRUCTURE AND FUNCTION OF THE ORAL MUCOSA VERSUS THE CUTANEOUS EPITHELIUM

The architectures of both the oral mucosa and cutaneous epithelium are primarily composed of superficial epithelium and an underlying basement membrane that act as a barrier against pathogens and mechanical stresses. Both tissue types consist of keratinocytes that are attached by desmosomes.<sup>2</sup> While general similarities exist, there are critical structural and functional differences between the oral mucosa and the skin (Fig. 1). The cutaneous skin is composed of keratinized epidermal layer, dermis, and hypodermis; whereas, the oral mucosa consists of stratified squamous epithelium

followed by layers of the basal lamina, lamina propria, and the submucosa.<sup>3-5</sup> The palatal and gingival regions of the oral cavity routinely sustain greater mechanical forces and associated physical trauma from eating and chewing, and therefore have increased keratinized epithelium.<sup>6</sup> In contrast, elastic regions of the oral mucosa that undergo less physical stress, like the buccal tissue, are typically composed of nonkeratinized epithelium with loose ECM.<sup>3</sup>

Although, both the cutaneous epithelium and oral mucosa display similar healing patterns, there are distinct differences in the genomics and kinetics of wound healing between the two sites. Unlike the oral mucosa, the cutaneous epithelium contain hair follicles which have multi-potent stem cells found within the bulge region (Fig. 1-1). Since an injury can disrupt dermal homeostasis by cell depletion, stem cells within the hair bulge activate nearby epithelial cells to migrate to the injury and assist in tissue proliferation.<sup>8,9</sup> While the exact contribution of hair follicles to dermal wound healing is unclear, clinicians have cited rapid healing in hair-bearing regions of wounds compared to areas lacking follicles, suggesting that bulge cells can help promote healing<sup>7,8,10,11</sup> The cutaneous epithelium can also utilize hair follicles and pores as additional routes for enhanced transcutaneous permeability and can provide transappendageal absorption routes from topical therapy (Fig. 1-1). 12-14 In a 2008 study by Headon et al., investigators concluded that wounds are slower to heal on mice with a genetic mutation causing a lack of appendageal structure when compared to control mice. 15 This suggest that lack of hair follicles reduces the regenerative capacity that includes a migratory burst of immune cells from the appendage and its secretion of cytokines, and growth factors.7,15,16

In contrast to cutaneous wounds, distinct genomic expression patterns demonstrate that the oral mucosa supports rapid healing with minimal scarring. 17 The oral mucosa is intrinsically less reactive to inflammation during the healing process, with lower infiltration from macrophages, T-cells. neutrophils. 18,19 Similarly compared to its counterpart, the oral epithelium has lower expression of transforming growth factor beta-1 (TGF- $\beta$ 1), a profibrotic and pro-inflammatory cytokine recognized for its contribution to hypertrophic scars during wound healing.<sup>20</sup> Exclusive to the oral cavity, saliva, a weak buffer with pH ranging from 5.5 to 7, has shown to accelerate wound re-epithelialization while constantly providing hydration and warm temperature (Fig. 1-2).<sup>21</sup> Saliva also contains histatins, antimicrobial peptides, and mucins that can aid in wound healing by assisting fibroblast proliferation



**Figure 1.** Graphical representation of the structural and functional differences in cutaneous epithelium versus oral mucosa. The cutaneous epithelium consists of three distinct layers: the epidermis, dermis, and hypodermis (1-1). The skin can utilize additional routes for enhanced transcutaneous permeability through intracellular, transcellular, and transappendageal pathways using pores and hair follicles. In contrast, the oral mucosa is composed of stratified squamous epithelium, followed by the basement membrane, lamina propria, and submucosa (1-2). Exclusive to the oral environment, saliva contains mucins, histatins, peptides, peroxidase, and growth factors that play a role in oral homeostasis. An injured oral mucosa is susceptible to infections caused by bacteremia, due to a complex oral microflora with an upward of millions of microorganisms.

and migration, increasing keratinocyte turnover, and releasing growth factors. 21-24

Infections following an injury to the oral cavity can increase the risk of bacteremia, previously researched in dental procedures like periodontal surgery and tooth extraction.<sup>25</sup> The oral microenvironment is associated with a complex microflora in which over 500 species exist in periodontitis alone and upwards of millions of microorganisms that can contribute to human endodontal and periodontal infections.<sup>26,27</sup> A study by Debelian *et al.* (1998) traced microorganisms released into the bloodstream following root canals in twenty-six patients.<sup>28</sup> Blood was drawn from patients ten minutes after endodontal therapy, and results showed dissemination of anaerobic bacteria and other oral

microorganisms in the blood, suggesting that bacteria from the infected site may have also reached the lungs, heart, and peripheral capillary system. <sup>25,28</sup> In the case of oral mucosal infection, bacteremia can also lead to systemic inflammation and sepsis. <sup>29</sup> Systemic infection can ultimately lead to endocarditis, joint infections, Behçet's syndrome, Crohn's disease, etc. <sup>25,30</sup> Therefore, further research is required to reduce or prevent oral infections and poor wound healing leading to systemic infections, which can compromise the body's innate ability to heal. By understanding the marked differences between cutaneous and oral wounds, we can identify novel treatment options leveraging inherent biological healing mechanisms and influence effective tissue re-epithelialization through targeted therapy.

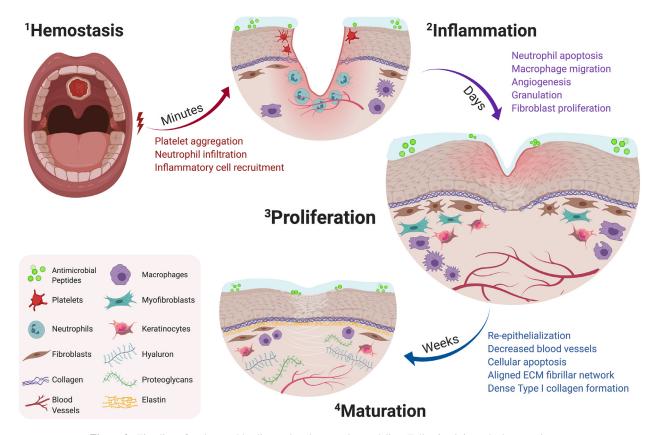


Figure 2. Timeline of oral wound healing and oral mucosal remodeling. Following injury, the hemostatic cascade is initiated to prevent excessive bleeding at the wound site (2-1). In the days following injury, inflammation peaks through neutrophil debridement and macrophage-mediated secretion of inflammatory cytokines (2-2). Within a week, the proliferation phase promotes fibroblast migration, increases vascular networks by angiogenesis, and enhances macrophage migration (2-3). Following fibroblast migration, the tissue surrounding the defect begins to re-epithelialize and mature by aligned fibrillar and dense collagen networks (2-4).

