

In order to study which phase of the **cell (tumour) process** is influenced by the molecule under examination, experimental models are used.

They are distinguished as:

### 1. **monoviable models**

they are performed **only in vitro** since a single phase of the process is evaluated

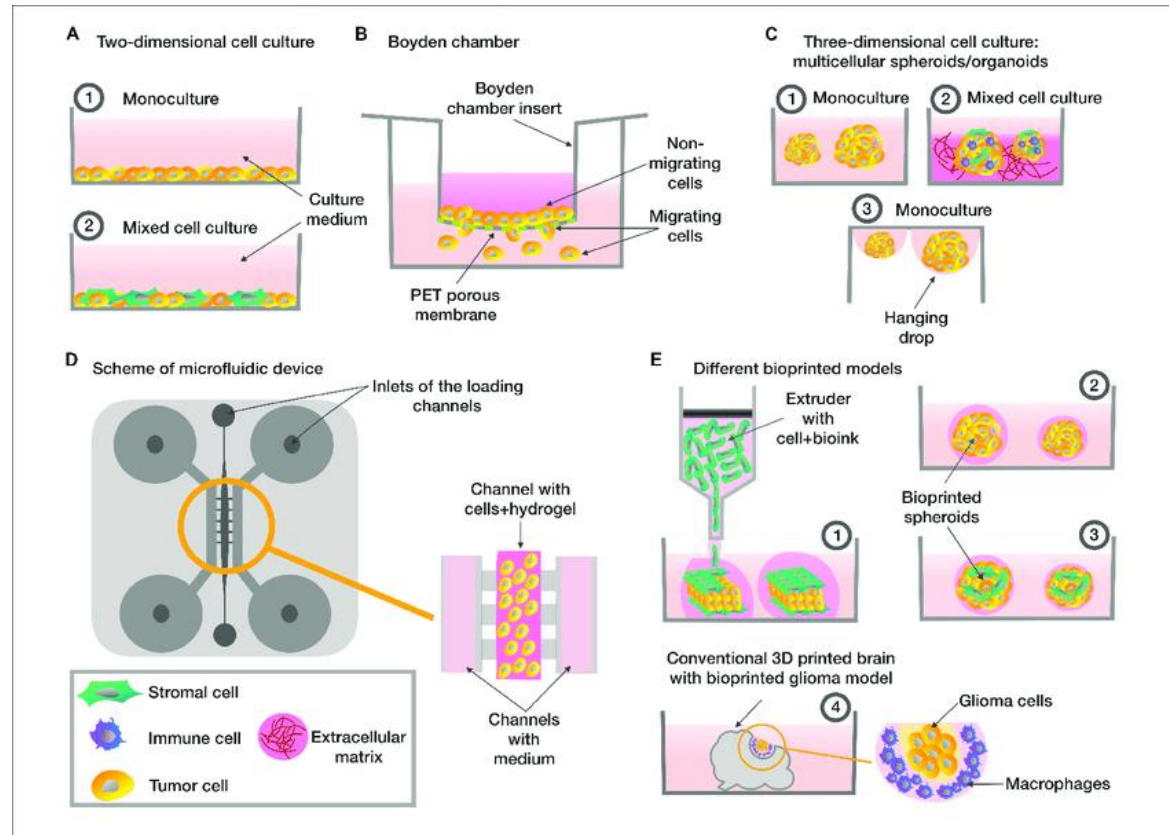
### 2. **Multivariable models**

they include multiple process steps, they can be **in vitro and in vivo** (using mice or rats.)

# *in vitro* models

- They allow to evaluate:

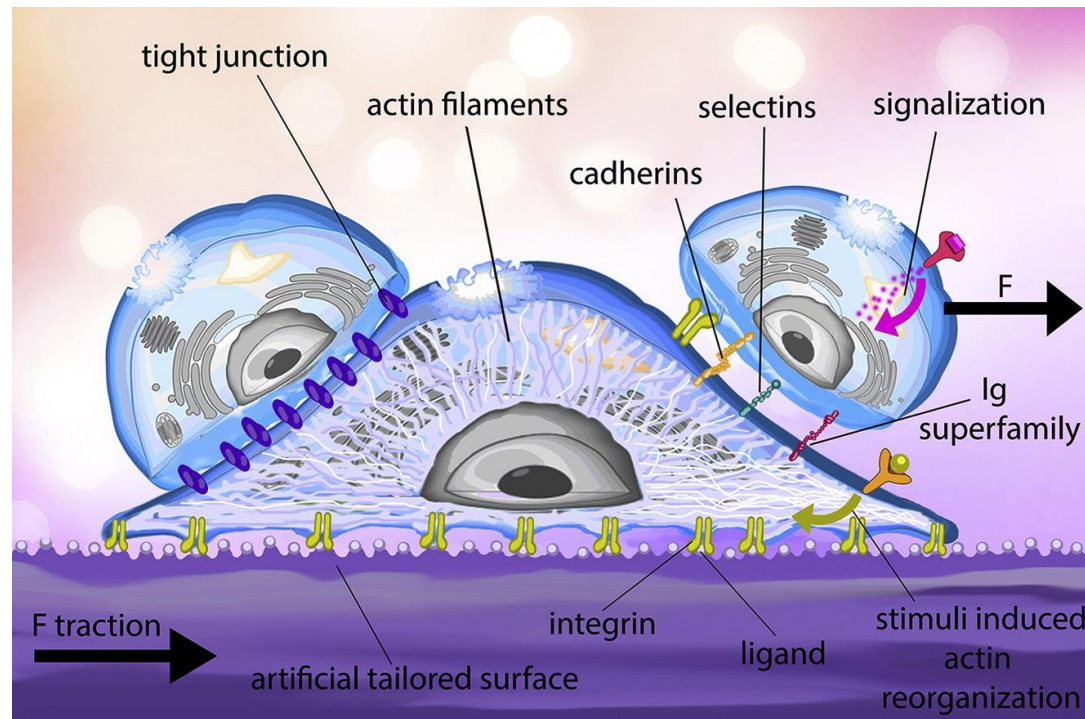
- Adhesion
- Spreading
- migration
- Invasion
- Proliferation



# Cell adhesion

is a **complex process** involved in migration/invasion, embryogenesis, wound healing and tissue remodeling.

Cells **adhere to the extracellular matrix**, forming complexes with cytoskeleton components that can affect cell motility, differentiation, proliferation, and survival.



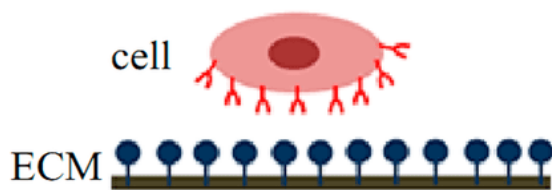
# Cell adhesion

- Cells are seeded onto the substrate.

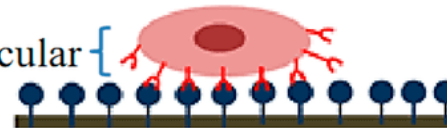
- **Adherent cells** attach, while non-adherent cells are washed away.

**Before adhesion**

**After adhesion**



Forming molecular bonds



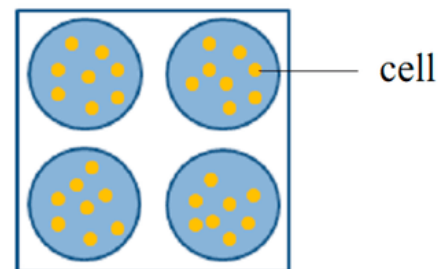
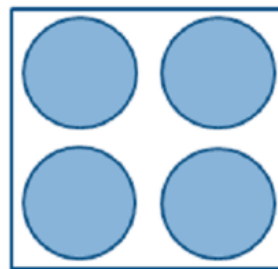
Force needed to adhere cells on ECM



**Before adhesion**

**After adhesion**

- Adherent cells **are quantified**.



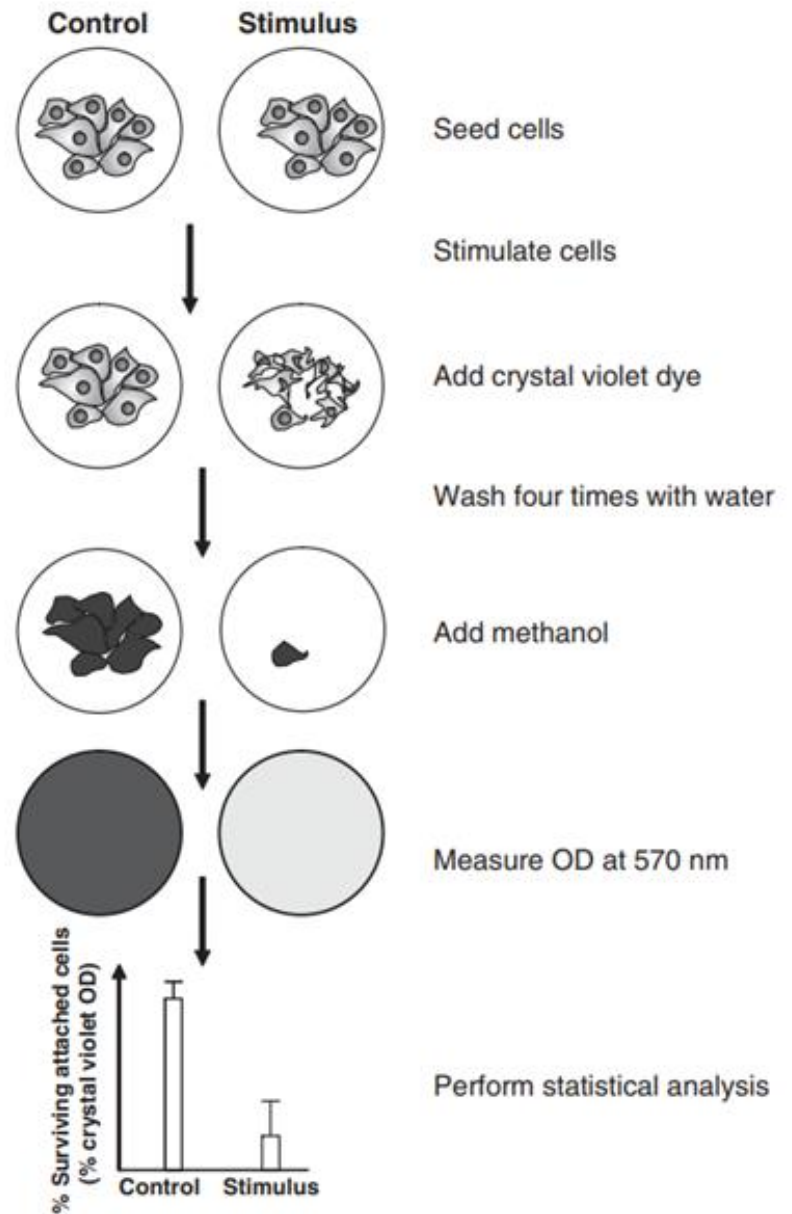
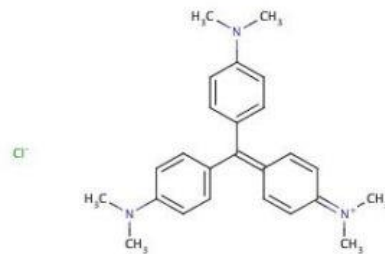
Multiwell plate before cell adhesion

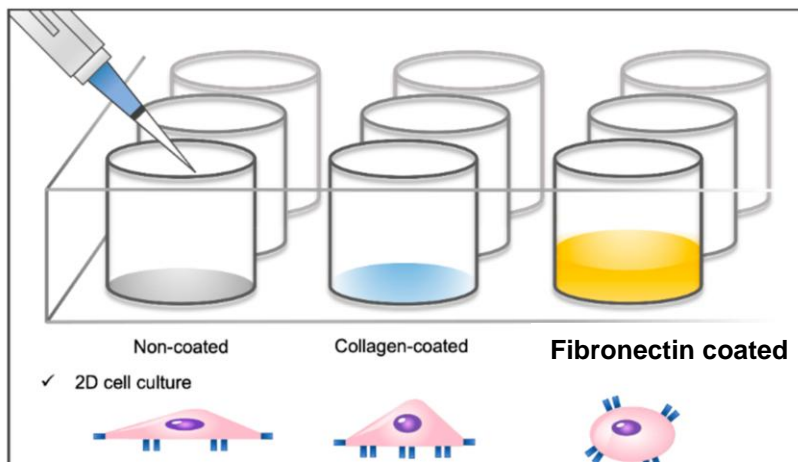
Multiwell plate filled with adhered cells

# • Crystal Violet staining

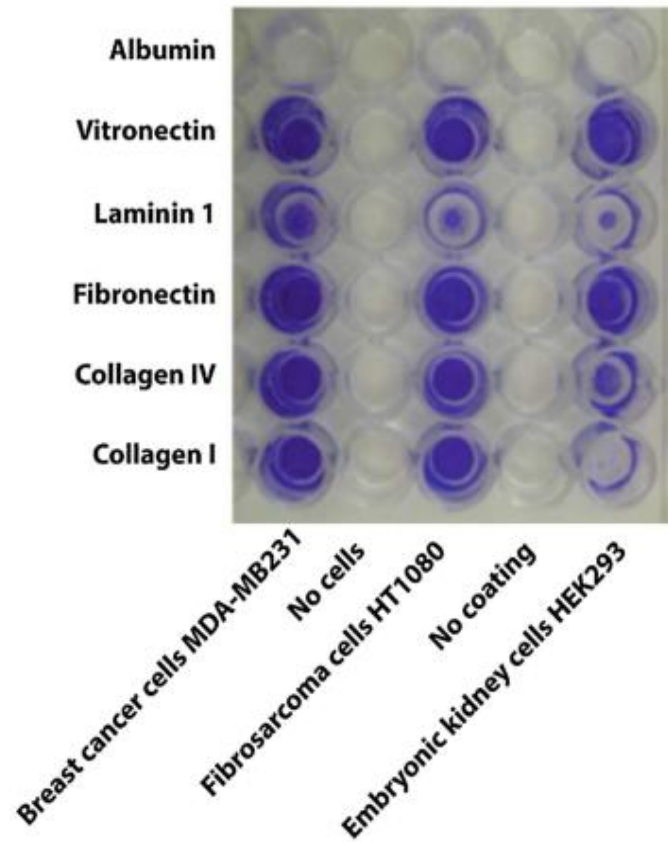
Crystal violet stains **nucleic acids and proteins**

It is used to reflect the **cell number in 96-well plates**.

