

# JOURNAL CLUB

ZOOLOGICAL SCIENCE 42: 83–95 (2025)

© 2025 Zoological Society of Japan

[REVIEW]

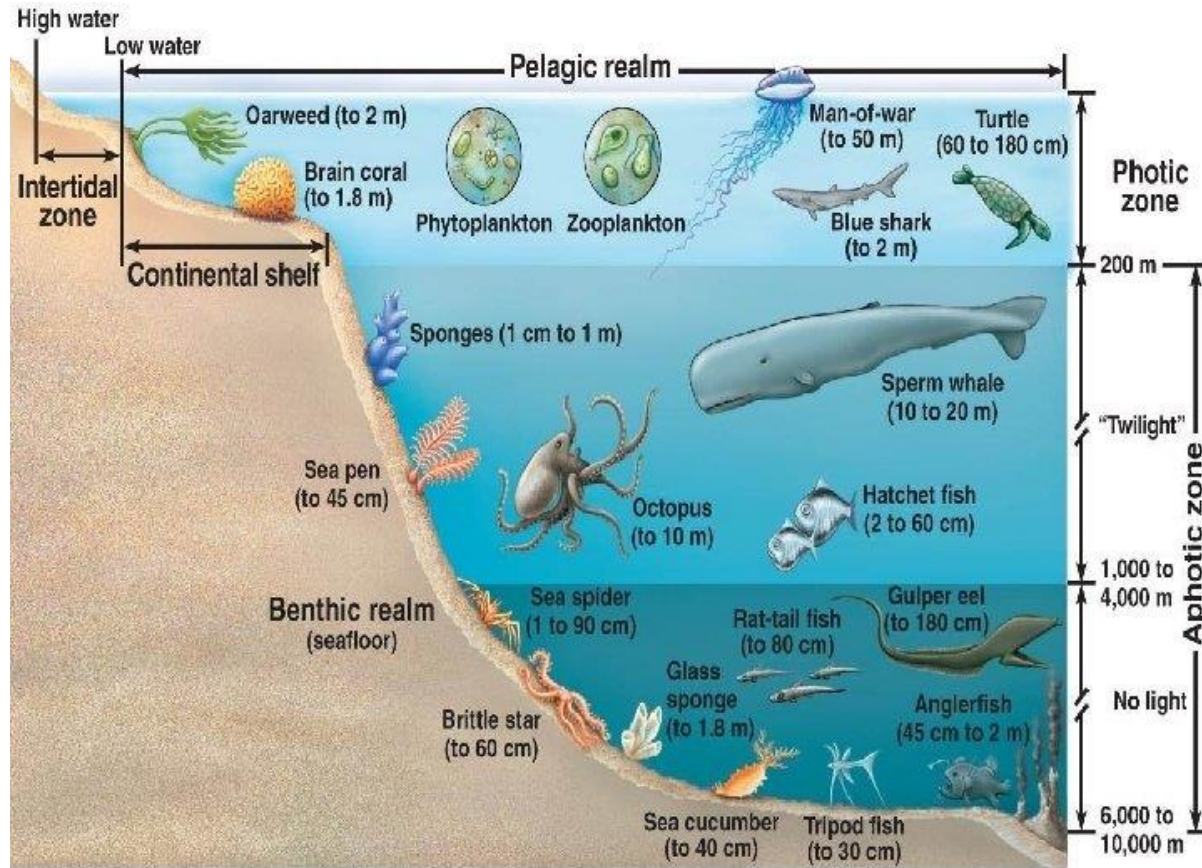
## **Dive Deep: Bioenergetic Adaptation of Deep-Sea Animals**

**Mitsuharu Yagi<sup>1\*</sup>, Sayano Anzai<sup>2</sup>, and Shogo Tanaka<sup>2</sup>**

*<sup>1</sup>Graduate School of Integrated Science and Technology, Nagasaki University,  
Nagasaki 852-8521, Japan*

*<sup>2</sup>Graduate School of Fisheries and Environmental Sciences,  
Nagasaki University, Nagasaki 852-8521, Japan*