### TIMELINE OF ORAL WOUND HEALING

Hemostasis. Following injury, there are four distinct, spatiotemporally overlapping stages of wound healing that are conserved across all tissue types: hemostasis; inflammation; proliferation; and maturation (Fig. 2-1). When the body is wounded, hemostasis occurs almost immediately to reduce blood loss. Within seconds, the immune system is activated as a result of the damage to the blood vessel endothelium.<sup>27</sup> The exposed ECM causes activation of local circulating platelets further initiating the hemostatic cascade. 31,32 Platelets produce biologically active products such as vasoactive mediators and chemotactic signals-mediated release of proteases, cytokines, and growth factors. 27,33,34 Blood vessels constrict to prevent bleeding, and platelets adhere to form platelet plugs that are reinforced by fibrin polymerization to create a fibrin clot and seal the wound. Fibro-fibronectin clots provide support as a temporary ECM matrix and allow epithelial cells and fibroblasts to migrate into the wound site. 27,34

**Inflammation.** Following the initial hemostasis phase, the wound undergoes immediate inflammatory infiltration in response to chemokines at the site of the injury (Fig. 2-2). Inflammatory response peaks at 24 to 48 hours post-injury and can lasts for up to a week.<sup>31</sup> In the early onset phase of inflammation, there are fewer resident cytokines, reduced blood vessels, and rapid local fibroblast formation at the wound bed.<sup>27,35,36</sup> Though, in order to remodel the matrix into new tissue, the early inflammatory phase first promotes immune cell-mediated removal of debris and pathogens. Neutrophils are the first to migrate to the wound site to debride damaged ECM components and to secrete protease like matrix metalloproteinase (MMP).<sup>37</sup> Subsequently, during the early inflammatory phase neutrophils initiate a cascade of cytokine secretion and growth factors to recruit other immune cells, including monocytes, which help initiate re-epithelialization.<sup>38</sup> After the wound bed is clear of microbes, neutrophils exit the wound bed through extrusion, apoptosis, and phagocytosis. In the case of impaired or

prolonged wound healing, neutrophils abnormally persist during the prolonged inflammatory phase, creating a chronic wound setting through continued protease production.<sup>39,40</sup> Approximately 48 to 72 hours postinjury, monocytes migrate to the wound and differentiate to become macrophages, serving as the dominant cell type during the inflammatory phase of wound healing-primarily through "pro-inflammatory" M1 macrophage polarization. 41 Macrophages secrete cytokines including interleukin-1, interleukin-6, fibroblast growth factor (FGF), platelet-derived growth factor (PDGF), epidermal growth factor (EGF), and TGF- $\beta$  which orchestrate cell migration of keratinocytes and fibroblasts to the wound bed.<sup>27,42</sup> During the late inflammatory phase, macrophages lead proliferative healing through "anti-inflammatory" M2 macrophage polarization and continue to secrete regenerative cytokines like interleukin-10; M2 macrophages help to upregulate endogenous "anti-inflammatory" cytokines and downregulate previously secreted "pro-inflammatory" cytokines near the wound. 43 Following the immune cellmediated removal of pathogens, there is an increase of blood vessel permeability and transudate leakage from capillaries, leading up to the proliferation phase. 34,44

Proliferation. The proliferation phase begins in the days after wounding and lasts up to three weeks in response to regenerative cytokines and growth factors; during this stage re-epithelialization begins to occur from the wound edges (Fig. 2-3).<sup>31</sup> The reestablishment of existing vascular networks and formation of new blood vessels are hallmarks of successful wound healing. Angiogenesis is the process by which new blood vessels sprout from existing vascular networks to restore tissue perfusion, establish microcirculation, and increase oxygenation to support collagen crosslinking and wound maturation. 45,46 One of the most wellcharacterized pro-angiogenic regulators is vascular endothelial growth factor (VEGF), a protein that stimulates the formation of blood vessels and aid in endothelial cell proliferation, differentiation, and migration. 45,47 However, some scenarios of impaired wound healing can occur due to an imbalance of angiogenic mediators (e.g. diabetic venous stasis ulcers) associated with aberrant angiogenesis. 45,48 As the wound progresses through the proliferation phase, there is an increase in capillaries near the healing edge delivering nutrients and cells to heal the wound. Additionally, the provisional fibrin-fibronectin ECM formed by the temporary platelet plugs is replaced by highly vascularized stroma leading to granulation tissue formation.<sup>31</sup> Remodeling of the granulation tissue occurs by M2 macrophages that provide pro-regenerative growth factors like FGF, EGF, and VEGF. 34,46 Fibroblasts migrate to the provisional matrix and are integral for ECM remodeling; these cells lay down matrix proteins, including collagen and fibronectin, to provide structural integrity of the healing tissue. <sup>31,49,50</sup> Migratory fibroblasts differentiate into myofibroblasts, beginning the process of wound contraction to support wound edge healing and lead into the maturation phase of wound healing. <sup>51</sup>

Maturation and Remodeling. In the last phase of wound healing, the repaired tissue goes through a remodeling and maturation phase which can begin around three weeks after injury and can last up to two years post-injury (Fig. 2-4).<sup>52</sup> Protease activity, particularly MMPs, further aid healing during the maturation phase by providing a balance between deposition and degradation of the ECM.<sup>53</sup> However, in the case of prolonged healing, pro-inflammatory cytokines may induce elevated levels of MMP production, causing imbalance towards excessive ECM degradation.<sup>5</sup> Therefore, local delivery of protease inhibitors has been shown to aid in healing progress by regulating protease expression at the wound site and promoting ECM remodeling.<sup>55</sup> During wound maturation, activated myofibroblasts stop providing matrix, and granulation tissue begins to remodel the wound site as it gradually returns to homeostasis. The wound bed becomes less cellular as cells like fibroblasts and macrophages undergo apoptosis. 56 The previous provisional ECM transitions from loose fibronectin tissue networks to larger and denser collagen bundles.<sup>27,34</sup> Large networks of blood vessels begin to be pruned and the fibrillar network of the ECM becomes a more aligned structure.<sup>52</sup> Overtime, resident cells like keratinocytes and macrophages continue to remodel the remaining permanent ECM as the repaired tissue return to homeostasis. 52,57