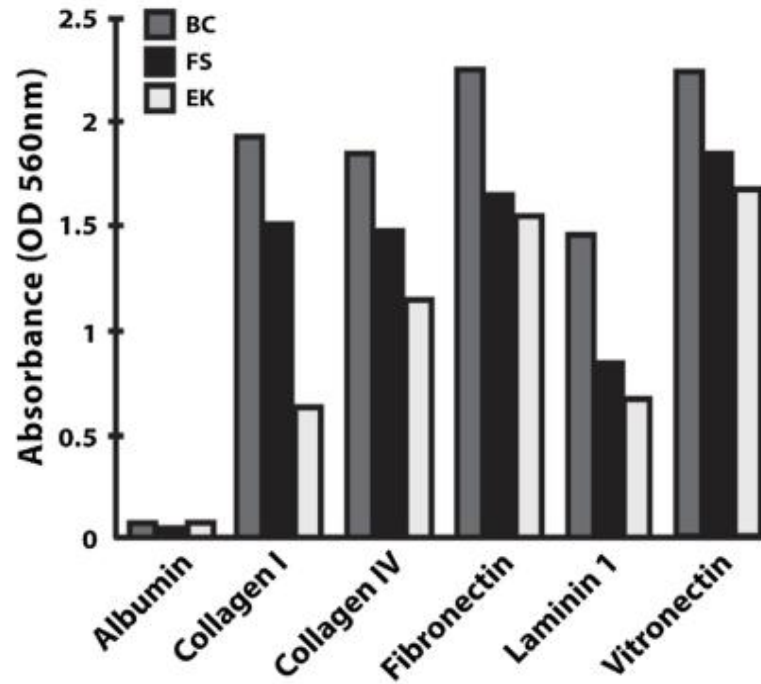


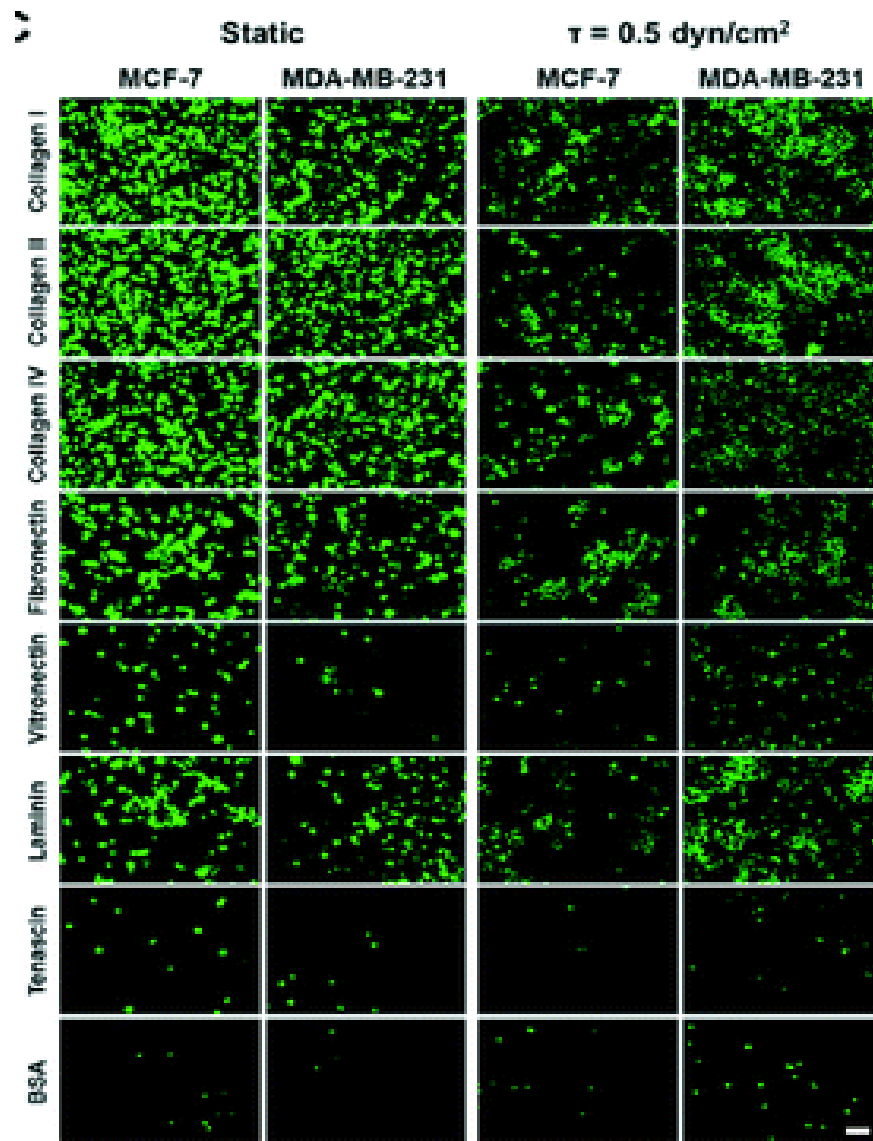
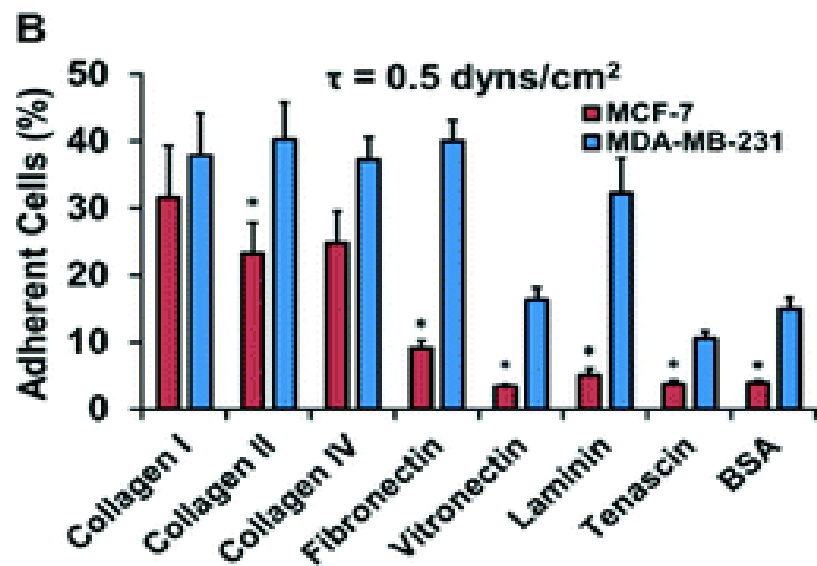
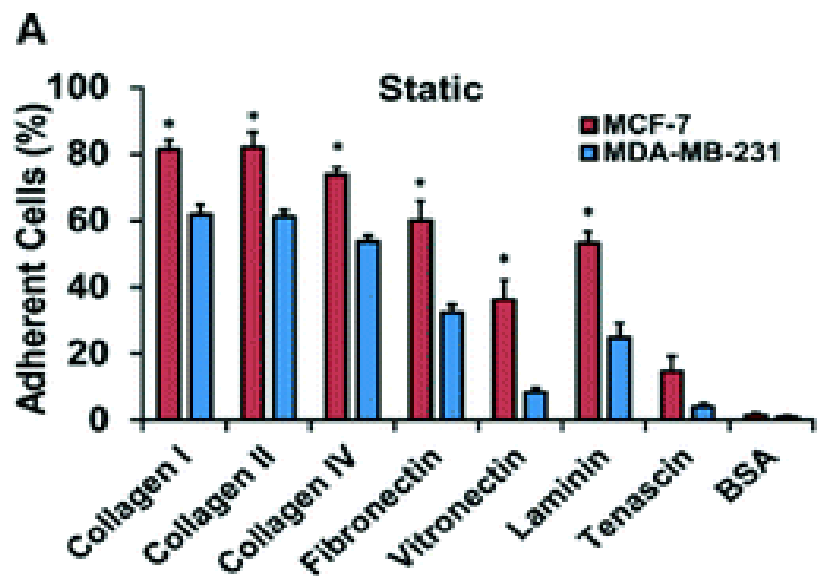


**a**



**b**





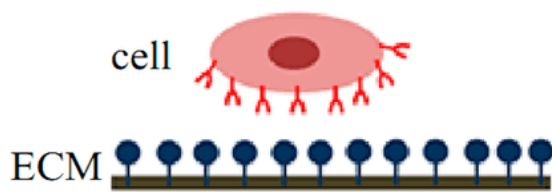
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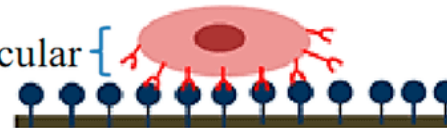
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**After adhesion**



Forming molecular bonds



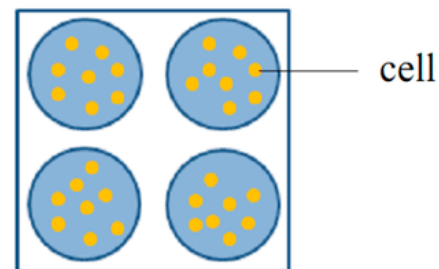
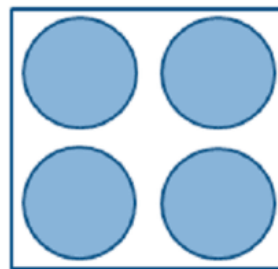
Force needed to adhere cells on ECM



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**After adhesion**

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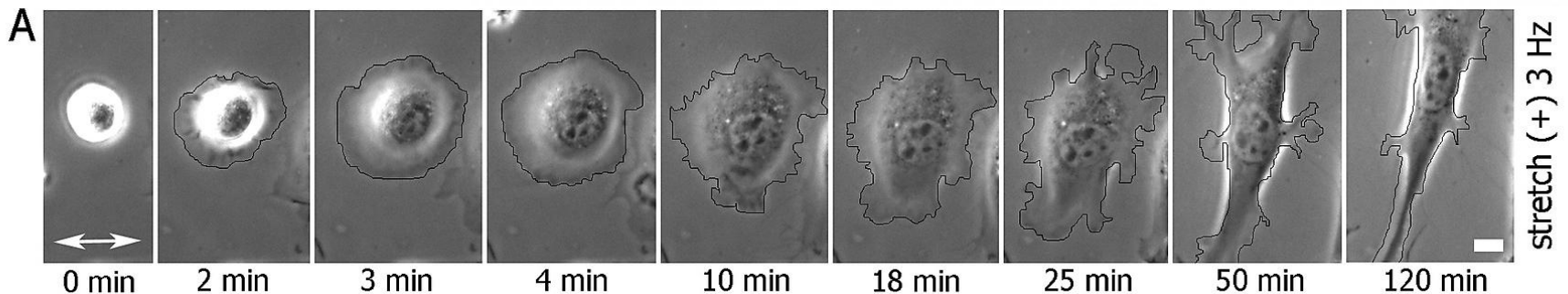
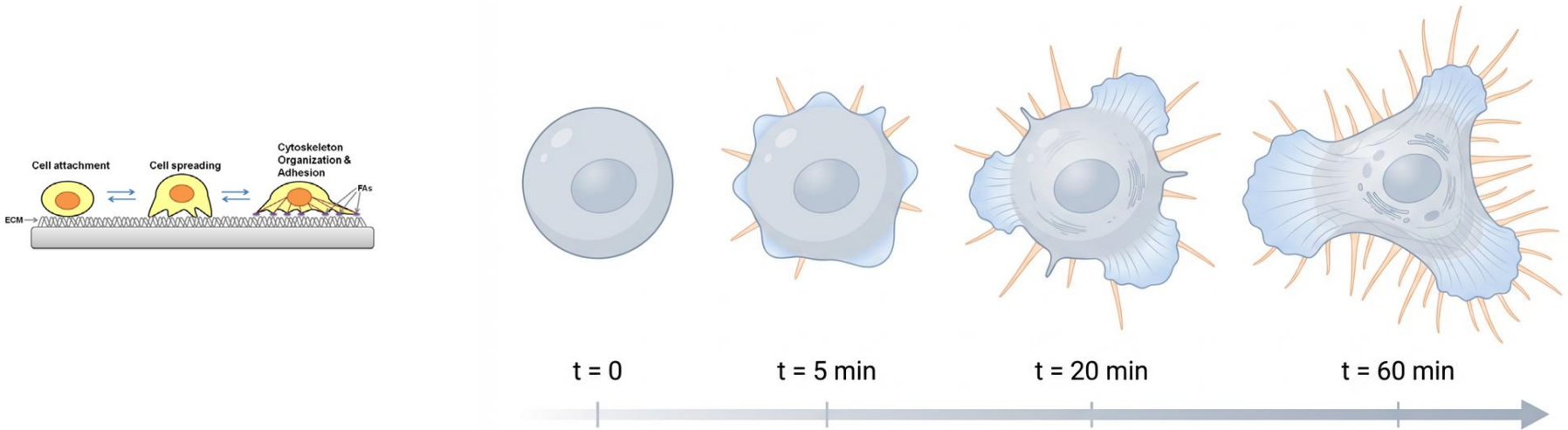
Multiwell plate before cell adhesion

Multiwell plate filled with adhered cells

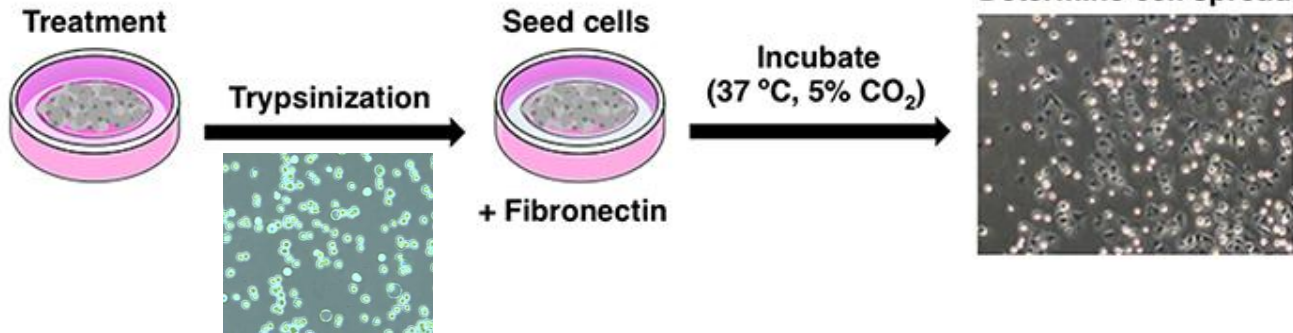
# Cell spreading assay

**Cell spreading** is when cells in its **rounded morphology** in suspension **flatten out** on a substrate.

Temporal Progression of Cell Morphology from Spherical to Fully Spread State with Emergence of Lamellipodia and Filopodia



# Cell spreading assay



- Cells were treated for 24 h,
- trypsinized
- seeded onto fibronectin coated plate.
- 
- **After 1 h cells** were fixed with 2% PFA
- phase-contrast images were captured.

