

Tabella sulla regolamentazione dell'orario di lavoro

PAESE	Orario settimanale di lavoro		Straordinario		ore/settimana
	legale	negoziato	Orario	Premio	Limite max.
<b>Austria</b>	40	38.8	20 hours per week.	150%	60 hours
<b>Belgium</b>	38	37.8	No dedicated statutory limit, the maximum weekly hours limit apply, so de facto weekly limit: 50-38 = 12 hours	150%	50 hours
<b>Canada</b>	40	na	No dedicated statutory limit, the maximum weekly hours limit apply, so de facto weekly limit: 48-40 = 8 hours	150%	48 hours
<b>Czech Republic</b>	40	38	8 hours per week, 150 hours per year.	125%	48 hours
<b>Denmark</b>	No legal limit	37	No dedicated statutory limit, the maximum weekly hours limit apply	Typically 150% for the first hour and 200% subsequently.	48 hours
<b>Estonia</b>	40	na	No dedicated statutory limit, the maximum weekly hours limit apply, so de facto weekly limit: 48-40 = 8 hours	150%	48 hours
<b>Finland</b>	40	38	No dedicated statutory limit, the maximum weekly hours limit apply, so de facto weekly limit: 48-40 = 8 hours	First two hours: 150%; additional hours: 200%	60 hours
<b>France</b>	35	35.6	No dedicated statutory limit, the maximum weekly hours limit apply, so de facto weekly limit: 48-35 = 13 hours	110%	48 hours
<b>Germany</b>	No legal limit	38.2	No dedicated statutory limit, the maximum weekly hours limit apply	Typically 125%	48 hours
<b>Greece</b>	40	40	Overtime limits (set by law) depends on the sector of employment (industry, retail outlets, offices). But by default, the maximum weekly hours limit apply, so de facto weekly limit: 48-40 = 8 hours	120% for "extra hours", 140% for overtime hours, 160% after 120 hours annually, 180% for undeclared (unlawful) overtime.	48 hours
<b>Hungary</b>	40	na	250 hours per calendar year + up to 150 hours per calendar year via written agreement between the employee and the employer or up to 300 hours per year and 100 hours of voluntary overtime (agreed individually) via CA..	150%	48 hours
<b>Italy</b>	40	38	250 hours per year	110%	48 hours
<b>Japan</b>	40	38	45 hours per month, and 360 hours per year.	125%, 150% after 60 hours	

<b>Latvia</b>	40	na	8 hours per week on average over 4 months.	200%	48 hours
<b>Lithuania</b>	40	na	8 hours per week, 180 hours per year	150%	48 hours
<b>Netherlands</b>	No legal limit	37.4	6 hours per week, 30 hours per quarter	Varying from 125 to 300%	60 hours
<b>Norway</b>	40	37.5	10 hours per week, 25 hours per 4 weeks, 200 hours per year.	Typically: 150%	48 hours
<b>Poland</b>	40	na	150 hours per year.	150-200%	48 hours
<b>Portugal</b>	40	39.4	2 hours per day, 175 hours per year (150 for medium or large companies), up to 200 hours per year by CA.	125% for the first hour or part of an hour and 137.5% thereafter	48 hours
<b>Slovak Republic</b>	40	39	2 hours per day, 8 hours per week, 20 hours a month, 170 hours a year	125%	48 hours
<b>Slovenia</b>	40	na	2 hours per day, 8 hours per week, 20 hours a month, 170 hours a year	130% in the CA for Public Sector workers	48 hours
<b>Spain</b>	40	38.2	4 hours per day, 80 hours per year, excluding overtime which has been compensated by rest within four months.	No statutory minimum	No dedicated limit but overtime limit applies
<b>Sweden</b>	40	37.1-40	4 hours per day, 80 hours per year, excluding overtime which has been compensated by rest within four months.	No statutory minimum	48 hours
<b>Switzerland</b>	No legal limit	42	2 hours per day, 170 hours per year (where the weekly maximum is 45 hours) or 140 hours per year (where the weekly maximum is 50 hours).	100%	50 hours
<b>United Kingdom</b>	No legal limit	No statutory limit.	No statutory limit.		No statutory limit.
<b>United States</b>	40	No statutory limit.	No statutory limit.		No statutory limit.

Fonte: [OECD](#) (2022) Policy Questionnaire on Working Time Regulation, 2020.