Causes of Poor Wound Healing in the Oral Cavity. When the body is unsuccessful in achieving homeostasis after injury, the previously described phases of wound healing are disrupted and result in impaired tissue regeneration. For example, the inflammatory phase can abnormally persist when inflammation extends greater than seven days and is characterized by delayed epithelialization and tissue necrosis.<sup>27</sup> Impaired wound healing can occur from continued secretion of proinflammatory mediators and can be characterized by granuloma formation, fistula occurrence, wound dehiscence, ulcers, and excessive bleeding.<sup>27,58</sup> One of the most severe forms of post-surgical healing abnormalities is fistula formation, an improper passage between different body compartments. Following cleft palate surgery and tumor resection, oronasal fistulas (ONF) can occur in up to  $\sim$ 60% of cases and result from infection, flap necrosis, hematoma formation, and constant tension.<sup>59</sup> ONF as small as 4.5mm can diminish speech

quality by causing audible nasal air escape, hypernasal resonance, and nasal regurgitation of fluids. 60 Unattended fistulas can enlarge and later inhibit palatal growth, eventually requiring orthodontic intervention to expand alveolar arch. 27,61,62 Current therapy for ONF and similar palatal defects involves corrective palatoplasty in which multiple techniques like straight line closure and geometric repair are utilized to restore function and anatomic contour. 63 However, with high rate of ONF re-occurrences despite revision surgery. many of the predisposing factors to ONF occurrence are attributed to variability in surgical techniques, patient healing capability, age of palatoplasty, and severity of the original cleft.<sup>64</sup> Unsuccessful healing can lead to scar formation and impaired growth of the palate and dento-maxillary complex, reducing the mechanical integrity of formed tissue; persistent ONF can cause nasal bacterial accumulation and mucosal inflammation. 65-67 The lack of success in oral wound healing has motivated research towards translational delivery systems and alternative strategies in order to promote oral wound healing and tissue regeneration in conjunction with surgical intervention.

### **CURRENT TREATMENT APPROACHES TO IMPROVE ORAL WOUND HEALING**

Surgical intervention after injury can prevent prolonged inflammation by enhancing the body's innate healing capabilities towards a pro-regenerative phenotype. Following oral cavity surgery or tumor resection, cellular grafts can be used to provide structural and functional support in the wound area. The gold standard treatment involves using mucosal or allogenic grafts and can be categorized into two groups, allograft decellularized tissue graft. For example, AlloDerm<sup>TM</sup> or de-cellularized donor-derived dermis are acellular scaffolds that are commonly supplemented as barrier grafts and have had promising results with reduced scarring, immediate wound coverage, and enhanced functional performance.<sup>68</sup> Treatment with allogeneic tissue grafts, such as Integra® PriMatrix<sup>®</sup>, are beneficial when there is an inadequate supply of local tissue for autografts, especially in large or severe oral wounds requiring a restoration of mucosal surface lining.<sup>69</sup> In the case of surgical oral palate repair, allogenic grafts are used to help restore tissue to the injured area; however, the use of grafts are off-label uses as they do not have FDA-approval for mucosal replacement. Furthermore, using skin substitutes can lead to infection and give rise to greater complications with immunological rejection, as studied in diabetic chronic wounds and vascular insufficiency. 70,71

Although the mechanism involved in chronic graft rejection is not well understood, one of the major disadvantageous features include narrowing of graft vessels, which limits proper integration to the host site and compromises blood flow, fibrosis, cell death, and ultimately graft failure. 72

In a 2018 retrospective analysis of Medicare beneficiaries, approximately 8.2 million people had clinically-diagnosed wounds that cost upwards of 96.8 billion dollars for treatment of acute or chronic wounds. 73,74 It is projected that the annual wound care products market is expected to reach 22 billion dollars by 2024 due to rising technological advancements in wound healing therapy and incidences of chronic wounds with the rising geriatric population.<sup>74</sup> In recent years, there is increasing support for using in vitro engineered, cell-based alternatives to assist in intraoral healing and to replace current standard methods. Tissue regeneration can be approached using cell-based therapy, biomaterials-alone therapy, or a combination of the two with biomaterials seeded with cells, matrices, and growth factors. Stem cells, such as embryonic stem cells, induced pluripotent cells, and mesenchymal stem cells, are common sources of autologous reservoirs for cell-based therapy and pro-regenerative medicine.<sup>75</sup> Gintuit<sup>TM</sup> is the first FDA-approved cellbased therapy using allogenic human cells and bovine collagen and has shown promising results when administered topically in adults with mucogingival defects. 76,77 However, a current limitation within the field of cell-based therapy is that implanted cells have trouble grafting, low viability, and hampered transmucosal permeability. 23,78 Poor grafting causes drugs or small molecules to clear quickly from the wound site, delivering only a short burst of therapy rather than sustained release to the wound.<sup>23</sup> To our knowledge, there are limited FDA-approved immunomodulatory therapies that provide a pro-regenerative approach that harnesses the body's natural ability to heal oral wounds post-surgery. By utilizing technological advancements in cell-based biomaterials, there is great potential to create better healing outcomes in a wide array of oral wounds.

### IN VIVO MODELS FOR ORAL WOUND HEALING

To address the gap in current potential therapy options for oral wound healing, we conducted a review of the literature on oral wound healing published during the past twenty years by curating search criteria specific to in vivo studies of oral wound healing therapies. These studies distinctly used an oral injury model to evaluate the efficacy of their treatment modality for

Table 1. In Vivo Oral Wound Healing Models.

Wound Model	Species	Strain	Sample Size	Timeline	Defect Details	Studies
Palatal	Rat	Sprague Dawley	20	8 weeks	1.3mm by 7mm surgical excise	Li <i>et al.</i> (2019)
			18	2, 4, 7 days	3mm biopsy punch	Zhu <i>et al.</i> (2015)
		Wistar	28	7, 14 days	5mm biopsy punch	Maeda <i>et al.</i> (2013)
			72	3, 5, 7 days	4mm biopsy punch	Kim <i>et al.</i> (2013)
			20	0, 3, 7, 14, 21 days	4.5mm biopsy punch	Suragimath <i>et al.</i> (2010)
	Mouse	C57BL/6	11	3, 5, 7, 10 days	1.5mm biopsy punch	Keswani <i>et al.</i> (2013)
			174	1, 3, 5, 7 days	1.5 mm cautery excise	Ballestas <i>et al.</i> (2019)
	Dog	Beagle	6	1, 3, 12 weeks	6mm biopsy punch	Ophof <i>et al.</i> (2008)
			16	7, 14 days	6mm biopsy punch	Ayvazyan <i>et al.</i> (2011)
	Minipig	Berlin	7	40 days	15mm biopsy punch	Kesting <i>et al.</i> (2010)
	Piglet	Yorkshire	6	5 weeks	10mm biopsy punch	Kirschner <i>et al.</i> (2006)
		Hybrid	18	3, 7, 10, 76 days	15mm biopsy punch	Rohleder <i>et al.</i> (2013)
	Human	N/A	15	4, 8, 15, 29 days	6mm biopsy punch	Thoma <i>et al.</i> (2012)
Buccal	Rat	Sprague Dawley	56	12, 28 days	75mm <sup>2</sup> by iris scissors	Roh <i>et al.</i> (2018)
		Wistar	60	1, 3, 7 days	7mm biopsy forceps	Couto <i>et al.</i> (2016)
			36	3, 5 days	5mm biopsy punch	Priprem <i>et al.</i> (2018)
	Mouse	Institute of Cancer Research	36	1, 3, 5 days	1.5mm biopsy punch	Shim <i>et al.</i> (2007)
	Rabbit	New Zealand White	36	1, 3, 7, 14 days	10mm surgical excise	Lis <i>et al.</i> (2012)
Gingival	Rabbit	New Zealand White	20	0, 7, 14 days	6mm by 50% ace- tic acid	Lim <i>et al.</i> (2016)
		2	22	5 days	15mm surgical excise	Kılıç et al. (2013)
			36	3, 6, 9, 12 days	5mm by 50% ace- tic acid	Karavana <i>et al.</i> (2011)
		Japanese White	24	13 days	5mm by 50% ace- tic acid	Umeki <i>et al.</i> (2014)
			24	7, 14 days	6mm by 50% ace- tic acid	Fujisawa <i>et al.</i> (2003)

