

MICROSCOPIA OTTICA IN BIOLOGIA CELLULARE [675SM]

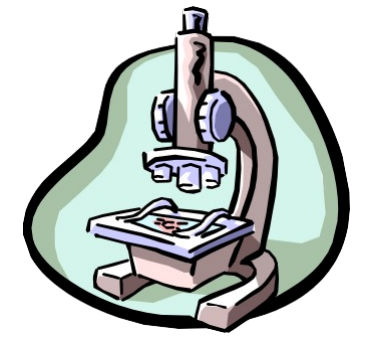
20th March 2024:

Contrasting techniques with laboratory

Agnes Thalhammer
agnes.thalhammer@units.it

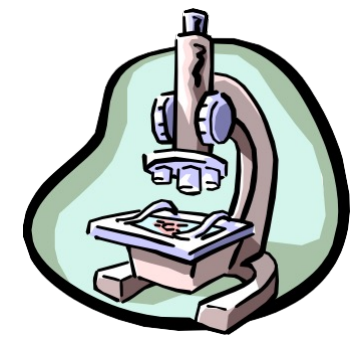
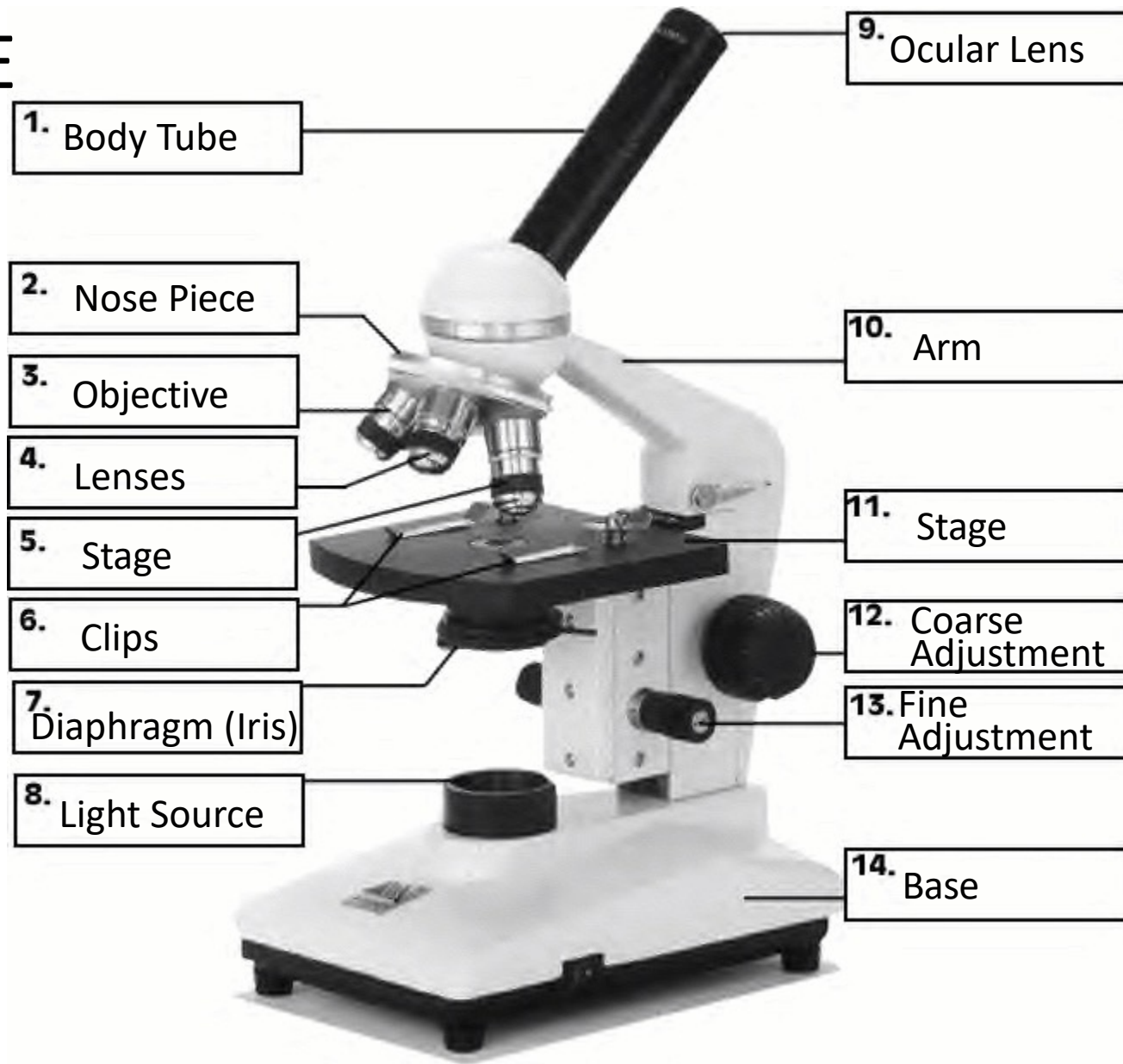


Last time...OPTICAL MICROSCOPY

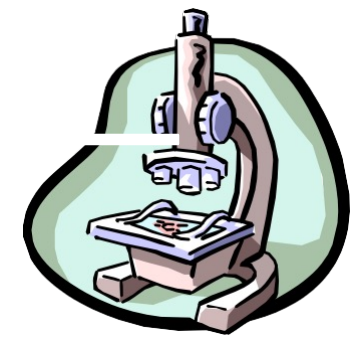


1. How a microscope works
2. Magnification vs resolution
3. Numerical aperture and working distance
4. Objectives
5. Point-spread function and Airy disk
6. Optical aberrations

MICROSCOPE

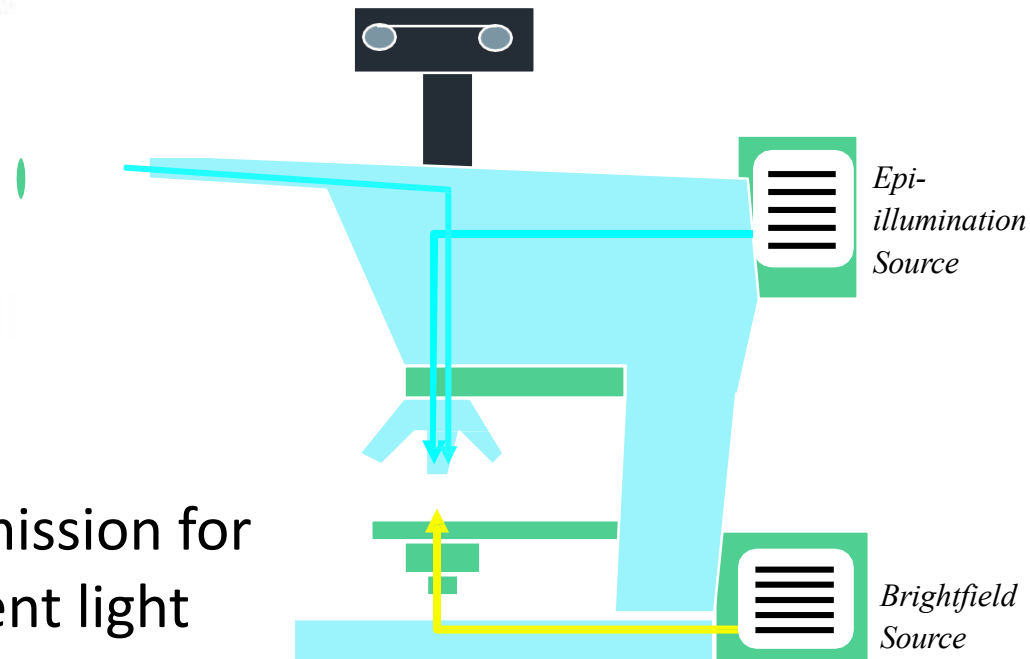


UPRIGHT MICROSCOPE

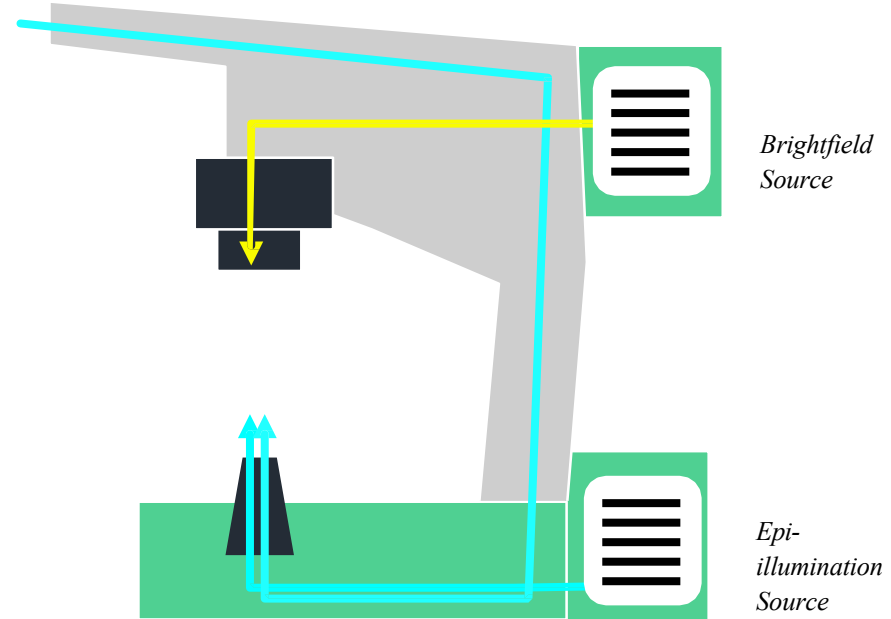
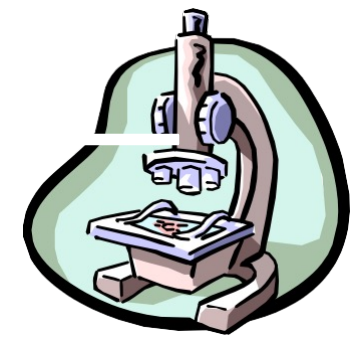
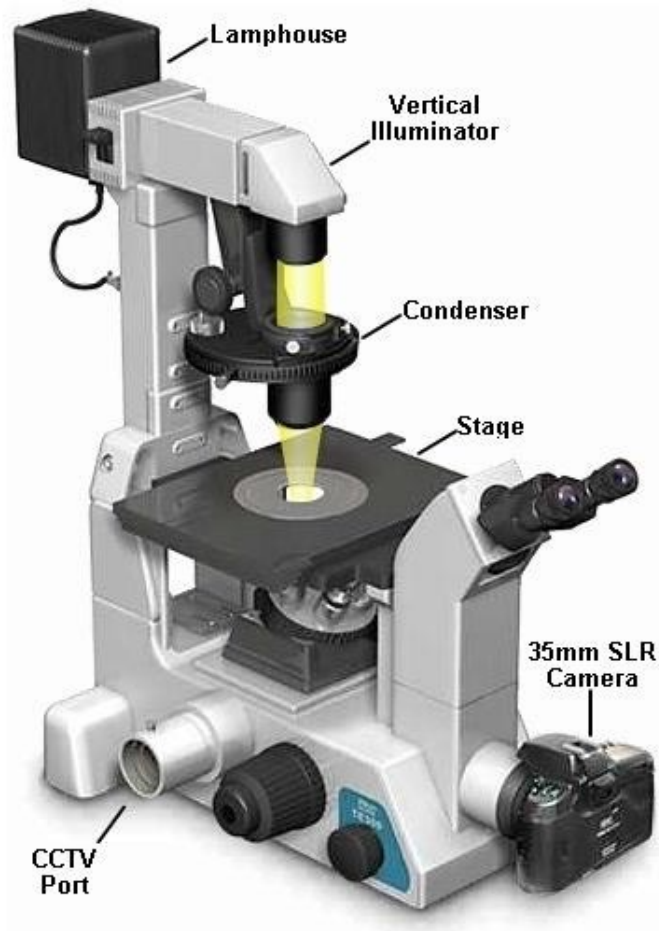


Nikon Eclipse E600
with U-III Film
Camera System
(circa early 1990s)

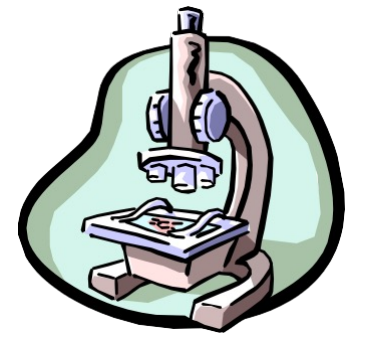
Transmitted and reflected light: transmission for bright field and reflection for fluorescent light



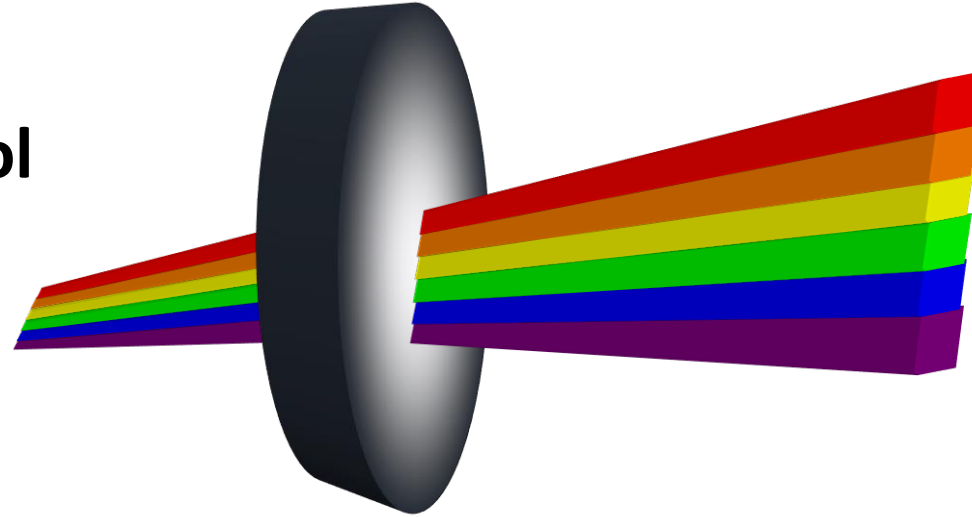
INVERTED MICROSCOPE



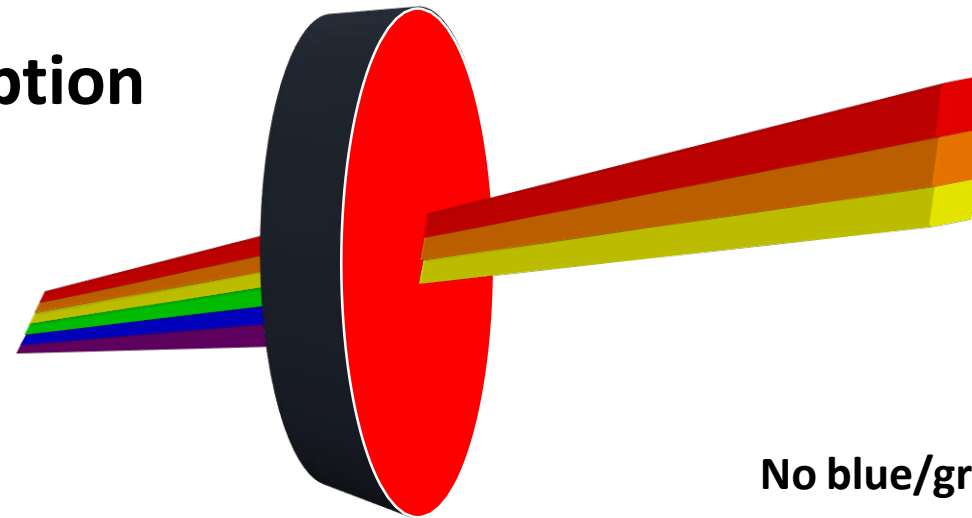
ABSORPTION



Control



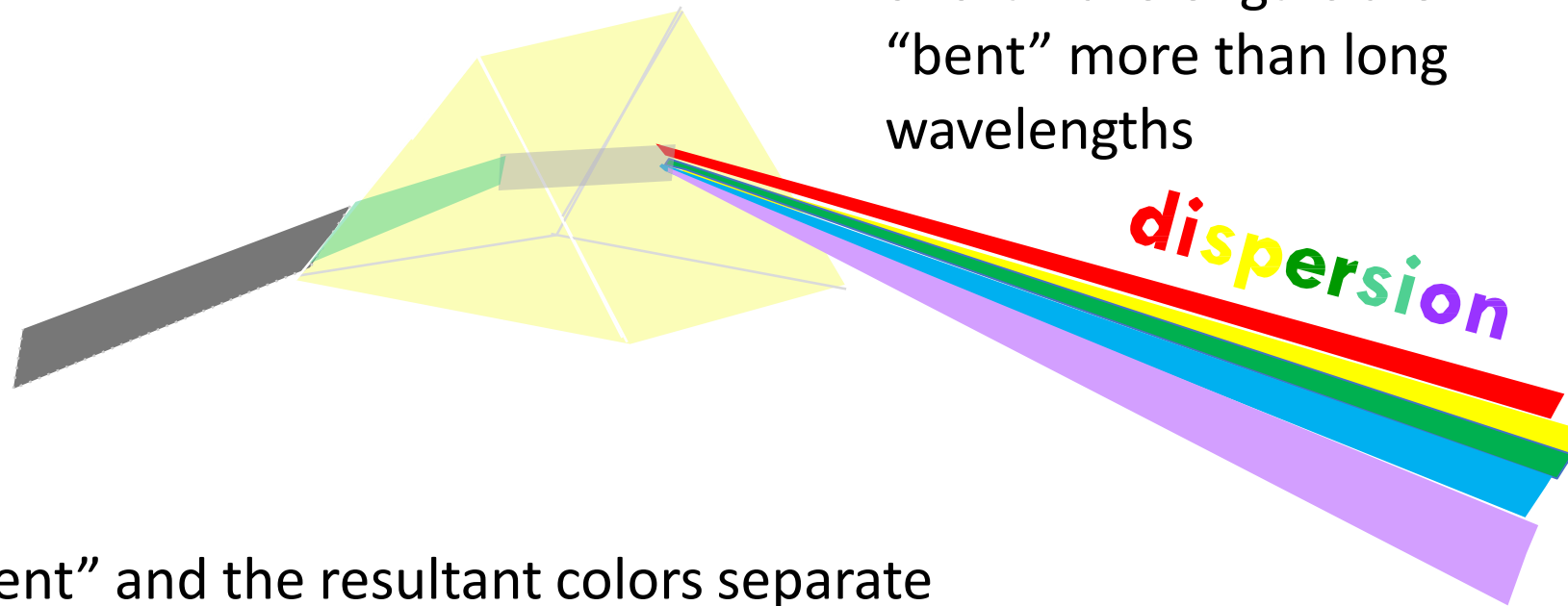
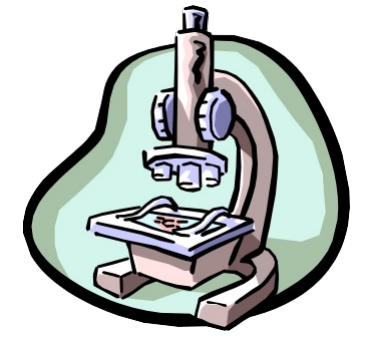
Absorption



No blue/green light

red filter

REFRACTION & DISPERSION



Short wavelengths are
"bent" more than long
wavelengths

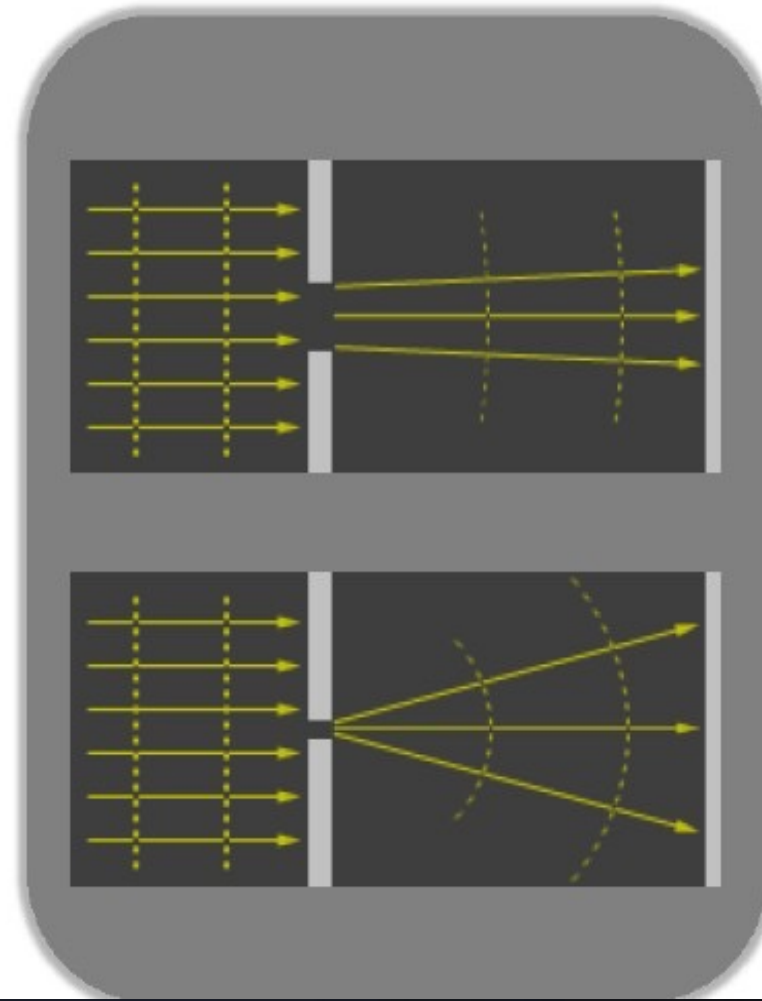
Light is "bent" and the resultant colors separate (dispersion). Red is least refracted, violet most refracted.