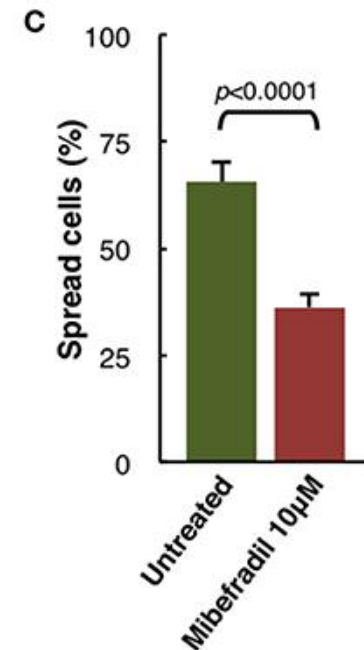
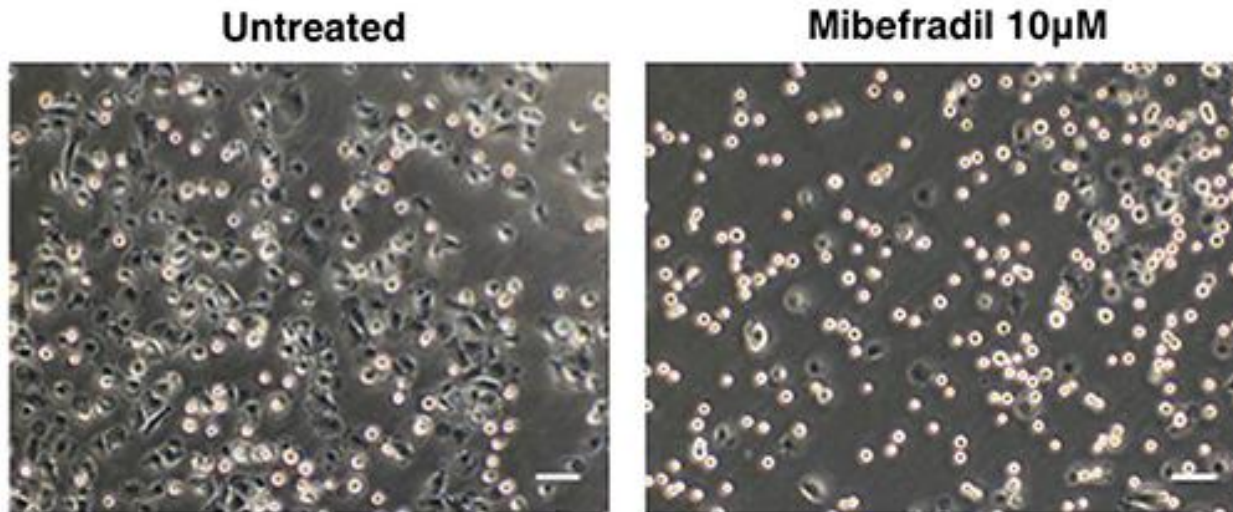
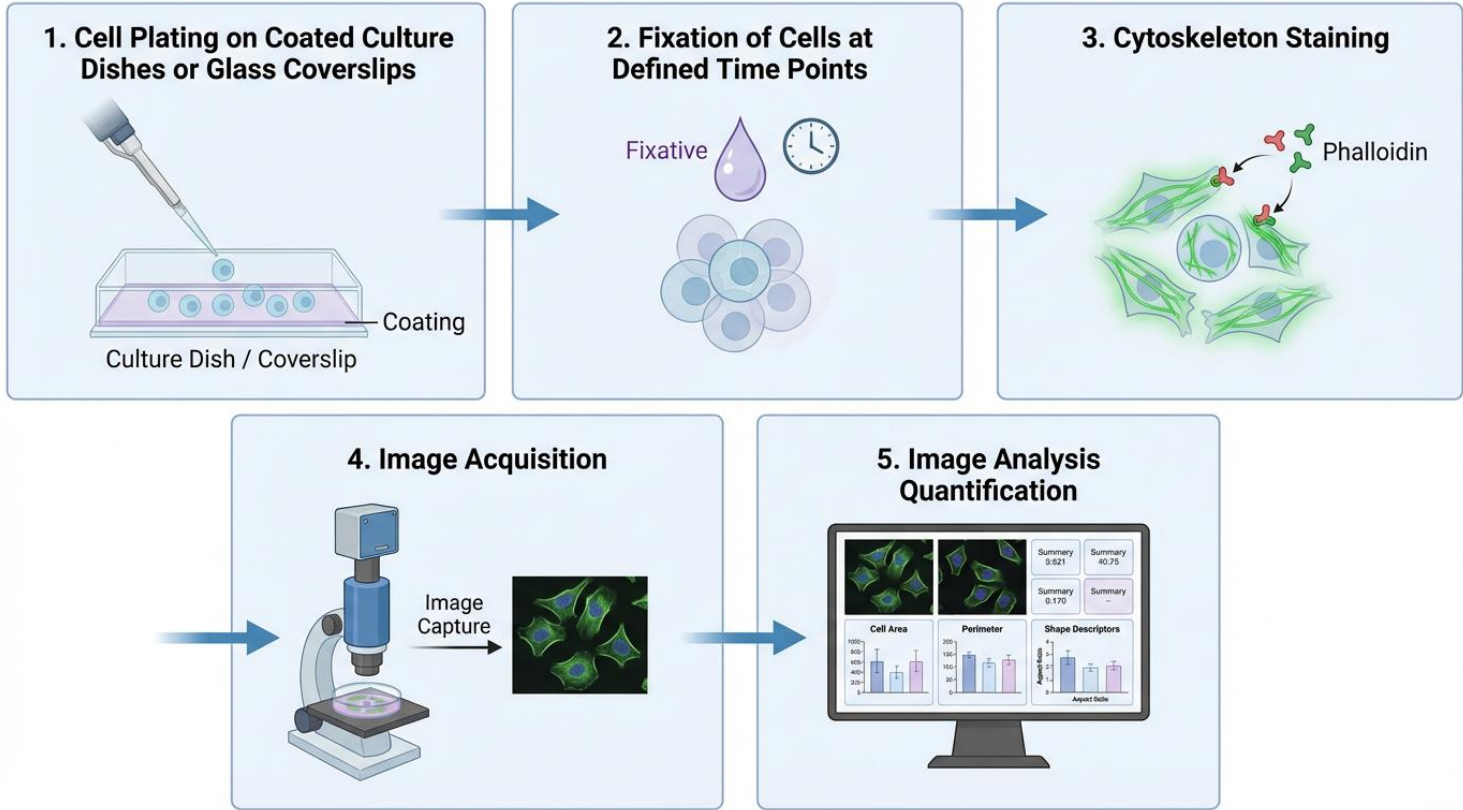


FIGURE 5. (B) phase-contrast images. Scale bars, 50 µm.

(C) Plot showing the percentage of spreading cells. **Round bright cells were considered unspread**. Values are percentage of spread cells  $\pm$  SD ( $n = 3$  independent experiments; at least 600 cells for each experiment were counted). The corresponding  $p$ -value obtained by unpaired two-tailed Student's  $t$ -test is shown.



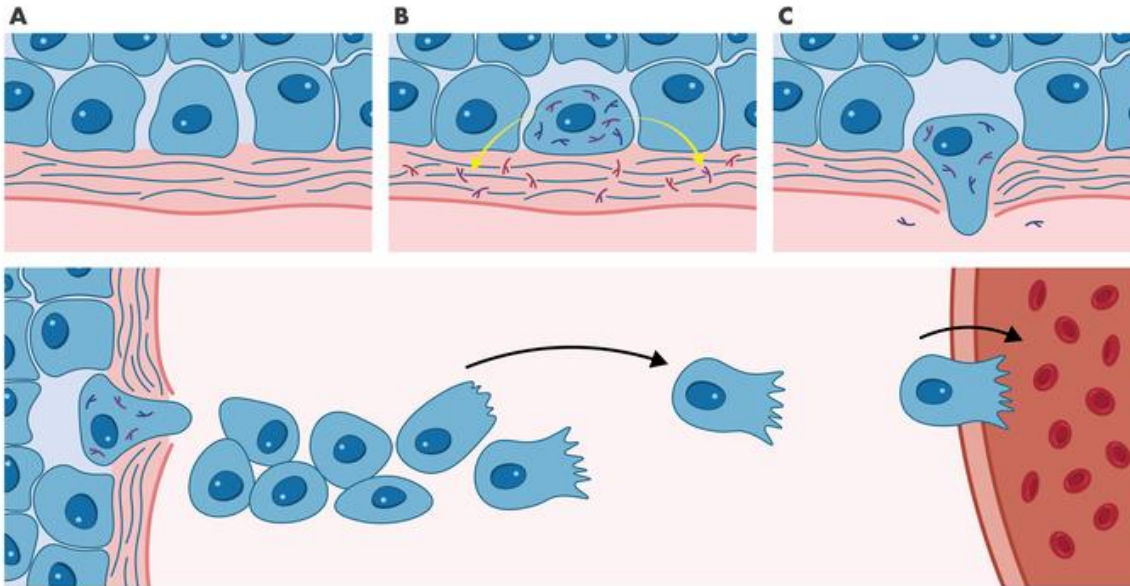


## Early Metastasis Process

The early steps of the metastasis process involve

- A) Loosening of the intercellular junctions between tumor cells,
- B) Degradation of the intracellular matrix of the basement membrane,
- C) Invasion into surrounding tissue,

modeled with the  
**Invasion Assay.**



- D) Migration to endothelial vessels.

modeled with the  
**Migration Assay.**

# Definition of **migration** and **invasion**

**Migration** is often used as umbrella term in biology to describe **any directed cell movement within the body.**

The ability to migrate **allows cells to change their position** within tissues or between different organs.

In pathology, **invasion (of carcinomas)** is defined as

the **penetration of tissue barriers**, and infiltration (intrusion) into the underlying interstitial tissues (by malignant tumor cells)

**Migration** and **invasion** are clearly separated terms in **experimental cell biology**.

**Migration** is defined as:

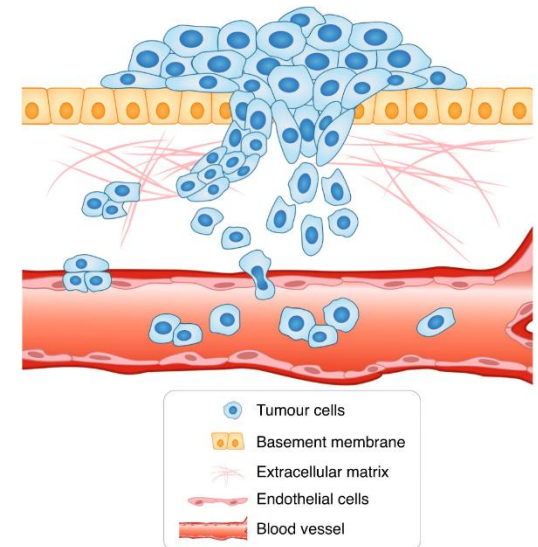
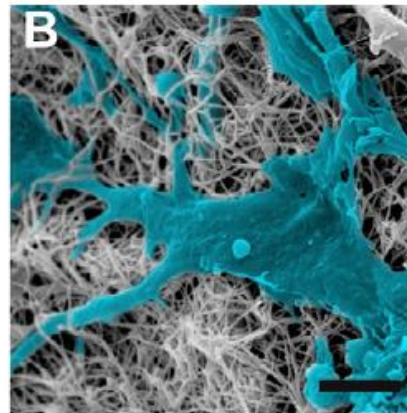
the **directed movement of cells on a substrate** such as basal membranes, ECM fibers or plastic plates.

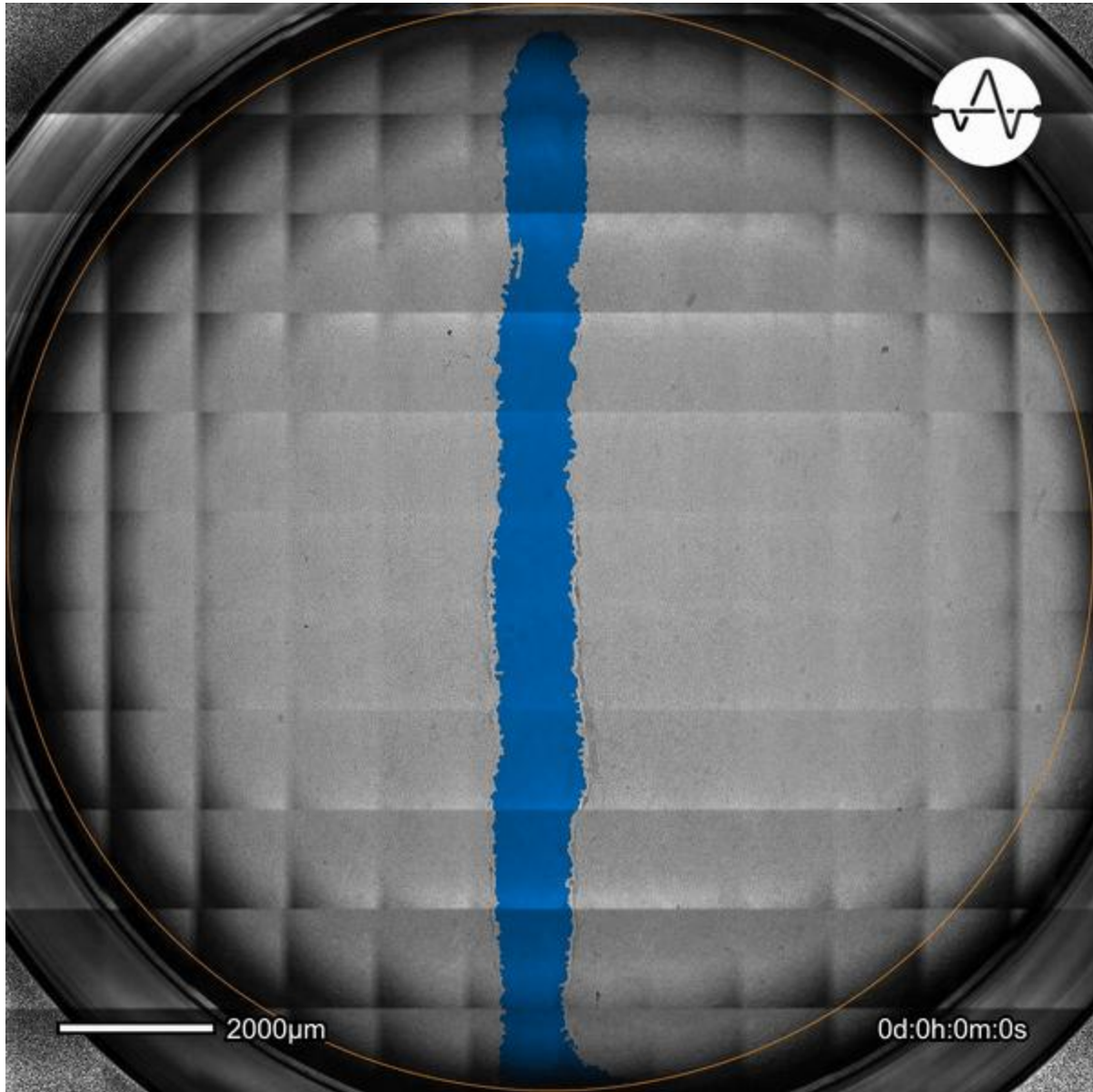
Therefore, migration **is occurring on 2D surfaces** without any obstructive fiber network

**Invasion** is defined as:

**cell movement through a 3D matrix**, which is accompanied by a **restructuring of the 3D environment**.

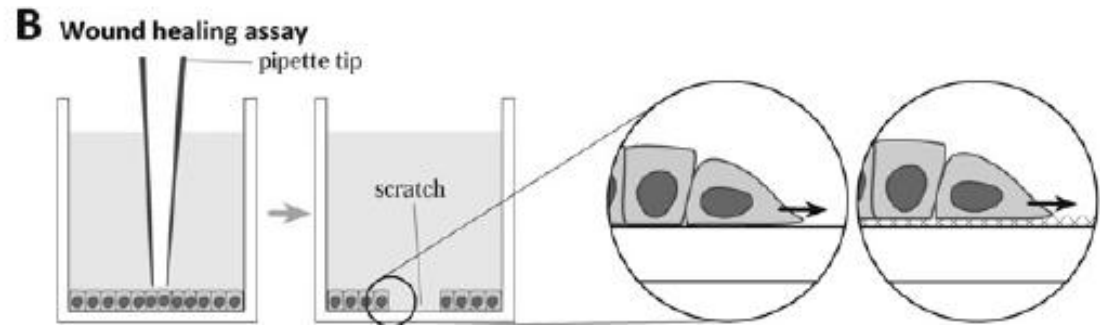
Invasion requires adhesion, proteolysis of extracellular matrix components and migration, therefore invading cells remodel the ECM.