A review of the literature on oral wound healing published in the past twenty years. Studies were limited to in vivo models that were using therapeutic approaches for oral wound healing. Oral wound healing models were analyzed by injury location, species, strain, sample size, timeline, and defect size. Injury location were primarily in the palatal, buccal, and gingival regions of the oral cavity. Species used to model studies ranged from small animals, as in mice and rat, to larger species like dogs and human. Timeline indicated days or weeks when healing outcomes were recorded, and defect details the injury size and methods by which the injury was created.

wound healing in pre-clinical models and clinical applications. Shown in Table 1, studies were analyzed for injury location, species, strain, sample size, timeline, and defect size to evaluate the effectiveness of therapies. Studies were then compared by therapeutic approaches, delivery methods (Table 2), and outcome measures were evaluated by comparison of research outcomes to current hallmarks of oral wound healing (Table 3). To conclude the review, we delve into current modalities or immunotherapies investigated in the studies and provide discussion on promising regenerative therapies for oral wound healing.

**Table 2.** Regenerative Therapies for Oral Wound Healing.

Therapy Vehicle	Treatment Matrix	Cell/Drug/Growth Factor	Outcome Measures	Studies	
Polymer Scaffold	Chitosan disc	Glutathione	Histology, GSH levels, malondialdehyde levels, nitric oxide levels	Kılıç <i>et al.</i> (2013)	
	PLGA/PCL electrospun nanofiber	FTY720	Histology, IHC, flow cytometry, ELISA, serum sodium, qPCR	Ballestas <i>et al.</i> (2019)	
	Carboxyvinyl polymer and trolamine	Curcumin	Gross observation, histology	Lim <i>et al.</i> (2016)	
Biopolymer Scaffold	Decellularized amnion membrane with POC		Gross observation, histology, body weight, CT scan- ning, IHC	Li, <i>et al</i> (2019)	
Biological Graft	Collagen-gelatin sponge	bFGF	Gross observation, histology; IHC	Ayvazyan <i>et al.</i> (2011)	
	Oral mucosal cell sheets	Keratinocytes, Fibroblasts	Gross observation, histology, IHC	Roh <i>et al.</i> (2018)	
	Collagen matrix (Mucograft®)		Gross observation, somatosensory measurements	Thoma <i>et al.</i> (2012)	
	Human amnion membrane; Collagen-based dermal matrix (Integra®)		Gross observation, histology, IHC	Kesting <i>et al.</i> (2010)	
	Amniotic membrane allo- graft; small intestinal sub- mucosa; autofetal amniotic membrane		Gross observation, histology	Rohleder <i>et al.</i> (2013)	
	Dermal substrates (DED and AlloDerm $^{\text{TM}}$ )	Keratinocytes	Histology, IHC, hep- aran sulphate	Ophof <i>et al.</i> (2008)	
	Acellular human dermal graft (AlloDerm <sup>TM</sup> )		Gross observation, histology	Kirschner <i>et al.</i> (2006)	
	Cellmatrix	Leptin	IHC, RT-PCR, wound healing assay, ELISA	Umeki <i>et al</i> . (2014)	
	Fibrin glue	Keratinocyte	Gross observation, histology	Lis <i>et al</i> . (2012)	
Gel/Topical Ointment	10% niosome gel	Anthocyanin	Gross observation, histology, XANES, EXAFS	Priprem <i>et al.</i> (2018)	
	Hydrochloride gel	Benzydamine	Gross observation, histology	Karavana <i>et al.</i> (2011)	
	Lectin Artin M gel Saline solution Hyaluronan ointment	Bismuth subgallate Dimethyloxalylglycine	Histology, IHC, ELISA Histology, IHC Gross observation, histology	Kim <i>et al.</i> (2013) Couto <i>et al.</i> (2016) Zhu <i>et al.</i> (2015)	
Injection	N/A	EGF, bFGF	Gross observation, histology	Fujisawa <i>et al</i> , (2003)	
	N/A	Aucubin	Gross observation, histology	Shim <i>et al.</i> (2007)	
Alternative Therapy	N/A	VEGF	Histology, IHC, ELISA	Keswani <i>et al.</i> (2013)	
	Carbonated drink		Gross observation, histology	Suragimath <i>et al.</i> (2010)	
	Low-intensity pulsed ultrasound		Gross observation, histology	Maeda <i>et al.</i> (2013)	

Oral wound healing models were organized by therapeutic approaches. Studies were analyzed by therapy vehicles, treatment methods, cell/drug used (if any), and outcome measures. Treatments were either synthetic polymer scaffolds, biological-synthetic combination scaffolds, biologically derived grafts, or fluid-like gel/topical ointment. Outcome measures ranged from qualitative analysis through gross observations and histology to quantitative analysis using flow cytometry and qPCR.