DIFFRACTION

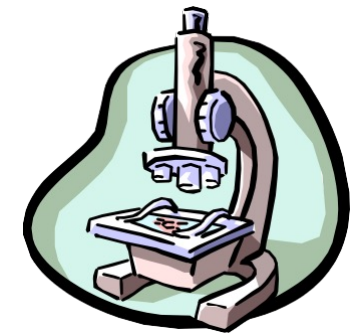


Diffraction: Rays

- Parallel rays incident on an aperture, say rays from a point source at infinity, begin to diverge.
- The smaller the aperture, the larger the divergence.
- This can be explained if we consider light as a wave phenomenon

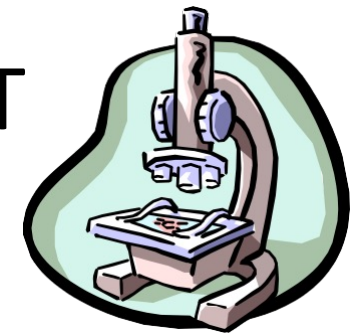


This lesson: CONTRASTING TECHNIQUES



- Brightfield
- Darkfield
- Phase Contrast
- Polarization Contrast
- Differential Interference Contrast (DIC)
- Fluorescence Contrast

CONTRAST GENERATION FOR TRANSMITTED LIGHT



- Brightfield >>> absorbance
- Darkfield >>> diffraction
- Phase Contrast >>> Phase shift
- Differential Interference Contrast (DIC) Microscopy
>>> Phase shift / Polarization / Interference

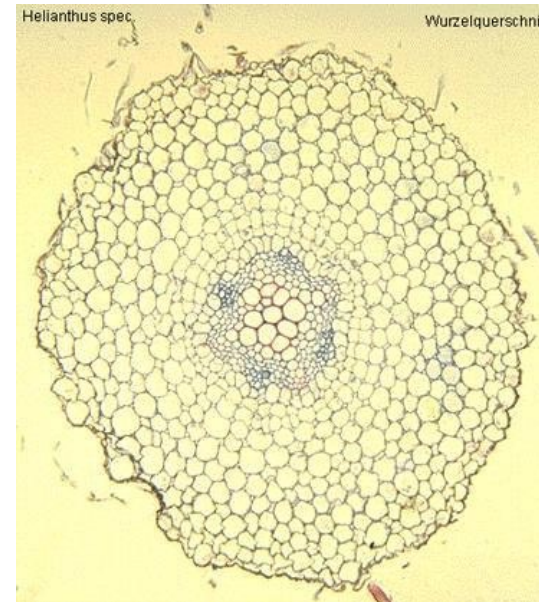
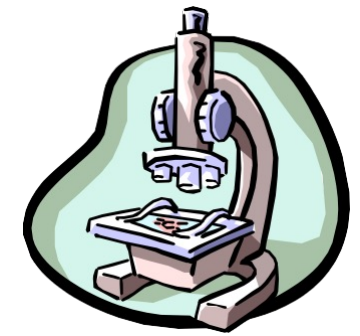
BRIGHTFIELD

Principle:

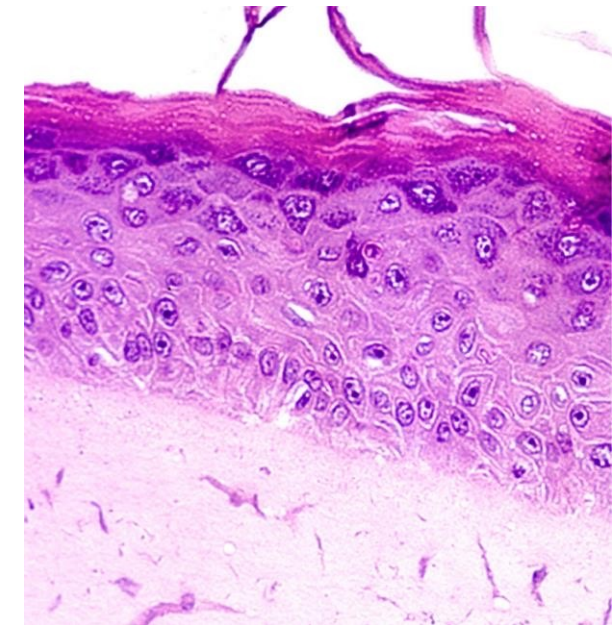
Light is transmitted through the sample and absorbed by it.

Application:

- Only useful for specimens that can be contrasted via dyes
- Very little contrast in unstained specimens
- With a bright background, the human eye requires local intensity fluctuations of at least 10 to 20% to be able to recognize objects.

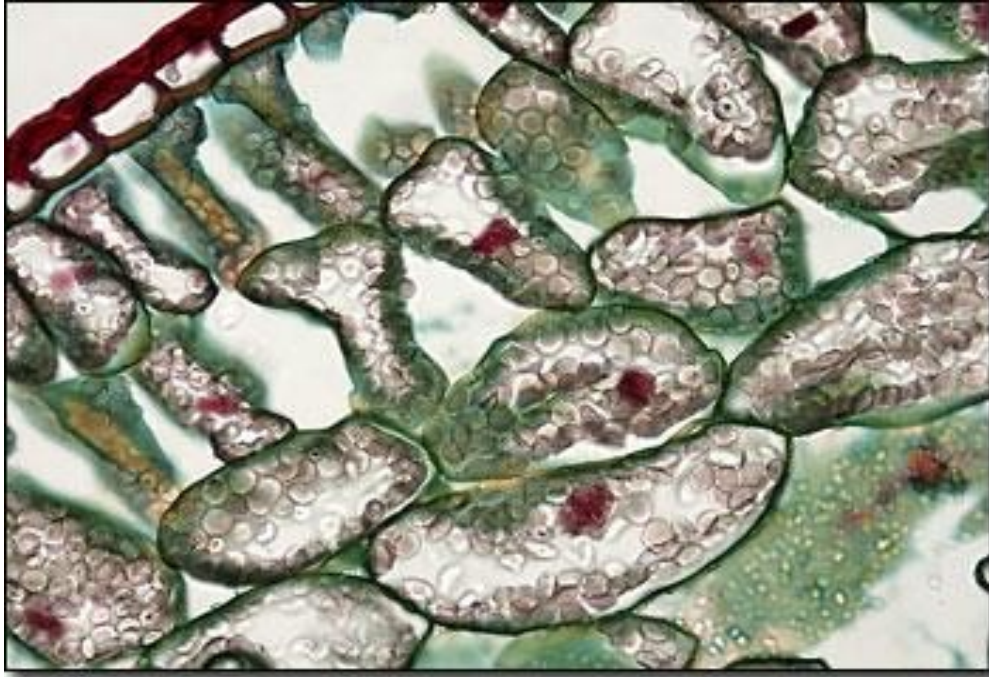
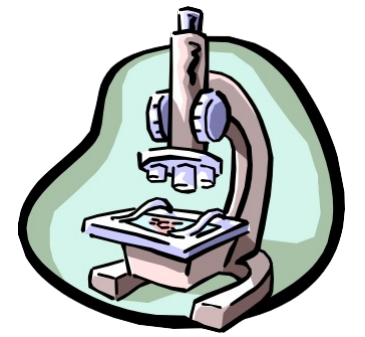


Cross section of sunflower root
<http://www.zum.de/Faecher/Materialien/beck/12/bs12-5.htm>



Piece of artificially grown skin
www.igb.fhg.de/.../dt/PI_BioTechnica2001.dt.html

BRIGHTFIELD



- Bright Field is the most universal technique used in light microscope.
- Usually used in samples with colorimetric staining or good contrast; dark sample absorbing light on bright background
- Particularly useful on samples with intrinsic colour (e.g. chloroplasts)
- AI programs using machine-learning techniques on stained samples to be able to identify cells/organelles etc.. without staining in Bright Field.

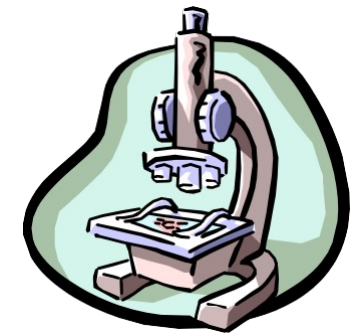
DARKFIELD

Principle:

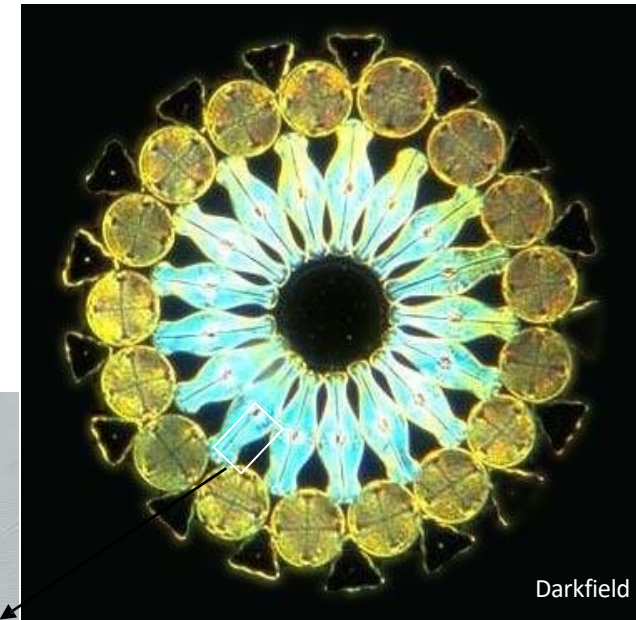
The illuminating rays of light are directed through the sample from the side by putting a dark disk into the condenser that hinders the main light beam to enter the objective. Only light that is scattered by structures in the sample enters the objective.

Application:

- Diatoms and other unstained or colourless specimens



Brightfield

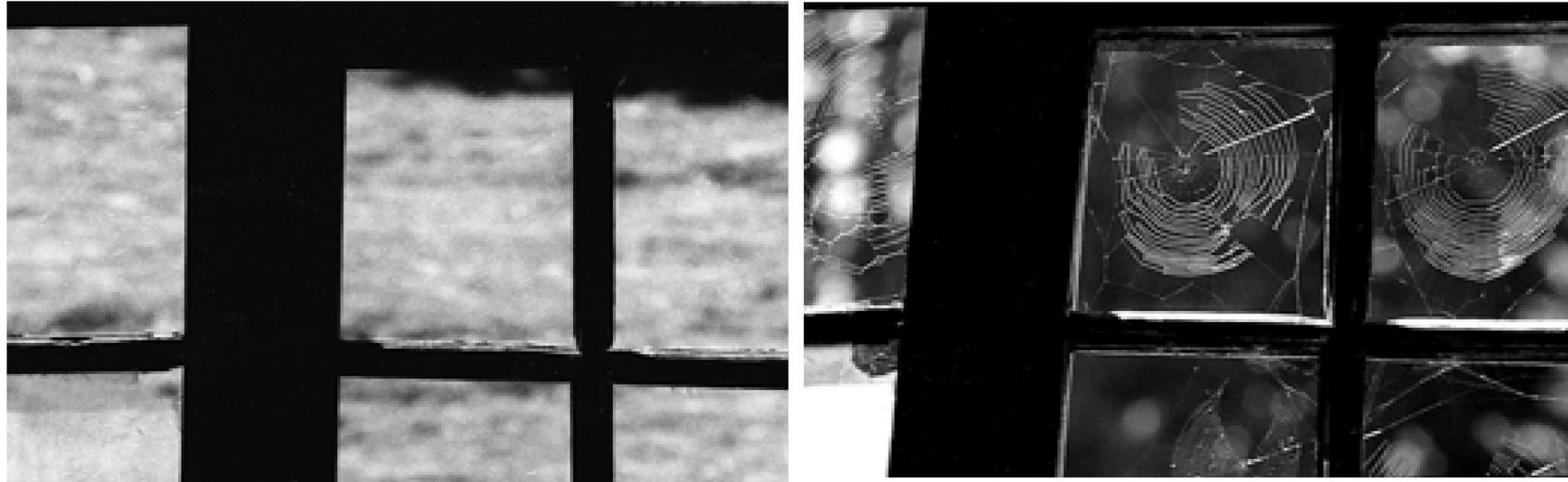
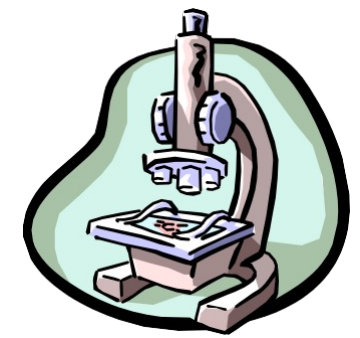


Darkfield

Symbiotic Diatom colony

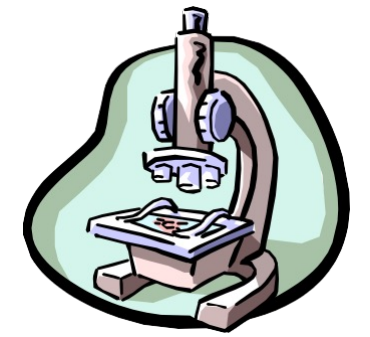
(www1.tip.nl/~t936927/making.html)

DARKFIELD

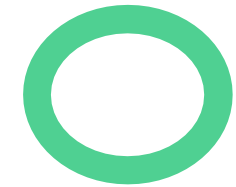
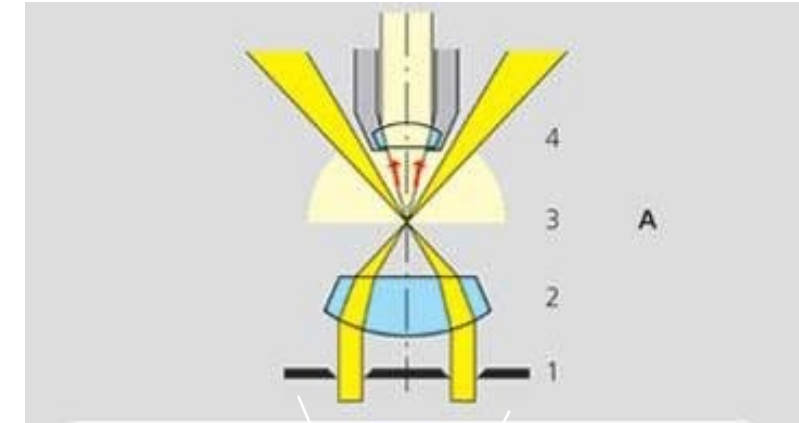


Fine structures can often not be seen in front of a bright background.