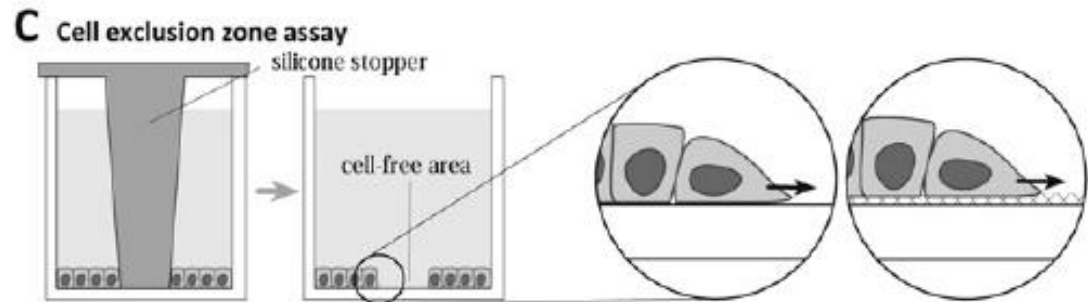


# Migration Assays

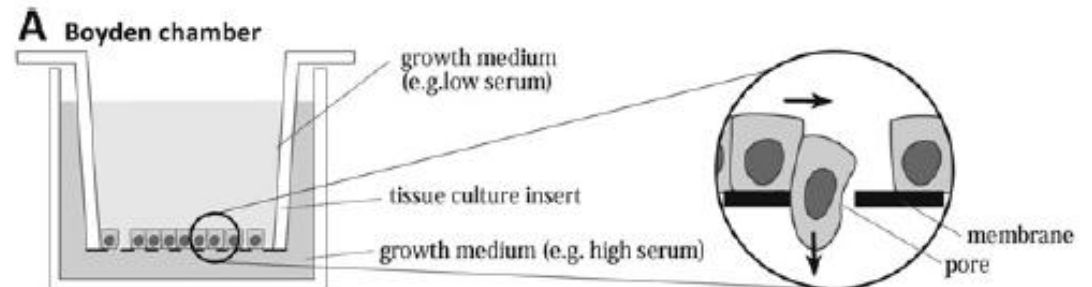
Wound healing assay



Cell Exclusion Zone assay



Boyden Chamber

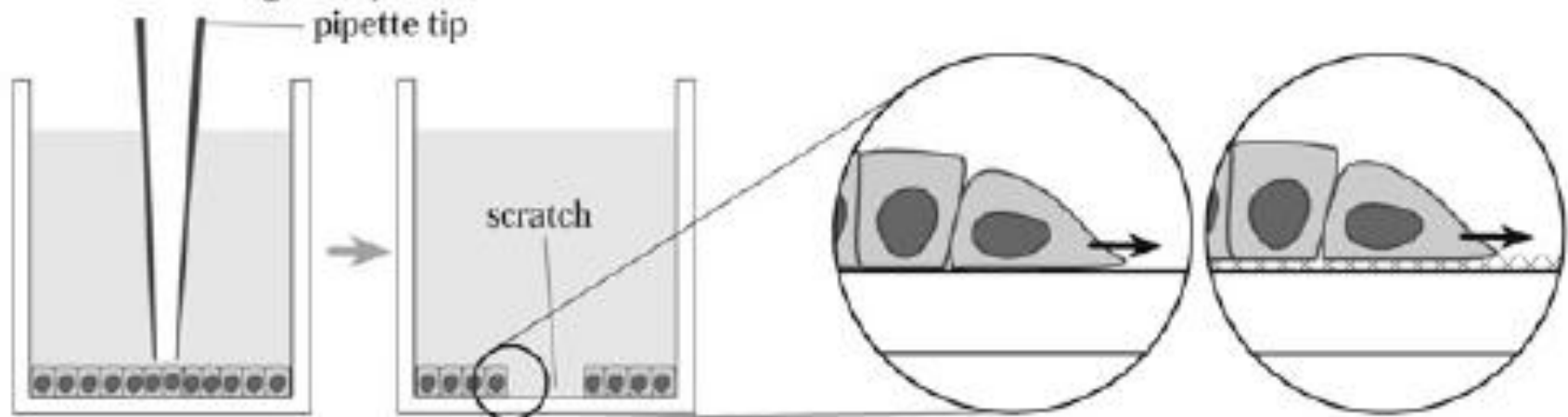


# In vitro **wound-healing assay** (scratch assay)

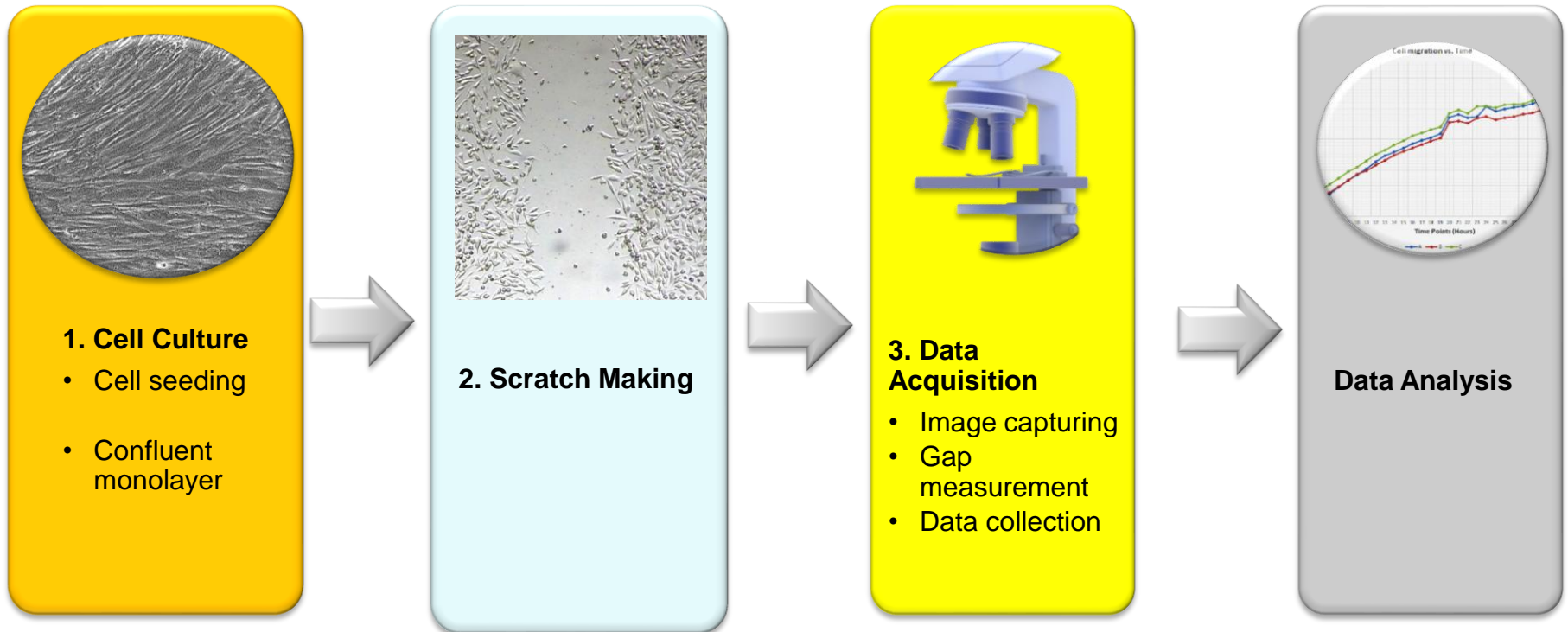
This popular, technically non-demanding and cheap assay can be used to study **migration of cells on 2D surfaces**.

A confluent plate of any type of attached cells is “**wounded**” by scraping off an area of cells, which is most easily done using **a plastic pipette tip**

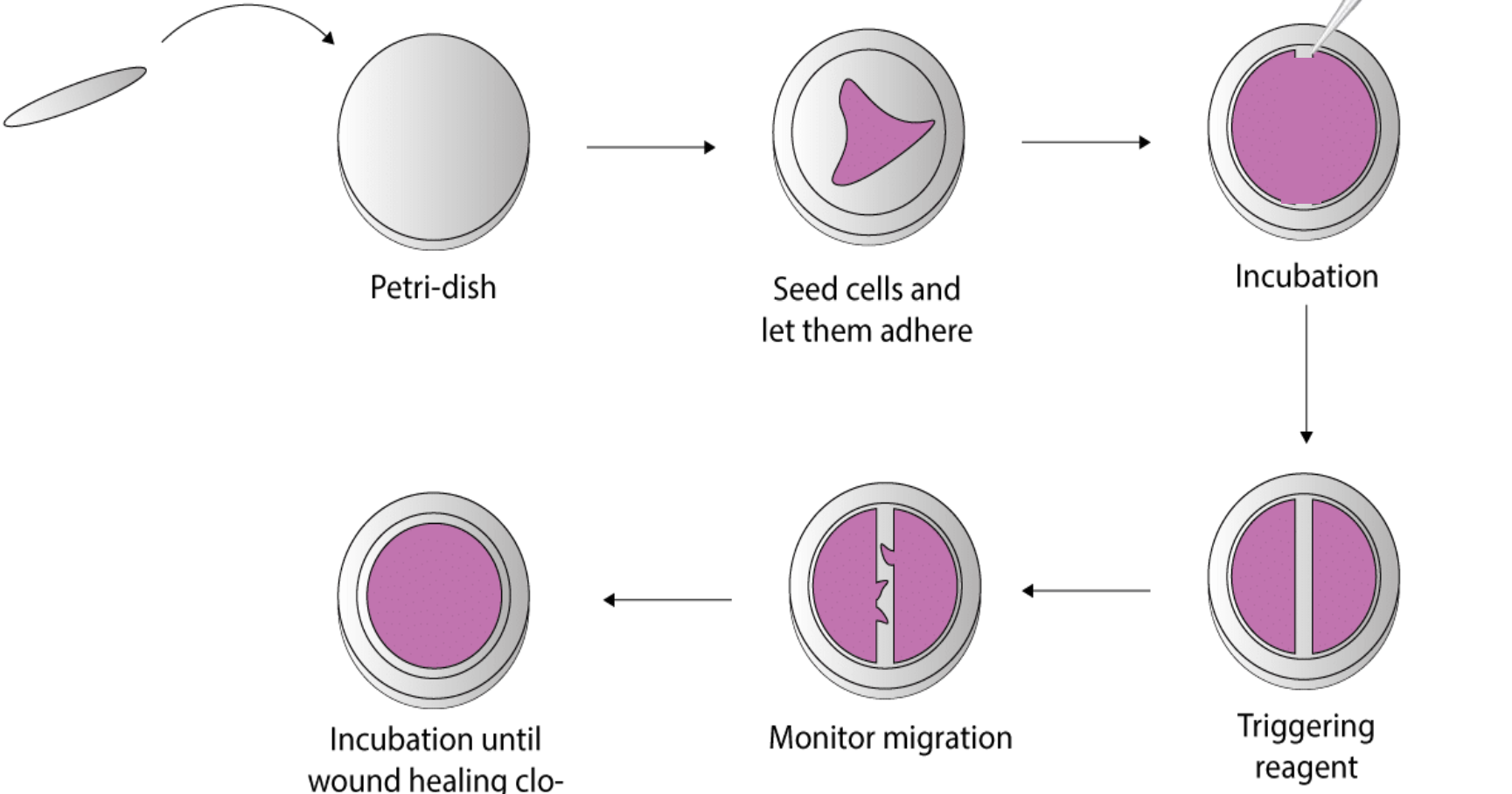
## **B** Wound healing assay



# Workflow of the wound healing assay



# Workflow of the wound healing assay



# Cell Culture

The first step of the assay is to **culture a confluent cell monolayer.**

This monolayer represents the in vivo conditions of the tissue **before wounding** such as, an intact epithelium.

**cell proliferation** can be a confounding factor.

Cell proliferation can compete with cell migration to fill the gap made during the assay. If this occurs, **the cell medium can be optimized to reduce cell proliferation.**

Decreasing the concentration of serum (**serum starvation**) is the most common change.