**Table 3.** Analyzing the Signatures of Oral Wound Healing.

Studies	Model	Therapy Vehicle	Main Treatment	Wound Closure	Blood Vessel/ Angiogenesis	Cell/ Gene Proliferation	Epithelial Thickness	Inflammatory Response	Collagen Deposition
Ballestas <i>et al.</i> (2019)	Palatal	Polymer Scaffold	PLGA/PCL electrospun nanofibers with FTY720	+		+		-	
Ayvazyan et al. (2011)			Collagen-gelatin sponge with bFGF	+	+		+		
Li <i>et al.</i> (2019)		Biopolymer Scaffold	Decellularized amnion mem- brane and POC	+	-	+	+		+
Ophof <i>et al.</i> (2008)		Biological Graft	Dermal substrates (DED and AlloDerm <sup>TM</sup> )				+		+
Kesting et al. (2010)			Human amnion membrane (Integra®)	+	+				+
Kirschner <i>et al.</i> (2006)			Acellular human dermal graft (AlloDerm <sup>TM</sup> )	+			+		
Rohleder et al. (2013)			Amniotic membrane allograft	+					
Thoma et al. (2012)			Collagen matrix (Mucograft®)	+					
Zhu <i>et al.</i> (2015)		Gel/Ointment	Hyaluronan ointment with dimethyloxalylglycine	+		+			
Kim <i>et al.</i> (2013)			Lectin Artin M gel	+	+	+	+	-	+
Keswani <i>et al.</i> (2013)		Injection	VEGF	+	+	+			
Maeda <i>et al.</i> (2013)		Other	Low-intensity pulsed ultrasound	+					
Suragimath <i>et al.</i> (2010)			Carbonated drink	-			-		-
Roh <i>et al.</i> (2018)	Buccal	Biological Graft	Oral mucosal cell sheets with keratinocyte and fibroblasts	+			+		+
Lis <i>et al.</i> (2012)			Fibrin glue with keratinocyte	+			+		
Couto et al. (2016)		Gel/Ointment	Bismuth subgallate		-			+	=
Priprem et al. (2018)			10% niosome gel with anthocyanin	+					
Shim <i>et al.</i> (2007)		Injection	Aucubin	+				-	+
Lim et al. (2016)	Gingival	Polymer Scaffold	Carboxyvinyl polymer and trol- amine with curcumin	+			+		
Kılıç et al. (2013)			Chitosan disc with glutathione		+			+	
Umeki <i>et al.</i> (2014)		Biological Graft	Cellmatrix with leptin	+	+	=			
Karavana <i>et al.</i> (2011)		Gel	Hydrochloride gel with Benzydamine	+	+				
Fujisawa <i>et al.</i> (2003)		Injection	bFGF	+		+			

Oral wound healing studies were organized by injury model, therapeutic approach, and main treatment method. Success of regenerative therapy was evaluated by comparison of research outcomes to current hallmarks of oral wound healing. Studies were assessed by wound closure, angiogenesis, cell/gene proliferation, epithelial thickness, inflammatory response, and collagen deposition. Positive sign denotes a reported increase in respective category, and negative sign represents a decrease in outcome following main treatment.

Palatal Wound Healing Models. Cleft lip with or without cleft palate is the most common congenital defect, occurring in 1 in 940 live births. Pespite surgical repair, a high degree of patients has persistent ONF formation. Palatal wound models are often used as pre-clinical *in vivo* models of orofacial clefts and oral wound healing. The palate is made up of three distinct areas: the anterior and posterior hard palatal mucosa covering bone, and the soft palatal mucosa covering muscle in the pharynges. The heterogenous structure of palatal mucosa can cause wounds to vary in laterality, completeness, severity, and tissue architecture.

Presented in Table 1, 13 of the 23 oral wound studies utilized palatal models of wounding and varied widely in species, strain, sample size, timeline, and defect type. The most commonly used model organism was the rat (5/13), followed by mouse (2/13), dog (2/13), piglet (2/12), minipig (1/13), and human (1/13, observational). Study timelines ranged widely by organism, from as short as 7 days to as long as 12 weeks. As an example, Li et al. (2019) performed an 8-week study using Sprague Dawley rats to test the efficacy of polymer-integrated amnion scaffold in cleft palate repair.<sup>81</sup> The study used surgical excision to create a 1.3mm by 7mm full-thickness defect at the palatal midline by surgically removing the mucosa, periosteum, and bone. The 8-week timespan of the study allowed researchers to evaluate whether healing was complete and the subsequent quality of healing using histological analyses. Other studies ranged as short as 7 days, such as in the study by Ballestas et al. (2019).84 In that study, a 1.5mm full thickness hard palatal mucosal wound was created in C57BL/6 mice via cauterization. The relatively short 7-day timespan of this study was used to assess the initial immune and cytokine profile of the wound site following treatment.

The majority of palatal wounding studies (11/13) used a biopsy punch to create palatal wounds. The biopsy punch approach provides consistency and reproducibility across studies which vary by organism, sample size, and timeline. According to Oliver et al. (2004), small diameter wounds, which classifies almost all wounds in small animal models, may not require suturing post-excision, however, also state that palatal and gingival sites are not as suited for punch biopsy.85 One limitation of these surgically created wounds is that they do not fully represent the variation in human palatal wounds, and therefore may not be extrapolatable to human oral wounds. Human oral wounds, in general, are irregular as they occur due to trauma, cancer surgery, or poor post-surgical healing, and thus are asymmetrical in height, width, depth, and ratios of different tissues. ONF and other palatal wounds continue to range in severity and can grow in diameter over time, making it

challenging to model the human phenotype of post-surgical oral wounds in an animal model and limiting suitable treatment alternatives.

**Buccal Wound Healing Models.** Buccal wounds occur in the cheek mucosa and can have a range of causes from superficial tears while chewing to deep laceration post-oral surgery. Within buccal tissue (5/23), models varied in species used, sample size, timeline, and defect type (Table 1). Compared to palatal models, buccal tissue was used in fewer types of model organisms; the majority of studies used rats (3/5), while other studies used rabbits (1/5) or mice (1/5) models. Study lengths were relatively shorter than palate studies, ranging from 5 to 28 days. When compared to palatal models, defect types were created with a wider array of instruments, utilizing iris scissors, biopsy forceps, biopsy punch, and surgical excision. For example, Shim et al. (2007) examined a biopsy punch mice model to test the healing effects of the small molecule plant derivative, aucubin, on buccal wounds.<sup>86</sup> The heterogeneity in buccal injury models suggests that further study is needed to consider the utility of these models prior to consideration of translational experiments.

Gingival Wound Healing Models. Gingival tissue, or gums, differs markedly from buccal and soft palate tissue as the submucosa is not present, so the lamina instead attaches directly to the mucoperiosteum or periosteum of bone.<sup>2</sup> Gingival tissue has a relatively shorter healing timeline and disparate phases of healing compared to hard palatal and buccal wounds. Gingival injury can vary from minor sports-related trauma to dental surgery for periodontitis. Five out of the 23 studies identified used a gingival model, all of which used rabbits as a model organism: New Zealand White (NZW) and Japanese White rabbits (Table 1). These studies were also the shortest in timeline, ranging from 5 to 14 days. Four out of five of the studies created the oral wound through application of 50% acetic acid, phenotyping an oral ulcer. Umeki et al. (2014) examined the role of leptin, a naturally occurring hormone in saliva, for the treatment of oral wounds by topically applying it to gingival wounds in Japanese White rabbits.<sup>87</sup> These wounds were 5mm in diameter and created by the application of filter paper soaked in 50% acetic acid to gingival tissue in the mandible. Similarly, Lim et al. (2016) studied the topical treatment of 1% curcumin in NZW rabbits with a 6mm gingival wound created using  $15\mu$ L of 50% acetic acid. 88 In contrast, Kiliç et al. (2013) was the only study to perform a 15mm injury via surgical excision of gingival tissue.<sup>89</sup> They performed a 5-day study using NZW rabbits to test the effectiveness of local glutathione and chitosan application on reducing oxidation and adverse healing at the wound site.