# Introduction

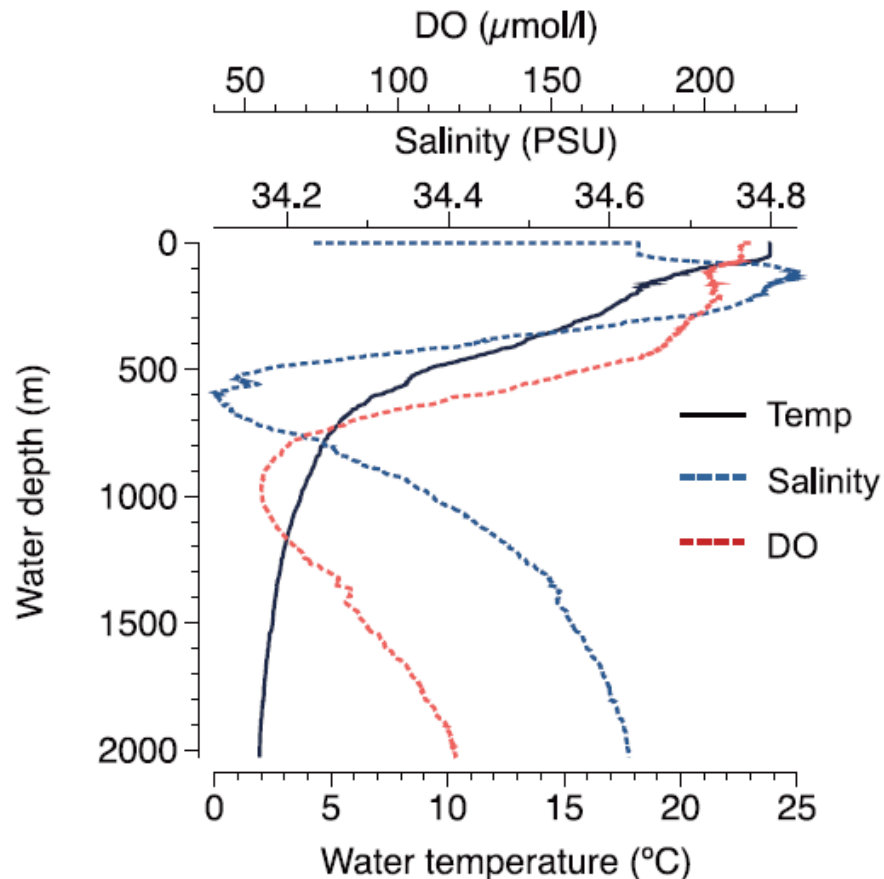


- Approximately 99.5% of the Earth's habitable volume is located in the oceans
- The greatest marine biodiversity is found below 1000m in depth



*Narcetes shonanmaruae*

# Introduction: The Physical Environment of the Deep Sea



Vertical profiles of water temperature (Temp), salinity, and dissolved oxygen (DO) in the Pacific Ocean ( $22^{\circ}59.4'N$ ,  $137^{\circ}00.6'E$ ) during winter 2021.  
Data from the Japan Meteorological Agency (JMA).

Environmental conditions in the deep sea differ greatly from those found at the ocean surface:

- **TEMPERATURE:** below the thermocline (500m) are relatively stable, typically averaging less than  $4^{\circ}\text{C}$
- **SALINITY:** It ranges between 34.6 and 34.9 PSU
- **DISSOLVED OXYGEN:**
  - Around 500m, a hypoxic layer is present ( $50 \mu\text{mol/L}$ ) → OMZ
  - $> 1000 \text{ m}$  in depth, dissolved oxygen levels increase to  $130\text{--}220 \mu\text{mol/L}$
- **LIGHT INTENSITY:** It is located below the epipelagic zone

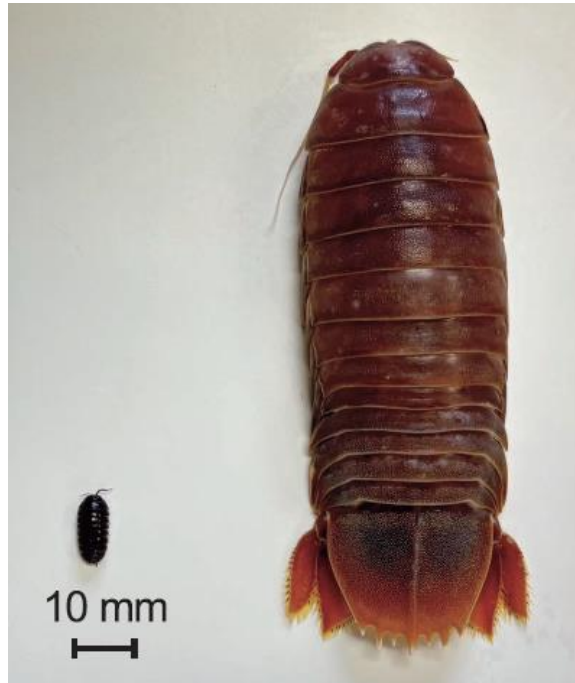


**Many species have adapted to live in these extreme conditions**

# Introduction: Particular Phenomena in the Deep Sea

---

## GIGANTISM



*Comparison of body size between the deep-sea isopod *Bathynomus doederleinii* (right) and the wood louse *Armadillidium vulgare* (left).*