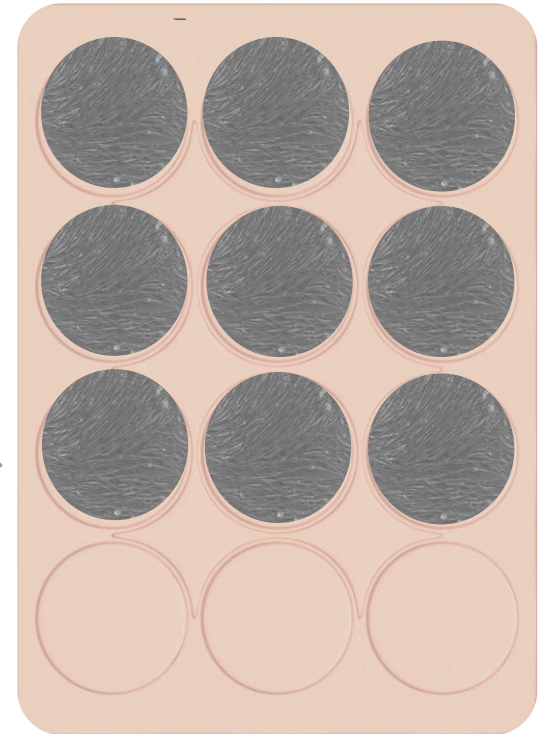
Sample A



Sample B



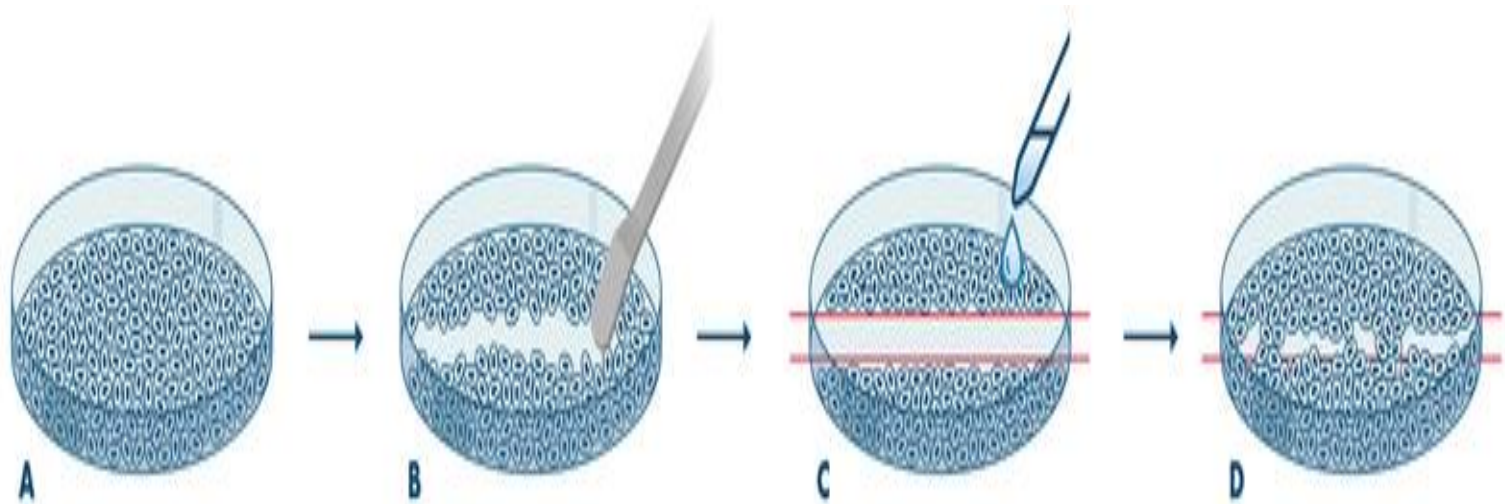
Sample C



Seed your cells in multi-well plates and incubate until they form near-confluent monolayers

# Scratch-making

After the cells have become confluent, the next step is to make a cell-free gap in the monolayer. The most frequently used method is to wound the monolayer by mechanical scratching (**scratch wound**) or stamping.

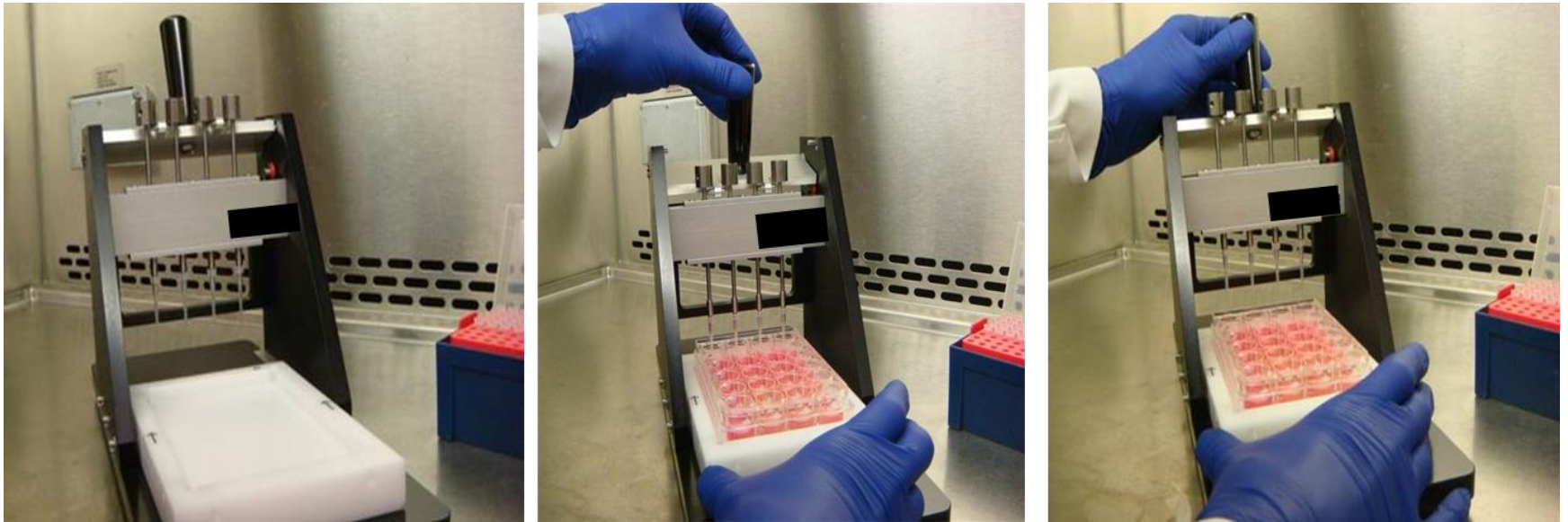


Drawbacks with the manual method of wounding include **low throughput** and **well-to-well variation of the gap width**.

# Scratch-making

This reproducibility can be improved with the use of **commercial tools for making uniform gaps**. Modifications to the wound healing assay that make use of automation can increase both throughput and improve reproducibility.

Ensuring reproducibility is important for the following data acquisition step.

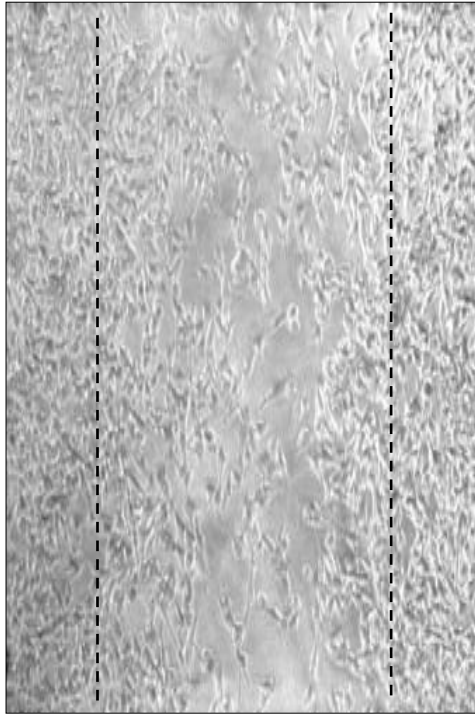


To enhance reproducibility, a scratch-making device creates identical linear scratches in all wells.

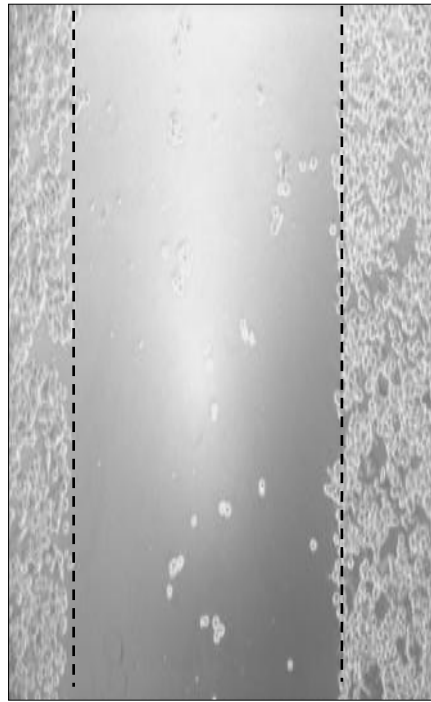
# Migration

(Wound Healing Migration Assay)

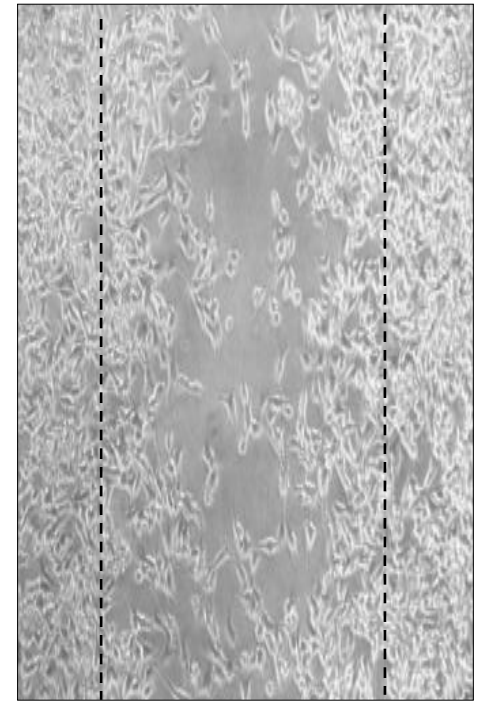
CONTROL



TIME 0



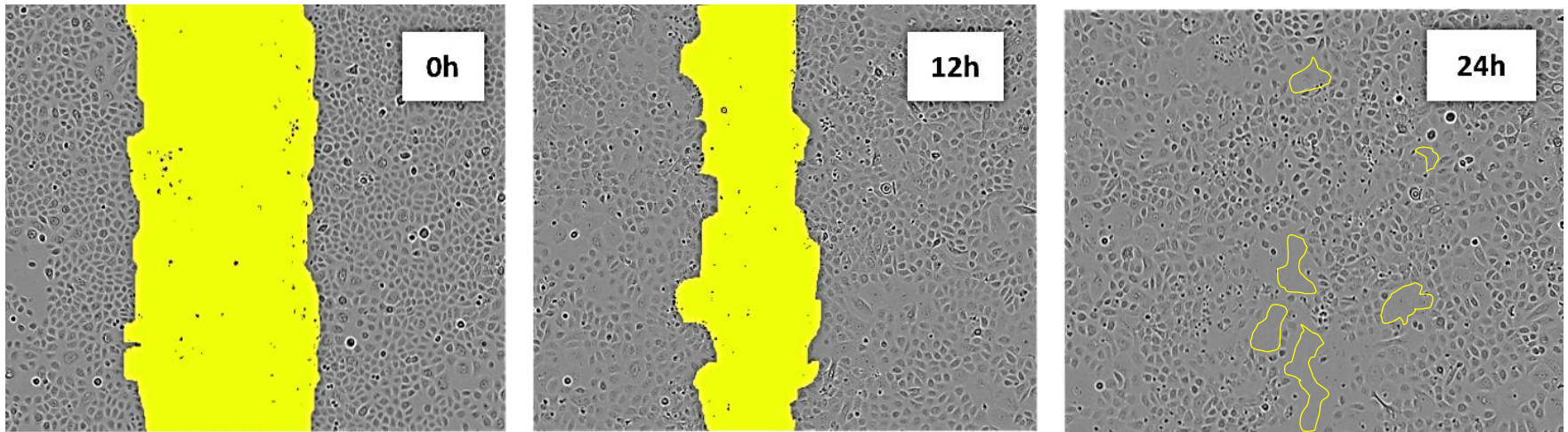
Time 48 Hrs



# Data acquisition – scratch images for time-lapse

With a cell-free gap prepared, **optical microscopy can be used to observe cells migrating into the wound area.**

Cell migration is best viewed using phase-contrast imaging rather than fluorescence,

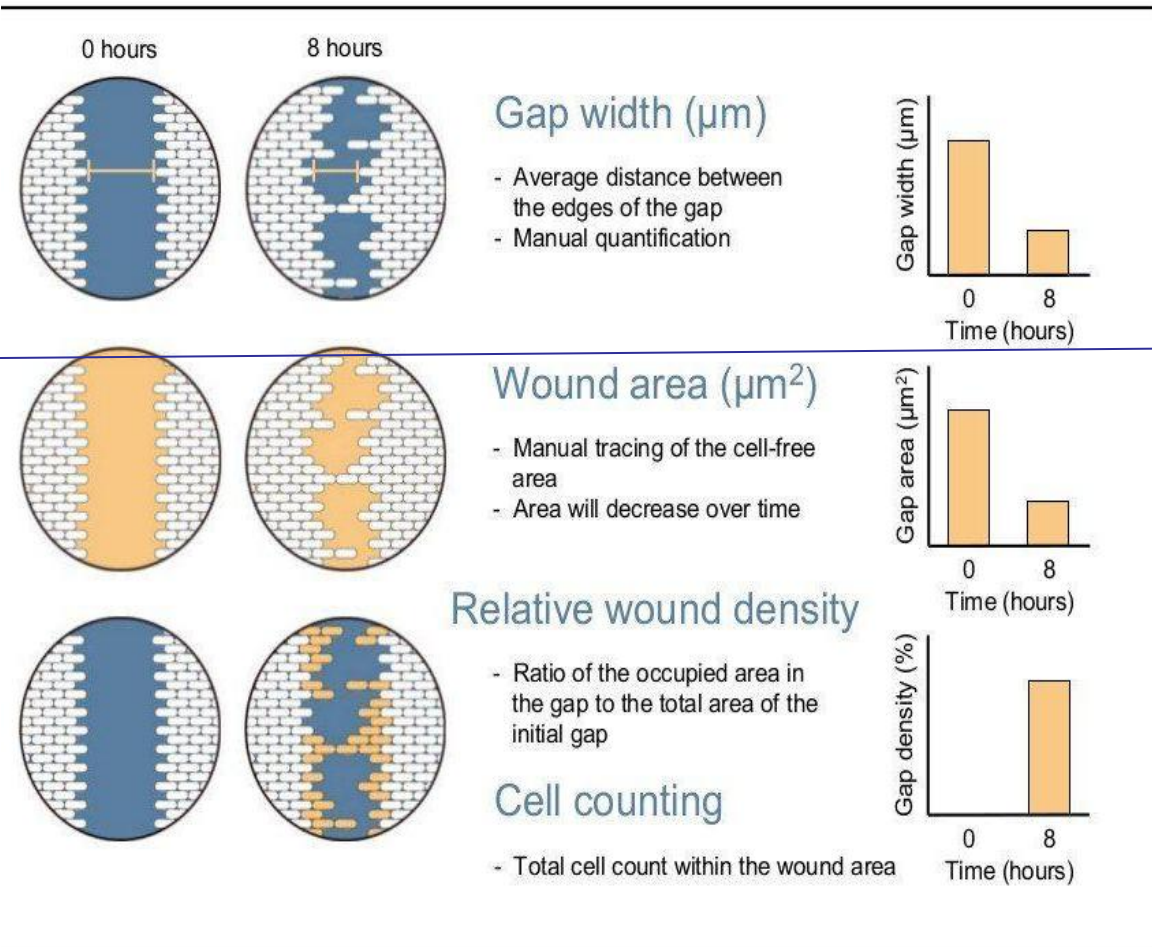


**Collective migration of human skin cells *in vitro*.** Example of images captured during a wound healing experiment. Keratinocyte monolayers were scraped with a pipette tip **and images were taken at 0, 12, and 24 h using time-lapse photography** as the cells repopulate the scratch area “wound” in the center.