### DEVELOPING THERAPIES IN ORAL WOUND HEALING MODELS

Current therapies for oral wound healing lack efficacious treatment outcomes during oral wound management and tissue regeneration. To reduce the occurrence of impaired healing following oral surgery, there is ongoing research to improve the off-label use of acellular human donor dermal tissue, as demonstrated by Kirschner *et al.* (2006), Thoma *et al.* (2012), Kesting *et al.* (2010), among others discussed in Table 1. <sup>90-92</sup> Furthermore, FDA-approved drugs and therapeutic agents are being investigated as potential treatments for oral wound healing delivering fibroblasts and/or VEGF as a pro-regenerative therapy, FTY720 as an immune modulatory drug, or nonsteroidal anti-inflammatory drug like Benzydamine. <sup>84,93</sup>

Current oral wound healing models have examined the use of a delivery vehicle to facilitate healing by promoting a pro-regenerative environment over time. Emerging therapies have seen promising therapeutic efficacy from polymeric scaffolds that are coupled with drugs, cells, tissue, or growth factors to enhance oral wound healing. Most of the studies analyzed in Table 2 utilized four major types of treatment delivery vehicles: biological scaffolds (9/23), gel-like or topical ointment (5/23), synthetic polymeric scaffolds (3/23), and direct delivery of growth factors and plant derivative (3/23). The remaining studies used alternative therapies like ultrasound (2/23) or a hybrid biologicalsynthetic polymer scaffold (1/23). The studies then evaluated the success of oral wound healing therapy primarily using histology for tissue re-epithelialization and microscopy images for wound closure (Table 3).

Polymer and Biopolymer Scaffolds. Synthetic polymeric scaffolds (SPS) are commonly used as drug delivery vehicles due to their biocompatibility in clinical settings, predictable material properties, and tunable size and rate of biodegradation. 94 SPS are widely used in the literature to facilitate wound healing and can vary in polymers such as poly(lactic-co-glycolic acid) (PLGA) used in Dermagraft® skin substitute or polyurethane-based Omiderm® dressing.95-97 Other polymeric matrices that are commercially available for wound healing include hydrogels, alginate, and hydrocolloid.<sup>97</sup> Presented in Table 2, 4 out of 23 studies utilized SPS strategies for drug delivery as treatment for oral wound healing. Ballestas et al. (2019), for example, tested the efficacy of hybrid polymeric scaffolds loaded with FTY720 drug in a murine palatal wound healing model.<sup>84</sup> FTY720, an immunomodulating drug that sequesters lymphocytes in the lymph nodes to prevent an autoimmune reaction, was loaded into a degradable nanofiber scaffold to modulate the

inflammatory phase of wound healing and reduced ONF formation through an immunoregenerative approach. PDrug-embedded nanofibers were electrospun using PLGA and polycaprolactone (PCL) biodegradable polymers to deliver sustained release of FTY720 and to enhance tissue-scaffold integration while decreasing fibrosis around the wound site during healing [99,100]

Combination scaffolds with biologically derived therapeutic agents and SPS have also been used in oral wound healing applications. Li et al. (2019), created a polymer-integrated amnion scaffold to treat palatal injury in Sprague Dawley rats.81 The decellularized amnion membrane (DAM) was derived from placental tissues and contains collagen, hyaluronan, fibronectin, and growth factors shown to help reduce inflammation and facilitate epithelialization, possibly improving healing outcomes. 101 The synthetic polymer was poly(1,8-octamethylene-citrate) (POC), a low-cost, biodegradable elastomer widely used to coat medical devices. 102,103 Coupled together, the bioengineered synthetic and biological scaffold, DAM-POC, contained endogenous healing molecules as well as a synthetic polymer to provide strength, biocompatibility, and increased resistance to enzyme digestion of the graft.

Biological Grafts. Biological scaffolds, composed of allogeneic or xenogeneic ECM, were the most common type of scaffolds. 95 Biological scaffolds are beneficial because they are intrinsically biocompatible, biomimetic, and can promote cell attachment; some are FDA-approved to clinically use in wound healing for the repair and restore function through the regeneration of injured and missing tissue. 94,104 These scaffolds can be composed of natural components found in the ECM such as collagen, laminin, chitosan, elastin, or fibronectin, among other natural polymers. 96 Although biological scaffolds have relatively poor mechanical strength and biostability compared to synthetic scaffolds, they are favorable in treatment options for low inflammatory response, low toxicity, and enhanced cell-environment interaction. 96,105,106 Of the studies included in Table 2, natural polymer-based scaffolds were among the most common including collagen-gelatin sponge used by Ayvazyan et al. (2011), extracellular matrix as used by Kesting et al. (2010), and acellular dermal grafts as used by Kirschner et al. (2006). 90,92,107 Additionally, Ayvazyan et al. (2011) performed a 2-week study using Beagles to test the efficacy of a collagengelatin sponge as a scaffold to provide sustained release of bFGF, a fibroblast growth factor that is known to accelerate wound healing. 108 Furthermore, Thoma et al. (2012) performed a randomized, controlled clinical trial to test the efficacy of using

collagen matrix, Mucograft<sup>®</sup>, in human subjects with 6mm palatal defects. <sup>91</sup> Treatment with amnion membrane was also popular, as shown with Rohleder *et al.* (2013), who used porcine amniotic membrane to treat a 15mm palatal defect in hybrid piglets. <sup>109</sup> The use of biological scaffolds was pivotal in providing structural support in almost all tissues and was combined with embedded cells or growth factors to enhanced tissue regeneration.

