

THEATER
TECHNIQUES
APPLIED
TO TEACHING



April 1, 2026

Lecturer: Elisabetta Gustini

EXERCISE 1.

On a city street, in a traffic jam,
a car hits a boy
who is crossing the road
on the zebra crossing;
the boy falls to the ground;
a person sees the accident.

2 WAYS
TO APPROACH A SITUATION

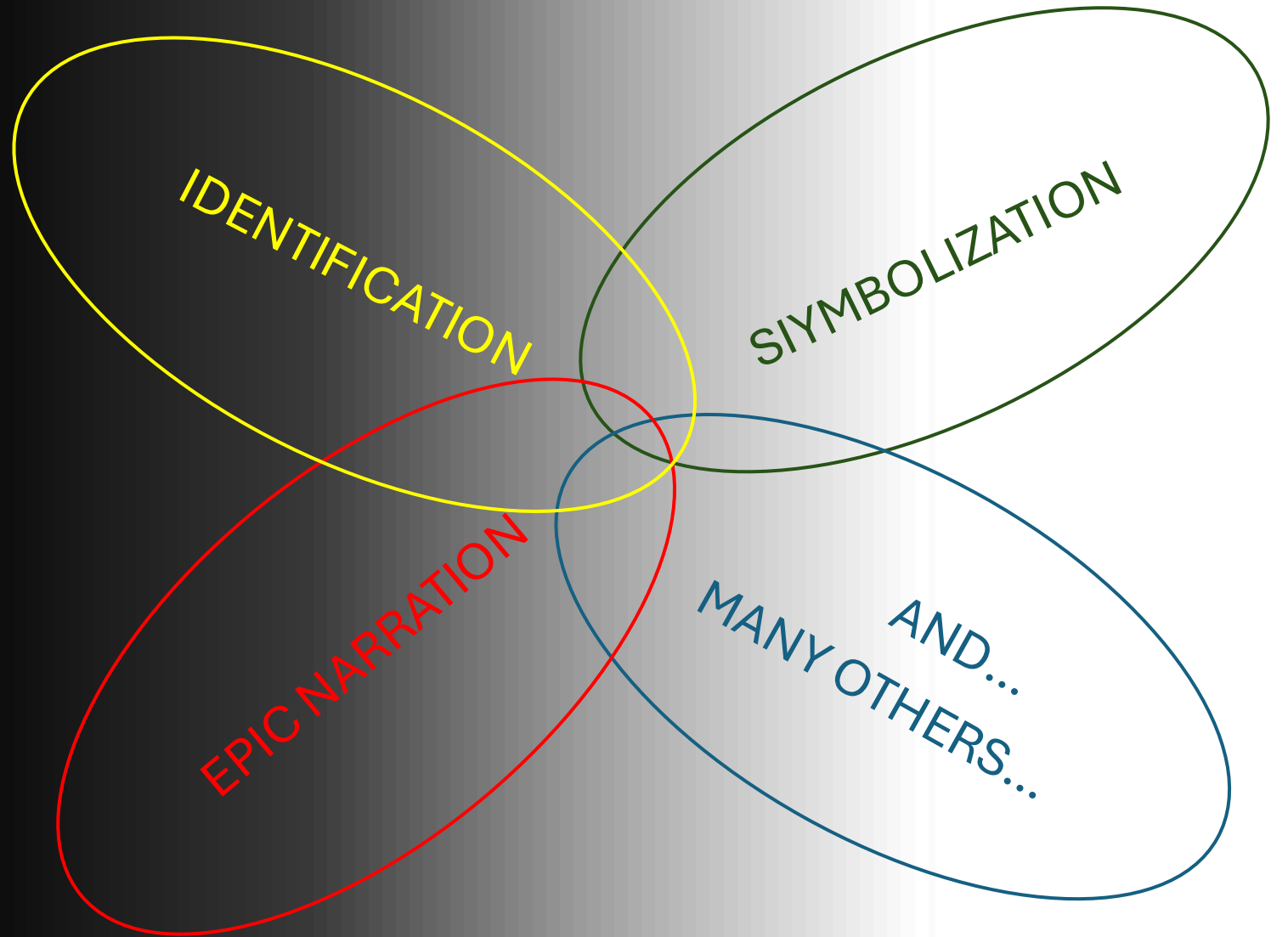
...