*Both are isopods, but differ in body weight by a factor of 340 (deep-sea isopod, 34.4 g; wood louse, 0.1 g). The deep-sea isopod is found at depths of around 400 m in temperate zones, whereas the wood louse is terrestrial.*



*The Japanese giant crab, *Macrocheira kaempferi*, is the world's largest arthropod.*

## LONGEVITY



*The Greenland shark, *Somniosus microcephalus* (81–502 cm in length), which is widespread in the deep waters of the North Atlantic, lives from 272 to 392 years.*

# Experimental Question

---

- ❖ How does deep-sea organisms manage energy?
- ❖ How does energy metabolism of deep-sea organisms differ from that of shallow-sea organisms?



# Energy input

---

Abyssal organisms have a lower probability of encountering prey

**EFFICIENT USE OF  
ENERGY RESOURCES**

Ambush strategies



*Deep-sea anglerfish*

Feeding on dead animals



*Eurypharynx pelecanooides (pesce pellicano)*

# Digestion, assimilation, and specific dynamic action

---

Organisms that live in the deep sea have developed unique metabolic strategies to cope with extreme conditions, such as low temperatures and high pressure.

## DIGESTION

- Deep-sea organisms have evolved cold-adapted enzymes.
- Some enzymes are even activated by pressure
- Certain deep-sea species can digest plant materials like wood and seeds, thanks to specific enzymes
- Wax esters, which are difficult to digest for many terrestrial animals, are instead a crucial energy source for deep-sea marine organisms

### Enzymatic Adaptations



*Coryphaenoides sp.*,  
a benthic deep-sea  
fish



*Hirondella gigas*

# Digestion, assimilation, and specific dynamic action

---

## ASSIMILATION

- Deep-sea organisms show higher assimilation efficiency compared to related surface-dwelling species
- Animals that feed intermittently, such as ambush predators, also tend to be more energy-efficient than active swimmers



*Poromitra crassiceps* has a very long intestinal tract, which helps extract energy even from gelatinous and nutrient-poor prey.

## SPECIFIC DYNAMIC ACTION (SDA)

→ = the metabolic increase that follows food intake

- In deep-sea SDA can last up to 16 days after a large meal
- Cost: during the digestive phase, animals tend to remain motionless and less active




Leading to energy management strategies known as **POWER BUDGETING**



# Energy expenditure

---

- Aerobic animals produce energy through the oxidation of food in the Krebs cycle, consuming oxygen and producing carbon dioxide.
- Metabolic rate is measured through:
  - Heat production
  - Oxygen consumption
- Fats have the highest energy content per gram
- Different levels of metabolism are distinguished based on the activity of the animal:
  - BASAL: at rest and fasting
  - ACTIVE: during intense and brief movements
  - RESTING-NORMAL: minimal movement, but not fasting



1L O<sub>2</sub> consumed = 4,8 kcal produced

# Energy expenditure

---

- The **low metabolism** of deep-sea organisms depends on several factors:
  1. BODY MASS
    - The larger an animal is, the more slowly it consumes energy per gram of body mass
  2. LOW TEMPERATURE
    - Low temperatures reduce enzyme activity and slow biochemical reactions
    - This leads to a natural decrease in oxygen consumption and energy demand
    - However, temperature alone cannot fully explain the extremely low metabolic rates observed
  3. HIGH PRESSURE
    - At great depths, adaptations lead to lower metabolism
  4. LIMITED FOOD SUPPLY
    - Organisms evolve to minimize energy usage and survive long periods without food
    - Yet, studies show that food scarcity mainly affects biomass, not necessarily individual metabolic rates

# Energy expenditure

---

## 5. REDUCED MUSCLE MASS

- With less need for rapid movement, many deep-sea animals have less skeletal muscle
- This results in lower protein and nitrogen content, decreased swimming ability, reduced metabolic enzyme concentrations

## 6. LOW ACTIVITY AND PREDATION PRESSURE

- Fewer predators
- Many species moving slowly to conserve energy
- Two main evolutionary hypotheses explain this

Visual Interaction  
Hypothesis

Predation-Mediated  
Selection Hypothesis

## 7. EVOLUTIONARY ADAPTATIONS

- Specialized body compositions (e.g., higher water content)
- Enzyme systems optimized for low activity
- Efficient use of occasional food input

# Conclusions

---

- The article by Yagi et al. provides a comprehensive overview of the remarkable adaptive capabilities of deep-sea animals
- Future research:
  - Focus on an ontogenetic analysis from a life history perspective
  - It will be important to develop methods to analyze the impact of global climate change on metabolism at a planetary scale

**THANK YOU FOR YOUR  
ATTENTION!**