**The yellow color** indicates the scratch area

# Data Analysis

Once images of the gap closing have been acquired, several methods of analysis can be used to quantify the rate of cell migration.



The first method measures **the change in the wound width**

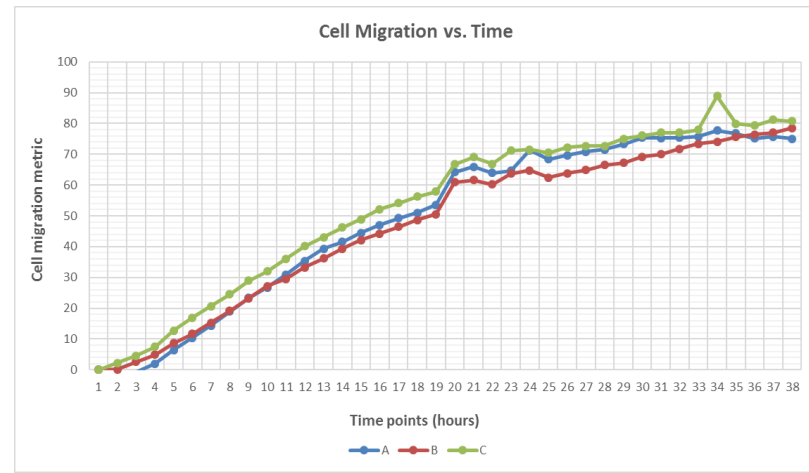
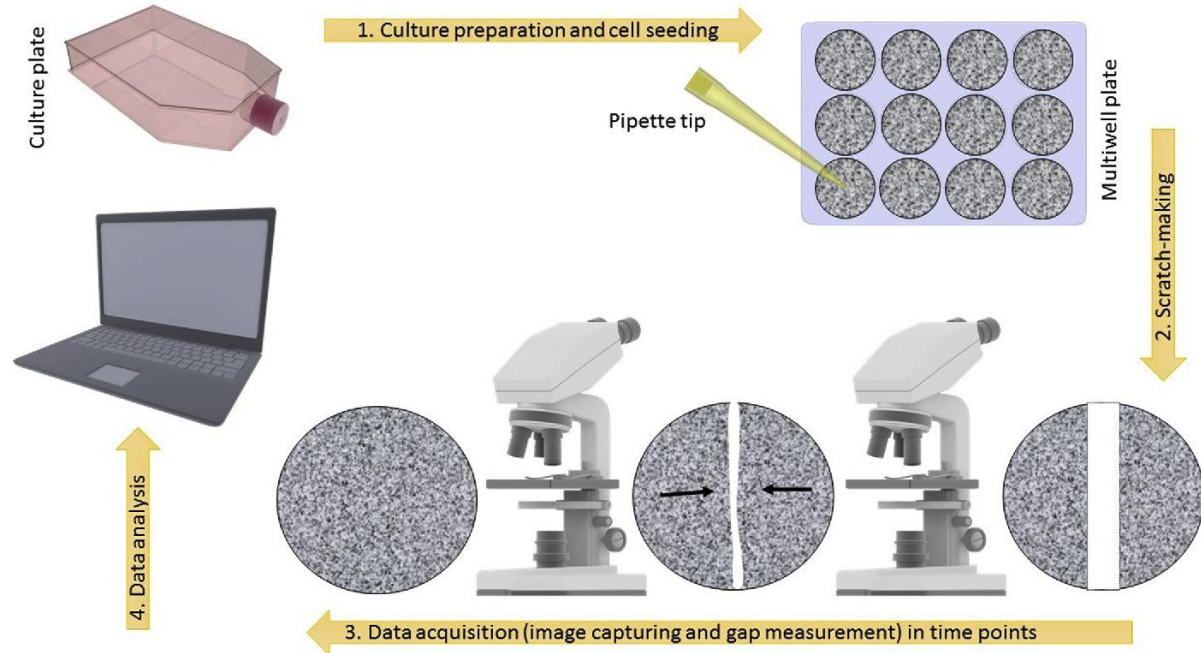
The second method calculates **the change in wound area over time** as a percentage of wound closure.

The final method measures the **relative wound density** over time expressed as a percentage

# Data acquisition – scratch images for time-lapse

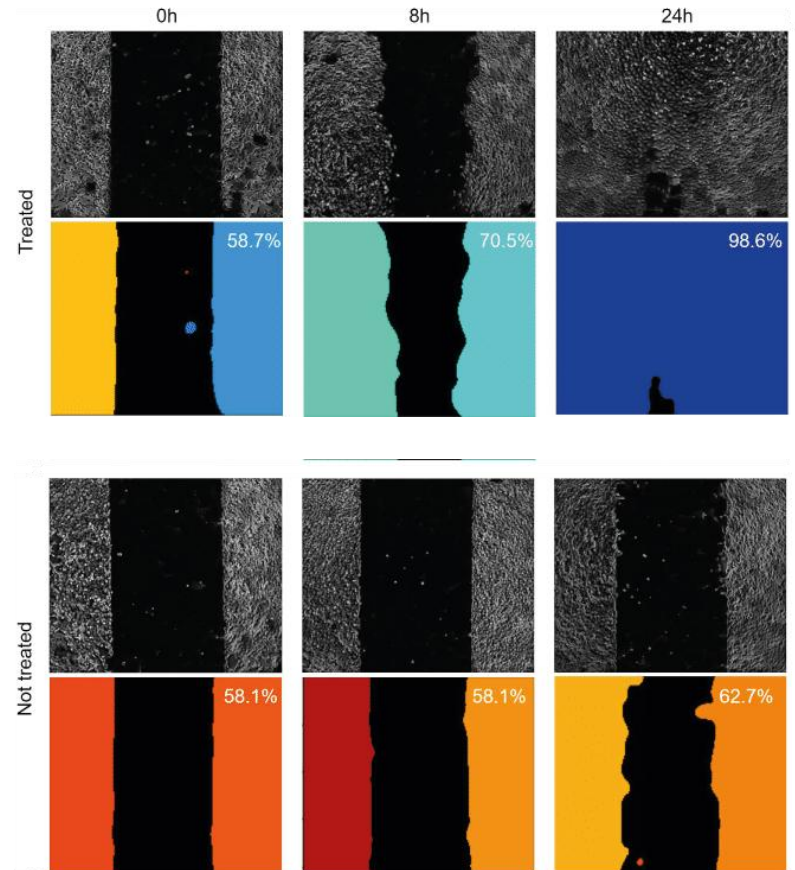
A series of **time-lapse images** (snapshot method) can be acquired as cells migrate into the cell-free gap.

These time points should be collected **within 24 hours of the experiment being started** to minimize the confounding effects of cell replication on gap closure.



# Applications

- **Qualitative and Quantitative** analysis of collective **cell migration** under different experimental conditions.
- Studying the effects of **cell-matrix** and **cell-cell** interactions on cell migration.
- High-throughput platforms for genes involved in cancer cell migration, **small molecule screening and drug discovery**.



# Advantages

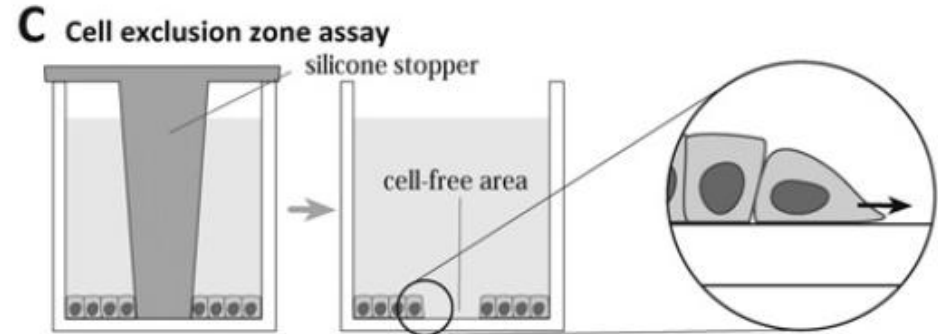
- Relatively **inexpensive and easy** to perform
- Can visually observe cell movement and morphology throughout the experiment
- Testing conditions can be easily adjusted for different purposes
- Creates a strong directional migratory response
- Ability to coat assay surface with an appropriate extracellular matrix (ECM)
- Suitable for **endpoint** and **kinetic assays** and amenable to high throughput screening platforms

# Limitations

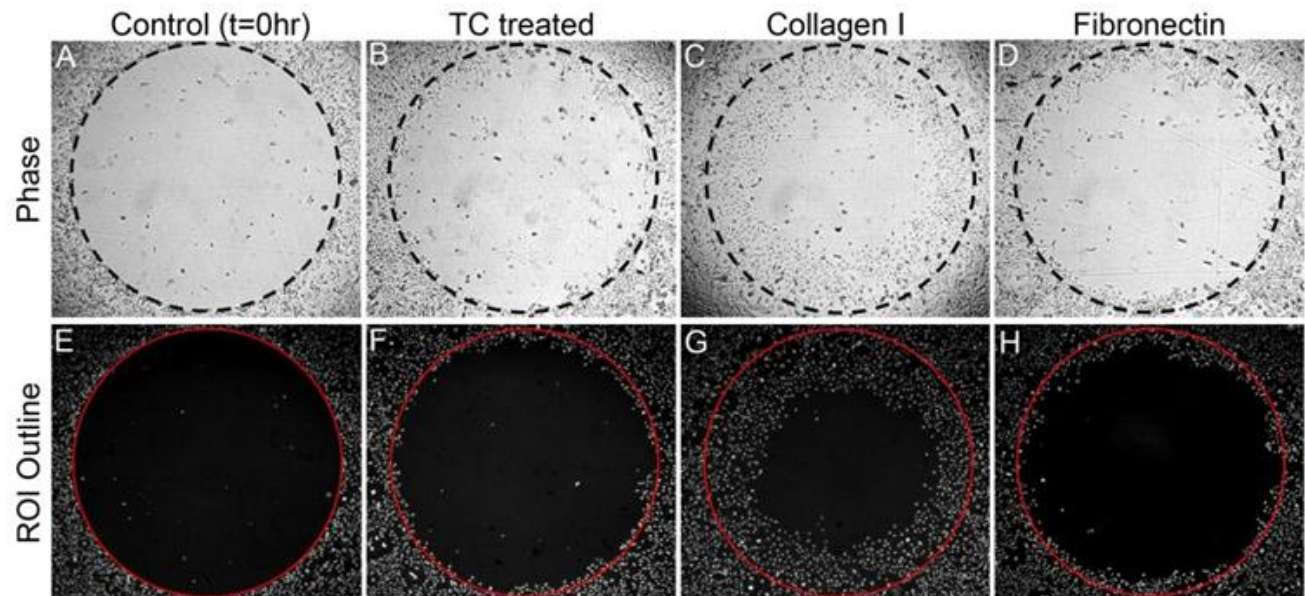
- **May not be suitable for studying specialized primary cells** since a relatively large number of cells is required for the assay (performed in a tissue culture dish)
- Not suitable for chemotaxis studies or for **non-adherent cells**
- **Lack of standardization** in its application makes it difficult to reproduce experiments, especially when using **manual scratching**
- Scratching introduces **mechanical injury** to the cells, leading to release of cellular contents into the surroundings and potentially influencing the migration process
- **Cell proliferation** may confound the measurement of migration. Therefore, suppression of proliferation is a necessary intervention.

# Cell exclusion zone assay

A possibility to circumvent the problem of cell remnants is to create **cell exclusion zones** at the time of cell seeding with e.g. microstencils



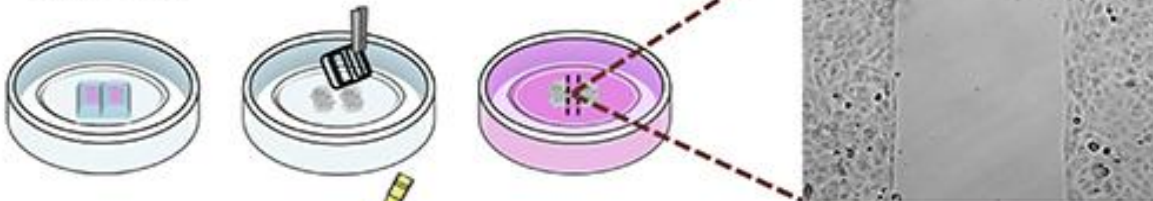
These stoppers are positioned prior to seeding of the cells and create an **exclusion zone** with the tip of the stopper



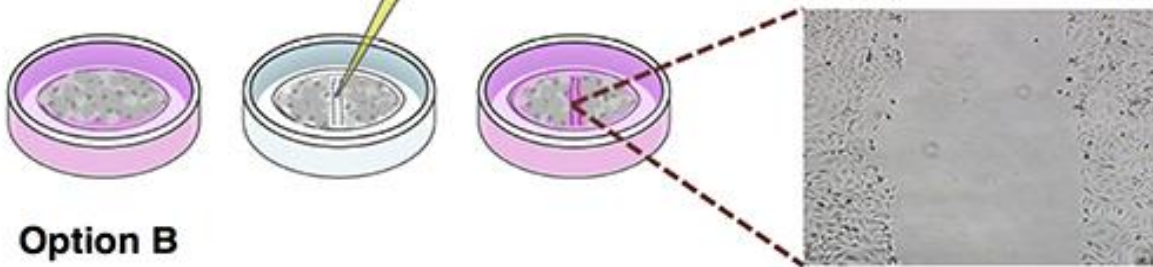


**A**

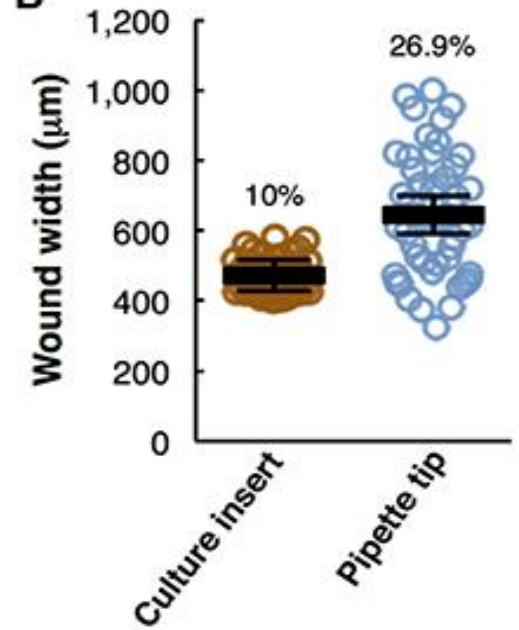
**Option A**



**Option B**



**B**



**Video Wound healing**

TEC\_CELL\_02\_Cell Migration\_IBI\_Wound



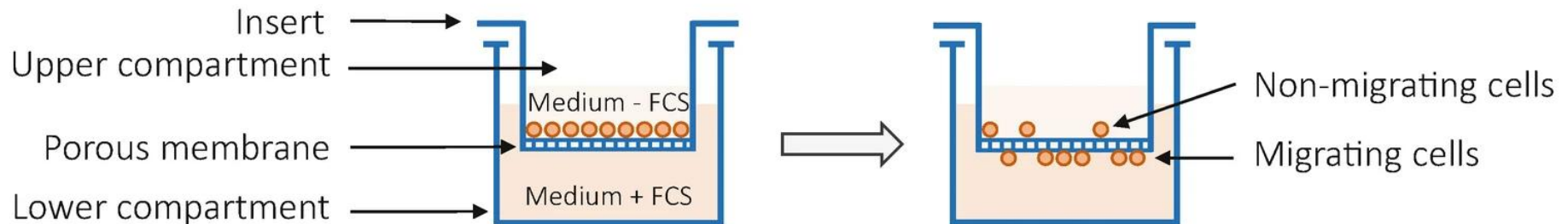
# Transwell migration assay (Boyden chamber assay)

The **transwell assay** was originally introduced by **Boyden** (and is therefore often called **Boyden chamber assay**) to analyze the chemotactic responses of leukocytes.

