

A

Compare:

Present continuous (I am doing)

We use the continuous for things happening at or around the time of speaking. The action is not complete.



- The water **is boiling**. Can you turn it off?
- Listen to those people. What language **are they speaking**?
- Let's go out. It **isn't raining** now.
- 'I'm busy.' 'What **are you doing**?'
- I'm **getting** hungry. Let's go and eat.
- Kate wants to work in Italy, so she's **learning** Italian.
- The population of the world **is increasing** very fast.

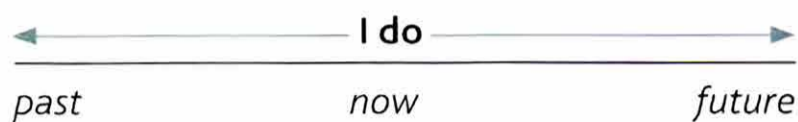
We use the continuous for *temporary* situations:

- I'm **living** with some friends until I find a place of my own.
- A: You're **working** hard today.
B: Yes, I have a lot to do.

See Unit 1 for more information.

Present simple (I do)

We use the simple for things in general or things that happen repeatedly.



- Water **boils** at 100 degrees Celsius.
- Excuse me, **do you speak** English?
- It **doesn't rain** very much in summer.
- What **do you usually do** at weekends?
- I always **get** hungry in the afternoon.
- Most people **learn** to swim when they are children.
- Every day the population of the world **increases** by about 200,000 people.

We use the simple for *permanent* situations:

- My parents **live** in London. They have lived there all their lives.
- Joe isn't lazy. He **works** hard most of the time.

See Unit 2 for more information.

B

I always do and I'm always doing

I **always do** (something) = I do it every time:

- I **always go** to work by car. (*not* I'm always going)

'I'm always doing something' has a different meaning. For example:



I'm **always losing** things = I lose things very often, perhaps too often, or more often than normal.

More examples:

- You're **always playing** computer games. You should do something more active. (= You play computer games too often)
- Tim is never satisfied. He's **always complaining**. (= He complains too much)