Pre-vascularized oral mucosal cell sheets were also frequently researched in intraoral healing. Recent research by Lesman et al. (2010) suggest that pre-formation of cell sheets can enhance oxygen and nutrient supply, accelerate neovascularization, and improve cell survival and integration with the host environment. 110 For example, shown in Table 2, Roh et al. (2018) produced oral mucosal cell sheets seeded with keratinocytes and fibroblasts as a biological-based scaffold to treat 75mm<sup>2</sup> buccal injury in Sprague Dawley rats. 111 Keratinocytes, fibroblasts, and endothelial progenitor cells are all critical mediators of oral wound healing, thereby assisting in the inflammatory and proliferative phases of healing. Although not utilized in the studies included in this review, in vitro studies revealed that Gintuit<sup>TM</sup> worked to increase keratinized tissue through secretion of human growth factors and cytokines— a promising biologic-based treatment for cutaneous wounds that can be expanded to a broad range of oral wound healing models. 77,112

Gel Scaffolds and Topical Ointment. Gel scaffolds are semi-solid materials made of hydrophilic polymers, which can be a potential candidate for intraoral wound healing. 113 A common type of gel scaffold includes hyaluronan (HA), a glycosaminoglycan and an integral constituent of the ECM that is responsible for stabilizing and organizing the ECM, mediating cell proliferation and differentiation, and regulating cell motility during tissue healing. 114 To test the efficacy and biocompatibility of a HA-based gel, Zhu et al. (2015) used a Sprague Dawley rat model of palatal wound healing and delivered dimethyloxalylglycine (DMOG) in a HA ointment(Table 2). 115 DMOG is a small molecule inhibitor of prolyl hydroxylases which participates in the degradation pathway of HIF-1a, and thereby upregulates angiogenesis via VEGF production, as previously studied in diabetic mice. Therapy with DMOG complexed in HA gel ointment allowed for a treatment with high biocompatibility and low risk for inflammatory or allergic affects.

Another example of gel-based therapy, Priprem *et al.* (2018) topically delivered anthocyanin via niosome gel to promote buccal wound healing in Wistar rats (Table 2).<sup>118</sup> Anthocyanin is a plant compound with anti-inflammatory and anti-cancer effects on oral

lesions; however, it is relatively sensitive to pH change, light, oxygen, and is poorly absorbed through the oral mucosa. <sup>119-121</sup> When synthesized with zinc, the anthocyanin complex improved in stability and additional anti-inflammatory activity through TNF-α-induced inflamed human gingival fibroblast. <sup>121,122</sup> The anthocyanin-zinc compound was encapsulated in niosome, a non-ionic bilayer vesicle allowing controlled delivery of active compound that has shown to enhance mucosal interaction and facilitate prolonged release. <sup>123,124</sup> Gel scaffolds have demonstrated controlled release of therapeutic agents as well as provided a liquid-like adaptable and re-appliable substitute for intraoral wound healing.

Other Therapeutic Approaches. Alternative tissue regenerative approaches include the use of ultrasound as studied by Maeda *et al.* (2013) (Table 2). Maeda *et al.* were motivated to evaluate the effects of lowintensity pulsed ultrasound (LIPUS) on palatal wound healing because it previously demonstrated efficacy following dental extraction and implant placement; it also stimulates fracture healing and possibly soft tissue healing through the release of bFGF and TGF- $\beta$ . Maeda *et al.* performed a 2-week longitudinal study with 5mm hard palate injury in Wistar rats that were exposed to LIPUS at 160mW for 15 min every day until the end of the study.

### DISCUSSION: CHARACTERIZING ORAL WOUND HEALING IN EMERGING THERAPIES

Wound Closure and Epithelial Thickness. Oral wound healing can be characterized by both physical and molecular changes within the injury site and surrounding tissue. Through gross observation using microscopy images, the majority of studies measured wound closure or significant growth of tissue at the defect site. Of the 23 studies analyzed, 19 models concluded overall closure at the wound site by microscopy images of the transverse length of the defect (Table 3). The remaining four studies did not quantify changes or noted a greater wound area following treatment, as with Suragimath et al. (2010). 130 Ballestas et al. (2019) reported complete ONF closure as early as Day 5 postpalatal injury in mice with treatment of FTY720loaded PLGA/PCL nanofiber scaffolds.<sup>84</sup> Similarly, Priprem et al. (2018) identified partial wound closure at Day 3 post-buccal injury and complete closure by Day 5 using a 10% niosome gel with anthocyanin. 118 With systemic administration of bFGF, as demonstrated by Fujisawa et al. (2003), all gingival ulcers in Japanese White Rabbits completely healed by Day 18 in bFGF-treated group when compared to Day 24 and

Day 29 in EGF-treated group and control, respectively. 131 Although many of the studies analyzed wound healing from the surface, only ten studies analyzed marginal epithelialization, of which nine studies concluded growth in epithelium thickness. Li et al. (2019) utilized Hematoxylin and Eosin (H&E) stains for re-epithelization, Masson's Trichrome stains for ECM, and von Willebrand factor (vWF) for vascularity. Results conclude that rats treated with DAM had a greater number of blood vessels than treatment group DAM-POC, yet saw a significant increase in epithelial thickness after treatment of DAM-POC compared to controls.<sup>81</sup> In addition, Lis et al. (2012) studied the effect of using autologous keratinocytes suspended in fibrin glue in the buccal wounds of NZW Rabbits. Following H&E staining, wounds treated with keratinocytes in fibrin glue displayed significantly higher epithelization area of the wound surface, when compared to treatment with fibrin glue alone and untreated wounds. 132

Blood Vessel Formation and Angiogenesis. Angiogenesis and neovascularization are hallmarks of the proliferative phase of wound healing, accounting for nearly 60% of granulation tissue mass during the early stages of wound healing. 133,134 Of the 23 studies analyzed, 9 of them evaluated changes in angiogenesis primarily using histological techniques. Ayvazyan et al. (2011) assessed the efficacy of using a collagen-gelatin sponge impregnated with bFGF at concentrations of  $1\mu g/cm$ ,  $7\mu$ g/cm, and  $14\mu$ g/cm. Fourteen days following injury, immunohistochemistry (IHC) for vWF confirmed neoformed capillaries in all groups, with greatest number of vessels in the group receiving  $7\mu$ g/cm of bFGF. <sup>107</sup> Kim et al. (2013) revealed elevated expression of VEGF using ELISA and IHC analyses in wounds treated with Artin M gel, a lectin previously shown to accelerate wound healing by acting on neutrophils and intracellular tyrosine phosphorylation. 135-138 Similarly, Zhu et al. (2015) investigated the effects of DMOG through HA ointment but only saw upregulation of VEGF in fibroblast-like cells in in vitro experiments [115]. Keswani et al. (2013) administered oral VEGF protein in drinking water and liquid chow and showed that salivary VEGF level was inversely correlated to epithelial gap and positively correlated to neovascularization in palatal wounds of mice. 139 Lastly, Karavana et al. (2011) investigated the effects of benzydamine hydrochloride (Bnz HCL) bioadhesive gel in 5mm gingival wound of NZW Rabbits. 140,141 H&E assessment from Day 12 post-wounding indicated that rabbits treated with Bnz HCL showed new capillary proliferation reaching the wound surface when compared to control.