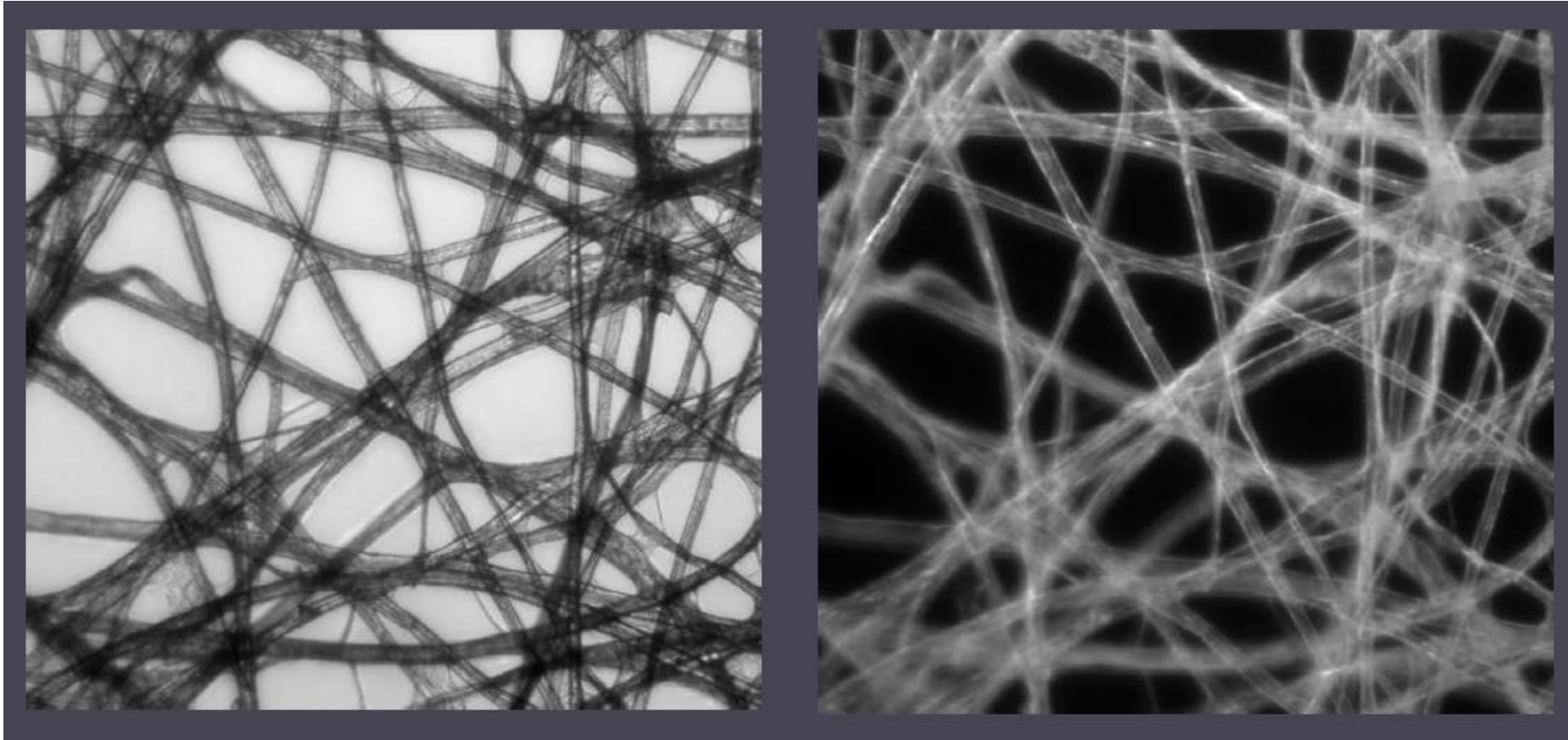
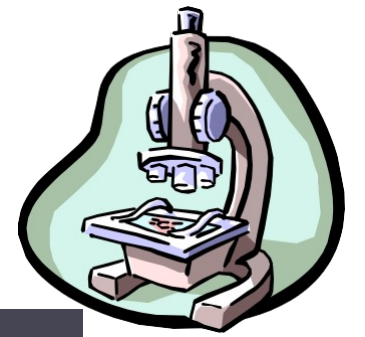
DARKFIELD



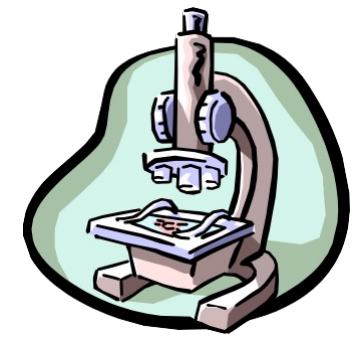
- Dark background against which objects are brilliantly illuminated.
- This is accomplished by a special condenser that transmits a hollow cone of light.
- Most of the light directed through the condenser does not enter the objective, the field is dark.
- However, some of the light rays will be scattered if the medium contains objects.
- The diffracted light will enter the objective & reach the eye, thus the object will appear bright in an dark background.
- Best for observing pale objects, unstained cells



DARKFIELD

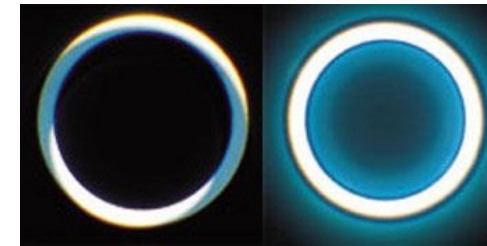
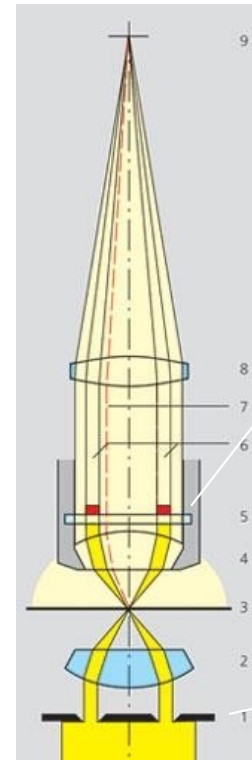
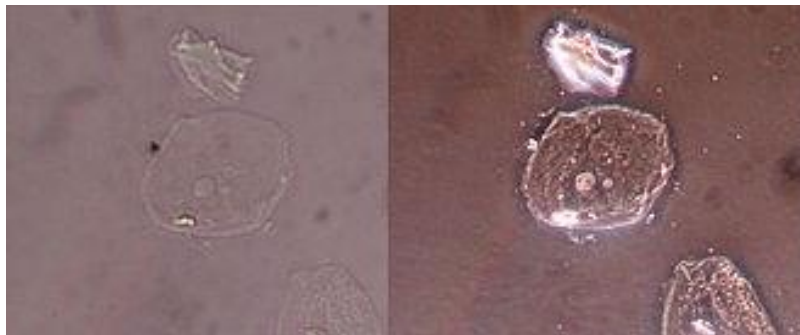
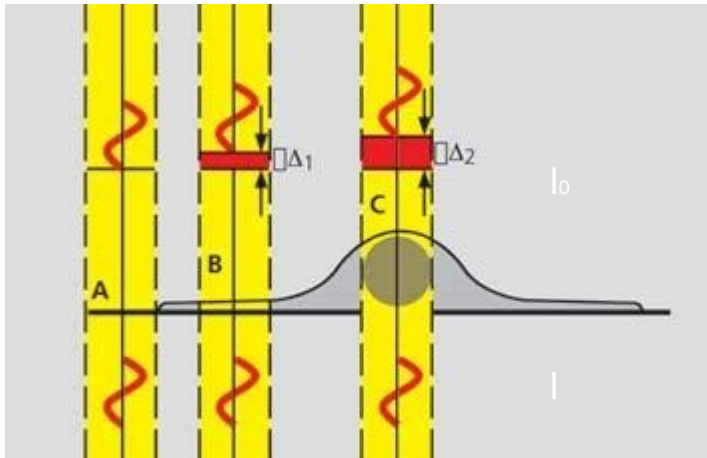


PHASE CONTRAST



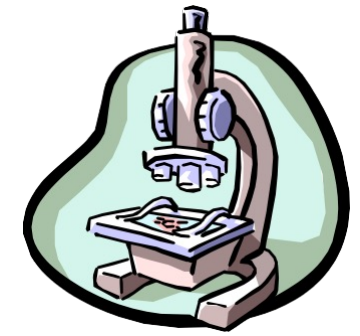
Principle:

Incident light is out of phase with transmitted light as it was slowed down while passing through different parts of the sample. When the phases of the light are synchronized by an interference lens, a new image with greater contrast is seen.

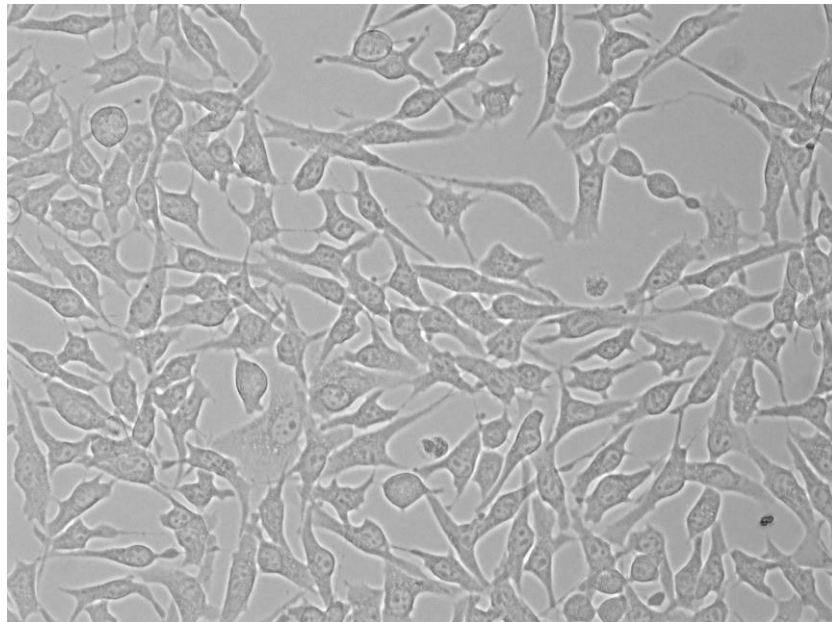


PHASE CONTRAST

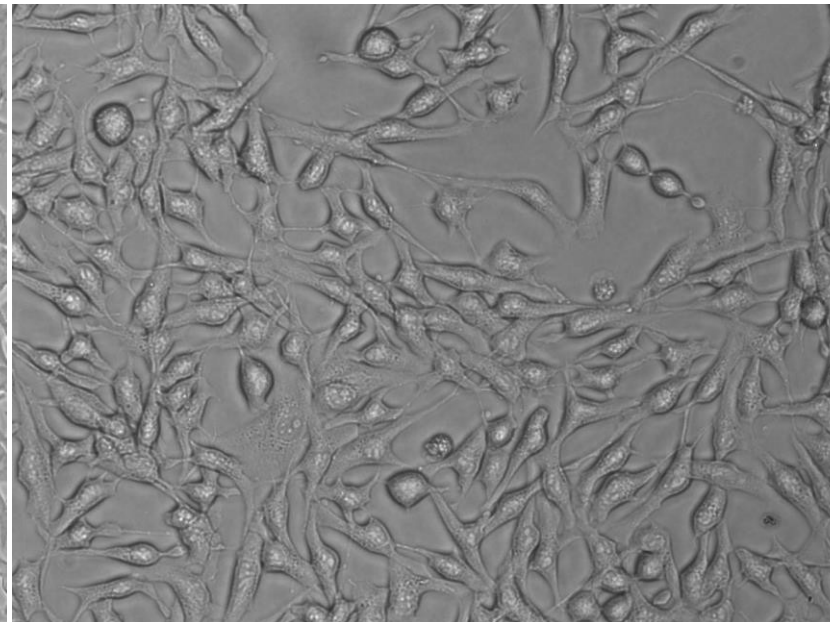
Phase contrast in practice



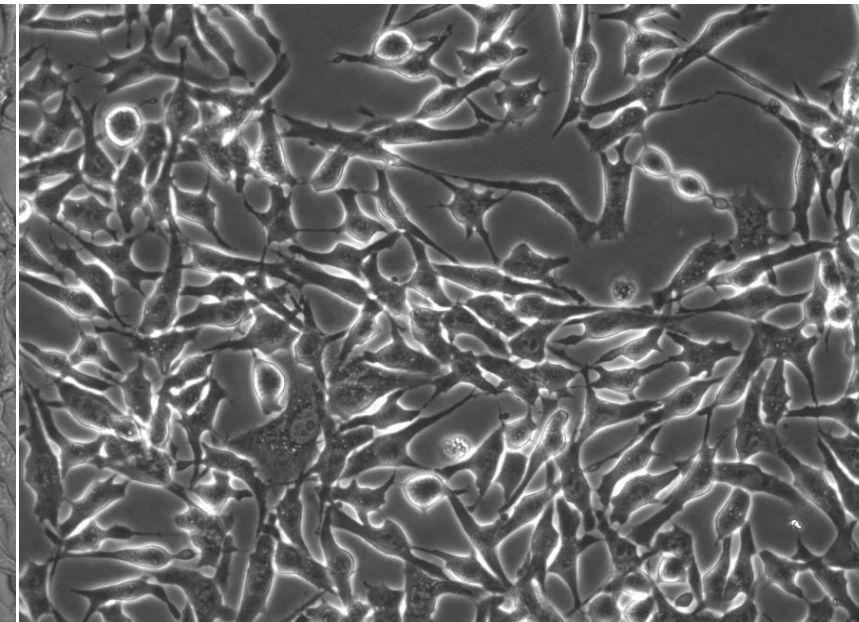
Application: Phase contrast is the most commonly used contrasting technique. All tissue culture microscopes and many time-lapse microscopes are set up for phase contrast.



brightfield

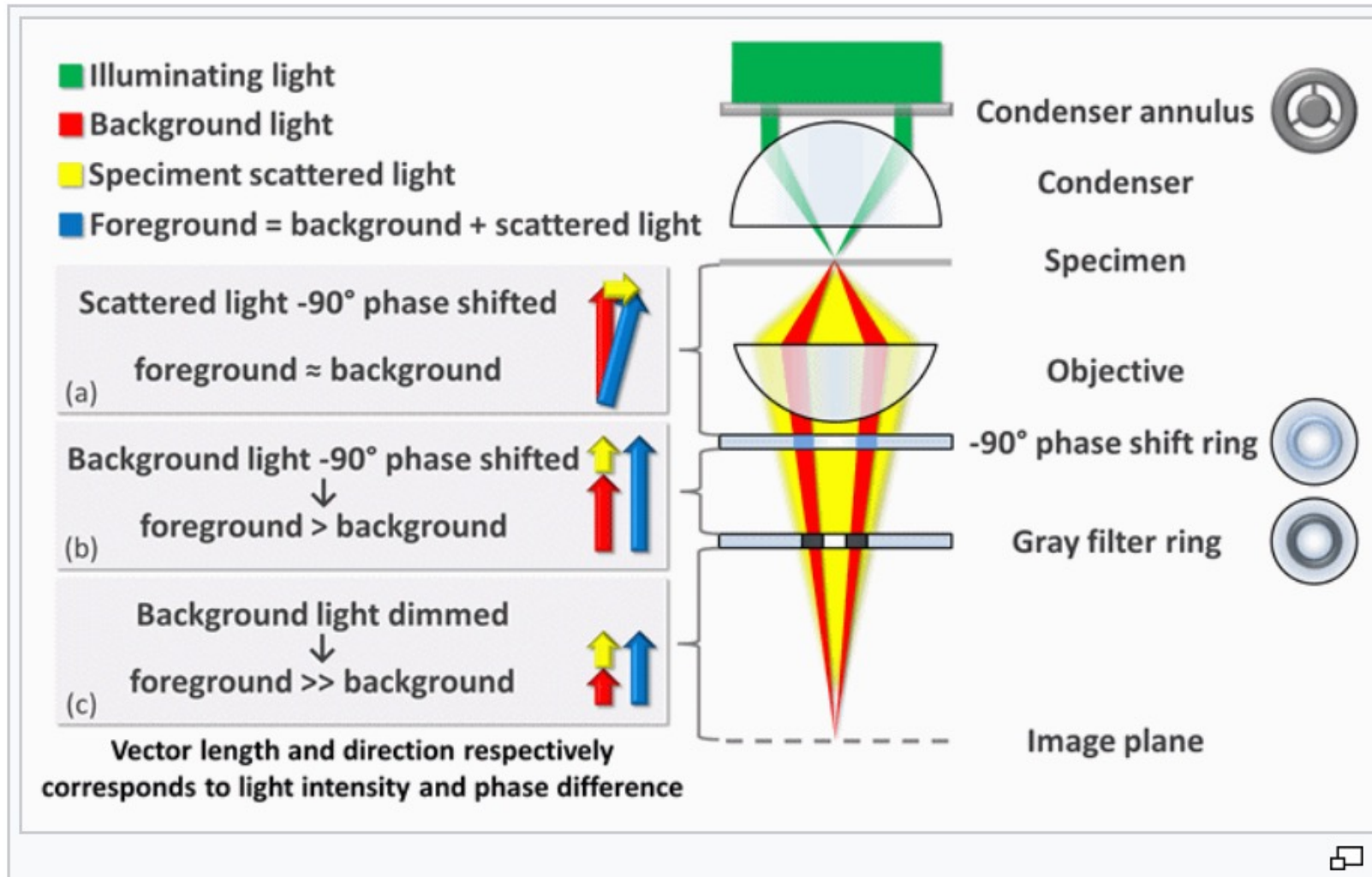
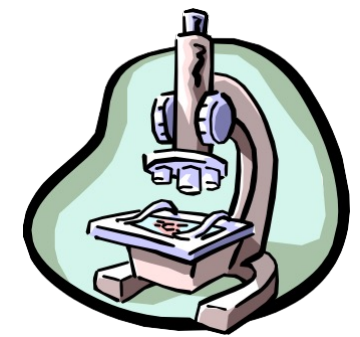