AT LEAST...



—
REALITY IS ONE...

BUT
THERE ARE MANY
WAYS TO
REPRESENT IT



EPIC THEATER

Bertold Brecht's Method

ACTING TECHNIQUE

Alienation effects [*Vefremdungseffekt*]
Encourage critical detachment

Breaking the fourth wall
Direct audience address
Visible scene changes

This style aims to provoke thought rather than emotional immersion

TAKE A LOOK
AT YOUR NOTES

In my memory,
am I more of an actor
or a director?

In this situation,
am I more of an actor
or a director?

REGARDLESS OF
WHETHER I AM
AN ACTOR OR A DIRECTOR
I HAVE TO MAKE A CHOICE

1. BE /
ASK THE ACTOR TO BE
2. TELL /
ASK THE ACTOR TO TELL

EVERYTHING IS FAKE
BUT NOTHING IS FALSE

1. Be TRULY

Ask the actor to be TRULY

2. Tell TRULY

Ask the actor to tell TRULY

CAN I USE BOTH METHODS
IN THE SAME CONTEXT
AT THE SAME TIME?
CAN I MAKE A MIXTURE?
CAN I TAKE
A LITTLE BIT OF EVERYONE
AS I NEED?

1. NO
WHY NOT?
NEVER?
2. YES
WHY YES?
ALWAYS?

L'ATTIVITÀ TEATRALE SERVE A

DARE RISPOSTE?

GENERARE DOMANDE?

L'ATTIVITÀ TEATRALE SERVE A

DARE RISPOSTE

PER

GENERARE DOMANDE PIÙ PROFONDE

This is the Letter
Ramanujan wrote
to Godfrey Harold Hardy
mathematics professor
at the Trinity College
of Cambridge

Let me introduce myself to you: I'm
employed with the accounting
department of the Madras Port Trust,
I earn £20 a year.

Now I'm almost 23 years old.

I don't have a university degree
but I attended courses in ordinary
schools.

After leaving school I devoted all my free
time to mathematics.

I'm following a new path planned by
myself and I got results that local
mathematicians define
as surprising ...

...and this is the testimony
of how the professor
Godfrey Harold Hardy
remembers
the Ramanujan's letter...

Erano 11 pagine, più di 100 teoremi di diverse aree della matematica.

Stavo per buttare tutto nel cestino della carta straccia, che strane formule in quella lettera, sono certamente il prodotto di qualcuno fuori del comune.

Un matto. Però, guardando meglio, mi resi conto di essere di fronte a un fenomeno naturale del livello di Euler...

o Gauss, un genio della matematica se sono vere, oppure un genio della truffa se sono inventate!

Let's see and comment
some choices I made
as a director... and as a teacher
in this production in 2017

Srinivasa Aiyangar Ramanujan

ஸ்ரீனிவாஸ ஐயங்கார் ராமானுஜன்

Grazie

Thank you

धन्यवाद

Dhanyavaad

EXERCISE 2.

On a city street, in a traffic jam,
a car hits a boy
who is crossing the road
on the zebra crossing;
the boy falls to the ground;
a person sees the accident.

IDENTIFICATION

Stanislawskij's Method
Strasberg's Method
Actor Studio's Method

ACTING TECHNIQUE

ACTIVE Imagination
Given circumstances
Act if...

CONCENTRATION

EMOTIONAL MEMORY
EMOTIONAL REVIVAL

EXERCISE 3.

Let's try to transform
an information
(a document, a data)
into a communication
that must move
emotions and thoughts
of an audience