Inflammatory Cell Response. The recruitment of inflammatory immune cell subsets during wound

healing is pivotal to the success of tissue re-epithelialization. As immune cells release cytokines that induce a systemic response for regeneration, only 5 of the 23 studies included in this review commented on inflammatory changes at the defect site largely using semiquantitative histology (Table 3). For example, Shim et al. (2007) analyzed the number of inflammatory cells near the wound area using H&E and Giemsa stains. Results demonstrated a significant decrease in inflammatory cells at Day 5 in Aucubin-treated mice compared to control; however, they did not specify the immune cell subsets quantified during the histological analysis.86 On the other hand, Kiliç et al. (2013) showed general increase in macrophage infiltration on Day 5 post-treatment with glutathione; however, this study lacked quantitative evidence besides H&E staining on the epidermis and lamina propria.<sup>89</sup> Couto et al. (2016) studied the effects of applying bismuth subgallate in the buccal wounds of Wistar rat but results found a chronic inflammation status and a possible negative effect leading to delayed healing. 142 Similarly, Ophof et al. (2008) stated that treatment with autologous mucosa using de-epidermized dermis or AlloDerm® decreased overall degree of inflammation of the experimental wound through semi-quantitative analysis using H&E staining, yet did not support the data with additional quantitative measures. 143 Though most studies analyzed inflammatory infiltrates through histological staining, Ballestas et al. (2019) additionally included flow cytometric data for quantitative analysis of immune infiltration around the ONF injury in the hard palate. Ballestas et al. (2019) observed that treatment with FTY720-loaded nanofibers increased pro-regenerative monocytes Ly6Clo subpopulation at Day 3 when compared to blank nanofibers. Furthermore, flow cytometric data showed significant increase in total number of M2 pro-regenerative macrophages in wounds at Day 3 post-FTY720 treatment. Ballestas et al. (2019) also used quantitative polymerase chain reaction to characterize the overall inflammatory response following the delivery of FTY720, revealing decreased levels of IL-1, IL-4, and IL-6 pro-inflammatory cytokines and an increase in anti-inflammatory IL-10 cytokines.84

Collagen Deposition. Collagen synthesis plays a pivotal role in dictating quality of tissue regeneration, structural integrity of healed tissue, and matrix remodeling. Collagen fibers act as foundation for intracellular matrix formation and helps protect the wound from mechanical stresses and pressure, indicating matrix maturation. 52,144 Wounded granulation tissue primarily expresses 40% of Type III collagen, which gradually begins to transition to Type I collagen that makes up nearly 80% of fibers in unwounded tissue. 52,145 Of the

**Wound Healing Analysis** 

#### **Oral Wound Model**

### Histology **Delivery Vehicle** Therapy Intervention Amnion Membrane RNA-Sequence Palate Ointment Collagen Sponge Tissue Flow Cytometr Injection Drug-loaded Nanofiber Microscop Hydrogel Buccal Hvdroael **Growth Factors** Nanoparticle Gingival

Figure 3. Schematic of current models and therapeutics to promote oral wound healing. Injury models are primarily studied in the palatal, buccal, and gingival regions of the oral cavity. Current modalities for oral wound healing include a wide variety of delivery vehicles, such as polymeric scaffolds, biological matrices, or gel-like ointment. The delivery vehicles can also be coupled with drugs, cells, tissue, or growth factors to enhance therapeutic efficacy. Following treatment, studies evaluated the success of oral wound healing therapy using both qualitative and quantitative approaches, such as histology for tissue re-epithelialization, flow cytometry for immune cell infiltration, and microscopy images for wound closure.

studies presented in Table 3, only 8 of them provided qualitative results, mainly using histological assessment on collagen deposition following treatment. For example, Shim et al. (2007) reported an overall increased in collagen synthesis in the buccal wound of mice injected with aucubin. Specimens were stained Masson's Trichrome and picrosirius red, and results showed a significant increase in newly accumulated collagen near the healed area of aucubin-treated mice compared to control at Day 5 post-injury.86 Similarly, Ophof et al. (2008) revealed a semi-quantitative analysis for the presence of Type III collagen following treatment with dermal substrates, de-epidermized dog dermis and Alloderm®. Following a 6mm palatal injury in Beagles, H&E and Sirius red stains on palatal mucosa suggested that collagen fibers gradually transitioned from thin fibers with transverse orientation at Week 3 to a clearly aligned collagen fiber networks at Week 12 post-implantation. Ophof et al. (2008) also

concluded that all experimental wounds at Week 1 showed intense staining of Type III collagen networks at the surface of the wound and by Week 12, the intensity of the collagen stains in the lamina propria and the periosteum was comparable to normal palate; yet, the amount of Type III collagen in the submucosa remained higher than that of the control. 143

### CONCLUSION

The present review offers an in-depth analysis of current oral wound healing models that are being investigated with the potential for translational therapy to treat oral wounds and enhance mucosal regeneration (Fig. 3). Primarily in vivo palatal, buccal, and gingival injuries were utilized to model the human phenotype of post-surgical oral wounds. The injuries varied across model organisms ranging from mice to humans

receiving therapeutic intervention for intraoral healing. Similarly, the therapeutic approaches investigated in the review supported a vast array of treatment options with the use of synthetic polymers, biological grafts, gel-like ointments, hybrid scaffolds, and alternative ultrasound-based therapy. Majority of the treatment methods coupled both synthetic and biologics to produce a treatment delivery vehicle, showing promising results and a potential of harnessing engineered systems with biological components. However, there is still an absence of proper, comprehensive analyses to effectively evaluate the success of treatment methods using both qualitative and quantitative evidence. Many of the studies discussed here lacked a quantitative approach to assess overall wound remodeling when compared to current hallmarks of the biological wound healing processes. Ironically, very few of the studies concluded significant changes in immune response following treatment, as disturbed healing is often attributed to prolonged or impaired immunoregulation.<sup>39</sup> Future avenues of oral mucosal treatment can be expanded to mast cells and their role as effector cells of the immune system, for example. 146 Mature mast cells can help stimulate angiogenesis through increased vascular permeability during the inflammatory phase and can upregulate collagen synthesis to promote reepithelialization. 147-149 Similarly, therapies being developed for dental pulp regeneration and its immunoregulation of various immune cell subsets can also be explored as potential therapeutic agents for oral wound healing. 150 By modulating the inflammatory response and thereby the proliferative phase of mucosal healing, suitable treatment methods can advance towards an enhanced remodeling phase with a proregenerative phenotype. Therefore, translational therapies employing an immunomodulatory approach, while harnessing synthetic and biological systems, can provide breakthrough treatment options for overall oral wound healing and mucosal tissue regeneration.

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