wrong phase stop

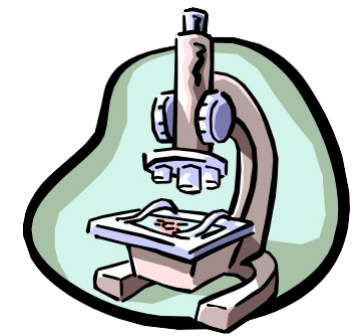


right phase stop

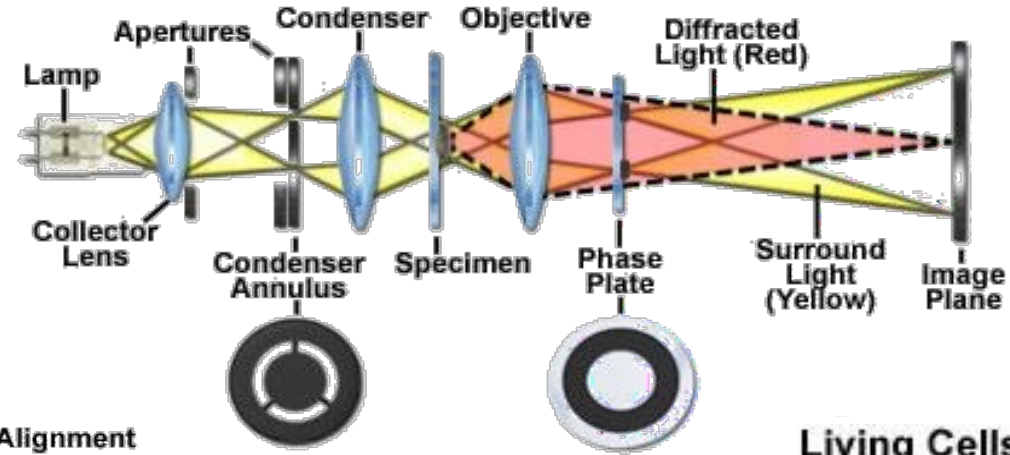
PHASE CONTRAST



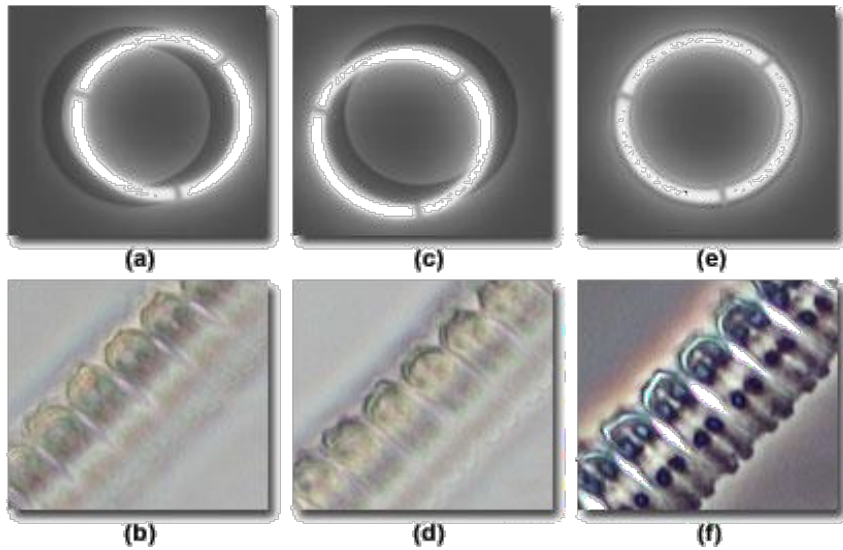
PHASE CONTRAST



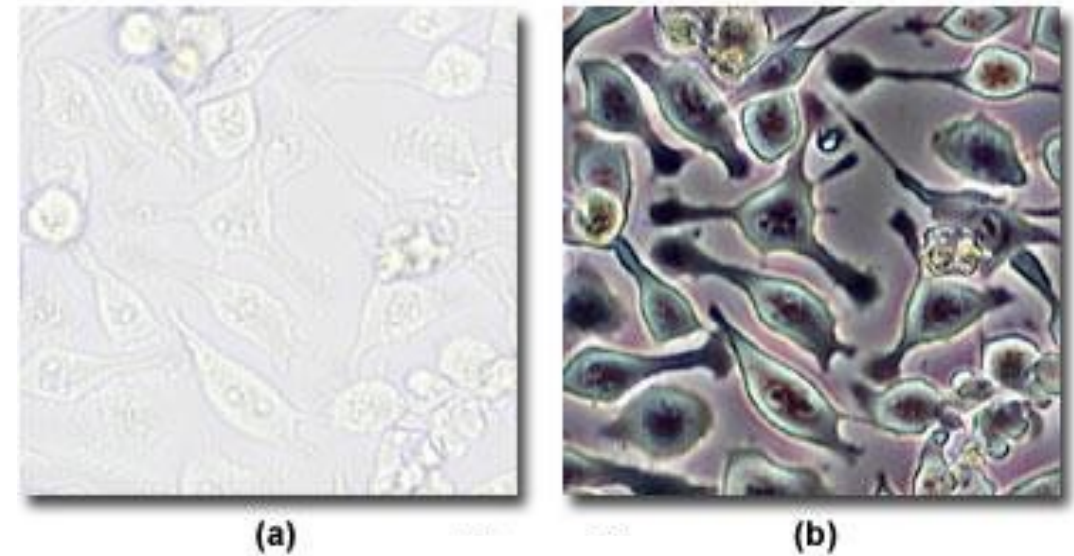
Phase Contrast Microscope Optical Train



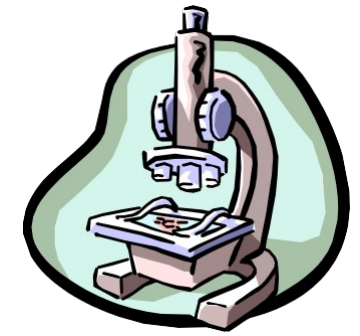
Phase Contrast Optical System Alignment



Living Cells in Brightfield and Phase Contrast



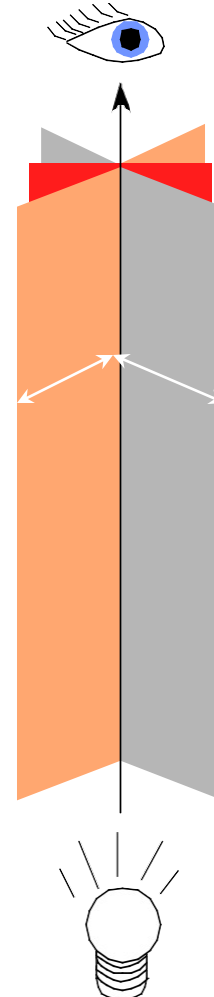
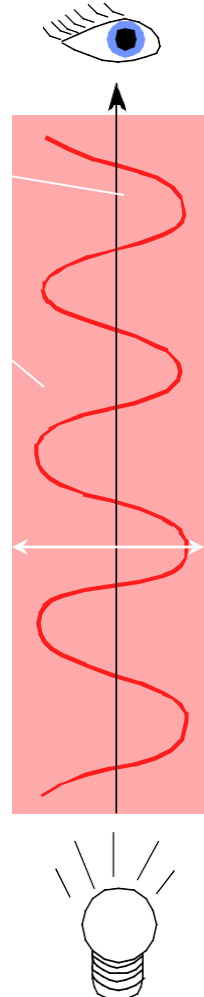
POLARISATION



propagation
direction

plane of
vibration

vibration
direction

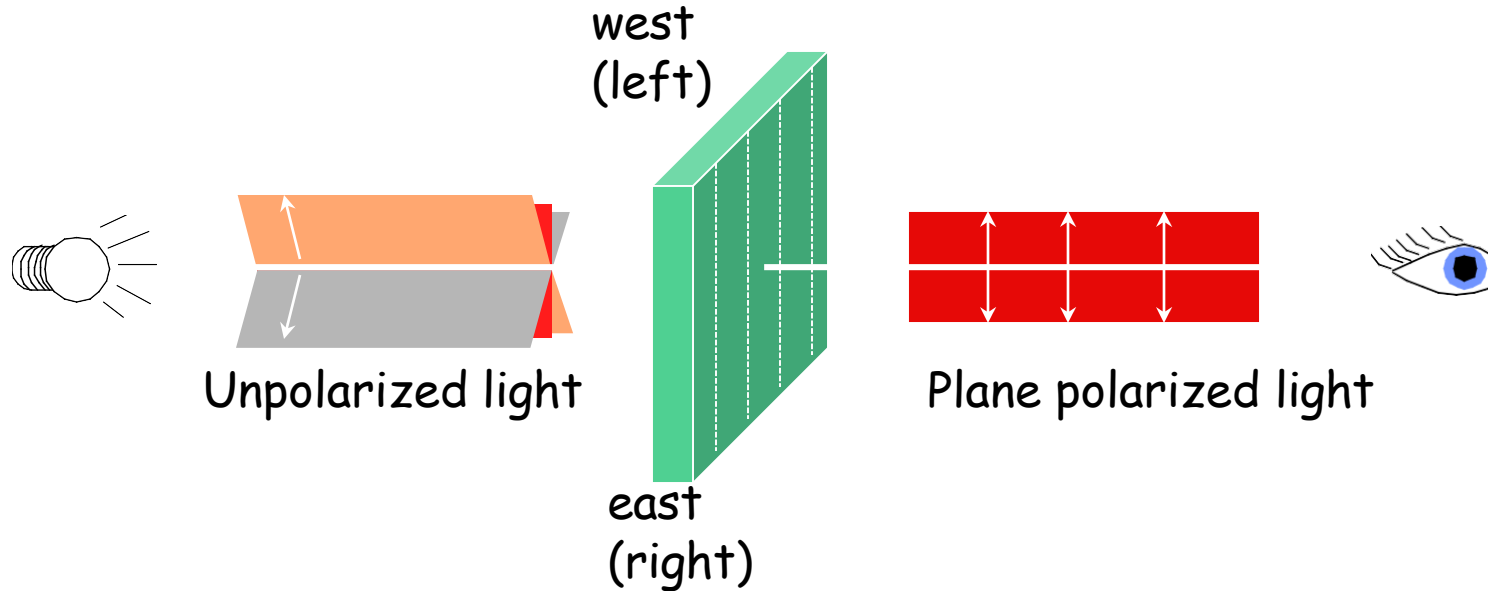
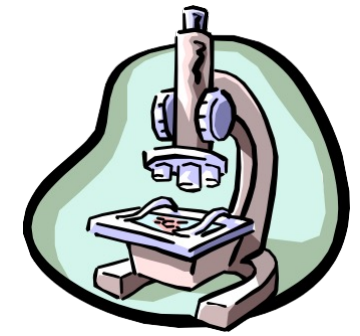


light vibrates in
all planes that contain
the light ray
(i.e., all planes
perpendicular to
the propagation
direction)

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POLARISATION

1) Light passes through the **lower polarizer**



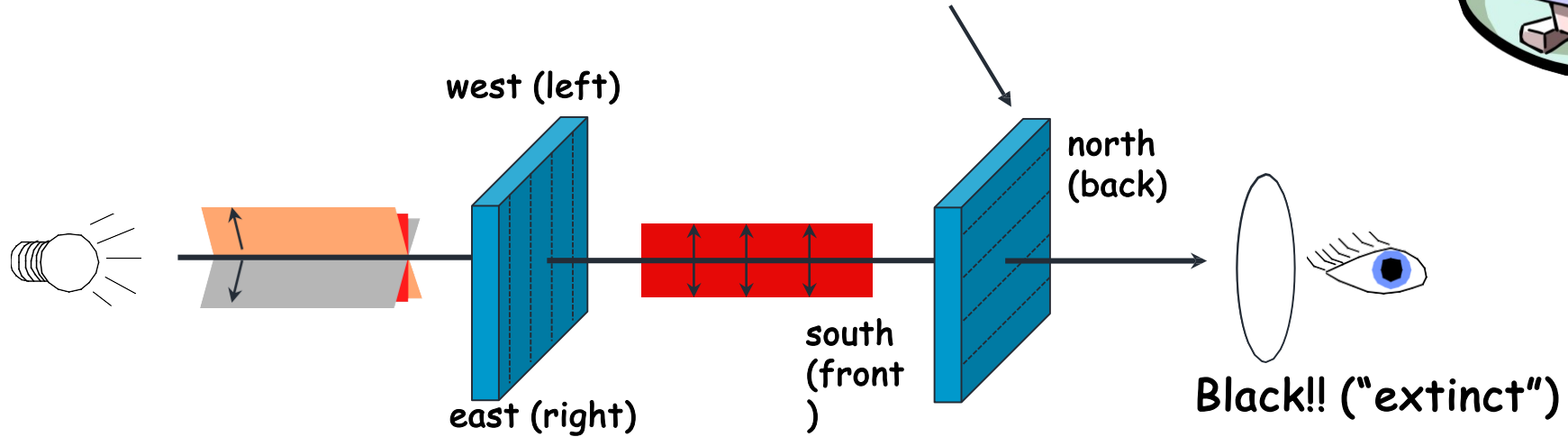
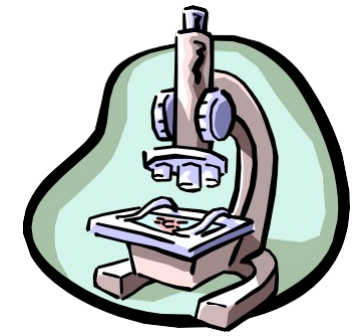
Only the component of light vibrating in E-W direction can pass through lower polarizer - **light intensity decreases**

Though polarized, still white light!

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POLARISATION

2) Insert the upper polarizer



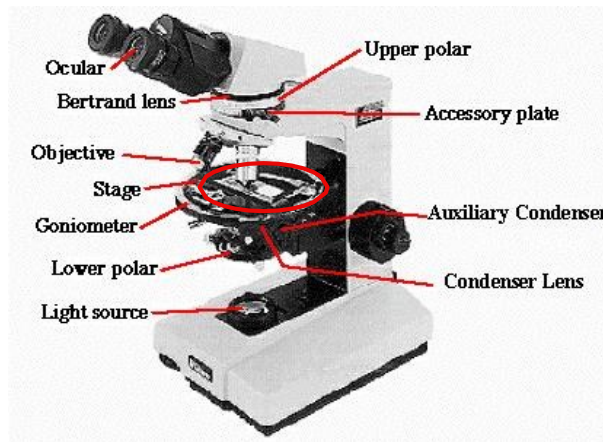
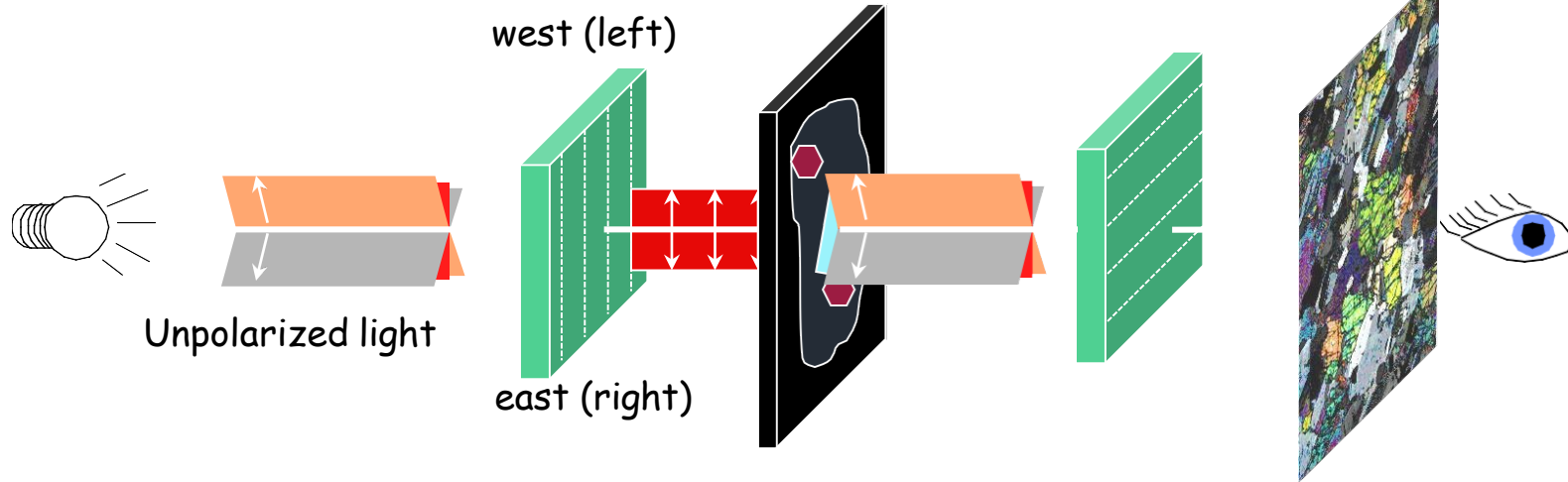
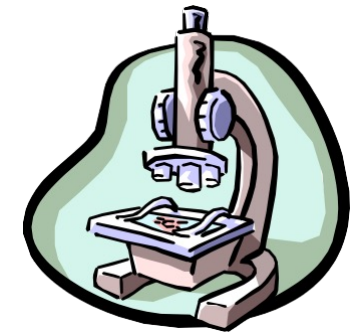
Now what happens?
What reaches your eye?

Why would anyone design a microscope that prevents light from reaching your eye???

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POLARISATION

3) Now insert a thin section



Light vibrating E-W

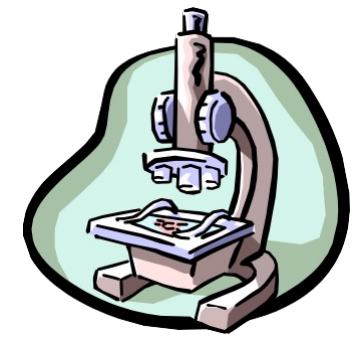
Light vibrating in many planes and with many wavelengths

Light and colors reach eye!

How does this work??

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POLARISATION CONTRAST



Principle:

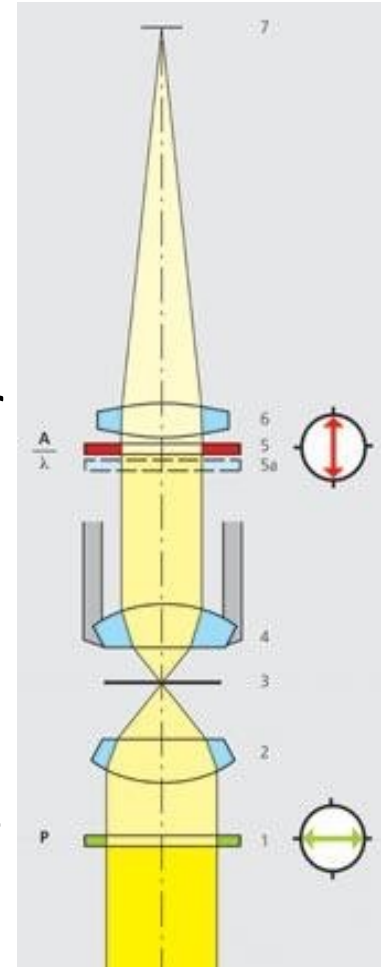
Polarized light is used for illumination. Only when the vibration direction of the polarized light is altered by a sample placed into the light path, light can pass through the analyzer. The sample appears light against a black background. A lambda plate can be used to convert this contrast into colours.

Application:

Polarization contrast is used to look at materials with birefringent properties, in which the refractive index depends on the vibration direction of the incident light, e.g. crystals or polymers.

Analyzer
Lambda plate

Polarizer





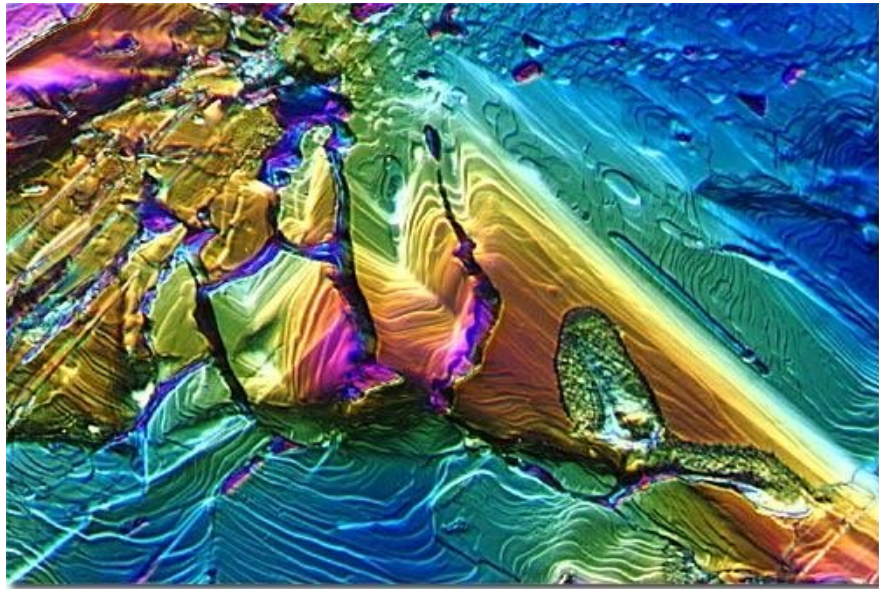
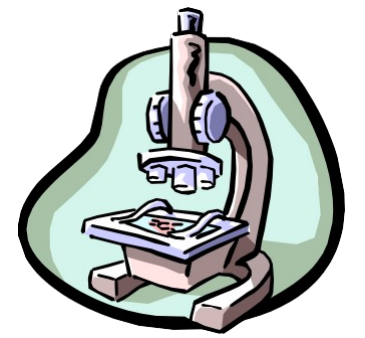
Brightfield



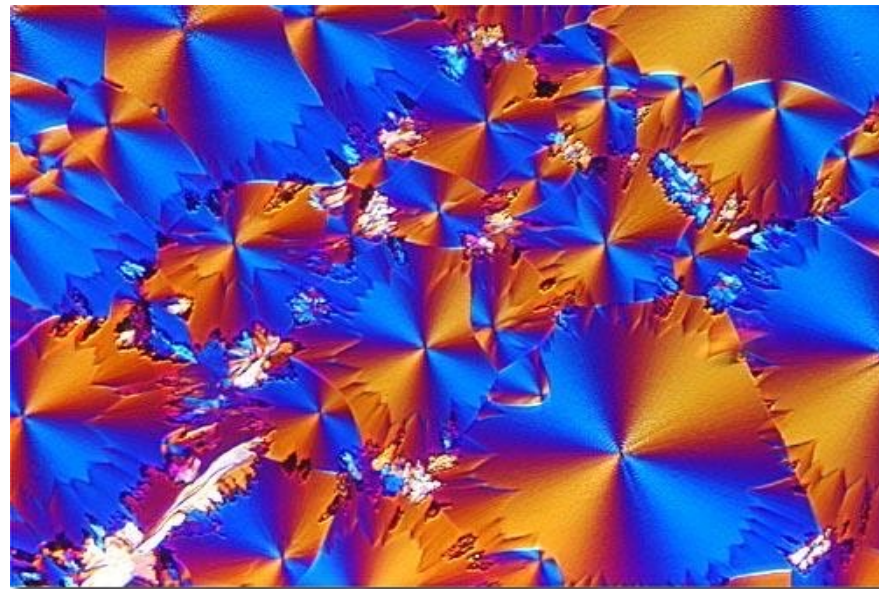
Polarization
contrast



Polarization contrast
with Lambda plate

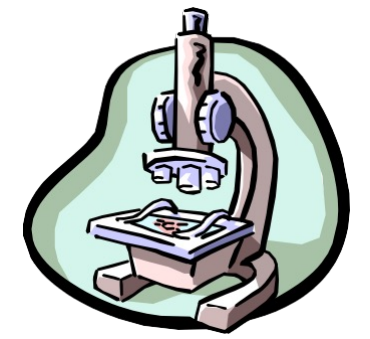


Glutaric Acid Crystallites



Dinosaur Bone

NOMARSKI IMAGE



- Result is extinction (shadow) on one side of specimen and reinforcement (bright) on the other
- Shear of image
- False relief 3D image
- Consider wavefront diagrams

