

# Vocabulary: The Buy Nothing Movement

Match the words with their definitions and write a sentence for each.

- overconsumption – using or buying more than necessary
- disposable – designed to be thrown away
- consumerism – the belief that buying goods is beneficial
- bombard – to attack with constant messages or advertisements
- spring up – to appear quickly
- landfill site – a place where waste is buried
- overspending – spending more money than planned
- influencer – a person who affects others' buying choices