Improved, simplified and disposable versions of the original chambers were developed.

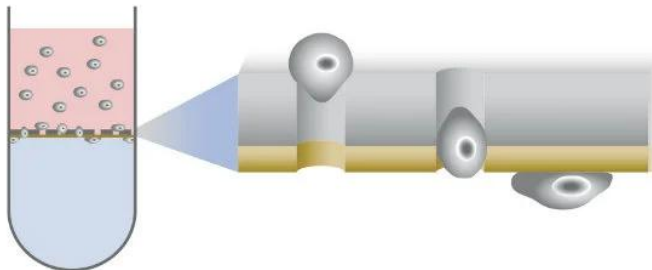
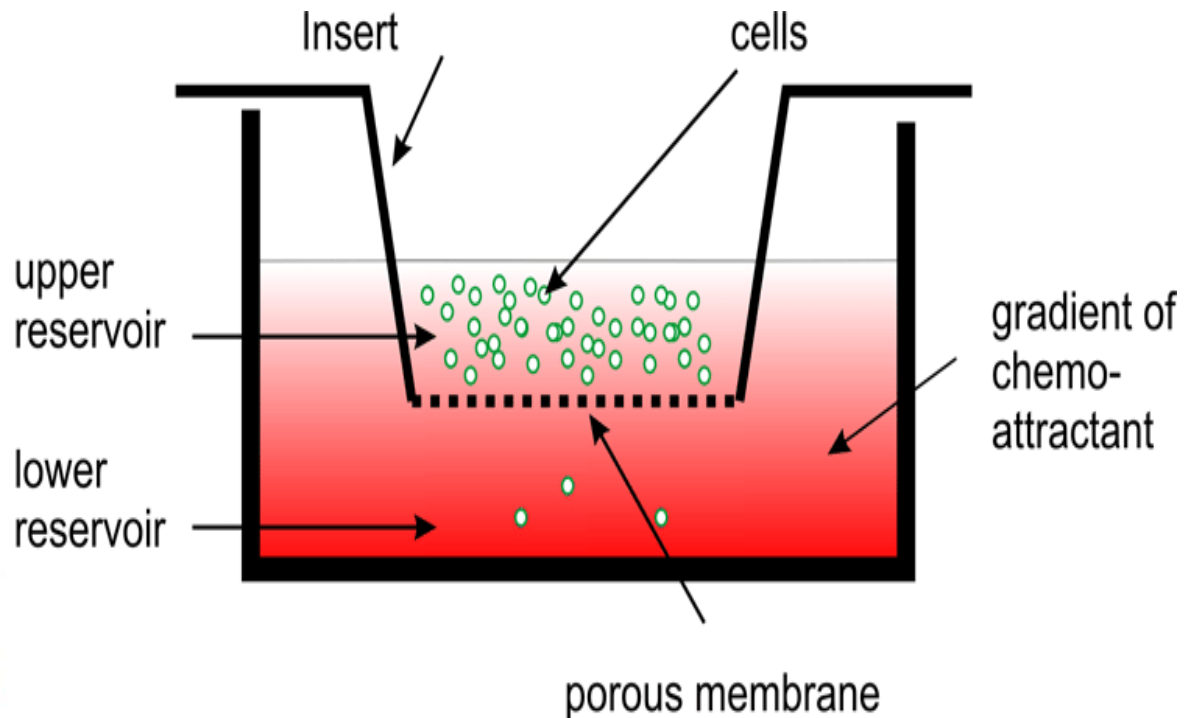


A

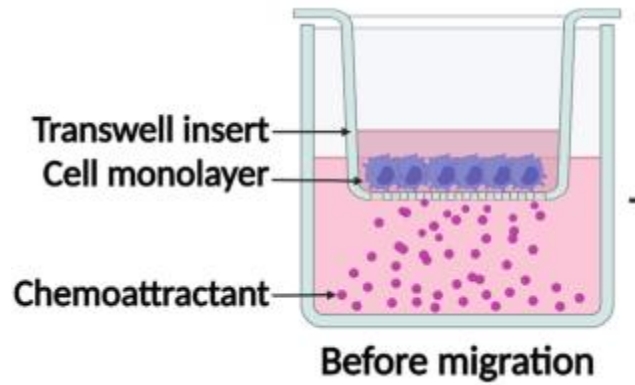


The principle of this assay is based on **two medium containing chambers** separated by a porous membrane through which cells transmigrate.

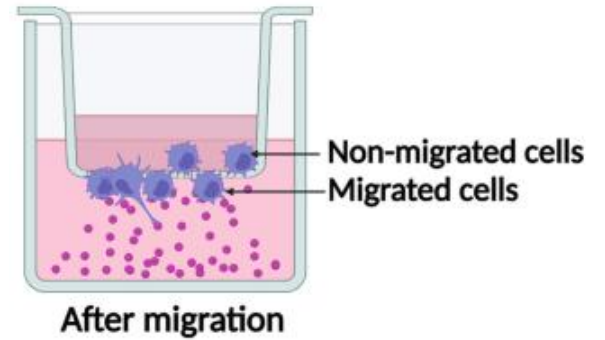
The size of the cells to be analyzed, determines the **required pore size of the membranes**.



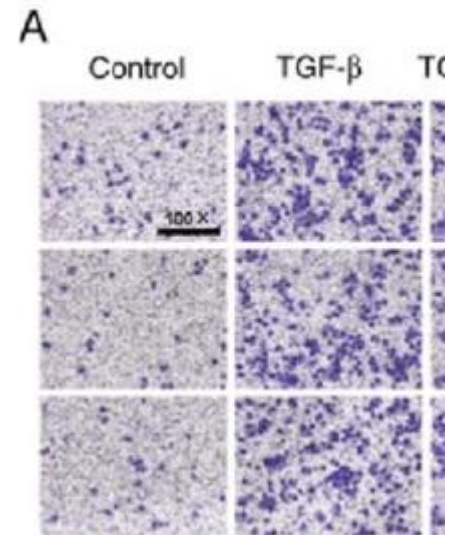
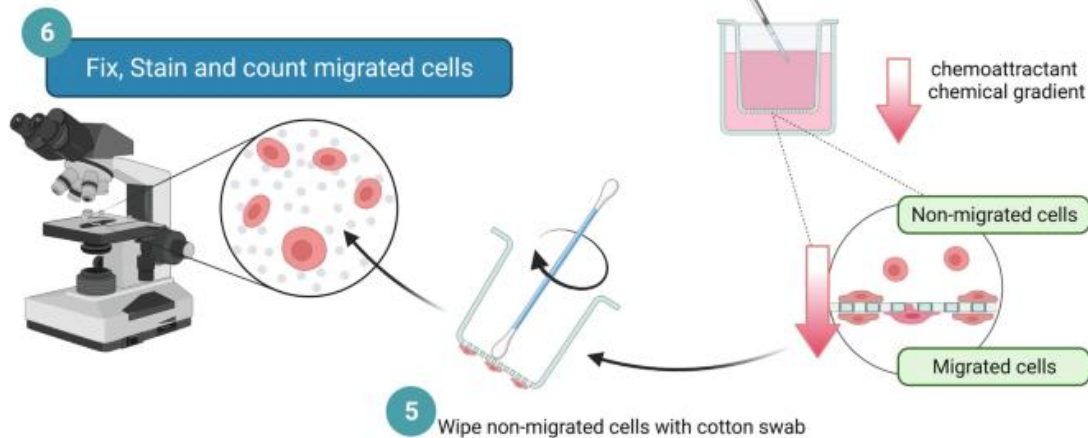
**Cells are seeded** in medium in the upper part



- **migrate in vertical direction** through the pores of the membrane into the lower compartment, in which medium containing an attractant or simply higher serum content is present.



Cell are **stained** and **counted**



The **advantages** of the method are:

the broad availability of different cell culture inserts and sizes;

the relative ease of the experimental setup and the – albeit only short – **medium or cytokine/chemokine gradient** between the upper (cell culture insert) and lower (culture vessel) growth medium.

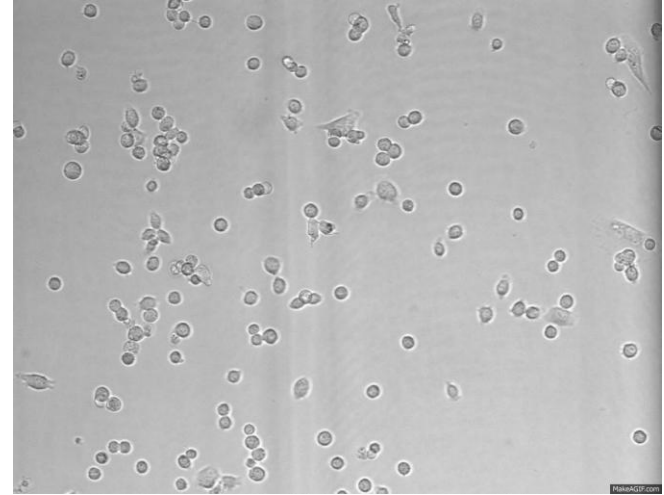
there are some **drawbacks**

This method is an **endpoint assay** if simple cell staining procedures are used.

Non-invaded cells, which stayed on the upper side of the transwell insert, have to be eliminated prior to staining of the invasive cells at the bottom of the membrane.

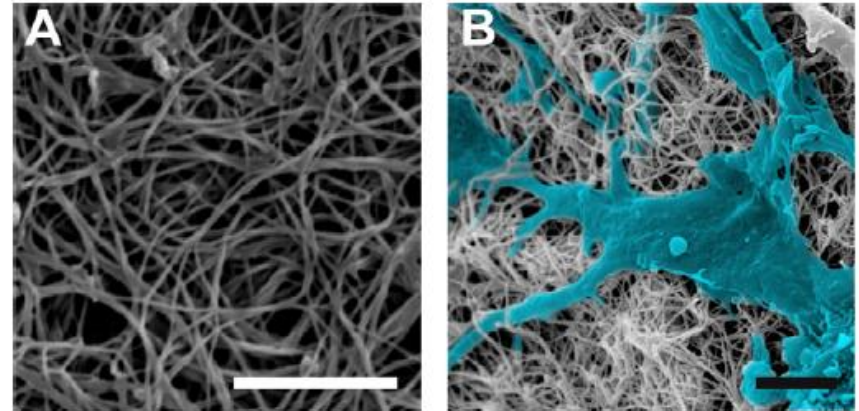
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**Migration** is defined as:  
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Therefore, migration **is occurring on 2D surfaces** without any obstructive fiber network



**Invasion** is defined as:  
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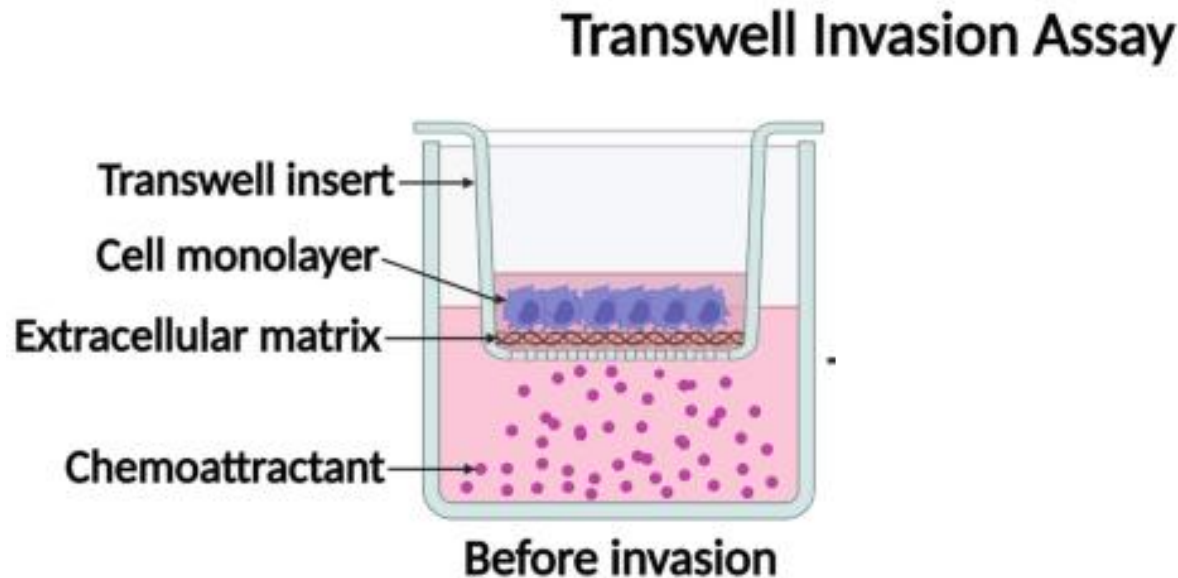
Invasion requires adhesion, proteolysis of extracellular matrix components and migration, therefore invading cells remodel the ECM.



# Transwell **invasion assay**

The principal technical setup of the transwell invasion assay equals the transwell migration assay.

In addition, the porous **filter is overlaid by a thin layer of ECM**, before seeding the cells into the top chamber .



Corning **Matrigel** matrix is a solubilized basement membrane preparation extracted from the Engelbreth-Holm-Swarm (EHS) mouse sarcoma, a tumor rich in extracellular matrix proteins

The primary components of Matrigel are four major basement-membrane ECM proteins:

- **laminin** (~60%),
- **collagen IV** (~30%),
- entactin (~8%)
- heparin sulfate proteoglycan perlecan (~2–3%)

Matrigel also contains tumour-derived proteins, including growth factors



During preparation, the reconstituted form of Matrigel **undergoes gelation at temperatures in the range 22–37 °C**, during which entactin acts as a crosslinker between the laminin and collagen IV to **create a hydrogel** — a water-swollen, crosslinked network.