Differential Interference Contrast Schematic

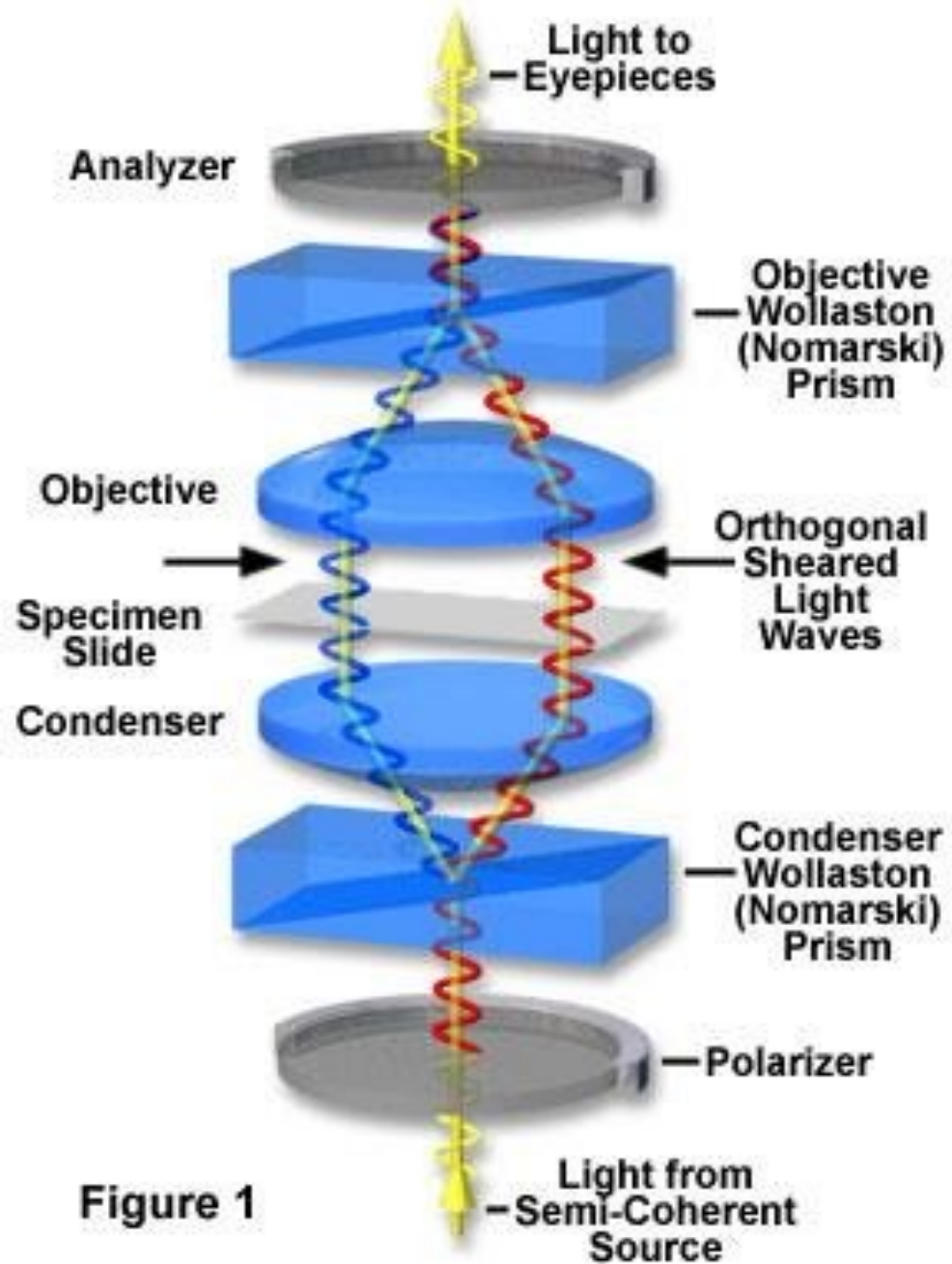
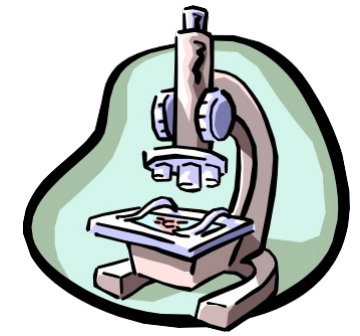
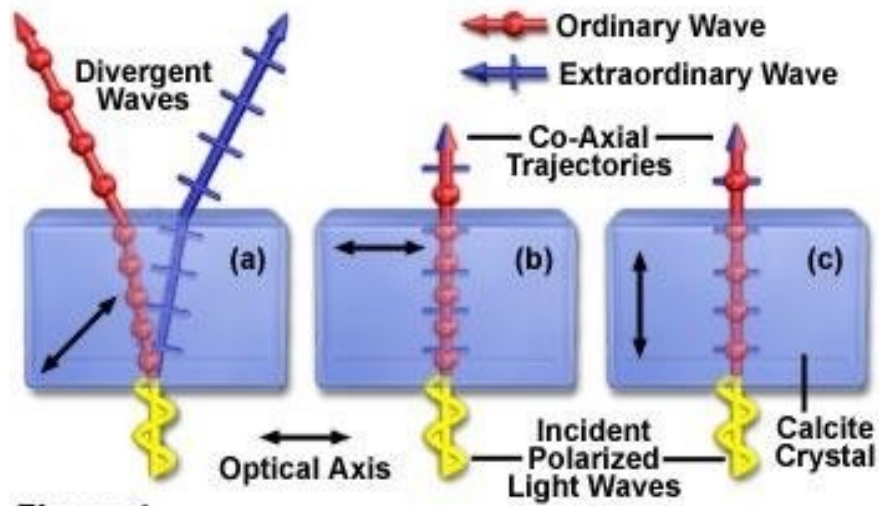
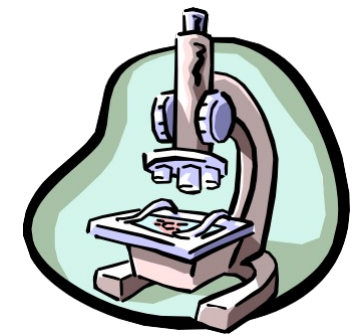


Figure 1



BIREFRINGENCE



Bi-Refraction in Calcite Crystals

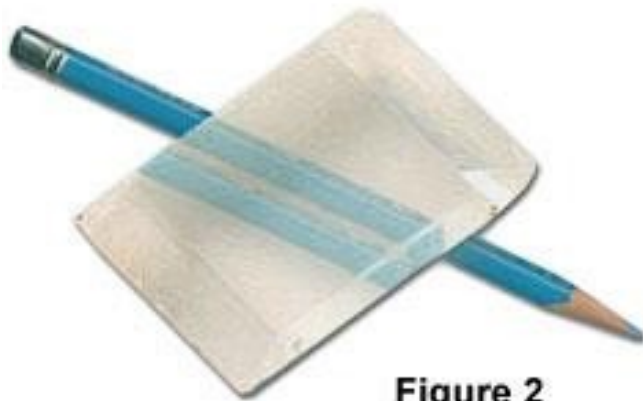
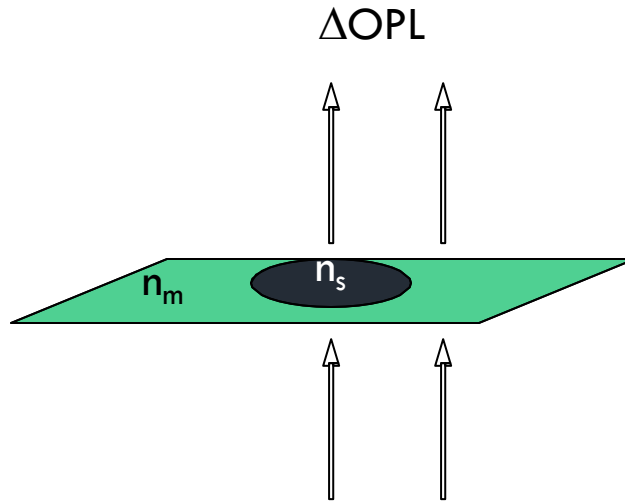
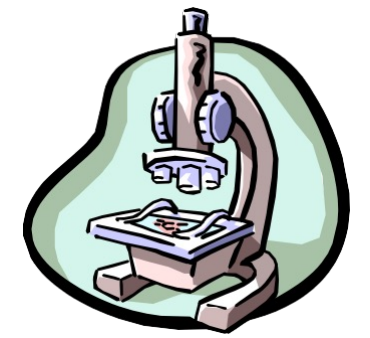


Figure 2

- Birefringent materials have different indices of refraction for light polarized parallel or perpendicular to the optical axis.
- Two beams with orthogonal polarization are produced if illumination is at an angle to optical axis

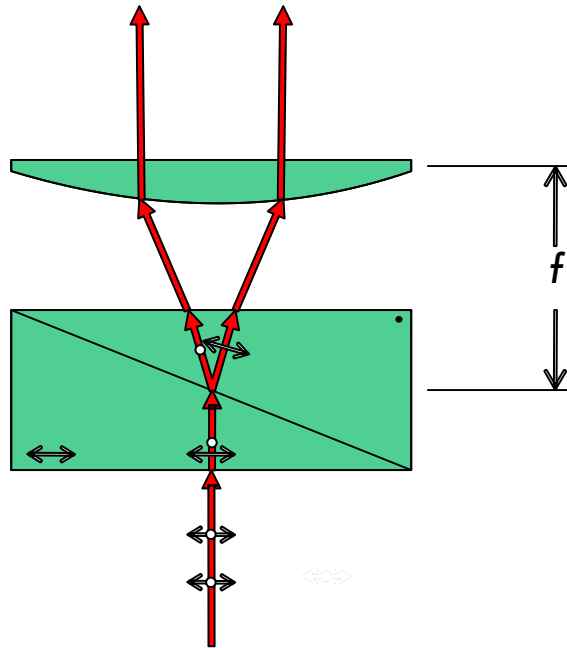
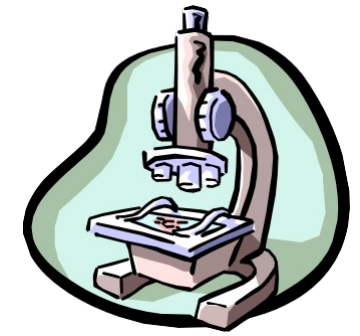
Differential Interference Contrast (DIC)



The idea:

Use two beams and interference to measure the path length difference between adjacent points in the sample

WOLLASTON / NOMARSKI PRISMS



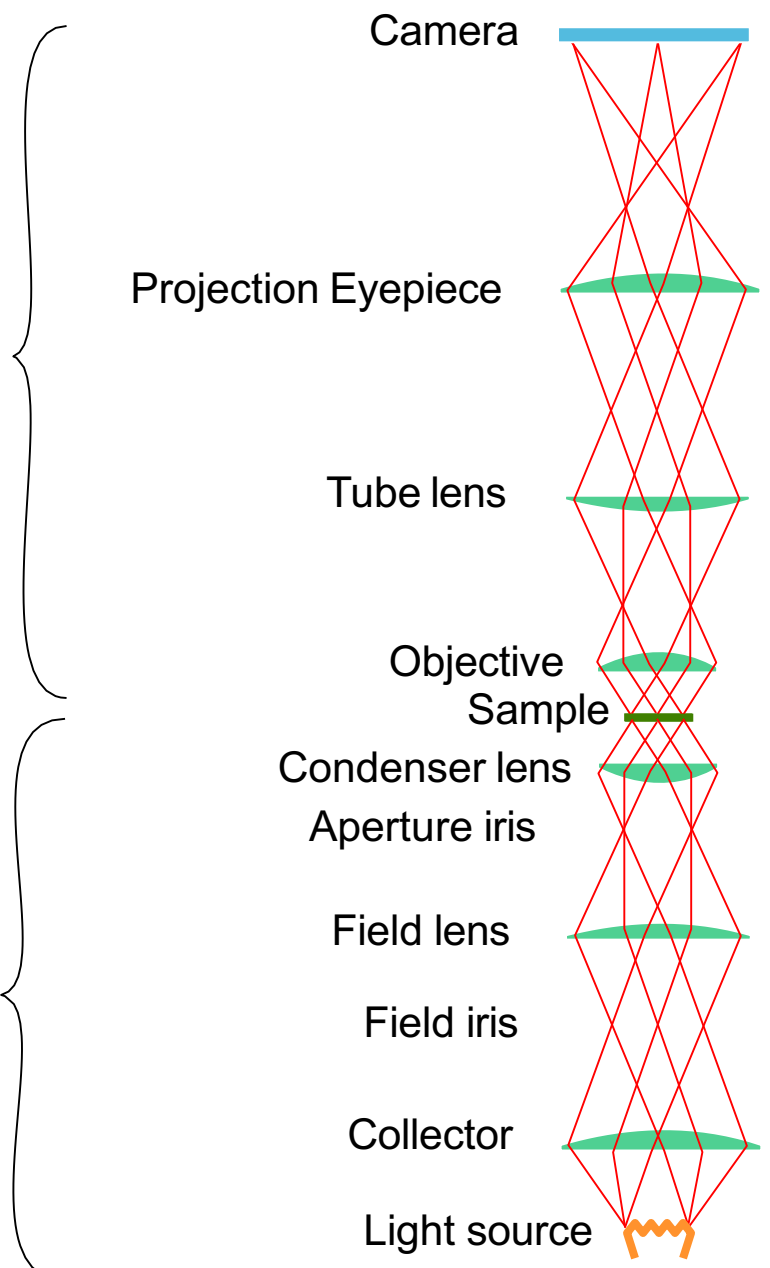
- Two pieces of cemented calcite/quartz
- Produce orthogonally polarized beams propagating at different angles
- Placed at a back focal plane, this produces the two beams that will probe the OPL difference of our sample

THE DIFFERENTIAL INTERFERENCE CONTRAST (DIC) MICROSCOPE

MICROSCOPE

Imaging path

Illumination path



Differential Interference Contrast Schematic

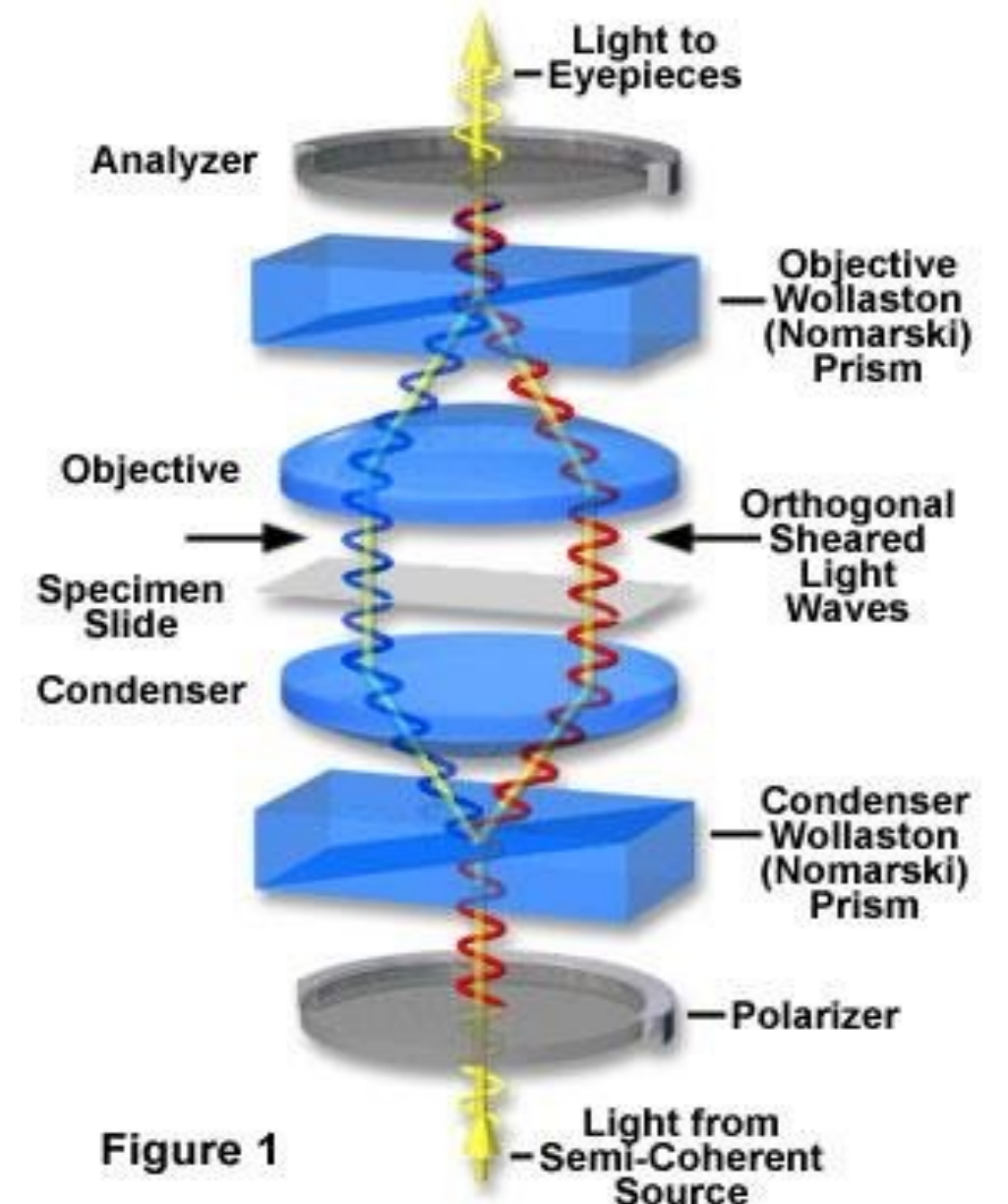
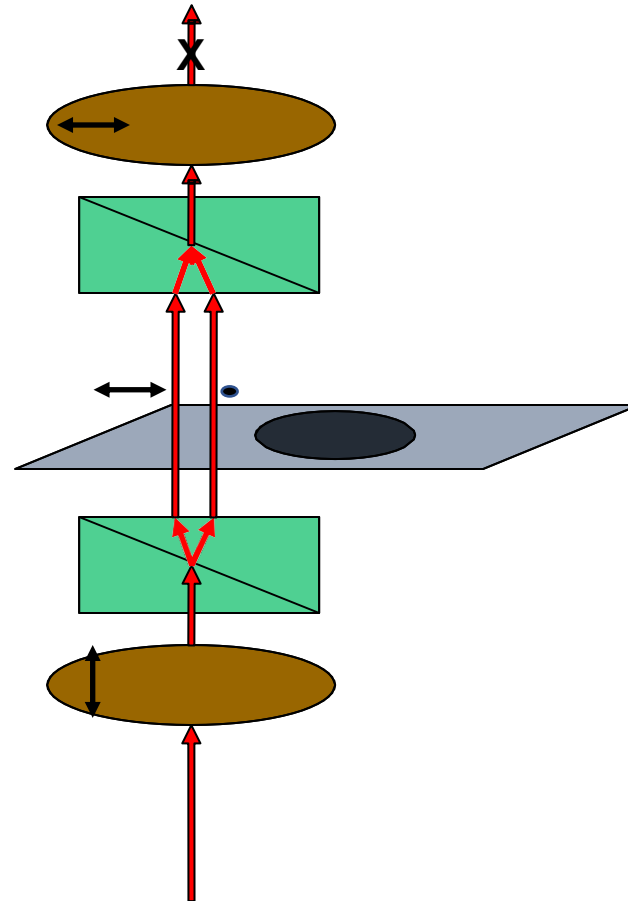
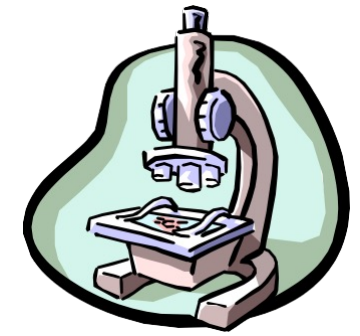


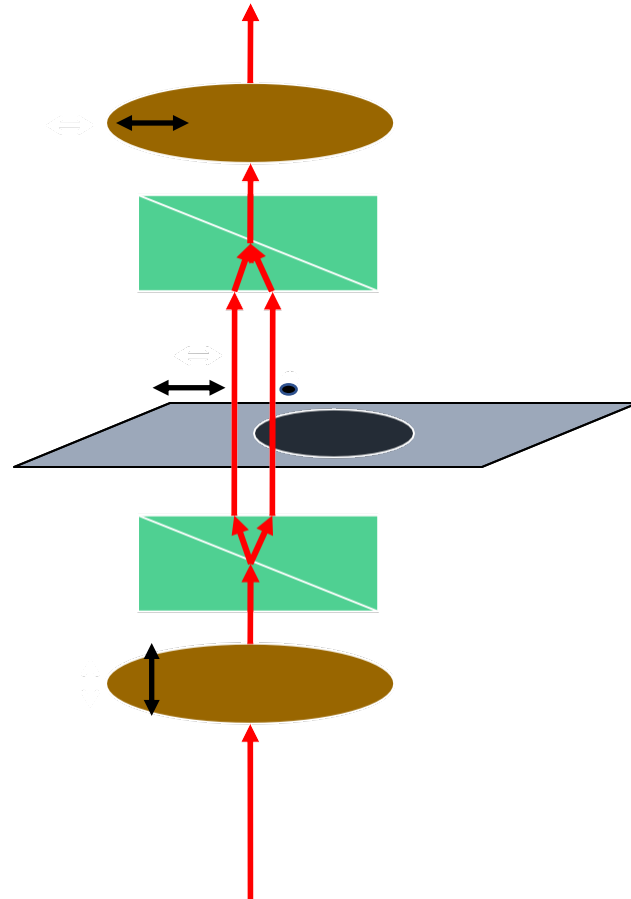
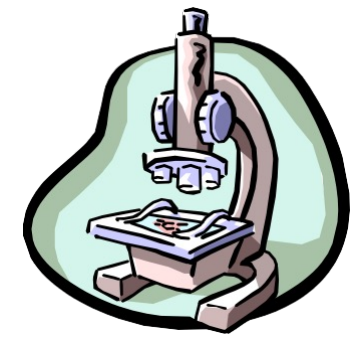
Figure 1

HOW DIC GENERATES CONTRAST



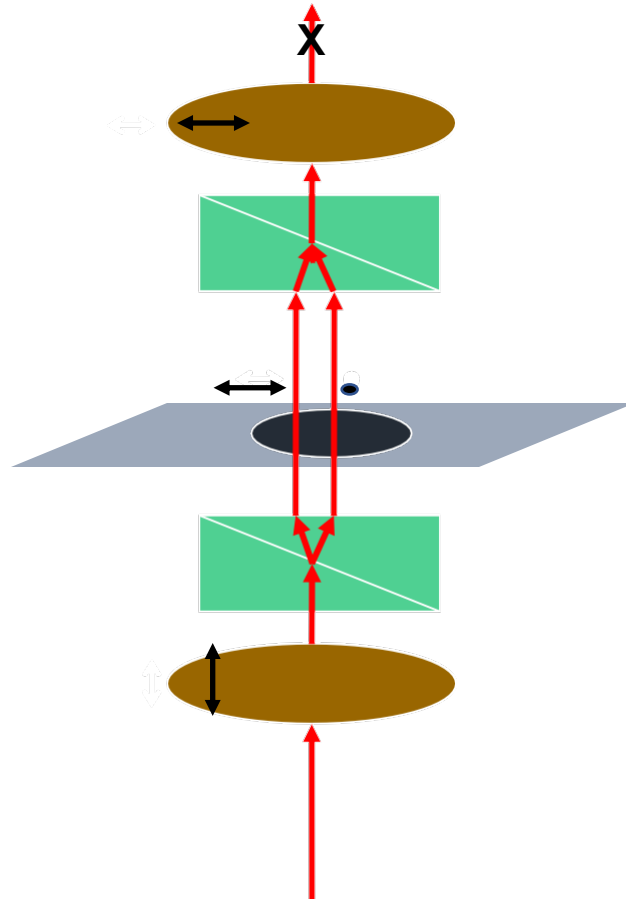
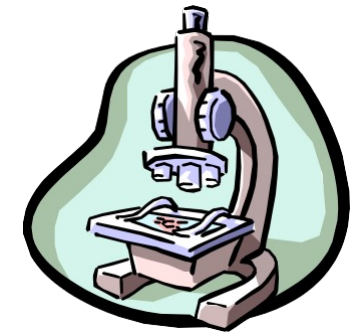
- Both beams see same OPL
- Emerge in phase
- Regenerate initial polarization
- No light makes it through analyzer

HOW DIC GENERATES CONTRAST

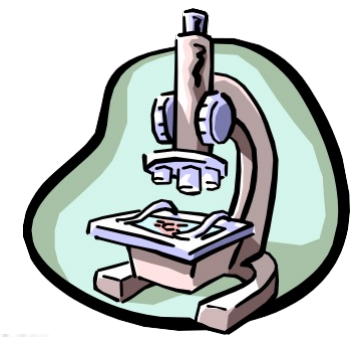


- Beams see different OPL
- Right beam is phase retarded
- Generate elliptical polarization
- Light makes it through analyzer

HOW DIC GENERATES CONTRAST



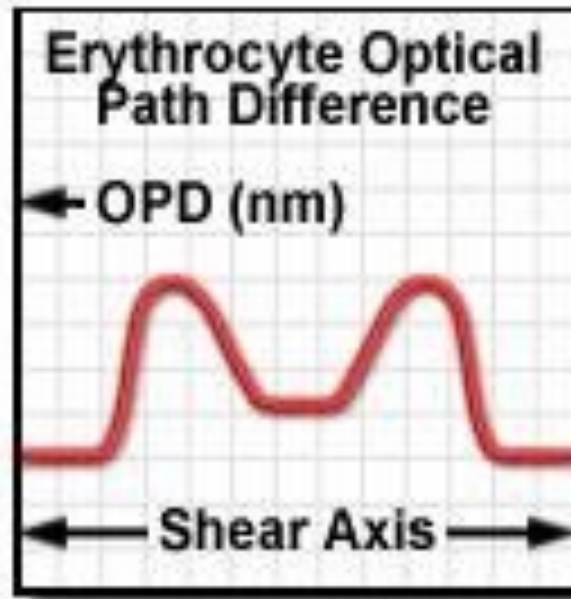
- Both beams see same OPL
- Emerge in phase
- Regenerate initial polarization
- No light makes it through analyzer



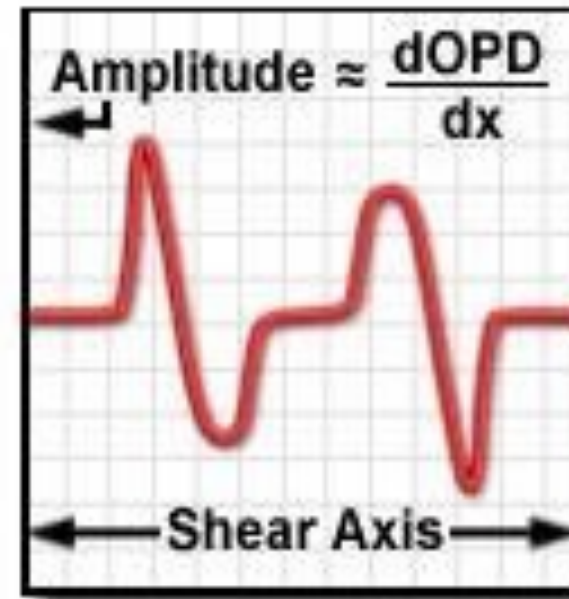
Specimen Optical Path Difference and DIC Amplitude Profile



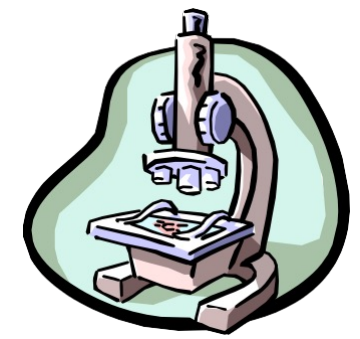
(a)



(b)

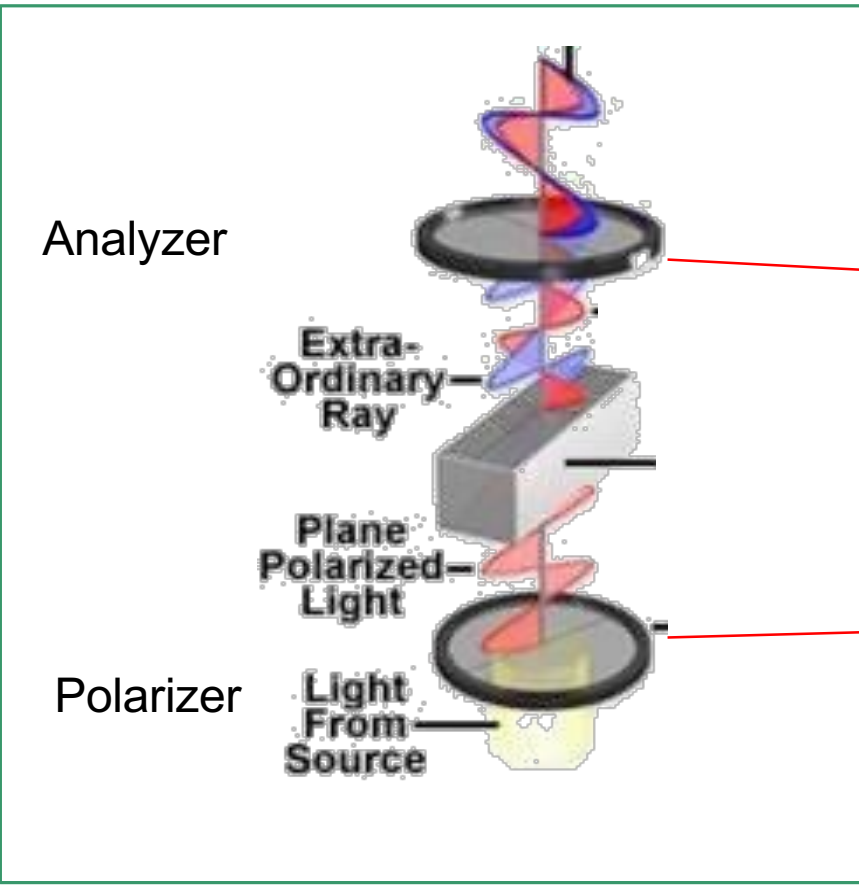
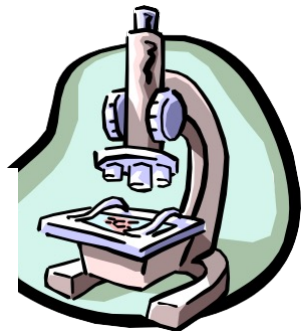


(c)

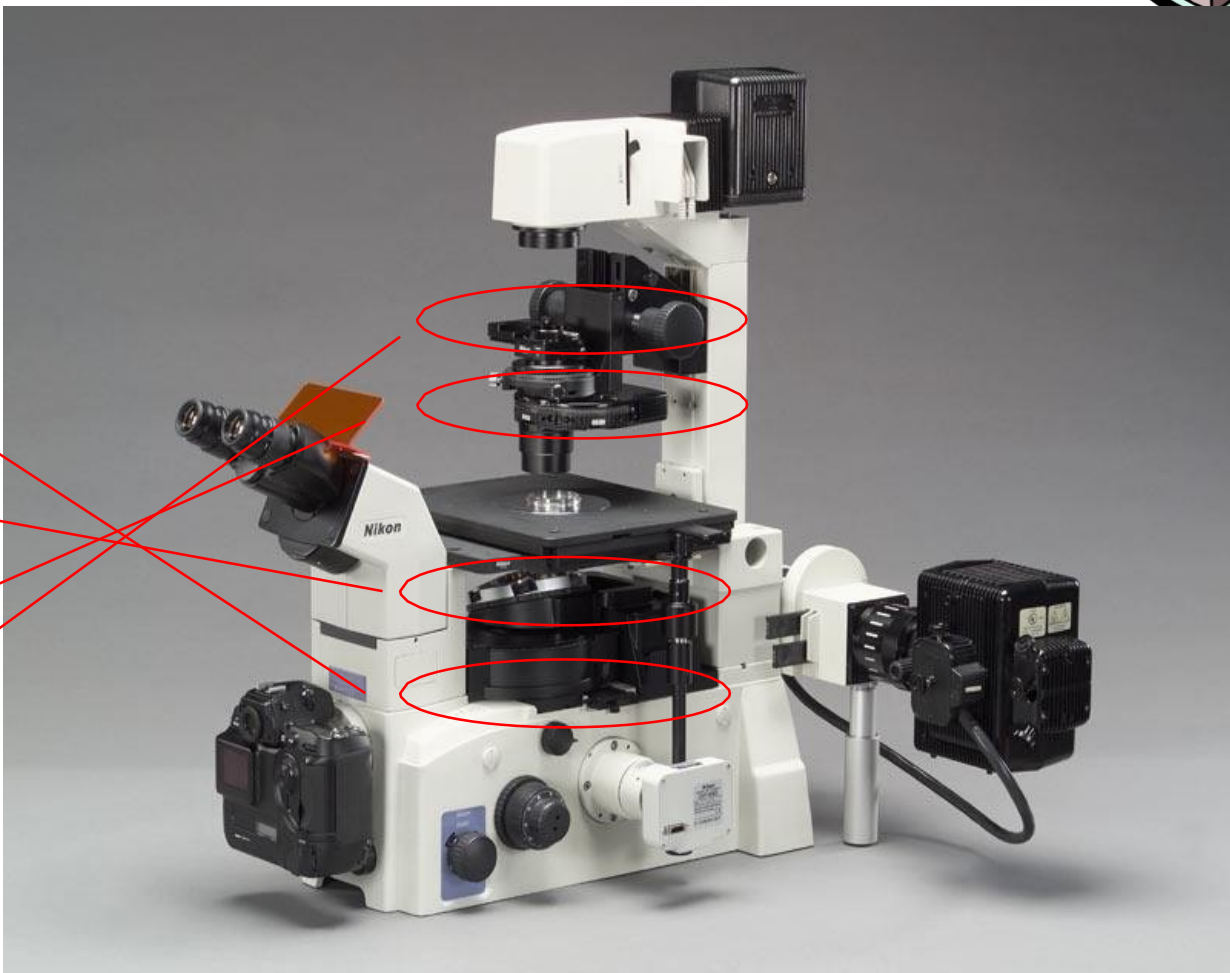
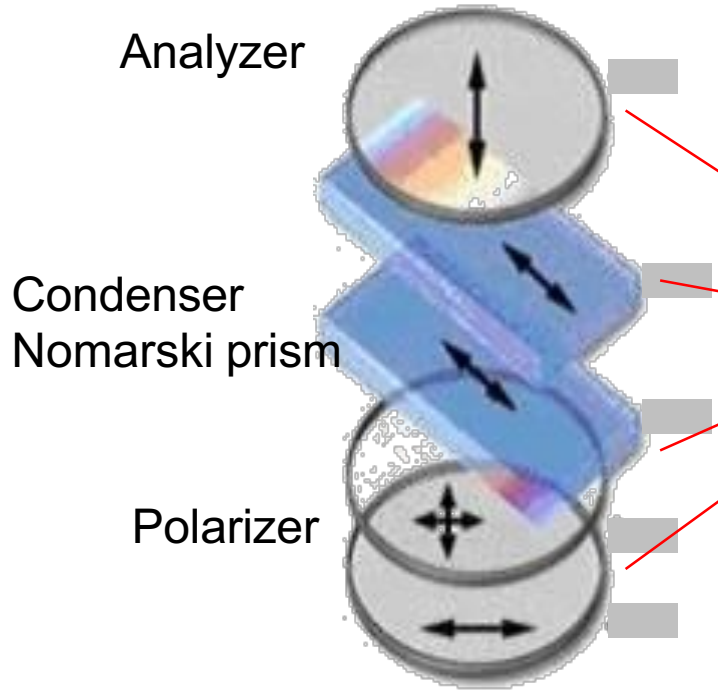
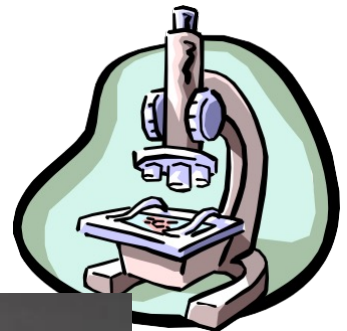