## Application

Cell Growth and Differentiation

Metabolism/Toxicology Studies

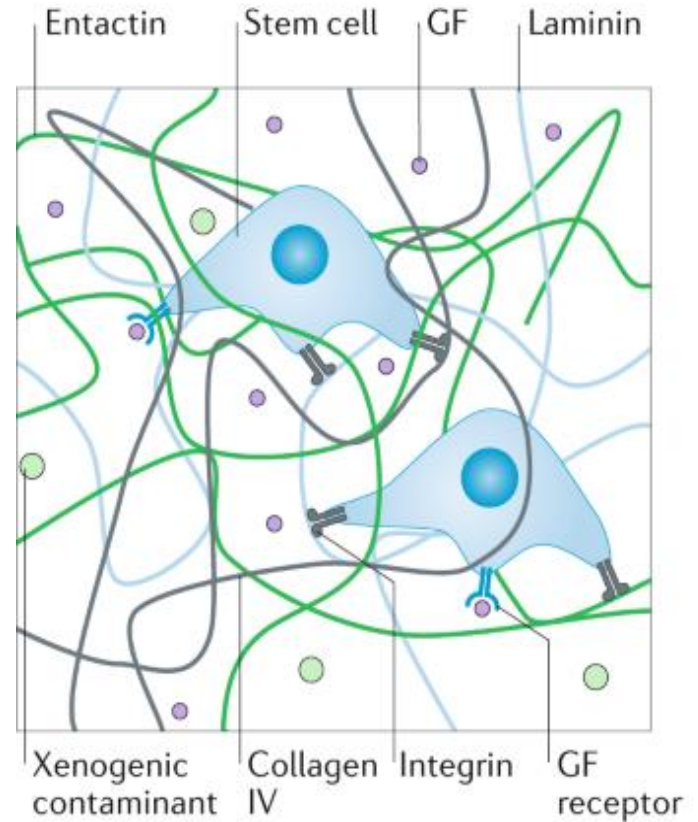
Invasion Assays

in vitro and in vivo Angiogenesis Assays

in vivo Angiogenesis Studies and Augmentation of Tumors in

Immunosuppressed Mice

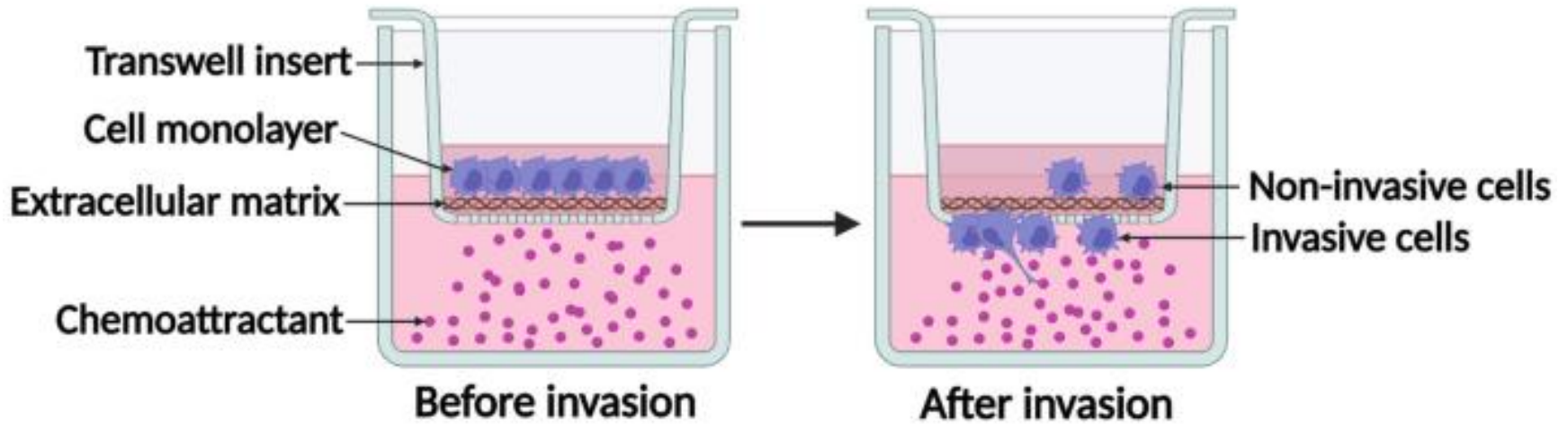
## a Matrigel



The **ECM occludes the membrane pores**, blocking non-invasive cells from migrating through.

By contrast, **invasive cells can degrade the matrix and move through the ECM** layer and adhere to the bottom of the filter

### Transwell Invasion Assay



- Matrigel basement membrane matrix
- Collagen I
- Collagen IV
- Fibrinogen
- Fibronectin
- Laminin
- Bovine Serum Albumin (BSA)

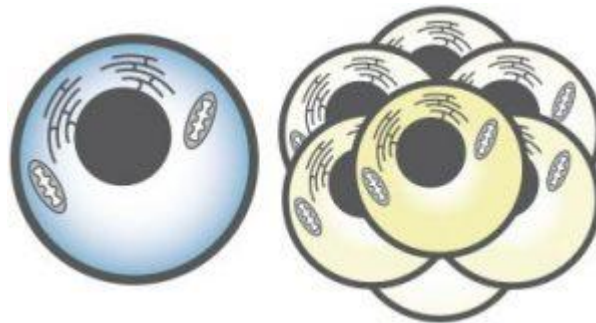
## Viability and Proliferation Assays

**Viability** and **proliferation** are two distinct characteristics of cells.

**Viability** is a measure of the **number of living cells in a population**

**proliferation** is a measure of cell division.

It should be noted that not all viable cells divide. Although proliferation can readily be interpreted as viability, absence of proliferation should not automatically be taken as a sign of cell death.



# MTT Cell Proliferation Assay

Measurement of **cell viability and proliferation** forms the basis for numerous in vitro assays of a cell population's response to external factors

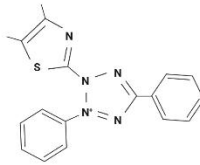
## The **yellow tetrazolium MTT**

(3-(4, 5-dimethylthiazolyl-2)-2, 5-diphenyltetrazolium bromide)

is reduced by metabolically active cells into

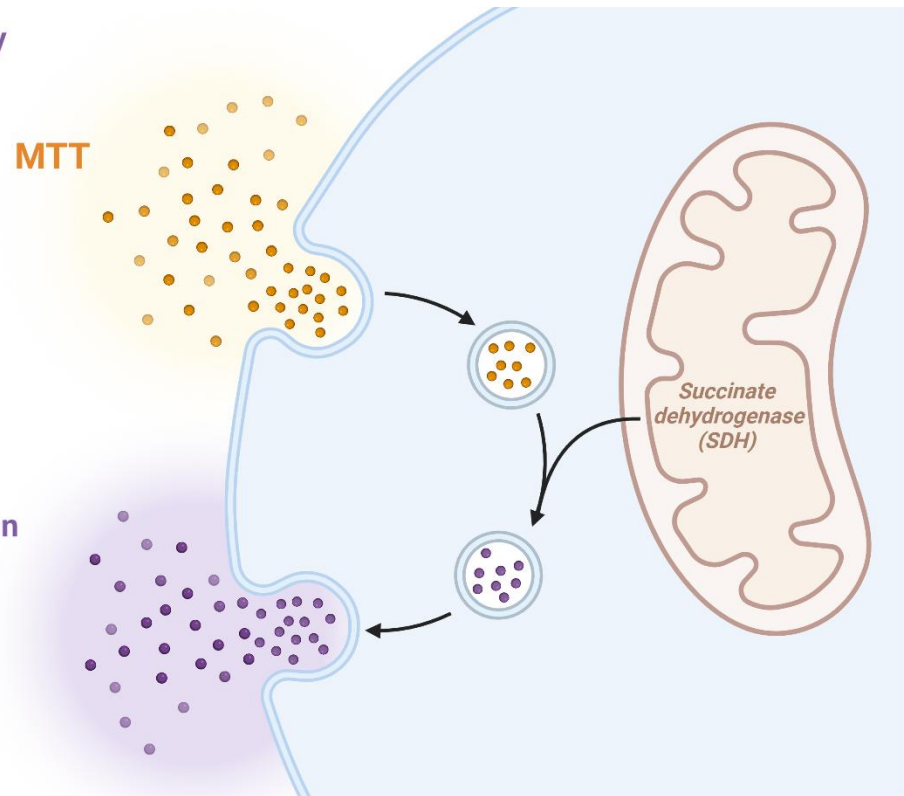
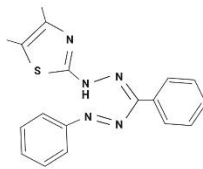
intracellular **purple formazan**

### MTT Assay Cell viability



MTT

MTT  
formazan  
crystal

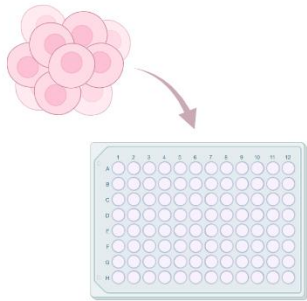


The **reduction of tetrazolium salts** is now widely accepted as a reliable way to examine cell proliferation.

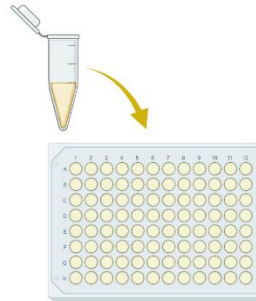
## MTT Assay

### Cytotoxicity evaluation

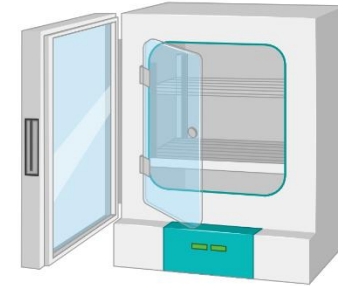
① Cell seeding in well plate



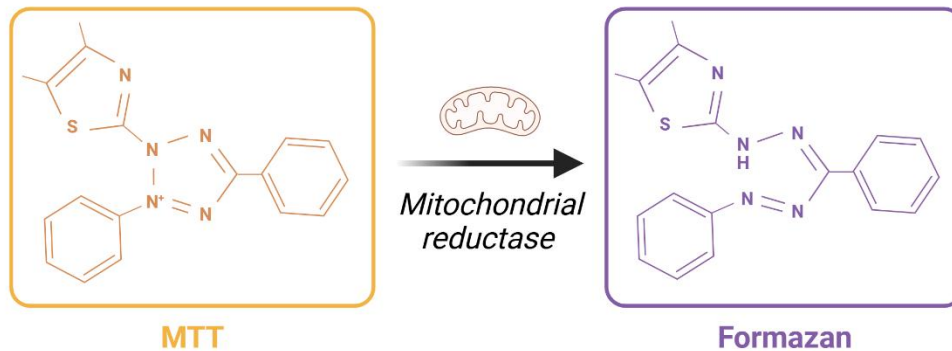
② MTT reagent addition



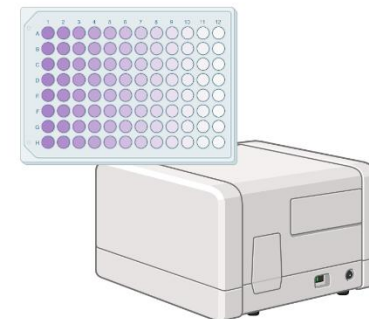
③ Incubation for 3-4 hours



④ Colorimetric reaction to determine cell viability



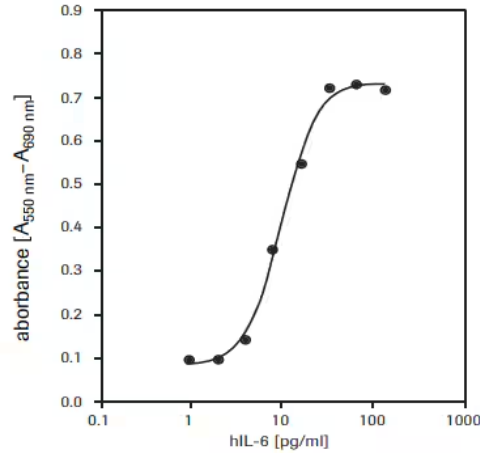
⑤ Absorbance reading



# The MTT Cell Proliferation Assay measures:

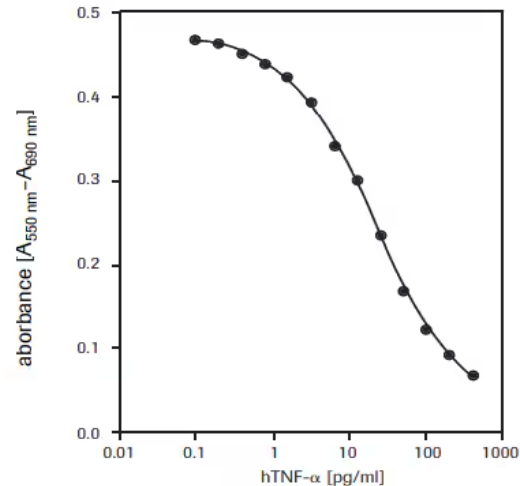


- the **cell proliferation rate**



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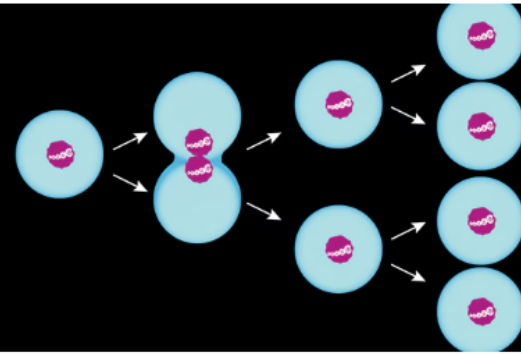
- conversely, when metabolic events lead to apoptosis or necrosis, **the reduction in cell viability**



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# Cell Proliferation Assays

Assays and reagents to evaluate cellular proliferation in flow cytometry, imaging, and microplate applications



## Cell proliferation assays selection guide

<b>Assays and kits</b>	Click-iT EdU and BrdU Assays	CellTrace and CFSE reagents	CyQUANT Cell Proliferation kits	Resazurin (amarBlue, PrestoBlue)	CyQUANT M and XTT
<b>Mechanism</b>	New DNA synthesis	Generational analysis by dye dilution	Changes in DNA content quantitation	Changes in cellular metabolism, metabolic indicators	

<https://www.thermofisher.com/it/en/home/life-science/cell-analysis/cell-viability-and-regulation/cell-proliferation.html>