1. Contrast is directional
2. Contrast highlights edges
3. One end brighter, other is dimmer giving a pseudo – 3D image

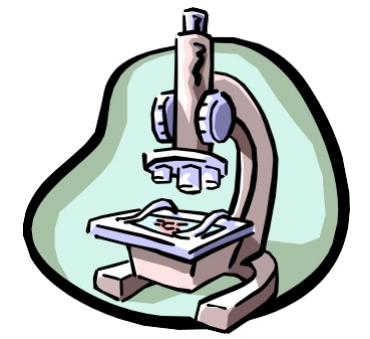
THE DIFFERENTIAL INTERFERENCE CONTRAST (DIC) MICROSCOPE



THE DIFFERENTIAL INTERFERENCE CONTRAST (DIC) MICROSCOPE

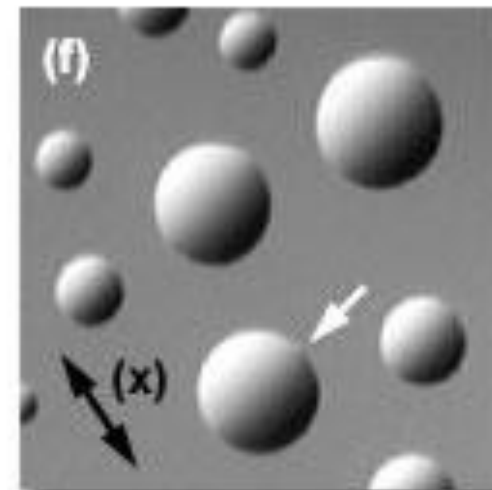
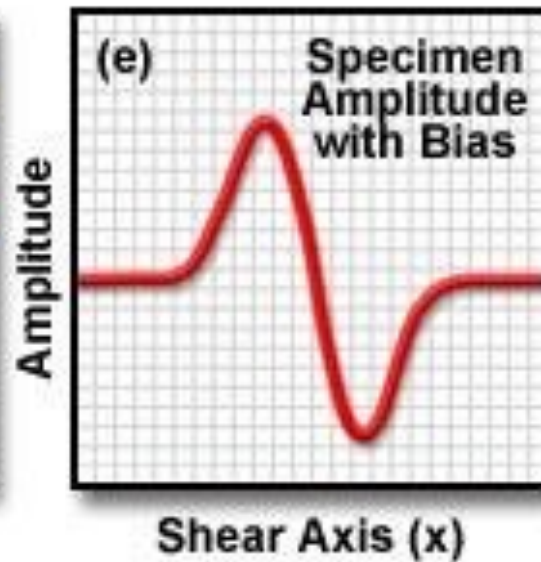
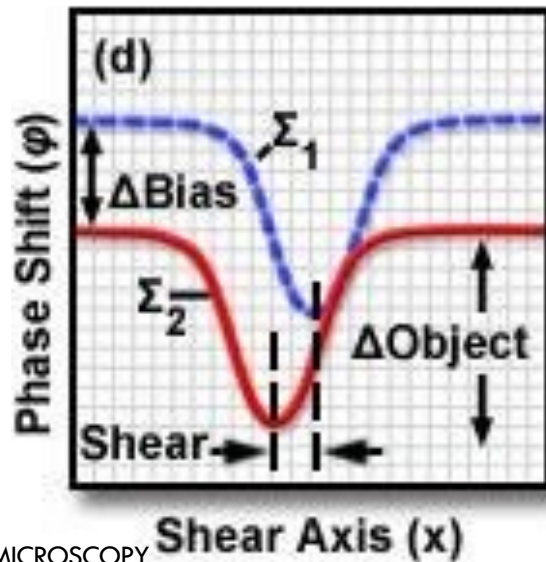
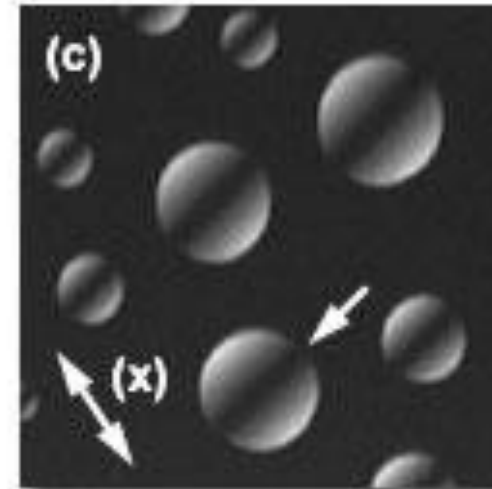
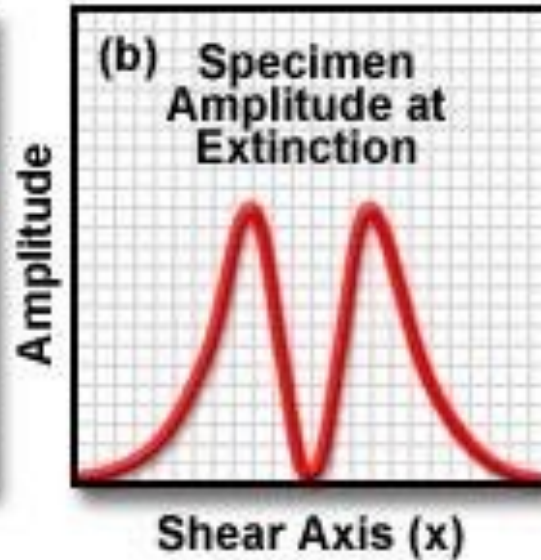
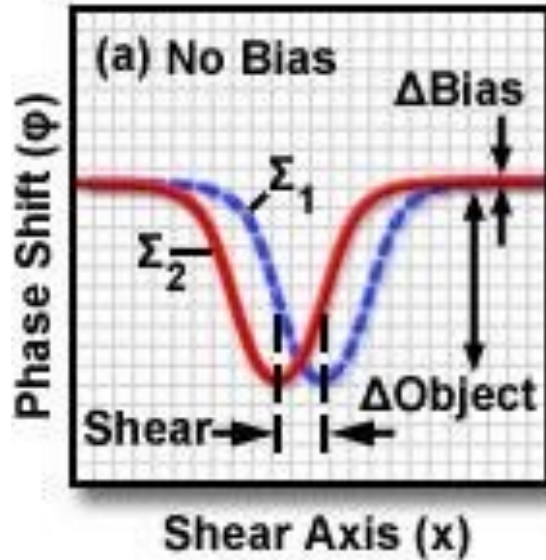
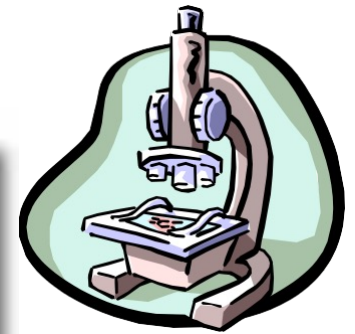


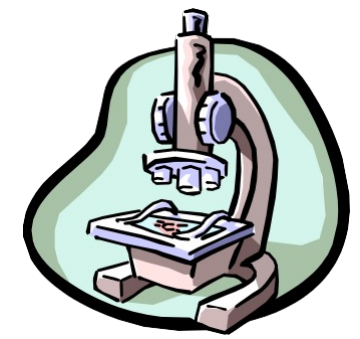
SHEAR IN IMAGE



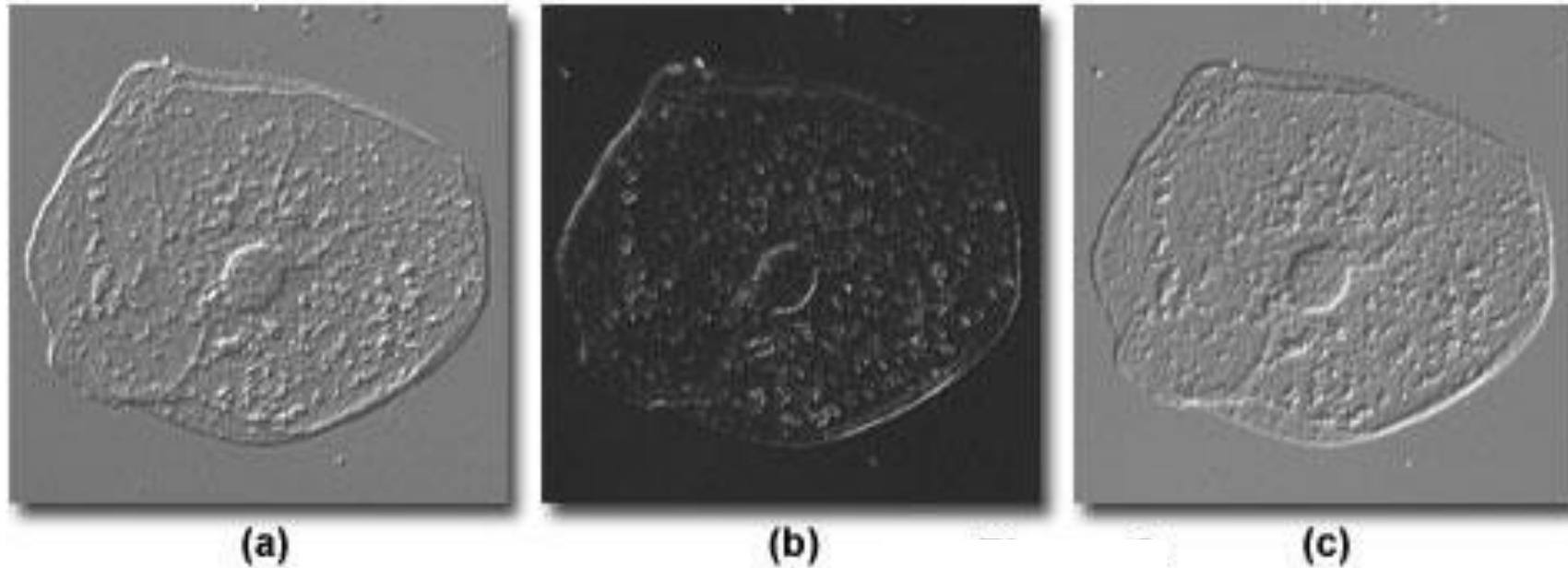
- Degree of shear is set by wollaston combination
- Bias of shear adjustable by shifting upper wollaston position to retard one beam more or less relative to other
- Cannot be used for quantitative measurements of dry mass
- But extremely useful for observing living cells

DIC Image Plane Wavefront Interference

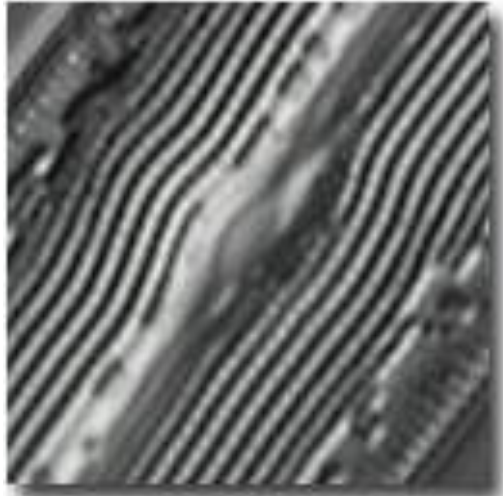
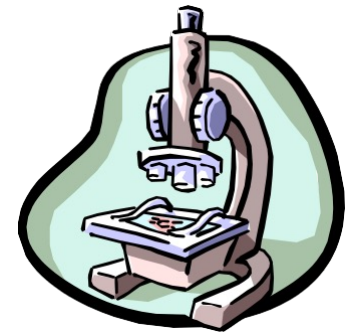




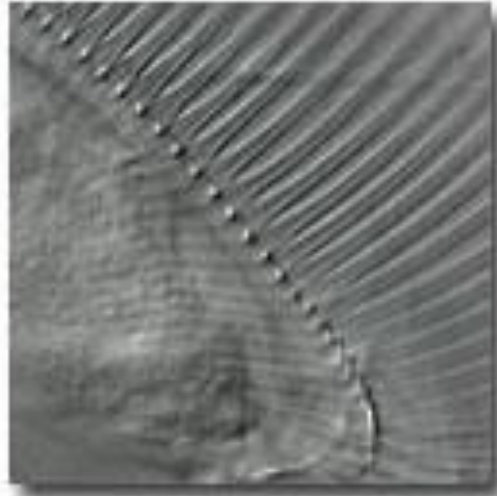
Positive and Negative Bias in Differential Interference Contrast



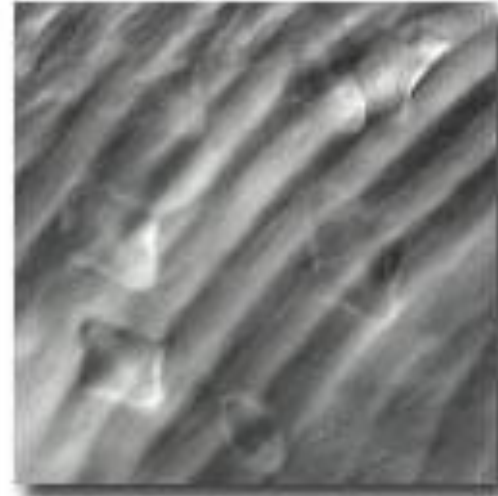
Effect of Specimen Orientation on DIC Images



(a)



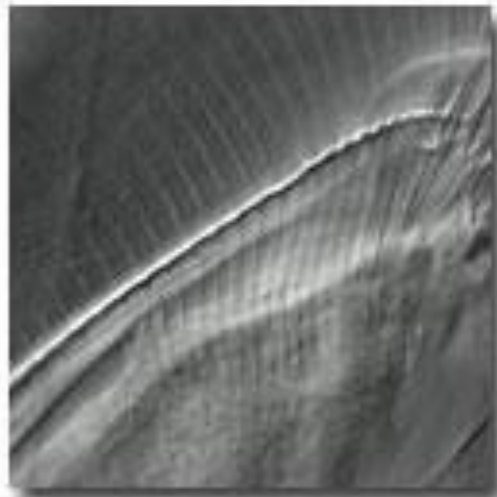
(c)



(e)



(b)



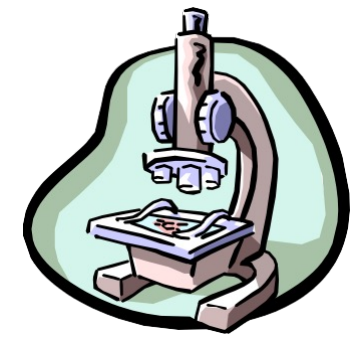
(d)



(f)

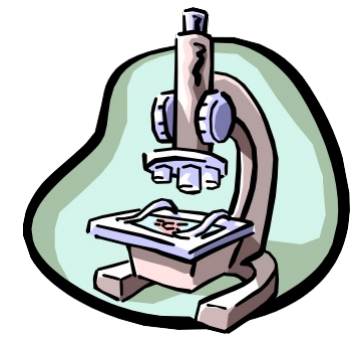
THEORY & APPL. LIGHT MICROSCOPY

COMPARISON OF NOMARSKI AND PHASE CONTRAST OPTICS



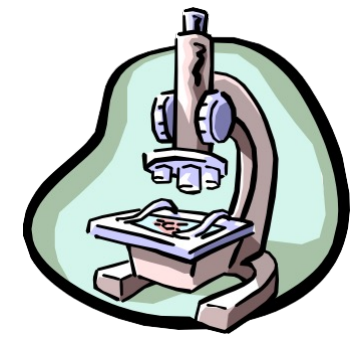
Phase Contrast	Nomarski
Cheaper	More expensive
Easier to set up	Fussy alignment
Uses less than full aperture of objective	Uses full aperture — closest to theoretical limit
Phase Halo — surrounds specimen and other changes	Shadow Effect — contrast greatest at shear direction maximum

COMPARISON OF NOMARSKI AND PHASE CONTRAST OPTICS

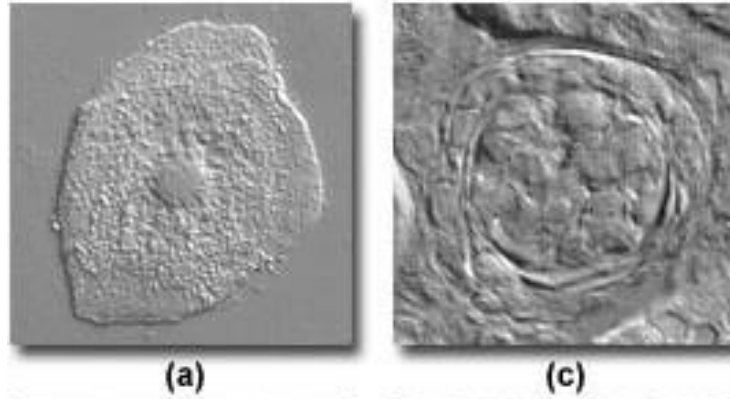


Phase Contrast	Nomarski
Insensitive to birefringence in specimen or slides	Optics disrupted by birefringence
Extremely large depth of field — sensitive to artifacts far out of plane of specimen	Extremely shallow depth of field — useful for optical sectioning of specimen
Doesn't work well with stained specimens	Works well with stained specimens; optics can be adjusted to enhance contrast

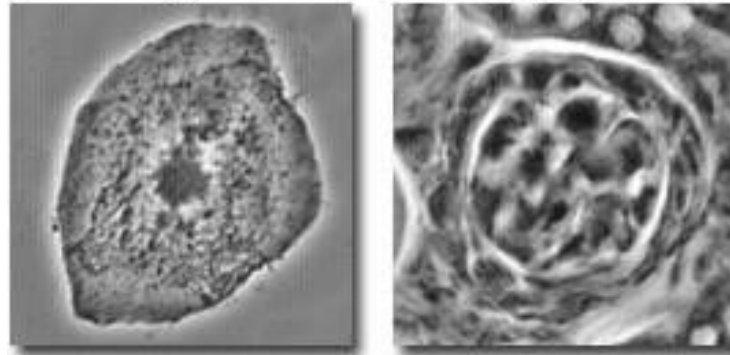
DIC IS HIGHER RESOLUTION THAN PHASE CONTRAST



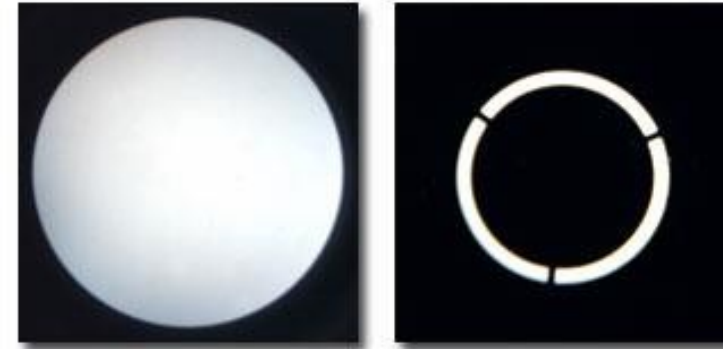
DIC



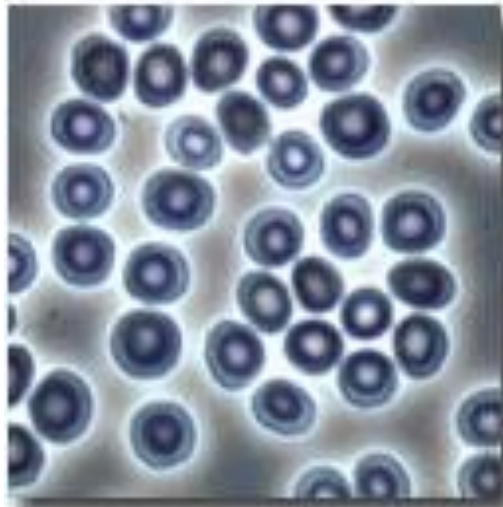
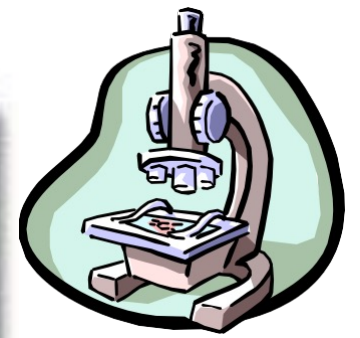
Phase



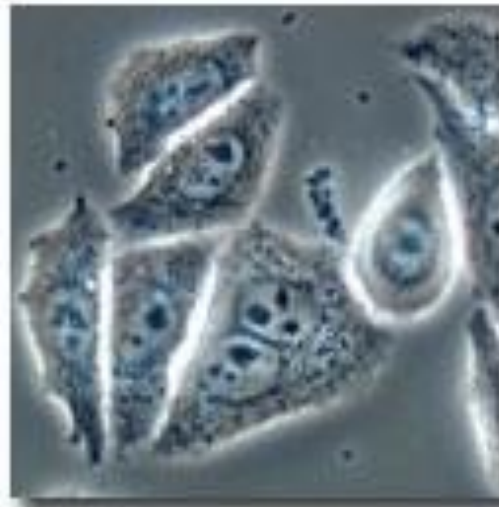
Microscope Apertures in DIC and Phase Contrast



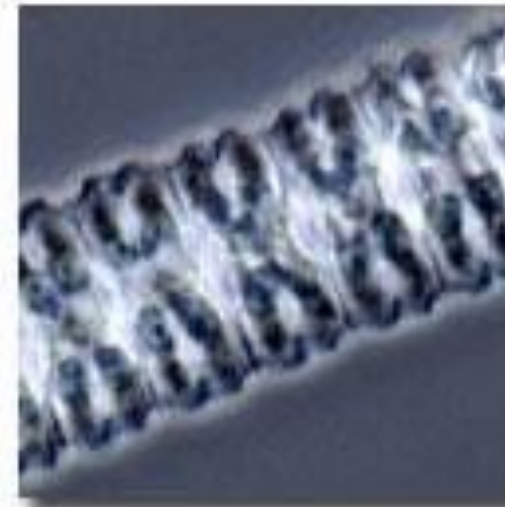
Halos in Phase Contrast and DIC Microscopy



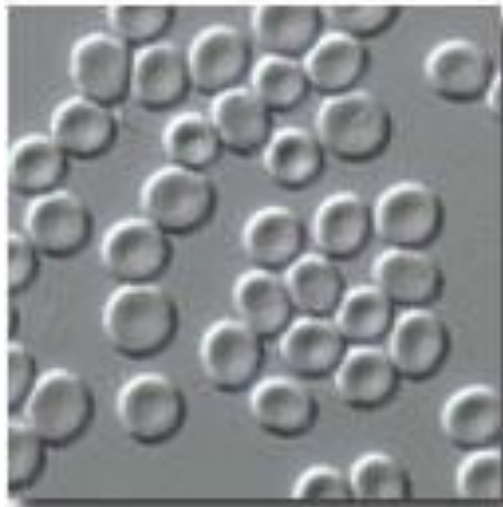
(a)



(c)



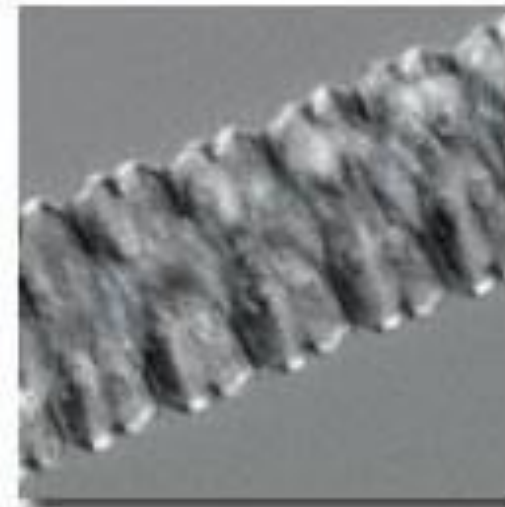
(e)



(b)



(d)

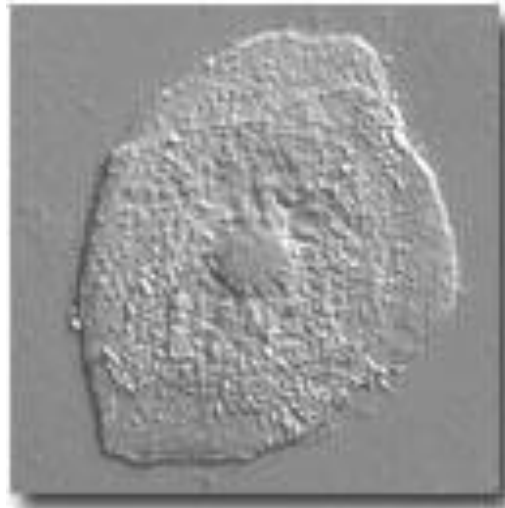
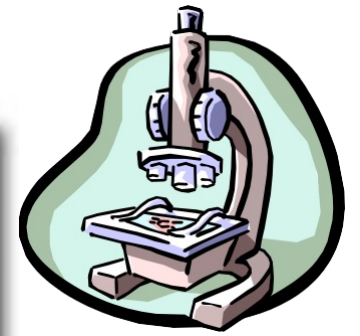


(f)

Figure 4

THEORY & APPL. LI

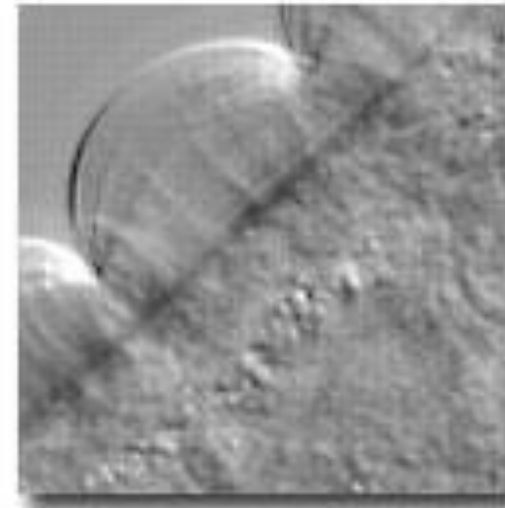
Transparent Specimens in Phase Contrast and DIC



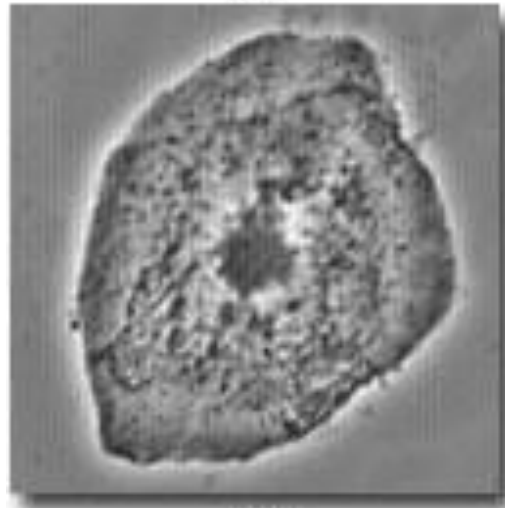
(a)



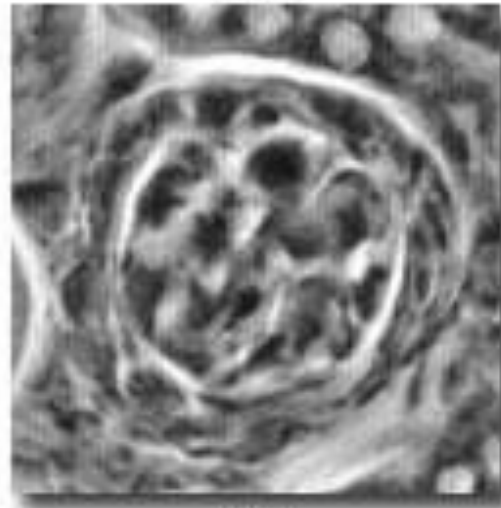
(c)



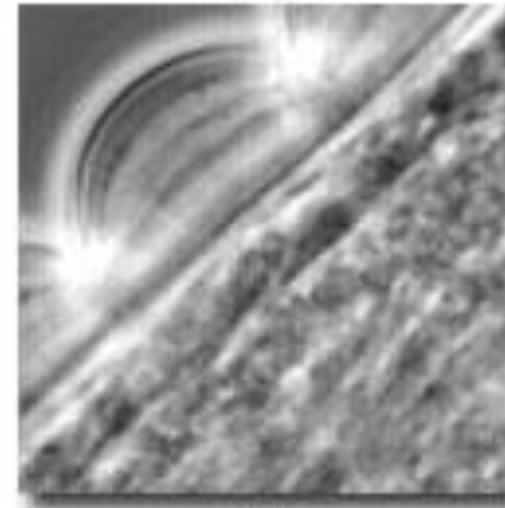
(e)



(b)



(d)

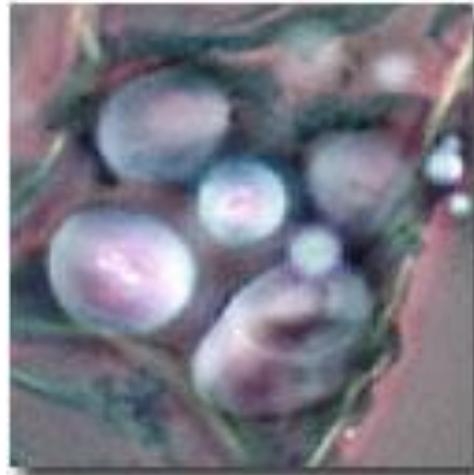
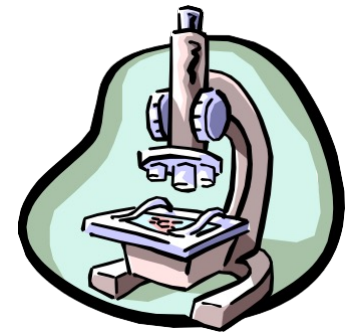


(f)

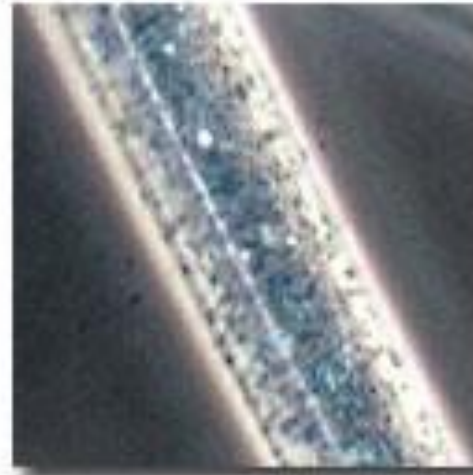
Figure 1

THEORY & APPL. LI

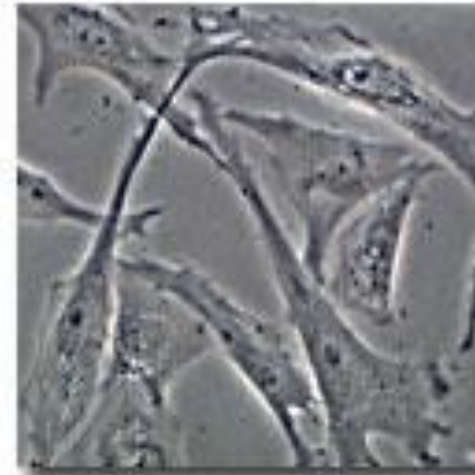
Birefringent Specimens in Phase Contrast and DIC



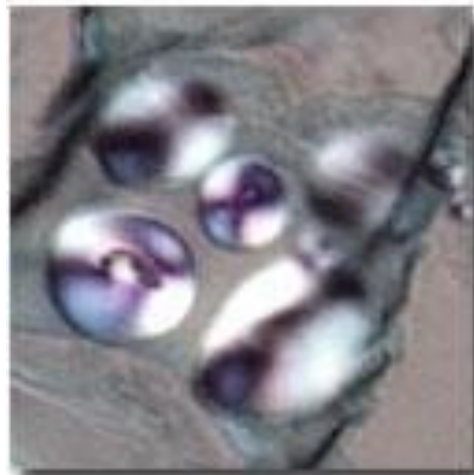
(a)



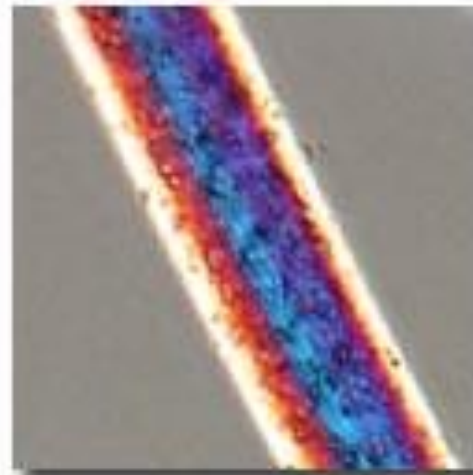
(c)



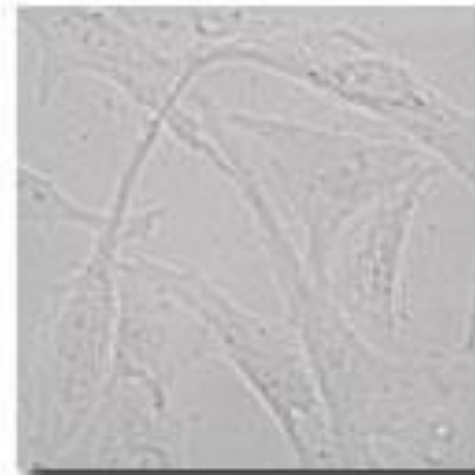
(e)



(b)



(d)

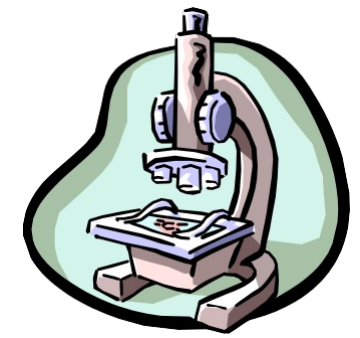


(f)

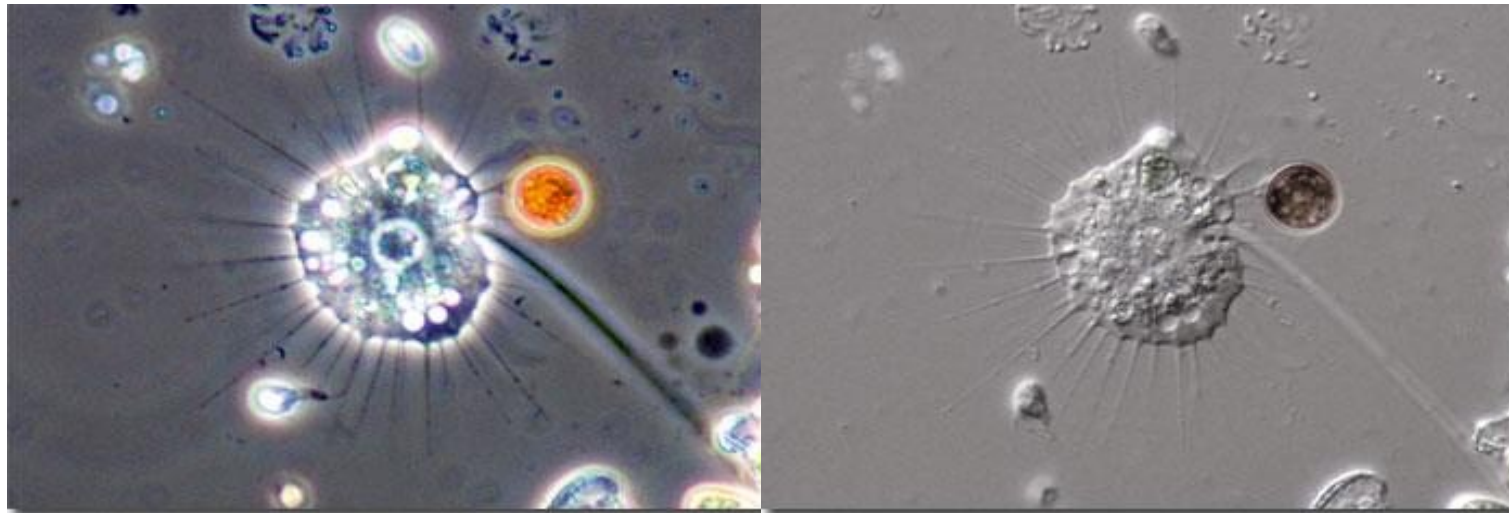
Figure 6

THEORY & APPL. LIGHT

HeLa Cell Culture

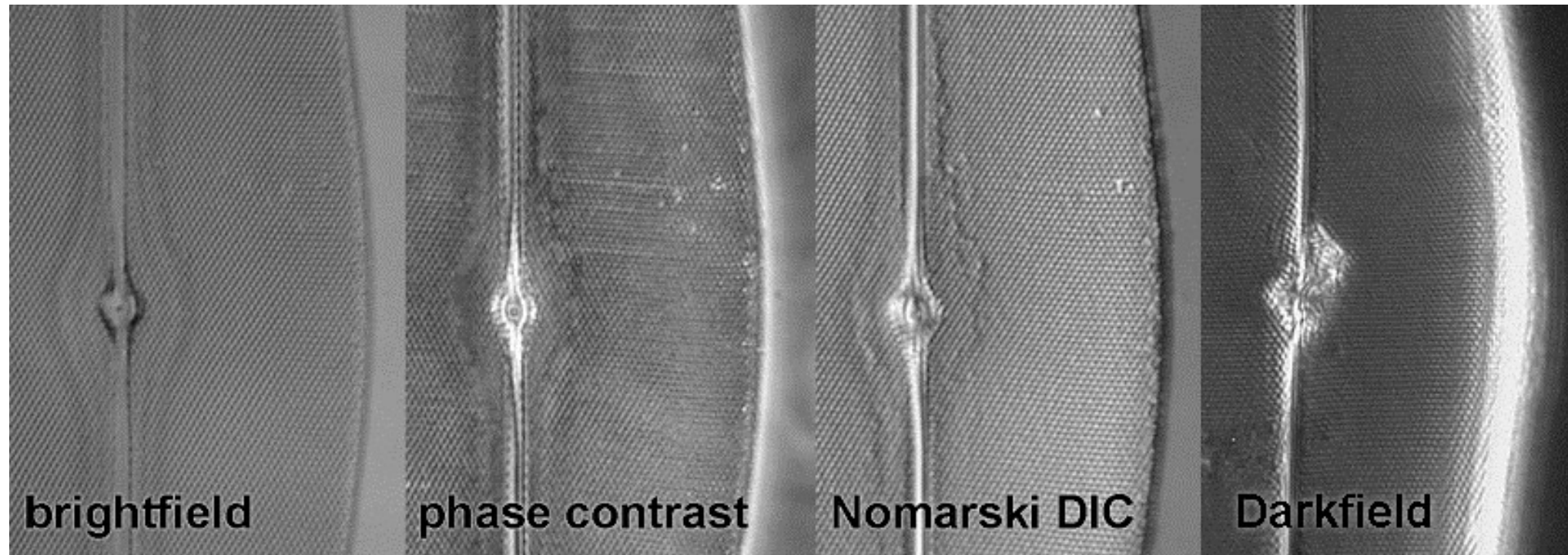
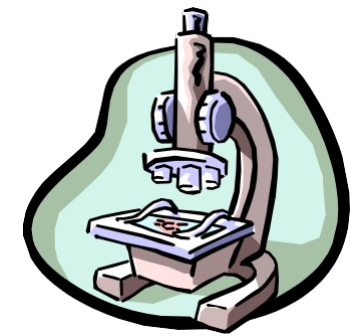


Heliozoans
(*Actinophrys sol*)



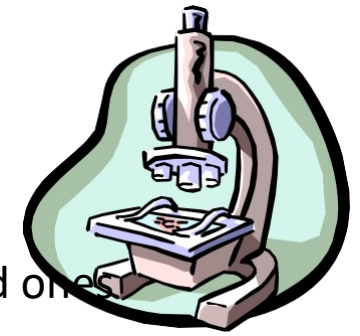
THEORY & APPL. LIGHT MICROSCOPY

https://en.wikipedia.org/wiki/Polarized_light_microscopy#/media/File:Paper_Micrograph_Bright.png



THEORY & APPL. LIGHT MICROSCOPY

CONTRASTING TECHNIQUES - A SUMMARY



- **Brightfield - absorption**

Light transmitted through sample. Only useful for colored samples. Very little contrast in unstained ones

- **Darkfield - scattering**

Light directed from the side - only scattered light enters the microscope lenses -> sample appears as an illuminated object

- **Phase Contrast - phase interference**

Incident light is out of phase with transmitted light. phases of the light are synchronized by an interference lens -> new image with greater contrast

- **Polarization Contrast – polarization**

Polarized light for illumination. vibration direction of the polarized light is altered by a sample - light can pass through analyzer. The sample appears light against a black background.

- **Differential Interference Contrast (DIC) – polarization + phase interference**

Also known as Nomarski microscopy. Synchronizing of the different phases of incident and transmitted light is done by a set of special condenser lens mounted below the stage of a microscope

- **Fluorescence Contrast**